

Who are we?

We are people, like yourself, who are interested in making our retirement years enjoyable and fulfilling. We follow, take part in or study various subjects in small groups with like-minded people, without the stress of taking exams. And we visit places of interest, the theatre or social events together.



What are we?

Enfield u3a is part of a world-wide self-help organisation which at present has over one thousand groups around the country, comprising more than 430,000 members in Great Britain alone.

Started in October 1994, Enfield u3a has over 380 members and we are still growing. We are affiliated to the Third Age Trust, a Registered Charity that looks after the interests of all the local u3as in this country.

What do we offer?

LEARN



Keep your mind and body active by learning with others or offering your own skills and knowledge to share with them. Do you have a skill or hobby that you would like to develop or an interest you could share with others by leading a group? Our Groups' Organiser will help you get started.

LAUGH



Learning can be fun. Gain enjoyment from companionship with others. Make new friends and enjoy an active social life.

LIVE



Enlarge your horizons by getting out of the house and meeting others. Make new friends.

What does it cost?

At present, the annual subscription is £18 per member per year, payable on 1 September each year, but this may rise if costs increase. The only other costs depend on which subject groups you take part in: there may be books or learning materials required, entry charges to exhibitions, theatre tickets, or the shared cost for a meeting venue.

Group concessionary rates are often obtained, making entry to many exhibitions open to the public much cheaper than individual entry.



How do I join?

You may attend up to two monthly meetings as a visitor, at a cost of £2 per visit. If you like what you see, you may contact the Treasurer at a meeting or via our website:
<https://u3asites.org.uk/enfield/contact>
Or contact us on 07756 239 378.

Don't be put off if you find that there isn't a group running in a subject in which you are interested, or if one which is running is full. You may wish to offer your own knowledge and expertise to start a new group.

GENERAL MONTHLY MEETINGS

All monthly meetings are held at Enfield Baptist Church, Cecil Road, Enfield, EN2 6TG on the second Wednesday of each month, except where stated otherwise.

Doors open at 1.45pm. Please don't arrive before then because we need time to get ready.

Tea and biscuits are available before the meeting starts and you will also have an opportunity to meet friends, catch up with what's going on, collect our quarterly newsletter, sign up for trips, or join groups.

Meetings start promptly at 2.30pm when there will be a talk by a visiting speaker. We have a wide range of speakers on a variety of topics.



SUBJECT GROUPS

Subjects Groups available to paid-up members at the moment include:

Art
Art Appreciation
Art Gallery / Museum Trips
Board Games / Cards
Book Clubs
Canasta
Card-making / Handicrafts
Chess
Outings
Discussion
Freedom Pass Trips
French - Intermediate / Advanced
German
History
Italian for Beginners
Mah Jong
Moving Image Club
Photography
Play Reading
Pub Quiz Team
Rehearsals - Barbican / LSO
Scrabble
Social Group
Spanish - Beginners / Intermediate
Sunday Lunch Group
Theatre Visits
Walking Group

NB: This group list is subject to change and availability

Enfield

u3a learn,
laugh,
live

Registered Charity No: 1070139

<https://u3asites.org.uk/enfield/home>



For information contact:

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