

New Member
Information
Booklet 2023
Eastleigh
District



Charity Registration no. 1181236

Open Meetings

3rd Wednesday 2pm

At Fair Oak Village Hall Shorts Rd
Fair Oak

A chance to meet up with other
members and enjoy a different
entertaining speaker each month.

We hold a very popular raffle
whilst enjoying a cuppa, with time
to have a chat, join a new group,
or sign up for a Day Trip.

Maybe check out the Theatre
Group, and book your seat at one
of the many great shows on offer.

Or why not just make new friends?

*Welcome to the
Eastleigh District u3a.
Take a break and look
at what we have to
offer...*

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At Eastleigh u3a we welcome new members who are retired or semi-retired for opportunities to learn something new and for friendship and wellbeing.

The u3a provides a unique way of learning through sharing life experiences with each other, where learning is not for qualifications but for pleasure.

We have much to offer you and we do hope that you will join with us to offer something which helps us too!

We have around 40 Interest groups where members meet on a regular basis to share knowledge, skills and companionship. From Walking to Cribbage to Poetry, Mah-Jong, Current Affairs, Books, Local history, Photography and much more.

We also have a busy Visits and Events programme...

Early in the year a group of us visited The Wyne National Trust property. During the summer we spent a very sunny day at the

Wetlands Centre in Arundel and throughout the year we have arranged our very popular days playing Skittles (with lunch included) in a skittle alley not 10 pin! Our Open meetings include an interesting guest speaker, news about u3a and a raffle!

We hope you enjoy an active retirement with u3a!

I look forward to meeting you soon.



TONY

Best wishes

Tony

Membership

Hello and welcome to Eastleigh District u3a.

With the new Committee in place we now have a new Membership Secretary. Sue Fern is new to the post so is in "learning mode", but has

quickly familiarised herself with the intricacies of Beacon. If you have any queries regarding your membership -



You can contact her at - sufern0602@gmail.com

OR tonylovell1@live.co.uk

New Membership Cards and Renewals. We are in the process of printing Membership Cards and new Members Information packs. These will be issued from the November Open Meeting.

Editor

We have a new Editor for our Bulletin and Members Handbook. Sue High will take over both roles in the short term but we hope to recruit new Committee Members to takeover one or more of the roles. We hope to have a new 2023 Handbook available for issue in early January.

You will normally receive The Bulletin directly to your email address.

For those who do not have an email address, (make sure we have yours), a few hard copies will be available for you to collect at the open meetings, or can be delivered by your Buddy.*

We are also updating the notice board, and

hope to have it on display at our open and new member meeting's.

You may have been given one of our 'Visitor leaflets', which I hope inspired you to join us.

If you have any queries regarding any of these publications please contact Sue High at

susanjanet25@gmail.com

Remember, information about our u3a can be viewed at:

u3asites.org.uk/Eastleigh/home

*Our Buddy scheme is organised by Pam Gadson, find her contact details on page 4.



2022/2023 COMMITTEE MEMBERS

Tony Lovell tonylovell1@live.co.uk	Chair 07801 709808
Phil Griffiths philg18oak@yahoo.com	Vice Chair 02380 693192
Sue White edu3a.treasurer@gmail.com	Treasurer 02381780958
Pam Gadson pgadson@outlook.com	Secretary 02380 194556
Sue Aburrow seaburrow@googlemail.com	Committee member 02380 274187
Sue Fern sufern0602@gmail.com	Membership Secretary 0731 141 1204
Sue High susanjanet25@gmail.com	Beacon Administrator, Bulletin Editor & Webmaster 02380 692815
Pat White Pat.white130@gmail.com	Group Co-ordinator 02380 694933
Rose Nightingale urbansquirrel@hotmail.co.uk	Committee Member 02380 643187
Ann Adams thumper46@hotmail.co.uk	Committee Member 02381 849540



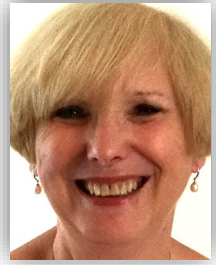
Tony



Phil



Sue F



Pam



Sue H



Pat



Rose



Sue W



Sue A

Ann Adams

Your Committee welcomes a phone call or an email from you, if it is just for a chat or just for a bit of advice.

Please be mindful of the timing of your call, and try to avoid meal times and late evening.



Eastleigh District u3a

has a Welfare Member who has been a member for many years. Her name is Paula Butt

Her aim is to be a point of contact so that any U3A member can raise issues connected to welfare and accessibility, in order to increase involvement and enjoyment. This includes supporting members with hearing impairments, visual impairments and mobility issues, both at monthly open meetings, as well as being able to access the interest groups they wish to join.

