



NOVEMBER 2022 NEWSLETTER

DAYTRIPPERS LIVE IT UP AT THE VINEYARD!

Steve Gorban led 18 Daytrippers to the West Ashling Estate at Funtingdon on Thursday 6th October. We were met by



Gail, the owner and served with a Rosé wine at 12.00 midday (apparently it would have been semi indecent to taste any earlier (well, Gail said so), and we sat outside in lovely October sunshine! The pickers were busy in the vineyard in the distance. Steve had timed this visit to perfection – half of the grapes had been picked and the other half were due to be completed by the weekend. It is not often that you can visit a vineyard when the vendange is happening. Here at the Ashling Estate they are very organised. “Wine tourism” is their marketing tool so they were not going to pause for picking!

We then were given a brief history of the estate and how it came into being. (Gail basically brainwashed her father into turning his lovely estate into a vineyard, following her work in Switzerland when she fell in love with all things vinous on those southern slopes of Lake Geneva.) Next, we were walking amongst the vines and admiring the Chardonnay, Bacchus, Pinot Meunier and Pinot Noir varieties. I saw some surreptitiously taste when Gail’s back was turned... Then back to a well laid out tasting room where we learned about sugar levels and the BRIX testing that ultimately decides whether a still wine or a sparkling wine should be made

from any given batch. Here we were served with two more sparkling wines, one of which had won a gold medal in the Decanter competition. We were then served a Rosé still wine, and we were ready for something to eat! Ashling Park did not disappoint here – we went upstairs to the beautifully laid out dining room. Yet more wine was then poured and everyone was beginning to feel very satisfied and – yes – happy! The food was of a high standard and I think that all members present would say that they enjoyed their day out and we came to the conclusion that the Ashling Estate had definitely “ARRIVED” on the English wine scene. Peter Morse asked Gail about the



newly announced protected status for 'Sussex wines', apparently wines produced in East and West Sussex have been added to a list of food and drink products given geographically protected status. The announcement by the



Department for Environment, Food and Rural Affairs (Defra) will give Sussex still and sparkling wines a Protected Designation of Origin designation (PDO), giving them the same legal status as Jersey Royal potatoes, Cornish clotted cream and Stilton cheese. Gail responded by saying that they were very pleased to join a few other local vineyards in proposing to use this designation. Under the designation, still and sparkling wines can only be called "Sussex" if they are grown in the region, which encompasses the counties of East and West Sussex, and meet certain conditions, including being made in a traditional method from classic wine grape varieties grown in Sussex. The application was first made by winemakers in the county in 2015 and is the latest British product to be granted the special status.

Steve Gorban, our organiser for this trip, was thanked by the group for his enterprise in the making of all arrangements.

Alan Borrow

LOCAL HISTORY



A Blast from the past – now please read on:

Local History currently has about 72 members. In addition u3a guests often join in if a particular visit/trip/talk is of personal interest to them! (I know, because I am often one of those guests!)

NOW WE COME TO A DILEMMA!

Reg Newnham has run this group for twelve years! You can imagine the amount of his time and energy that he has put in to benefit this group! He has now announced that he wishes to finish – in fact he has

told his group that he has now finished. So far none of the group has come forward to offer to take over, so, we must assume that this group is no longer...This outcome is not much of a “thankyou” to Reg for all of his efforts – IS IT!?!

If you look at u3a nationwide, you will quickly see that Local History is the most popular group in any particular u3a. It is quite natural that this is so – people are always interested in area that they live. In our u3a, it is one of the largest interest group. WE CANNOT LET IT DIE!

As your editor of the Newsletter, and organiser of two interest groups myself, I do not have the time to offer to take over, in spite of the fact that it would provide a most interesting and worthwhile occupation! But u3a is an organisation that is run for its members BY ITS MEMBERS! When you join u3a, you take and you give!

Everybody – please think about this! Here are some ideas to overcome the “I haven’t got the time” response. Also ideas about how to overcome the “I haven’t got the expertise/tech. knowledge” response:

If the job is too great for one volunteer – then split the responsibility into two. (the successful “DAYTRIPPERS” group is run by three Members!)

If you are an “ideas” person combine with another who is a tech. (computer literate) person.

Consider a five person (QUINUMVIRATE) where each of the five arrange two events a year.

