

Food Appreciation Group Programme 2017/18

Food Appreciation Group meet on the **4th** Friday of the month in E.C.C. Mountford Rooms 2 – (approx 4) pm.

I'm arranging for a tea break. If you want anything other than 'standard' tea or coffee, please bring your own! 20p tea & 10p biscuit towards Community Centre funds.

No meetings August and December. **NOTE CHANGE OF DATE FOR 2019**

November 24th 2017: **Facilitated by: Kate Van Gend.**
01243 378883 M:07796 872 800

A Talk by local bee keeper, John Geden (he's also bringing honey to taste and maybe for us to buy. Plus a DVD on 'food').

John@sinahcommonhoney.com

January 26th 2018: **Facilitated by: Jane Yoward**
01243 378998

Chantelle Williams of 'Fresh From The Boat' based in Emsworth, will give us a Talk, show a Video and do a Fish Preparation Demo. You might like to view her video on You Tube:
<http://www.freshfromtheboat.co.uk/About-Us.php>

Freshfromtheboat.com 0755 008896

February 23rd 2018: **Facilitated by: Wendy Mayo**
01243 376281

A Group Outing to Stansted Farm Shop (Rowlands Castle). The manager, Fred, or possibly his business partner, Sam, will give us a Talk on the various 'departments' within the shop. This might include a 'tour' of the shop, followed by a seated Talk with examples of produce being talked about - and then (pay for): tea/coffee, cake/scone. There is good parking at Stansted but you might like to arrange car-sharing. Fred/Sam: info@standstedfarmshop.com
Tel: 01239 41 35 76

March 23rd 2018: **Facilitated by: Carol Sheppard**
498487

A Group Outing to the Salon du Chocolat, Chichester (near St. Richard's Hospital) Dawn will give us a Talk and Demonstration, there will be tea/coffee and chocs to take home. £15 pp – fantastic value.

dawn@lesalonduchocolat 775933

April 27th 2018: **Facilitated by: Kate Van Gend.**

A Group Outing (possible car-sharing): A visit to Northney Farm to have a Guided Tour of their dairy herd, A Talk and a viewing of their ice-cream making facility, followed by light refreshments (free) in their tea-room.

sales@northneyicecream.com kevins8080@aol.com 02392 46355
Stan and Mary Pike. The Homestead PO11 ONF

May 24th 2018: **Facilitated by: Wendy Mayo.**

A Group Outing to Tuppenny Barn. Maggie will give us a Talk, a Guided Walk and then large scone, tea/coffee. £7.50 pp.

377780 205118 07977 536 684 contact@tuppennybarn.co.uk
Alistair Gibson

June 22nd 2018: **Facilitated by: Kate Van Gend.**

Showing a DVD on UK Regional Food and Farming plus **Sylvia** will give a **Talk on Nutrition** followed by explaining 'Chichester Well Being Clinic'. Unfortunately The Talk had to be curtailed but re-booked for Nov.

dbusher@chichester.gov.uk 521041

July 27th 2018: **Facilitated by: Kate Van Gend.**

A Group Outing to Adsdean Farm (Funtington). A Tour and Butchery demo.

tim.hoare@farming.co.uk 07712 612 634

NO MEETING IN AUGUST

Sept 28th 2018: **Facilitated by: Kate Van Gend.**

At E.C.C. Mountford 2: DVD on regional food and then something of a diversion – interesting I hope – a Talk and Demonstration by David Brown on modern cleaning methods. I'm assuming as someone who prepares food, even if it's simply a sandwich, you will want to know about kitchen/food hygiene. I had a demonstration at home and was astounded by this method that does not use toxic cleaning fluids. Please do support this very unusual session.

October 26th 2018: *or near that date if it clashes with half-term, as they are very busy.*

Facilitated by: Kate Van Gend.

A Group Outing: visit to Slindon Pumpkin Display, Pottery Demo and Light Refreshments in 'The Forge café. I will need to know attendees in order to reserve places.

November 23rd 2018: **Facilitated By Kate**

Sylvia will give a **Talk on all aspects of physical and mental well-being +Q&A** followed by explaining 'Chichester Well Being Clinic'.

NO MEETING IN DECEMBER 2018
