ELMBRIDGE U3A COUNTRY RAMBLING GROUP

July to December 2023 Walks Programme For Elmbridge u3a Members

The Country Rambling Group walks shown here alternate with those of the Country Walks Group and so, if you wish to do so, you could enjoy two walks each month. Indeed, there are other Eu3a walking groups which you could join. For the walks shown here, if you want to come along, call the walk leader or call David on 07935 887499 or email davidbrion@aol.com.

We try to choose start points with free parking and less than an hour's drive from Molesey and we aim to finish walks by 4 p.m. or, in the winter, earlier. Since we shall be mostly off-road in rural areas please have suitable stout footwear and given the unpredictability of our weather, warm and waterproof clothing. The length of each walk is shown against its description but you may be able to do less because some have a shorter option built in. For lunch most people take a picnic but you may also have the option of a quick (in winter, half hour) pub snack, if pubs are open – your choice on the day however it is wise to bring some food and drink even when the walk does include a pub. There will be short breaks to allow you to refresh yourself in midmorning and mid-afternoon.

You are very welcome to contribute walk ideas and/or to lead walks but if you just want to come along just to enjoy the countryside, we will be happy to see you. However, currently, you will need to have notified us in advance that you wish to join us and confirmed your acceptance of our approach to the restrictions under which we must operate. You will also need to have received an email from us confirming that you may attend because we will need to ensure that we stay within our upper limit for the walk group's size.

For your own and others' safety, please abide by any advice and guidelines issued with regard to each walk. In particular, the document "Health & Safety When Walking" attached to the group's description on the web site and also to the then current Government Covid 19 guidance. Remember that you are walking entirely at your own risk. It is for you to decide whether or not you will be able to keep up with the group and complete the walks. If you are unsure, please discuss it with us in advance – we reserve the right to turn you away if necessary. Also, remember that it is your responsibility to behave sensibly to minimise the potential for accidents to occur. Although walking is inherently one of the safest outdoor activities no activity is completely without risk.

Car sharing enroute to the start is a matter for you. Please err on the cautious side when deciding how long it will take you to get to the start. Remember traffic will be traffic!

Elmbridge u3a Country Rambling Group

Unless otherwise stated walks start at 10:15 a.m. Please join us only if you have booked in with the Leader in advance.

Date: 13th July 2023

Led by: Gillian and Margaret 07930656060 and 07787 111508

Title: Polesden Lacey and Effingham Starts at: 10:15 a.m. at Stoney Rock NT car park off Hogden lane, RH5 6SY Map ref: Explorer 146 grid reference 124 504 Description: A slightly undulating 8 mile circular walk, taking in Polesden Lacey, Bookham and Effingham. Picnic lunch or there is the opportunity to buy food and drinks at the bakery in Effingham

Date: 10th August 2023 Led by: Mark D 07787 871842

Title: Abinger Roughs

Starts at: 10:15 a.m. at Abinger Rough Car Park

Map ref: Explorer 146 grid reference 110 480

Description: A 6.2 mile walk starting at Abinger Roughs and going through Gomshall en route. It includes a section of the North Downs Way before returning to the start point. One hill to climb. Going should be good because not muddy.

Date: 14th September 2023

Led by: Gillian 07930 656060 and Margaret 07787 111508

Title Shere and Peaslake

Starts at: 10.15am at Shere Recreation Ground CP (GU5 9HE). **Map ref:** Explorer 145 grid ref 073 479

Description: an 8 mile undulating walk with one short steep hill over heath and woodland. Lunch Peaslake, picnic, village shop, café and pub available. Please car share where possible.

Date: 12th October 2023 Led by: Jain B 07967 804987

Title: Headley Hustle

Starts at: 10:15 a.m. at the Cock Inn car park in Headley, Surrey, KT18 6LE. **Map ref:** Explorer 146 grid reference 205 548

Description: Langley Vale and Headley with Soldiers Field, about 6 miles (slowly!), and possibly add Headley Heath ponds to bump it up a little for those who want it. It's a figure of 8 one for those who want a walk longer than 6 miles and some may prefer to park at the main Headley Heath car park half a mile away from the Cock Inn and then walk over to The Cock for the start.

Date: 9th November 2023

Led by: Andy and Lin 07971 110020

Title: Peaslake Potter

Starts at: 10:15 a.m. at Hurtwood car park 2 (Walking Bottom) at Peaslake. Nearest postcode GU5 9RR.

Map ref. Explorer 145 gid reference 083 446.

Description: A walk from the car park to Holmbury and Pitch Hills and back. Great views from the hilltops of the Weald of Sussex. Picnic at Pitch Hill and then walk back to Peaslake. An 8 mile undulating, hilly walk. Some stoney paths. Short steep hills at Peaslake and on way to Pitch Hill at Duke of Kent school (with steps) Bring a stick and a picnic for lunch.

Date: 14th December 2023

Led by: Gareth

Title: Hascombe Hill Fort and Stone Circle Walk followed by " Christmas Lunch" at the White Horse Pub

Starts at: 10:15 a.m. at the car park opposite the White Horse pub in Hascombe (**GU8 4JA**).

Map ref: Explorer 134 grid reference 001 394

Description: A walk up to Hascombe Hill fort and then onto the Stone Circle. Less than 5 miles long but with a total ascent of over 600 ft Followed by lunch at the White Horse pub. Tables have been booked for 12.45.