Consider a system where each one of 10 members arrange just ONE talk or trip each year. Surely that is not too much to ask? In that event, the group would need a co-ordinator to bring the plans together.

CAN I ASK/SUGGEST that all members of the current LOCAL HISTORY GROUP plus any other members of our u3a interested in this subject congregate in the tea lounge at the November monthly meeting at the Baptist Church on 27th NOVEMBER 2022 (in the tea interval) to briefly discuss my ideas as laid out above.

I WOULD BE VERY PLEASED TO OFFER TO ARRANGE ONE TALK/TRIP A YEAR FOR A START if there was interest in my last suggestion.

Alan Borrow

ANCIENT GREEKS AT THE ASHMOLEAN

The Ancient Greece Group has been planning to go to the Ashmolean Museum in Oxford for years, but certain obstacles stood in our way. Think of these, perhaps, as modern Labours of Herakles (that’s Hercules, to Romans and laymen!) Here are a few of them:

1. Covid had to be conquered (or at least subdued) so the Museum could re-open.
 2. We had to had to fight our way out of the closeted atmosphere of the Zoom Era and venture forth.
 3. There was a three-headed monster decision to deal with: should we go by Bus, Train or Car? (Thank goodness we didn’t plump for Train, in view of the strike that day!)
 4. The A34 traffic jam that blocked our route had to be negotiated. Would we get there on time? (We did!)
 5. The fearsome Park and Ride Payment Machine needed to be placated with coins, before we were allowed to enter Oxford.
 6. Our missing guide had to be located in the labyrinthine, many-floored museum.
- Once we were safely reunited, and embarking on our guided tour of the



Greek galleries, all went smoothly. We explored the Cast Gallery, with its copies of almost every great work of ancient Greek and Roman art (British Museum take note!), followed by the Greece gallery, before finishing with a brief look at the Aegean World. After well over an hour, a good value tour, it was now time for a break. Some of the group left the museum for lunch (see above), while others went to the Museum café, so that they could return



quickly to different galleries afterwards. This was optional! There will be a lot to discuss, and to tell the other members of the group, when we meet for a regular Community Centre meeting in November.



Juliet Walker

THE CRAFT GROUP GAINS NEW MEMBERS!

Angela Blunden writes to say that at their October meeting (they meet on the first Wednesday of each month at midday) they have nearly finished the Quilts that they aim to give to the Linus Project Charity next month. She says



that they have about 10, which is a wonderful result. Project Linus UK is run by a team of volunteer Co-ordinators, who organise sewing and fundraising events across the UK, as well as liaising and distributing quilts and blankets to their local hospitals, children's hospices, women's refuges, foster carers, special schools, bereavement services and many other places where support is given to children 'in need of a hug'.

Angela reminds us that it's Halloween at the end of the month, and a couple of her members made Halloween things, but the majority made Jewellery pouches, which, she says, is a lovely thing to do, and we actually managed to finish

them in time to take home a completed item.



Angela Blunden

Day Trippers upcoming events to end the year

A visit to Gunwharf Quays on Friday 4 November

Spinnaker Tower with the Harbour Tour (Harbour Tour at 10:00). This is an all day ticket, so you can visit the Tower at your leisure. We lunch together at a great venue, Abarbistro Bistro at 1:00 PM Abarbistro is a short walk located across from the Historic Dock Yards

The cost for The Spinnaker Tower plus Harbour Tour is £13.40 per person.

The cost for lunch (2 courses) is £25.00 per person.

We need 15 people to receive the group pricing and make the Tower and Harbour Tour possible. It is a great price.

And of course, the outlets are there to make Christmas shopping easy.

SIGN UP DEADLINE THURSDAY 27 October.

Payment details will be forwarded to you, after you sign up



Pallant House Gallery 11:00am Wednesday 7th December - Ticket Price £12.50

With a Family Style Turkish Meal at Reina Kitchen Meze and Bar £20.00

We will be served hot and cold Meze Platters to start and the mains feature special dishes and a sampling of the menu. All served FAMILY STYLE (large platters on the table). It is about a 10 minute walk from Pallant House Gallery.

SIGN UP DEADLINE: Wednesday, 30 November to confirm numbers for lunch

The plan is to meet the Gallery starting at 11:00 but you can get there earlier as it suits you.