However, we can only help if we know about any issues that are causing problems. Please do contact her if you, or any member you know, has a suggestion about how we can improve things. You can e-mail or phone her.

Paula has agreed to take up

the role of Welfare Member for our U3A.

She will be making sure that cards and best wishes are sent to those who have been in hospital or unwell, or any member who is bereaved.

Contact Paula at
paulabutt50@gmail.com or
07765 360191

Group Co-ordinator

WOULD YOU LIKE TO START A GROUP FOR YOUR FAVOURITE ACTIVITY OR HOBBY?



We are very lucky in EDu3a to have a wide choice of interest groups run by such wonderful, dedicated Group Leaders. However, you may wish to try something different as well, perhaps a dancing group, learn a foreign language, visit the cinema...there are so many choices. Or have you a favourite hobby you would like to share with others?

If you are interested in starting a new group, get in touch with me and we can have a chat. I can help you to set it up and will assist in any way I can.

My contact details are: pat.white130@gmail.com

or telephone me on 02380 694933

**For all BACS & Cheques please use account name -
Eastleigh District u3a**

- ♦ Bank - **Lloyds Bank**
- ♦ Sort code - **30 92 94**
- ♦ Acc. No. **44192560**
- ♦ Use reference, i.e. **M** for membership, or the advertised ref. advertised for trips etc., followed by membership Number.



Day Trips and Events:

Throughout the year our Events team arranges day trips and Theatre visits.

Sue Aburrow and Pam Gadson are joint chairs of the Events and Visits team and we are very ably assisted by Ann Beeching and Jill Robertson. We meet to research and organise interesting and enjoyable events.

Arundel:



We spent a wonderfully sunny day in Arundel where we saw Arundel Cathedral being made ready for the Carpet of Flowers. There were a very well organised group of volunteers hard at

work creating the floral designs all around the cathedral (including on the floor) and we were lucky enough to talk to them as they worked. We later went on to the Wetlands Centre where we saw a large number of incredible birds from around the world, with guided talks from some of their keepers.

Windsor Castle:



As part of Queen Elizabeth's Platinum Jubilee celebrations, a party of us visited Windsor Castle where there was an exhibition of the Queen's

coronation robes, which were truly amazing. No photographs have done the robes justice.

Our ticket enabled us to visit all the areas open to visitors.

Blenheim Palace:

A group of us went by coach to Blenheim where we spent a fascinating day. We were lucky to have a very interesting guide who shared the history of the palace as well as some stories about President Trump's visit to the UK when he was entertained at Blenheim.

Royal National Lifeboat Institute:

Our visit to the Lifeboat headquarters in Poole was enjoyed by our group. A talk was given by the institute on the work carried out by their incredible volunteers.

We Will Rock You: Theatre Trip:

For those of us who are fans of the group Queen, a party of us went to a performance of the show 'We Will Rock You' at the Mayflower Theatre. Almost all of the audience were on their feet at the end clapping and shouting for more!

email pgadson@outlook.com or give me a call on - 02380 194556, or contact Sue Aburrow by email on [<seaburrow@googlemail.com>](mailto:seaburrow@googlemail.com)



Visit us on
Facebook

You must be a
current member
of Eastleigh U3A.

you may find disagreeable. This is YOUR
responsibility not that of the group.

If you would like to be included in the group
here is what you need to do....

Open your Facebook account. (If you don't
have one but would like one, I can help you
with that).

In the blue bar near the top of the page
(with the letter F) click on the white bar and
type in:- Eastleigh U3A, then click the little
magnifying glass at the end of the white box.
The first thing that comes up should be
entitled "groups", that's us.

Click on this to join and you will get a couple
of questions to answer...

Are you a current member of Eastleigh
District U3A?

What is your membership number? (you will
find this on your membership card).

Then you will see the group rules.

A blue bar should tell you 'SEND TO ADMIN'.
Click on this and I will get your request. She
will check your number and if all is well, you
will be approved and become a member of
the Facebook group. This may take a while
as the administrator cannot constantly
monitor her messages. Please be patient.

Once approved you are free to do as you
please, make comments on photos, add your
own stories or photos and strike up
conversations with other members.

If you need help in getting started or how to
use Facebook please contact me -

Helena Matthews Golledge - Facebook
Administrator

At helenamatthewsgolledge@gmail.com

Security and privacy is paramount hence the
need for the group to be only available to
Eastleigh District U3A members. No-one
outside U3A Eastleigh - Please don't invite
(via the front page link) your friends to join
the group. They will not be approved.

New requests must be from members who
answer ALL the questions.