For this trip, you will book tickets yourself beforehand and pay online.

Here is what to expect at the Gallery: One of the most important public collections of Modern British art in the world.

Their permanent collection displays tell the story of Modern British art from 1900 till now, all within the beautiful interiors of a Queen Anne townhouse.

Their collection will take you on a journey through Modern British art, from the early 20th century right up to current times.

Sussex Landscape: Chalk, Wood & Water

Sussex has a unique sense of place. Its distinctive chalk-cliff coastline and the rolling hills of the South Downs have inspired artists for centuries. From some of our greatest landscape artists like Constable and Turner to contemporary artists working in the area today, this exhibition lets you discover Sussex as a place of creativity, exploration, retreat and alternative life styles.

Anne Desmet: Kaleidoscope

What does looking at the world through the lens of a kaleidoscope reveal? Fractured, abstract images, unexpected patterns and beautiful symmetry. Looking at her existing work in this way inspired artist and wood engraver Anne Desmet R.A. to think afresh about ideas of time and change.

With Best Wishes and hope to see you soon, Pam, Simon and Steve

“Spanish Beginners” becomes “Spanish Improvers.”! (in a very short time!)

The members of the Spanish beginners class have made amazing progress and can no longer be called beginners. Hence this change of title!



Unfortunately, two members are leaving due to personal circumstances, so we are looking for members to replace them.

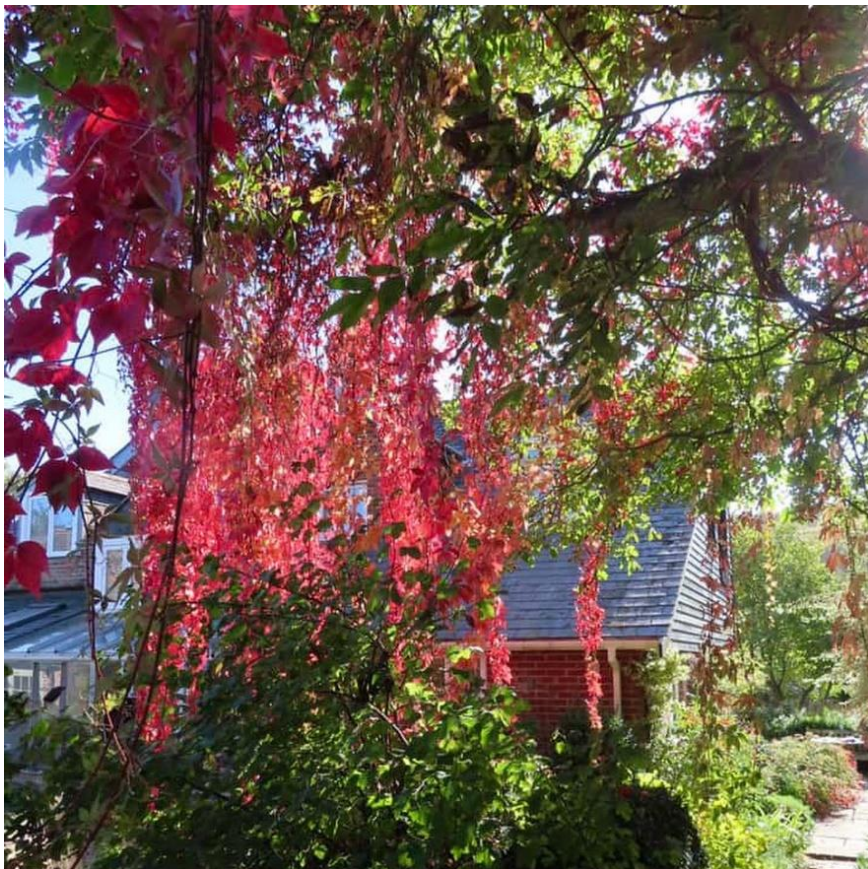
We are a group of 7 and meet every Monday from 2.30 - 4.30 in Orchard Lane, Emsworth.

Requirements are a very basic knowledge of Spanish (maybe from your school days) and a good sense of humour! Interested? Contact Liz French via the web site or contact the editor (see end of newsletter), or Anne Sims.