When using our Facebook please be
thoughtful, kind and courteous - We're all in
this together to create a welcoming
environment. Let's treat everyone with
respect and consideration. Healthy debates
are acceptable but kindness is required.

No hate speech or bullying, make sure
everyone feels safe. Bullying of any kind isn't
allowed, and degrading comments about
things such as race, religion, politics, culture,
sexual orientation, gender or identity will
not be tolerated.

Respect everyone's privacy. Being part of
this group requires mutual trust. Authentic,
expressive discussions make groups great,
but may also be sensitive and private.

What's shared in the group should stay in
the group unless the post author has given
you permission to share.

Understanding and acceptance

Understand we are all entitled to our own
opinions. Respect that right and accept it.
If you post something that might cause
offence to someone please consider the
ramifications first. But to repeat, everyone
is entitled to their own opinions.

Facebook links

Whilst we are totally private within the
confines of our group, if a listing is shared
from another Facebook page (and you click
on it) you may find comments and content

SOCIABLE ACTIVE GROUPS

ACTIVITY	WHERE	WHEN
Snooker	Railway Club	10am 4th Tuesday
Contact	Telephone	Email
Eric Skates	0238 273 475	Eric.skates@btinternet.com
Ping Pong	Pavilion in the Park	10am 1st & 3rd Thurs
Contact	Telephone	Email
Sue Aburrow	0238 027 4187	seaburrow@googlemail.com
Kurling	New Age Concern Building Romsey Road	11:15 2nd Tues
Contact	Telephone	Email
Tony Lovell	0238 064 2477	tonylovell1@live.co.uk
Walking	Various	10:15 1st Wed
Contact	Telephone	Email
Ann Beeching	0238 060 0091	ann.beeching@gmail.com
Happy Strollers	Various	10:15 3rd Tues
Contact	Telephone	Email
Ann Beeching	0238 060 0091	ann.beeching@gmail.com
Born again Bikers in the Park	Pavilion in the Park	1pm 2nd & 4th Wed
Contact	Telephone	Email
Sue Aburrow	0238 027 4187	seaburrow@googlemail.com

SOCIABLE ACTIVE GROUPS

ACTIVITY	WHERE	WHEN
Skittles	West Wellow golf Club	Various
Contact	Telephone	Email
Jill Robertson	0238 061 3404	beetle71golf@yahoo.co.uk
Ten Pin Bowling	Swan Centre	11am 1st Tues
Contact	Telephone	Email
Ann Beeching	0238 060 0091	ann.beeching@gmail.com
Gardening	Pavilion in the Park	10:30am 2nd Wed
Contact	Telephone	Email
Sue Aburrow	0238 027 4187	seaburrow@googlemail.com

Theatre Trips

For those of us who are fans of the group Queen, a party of us went to a performance of the show 'We Will Rock You' at the Mayflower Theatre. Almost all of the audience were on their feet at the end clapping and shouting for more!

Pam Gadson organises these popular events, she welcomes suggestions from the membership.

You can have a chat with Pam at our Open meetings, she will take your name and deposits or you can pay for any event by BAC's (see page 7).

Why not give Pam a call on

0238 019 4556

Or drop her an email at

pgadson@outlook.com

DAYS OUT & LUNCHES ETC.

ACTIVITY	WHERE	WHEN
Sat Out & About	Various on public transport	2nd Saturday
Contact	Telephone	Email
Tony Lovell	0238 064 2477	tonylovell1@live.co.uk
ACTIVITY	WHERE	WHEN
Garden Parties	Members garden	Summer months
Contact	Telephone	Email
To be recruited		
ACTIVITY	WHERE	WHEN
Super Sleuths	Various	Various
Contact	Telephone	Email
To be recruited		
ACTIVITY	WHERE	WHEN
A Pub Lunch	Various	12 noon 3rd Fri
Contact	Telephone	Email
Terry Holmes	0238 069 6331	terryholmes44@hotmail.com
ACTIVITY	WHERE	WHEN
College Lunch	East Ave Rest.	Various dates
Contact	Telephone	Email
Sue White	0238 178 0958	Susanelizabeth7456@gmail.com
ACTIVITY	WHERE	WHEN
Sunday Lunch	Sherwoods Rest.	12: 30 Last Sunday
Contact	Telephone	Email
Gillian Spanner	02380 600 722	gillanddiky@aol.com



Please note, when refreshments are supplied, in a members

home at a group activity, a donation of 50p each to the host is acceptable.