Buena suerte!

Garden Group visit Mitchmere Farm, Stoughton on 8th October.

Mitchmere Farm opens in February for the NGS and the 1.5 acre grounds then provide a magnificent display of snowdrops and crocuses. Through the rest of the year they open to small groups of 20 maximum. Hence the idea! But planning an interesting garden visit anywhere in October is quite daunting. But we were so lucky, Mitchmere offered a spectacular display of trees turning into their autumn colours. The day we chose was, perfect also, warm and without a cloud in a marvellous blue sky.



We were met by Sue Edden who owns Mitchmere with her husband and immediately our eyes were drawn to the vibrant red Virginia Creeper scrambling up a very tall fir tree. We then turned our gaze to a large climbing rose, covered in small rose hips. Sue told us it was given to them as a tiny plant soon after they bought the house 30 years ago. They call it Apricot Pops and it was never registered so can't be bought. She said when in full bloom, in her opinion it beats a Kiftsgate rose.

Sue walked around the grounds with us talking about the various trees they planted over the years, telling us how they quickly had to learn which trees like dry ground and those that are happy with their roots in damp conditions – an important lesson as Mitchmere has a

tendency to flood in the winter months.

We came across more Virginia Creepers draped around several trees, a splendid Arbutus (Strawberry tree) with the prettiest peeling bark and a cherry with its deep rich red striped trunk.



The River Ems rises a few miles from Mitchmere Farm and at the moment is a dry river bed. Interestingly, we were told this is not a new phenomenon and has occurred regularly over the years the Edden's have lived here. The river runs in front of the 1901 house separating the house from the orchard. There is a narrow brick and flint bridge built for the original lady of the house to enable her to cross the river with her pram. This is the same bridge often used for publications about the Ems. The orchard had a large variety of fruit tree, many with berries, plus a fabulous Medlar tree. Medlars make fabulous chutney to go with cheese!

Ronnie Tyler

We had a great visit.

Science and Technology Group goes Nuclear!

Our Group was formed just over 18 months ago has grown to be very popular, in that we now have 66 members!! Perhaps it is because of the very wide scope we cover, with topical subjects such as Global Warming, Harbour Pollution, Green Energy and Electric Cars.

At our October meeting, in the field of Medical Science, we were treated an absolutely fascinating session on Stem

Cells and `Regenerative Medicine, led by Peter Goldfarb.

Our next meeting will be on Thursday 3rd November at 2.00pm at St James Parish Hall and we turn to Nuclear Physics Research on fundamental particles and the European Organisation for Nuclear Research (CERN) - with the world's biggest and most powerful particle accelerator, an underground ring of 27 Km circumference, located on the Franco-Swiss border near Geneva.

Left: Aerial View, showing the underground Collider Ring crossing the Franco/Swiss border)

CERN believes that:-

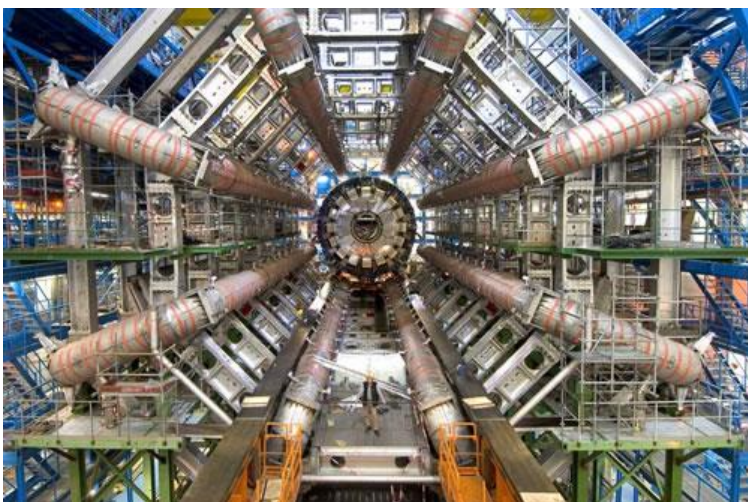
"Our discoveries are a tremendous



step forward in understanding the Universe"

We are privileged to have Dr Josh McFayden (Daphne Tomsett's son in law), as a visiting speaker at our November meeting.

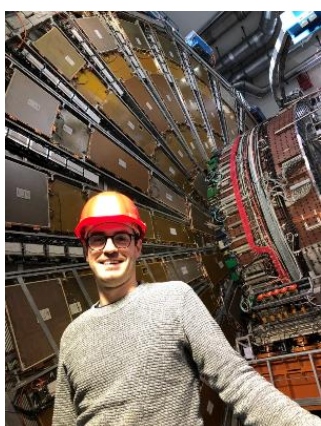
Josh is actively involved in the Research at CERN and his talk is titled:-
CERN and the Higgs Boson - Why should you care?



Here is an abstract in Josh's words :-
CERN (European Laboratory for Particle Physics) is the home of the Large Hadron Collider and a worldwide centre for particle physics research. The research performed at CERN is international collaborative fundamental science at its best, seeking to answer some of the biggest open questions in physics. The outcomes of this research also have significant wider positive impacts on society.

Left: The Large Hadron Collider

I will begin with a general motivation for fundamental scientific research before focussing specifically on particle physics. Next, I'll give a short



history of CERN: an overview of the research performed there; and the impact this research has had beyond studying elementary particles. Finally, I will discuss some of my own personal research at CERN studying the Higgs boson. This year has seen the 10 year anniversary of the Nobel prize winning discovery of the Higgs boson. This discovery was only the start of a new and exciting period of exploration that could shed light on our understanding some of the key unanswered questions in physics; from why we are here, to the origin of Dark Matter and Dark Energy.

Left: Dr Josh McFayden working at CERN

There will be a few places available for non-Group members in Ems Valley U3a. Please just click on the messenger bird on the Science and Technology Group to reserve a place and this will be confirmed by email.

This promises to be an enthralling talk in a completely fresh area within the scope of our

group and I am really looking forward to it!

Geoff Whalley STEM

Group Leader

Nostalgia. Emsworth looking towards the square.



Please note: You can stay at the CROWN if you are "commercial" or have a family!

'PUBS AND CHURCHES' OCTOBER VISIT



“Come and see our boiler house chimney” urged our guide for this month’s Pubs and Churches outing to St Peter’s Church, East Marden - a serene, very simple nave-plus-chancel interior, which the Victorians haven’t “improved” too much – even their wood panelling around the chancel walls was quite restrained, though it is now believed the panelling covers medieval wall paintings.

Our guide had pointed out interesting items in the church and then explained the near catastrophe the chimney had caused by dripping water on to a beam for centuries until the beam rotted through and collapsed – only prevented from crashing to the floor of the nave by the conduit carrying the electric cabling. He left us to wander around to look more closely at everything – including an organ once owned by the Prince Consort and the millennium tapestry stitched by local women depicting village life and buildings in 2000 AD.

Then we reluctantly trooped outside, round to the rear of the church and were stunned to see the boiler house chimney – like no “chimney” we had ever seen before! A unique architectural feature – though whether it was ever really practical is questionable.

Our way back took us through the graveyard – many old, but several modern and very elegant gravestones with interesting inscriptions - unfortunately our guide had no information about them. He did, however, have many anecdotes about the village’s place in D-Day preparations and the Canadian forces who were camped in the local area.

Another fascinating and most enjoyable visit – our thanks to our Group Leaders, Margaret and Peter Goldfarb, and to Alan Davies for the photos!

Ann Sims



Book Group Three

Diane Kingswood has a space for one new member for the Book Group 3.



They meet every 3rd Monday from 2pm to 4pm

She states: We aim to rotate hosting the meeting in each member's house.

Each member gets to choose the next book, again on rotation, monthly.

If interested, please contact:

Diane Kingswood, djkingswood@hotmail.com

These are sentences exactly as typed by medical secretaries in NHS.

By the way - It was the National Health Service Greater Glasgow, not the Portsmouth Trust....