SOCIABLE TABLE TOP GAMES

ACTIVITY	WHERE	WHEN
Mah-Jong	Fair Oak Village hall	10am 1st Mon
Contact	Telephone	Email
Margaret Hughes	0238 065 2256	margarethughes2329@tiscali.co.uk
ACTIVITY	WHERE	WHEN
Rummikub Number	Members House	10am 3rd Thursday
Contact	Telephone	Email
Sue High	02380 069 2815	susanjanet25@gmail.com
ACTIVITY	WHERE	WHEN
Canasta	Fair Oak Village hall	10am 3rd Mon
Contact	Telephone	Email
Sue High	0238 069 2815	susanjanet25@gmail.com
ACTIVITY	WHERE	WHEN
Rummikub Number	Members Home	2pm 2nd Thursday
Contact	Telephone	Email
Helen Mathews Golledge	02380 602796	helenamathewgolledge@gmail.com
ACTIVITY	WHERE	WHEN
Pub Cribbage	The Clock Inn Fair Oak Road	1pm 1st Tuesday
Contact	Telephone	Email
Bryan Carey	02380 693812	bryan.carey@live.co.uk
ACTIVITY	WHERE	WHEN
Scrabble	Members Home	1:30 3rd Thurs
Contact	Telephone	Email
Linda Huxford	0774 906 2453	lindahuxford@btinternet.com
ACTIVITY	WHERE	WHEN
Rummikub Word	New Clock Inn	2.00 4th Tues
Contact	Telephone	Email
Sue High	0238 069 2815	susanjanet25@gmail.com

VIRTUAL GROUPS ON ZOOM

Zoom Meeting

Audio only

With video



ACTIVITY	WHERE		WHEN
Evening Quiz	Zoom		7.30 2nd Thursday
Contact	Telephone	Email	
Sue High	0238 069 2815	susanjanet25@gmail.com	

HOBBIES & STUDY GROUPS

ACTIVITY		WHERE	WHEN
Creative Crafters		St Johns Church Fair Oak	2pm 4th Friday
Contact	Telephone		Email
Gill Spanner	0238 060 0722		gillanddiky@aol.com
ACTIVITY		WHERE	WHEN
Poetry		Fair Oak Village Hall	10: 30 to 12.00-3rd Friday
Contact	Telephone		Email
Rosemary Nightingale	02380 643187		urbansquirrel@hotmail.co.uk
ACTIVITY		WHERE	WHEN
Band Stand Book Club		The Point	10am 4th Wed
Contact	Telephone		Email
Karen Barlex	0238 064 1515		kazbarlex@hotmail.com
ACTIVITY		WHERE	WHEN
Wine Appreciation		Members home	7:30 pm 4th Wed
Contact	Telephone		Email
Sue Aburrow	0238 027 4187		seaburrow@googlemail.com
ACTIVITY		WHERE	WHEN
Current Affairs		Members home	2pm 1st Thurs
Contact	Telephone		Email
Vince McDonald	0238 060 0685		vincemac@btinternet.com
ACTIVITY		WHERE	WHEN
Local History		Fair Oak Village hall	2pm 1st Mon
Contact	Telephone		Email
Ann Beeching	0238 0600 091		ann.beeching@gmail.com
ACTIVITY		WHERE	WHEN
Photography		Elizabeth Mabb's home	2pm 4th Thursday
Contact	Telephone		Email
Elizabeth Mabb	0238 061 7403		cruga@btinternet.com

Become a committee member



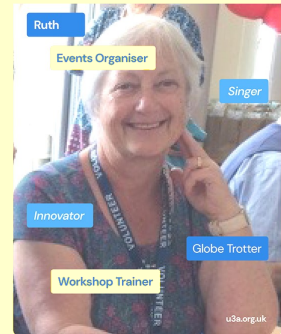
Everyone can play a part!

There are many ways to contribute; everyone can do something. It may be helping to co-ordinate an interest group, volunteering for the committee.

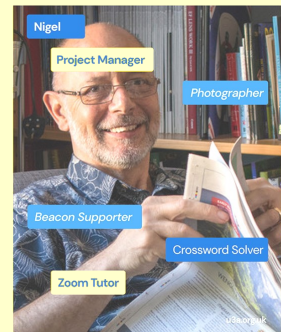
A U3A thrives because all it's members are willing to step up and put in as much as they get out.

“By the members, for the members” is the U3A movement’s mantra. A U3A does not provide services for it’s members - members provide them for each other.

We Volunteer **U3A**



We Volunteer **U3A**



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Same products, same prices, same services as the Amazon you know.

Shop at smile.amazon.co.uk and they will donate to our u3a at no extra cost to you.

smile.amazon.co.uk/ch/1181236-0

Just enter this link to your browser and start shopping.

Amazon will donate 0.5% of the price of your eligible purchases.

Support Eastleigh District u3a