1. The patient has no previous history of suicide.
2. Patient has left her white blood cells at another hospital.
3. Patient's medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.
4. She has no rigors or shaking chills, but her husband states she was very hot in bed last night.
5. Patient has chest pain if she lies on her left side for over a year.
6. On the second day the knee was better and on the third day it disappeared.
7. The patient is tearful and crying constantly. She also appears to be depressed.
8. The patient has been depressed since she began seeing me in 1993.
9. Discharge status: Alive, but without my permission.
10. Healthy appearing decrepit 69-year old male, mentally alert, but forgetful.
11. Patient had waffles for breakfast and anorexia for lunch.
12. She is numb from her toes down.
13. While in ER, she was examined, x-rated and sent home.
14. The skin was moist and dry.
15. Occasional, constant infrequent headaches.
16. Patient was alert and unresponsive.
17. Rectal examination revealed a normal size thyroid.
18. She stated that she had been constipated for most of her life until she got a divorce.
19. I saw your patient today, who is still under our care for physical therapy.
20. Both breasts are equal and reactive to light and accommodation.
21. Examination of genitalia reveals that he is circus sized.
22. The lab test indicated abnormal lover function.
23. Skin: somewhat pale, but present.
24. The pelvic exam will be done later on the floor.
25. Patient has two teenage children, but no other abnormalities.
26. When she fainted, her eyes rolled around the room.
27. The patient was in his usual state of good health until his airplane ran out of fuel and crashed.
28. Between you and me, we ought to be able to get this lady pregnant.
29. She slipped on the ice and apparently her legs went in separate directions in early December.
30. Patient was seen in consultation by Dr. Smith, who felt we should sit on the abdomen and I agree.
31. The patient was to have a bowel resection. However, he took a job as a stock broker instead.

32 By the time he was admitted, his rapid heart had stopped, and he was feeling better.

Ed. Before publishing the above, I thought very seriously about the magnificent work of our NHS over the past few years, and in no way should this diminish or be disrespectful of that ongoing work. In the end I thought that you and all NHs staff would see the funny side of the use of dictaphones, and the absence of the odd comma or two....

**THE OLDER I GET ...
THE MORE I FIND
MYSELF LOOKING AT
PEOPLE LIKE THIS ...**



One day you'll find someone that is obsessed with you. It's probably going to be a dog, but it is what it is.

The training process was tedious, but now he knows he is not allowed on the couch.



She said she missed me. Normally that would be good, but she's reloading.

Cable repairman was on my street and asked me what time it was. I told him it is between 8 am and 1 pm

You can tell a lot about a woman by her hands. For instance, if they're around your throat she's probably slightly upset.

Now please take this maths test:

> Teaching Maths In 1950...

- > A logger sells a load of timber for £100
- > His cost of production is $\frac{4}{5}$ of the price.
- > What is his profit? £ ____

> Teaching Maths In 1970...

- > A logger sells a load of timber for £100.
- > His cost of production is $\frac{4}{5}$ of the price, or £80
- > What is his profit? £ ____

> Teaching Maths In 1990...

- > A logger sells a load of timber for £100.
- > His cost of production is £80
- > Did he make a profit? __Yes or __No

> Teaching Maths In 2000...

- > A logger sells a load of timber for £100.
- > His cost of production is £80 and his profit is £20.
- > Your assignment: Underline the number 20.

> Teaching Maths In 2015...

- > A logger cuts down a beautiful forest because he is selfish and inconsiderate and cares nothing for the habitat of animals or the preservation of our woodlands.
- > He does this so he can make a profit of £20.
- > What do you think of this way of making a living?
- > Topic for class participation after answering the question: How did the birds and squirrels feel as the logger cut down their homes?

- > Teaching Maths in 2022...
- > Maths is Racist.
- > Students no longer need any maths skills to go to Graduate school.
- > $2+2 = 4$, or 22, or whatever you feel is correct.
- > There are no wrong answers, feel free to express your feelings, e.g., anger, anxiety, inadequacy, helplessness etc.
- > Should you require debriefing at the conclusion of the exam there are Counsellors available to assist you to adjust back into the real world.



I am hoping that no one will write in to say that I have missed the caption off this superb still life study.....
'cos I don't think it is needed!

Don't miss the Monthly meeting at 2.00pm on Thursday 27th October! Anniversary Cake is being served and there is an exciting Quiz in the second half! Your Editor is Quiz Master!

All contributions for the next newsletter please to:

alanborrow@virginmedia.com

My thanks to all groups for sending in their news following my last appeal.

You will notice that this newsletter is headed NOVEMBER NEWSLETTER, but it is being sent early because of various urgent date items.