

WALKERS GROUP

Contact: Sue Hales 07752 372273 sheledams@aol.com

To confirm you are attending

Winter walking is subject to weather and suitability of terrain. Substitute walks could take place at short notice.

WEDNESDAY 8TH MAY

10.00am. Meet by postbox at Bistros, Sovereign Harbour for a walk around North Harbour along Martello Road and along to South Harbour. Back to Bistros for coffee. **Flat Walk 3 miles**

WEDNESDAY 12TH JUNE

10am. Meet at the kiosk in Hampden Park. A walk around the lake, through the park and college grounds for a half way stop at the Hospice Cafe. Return around College grounds, through the woods, walking the reverse way around the lake and back to the kiosk. **Flat Walk 3 miles**

WEDNESDAY 10TH JULY

10am. Meet at the Kiosk by Bedes School to walk along Foyle way to Whitbread Hollow and on to South Downs Way, loop round and back to Foyles Way. Finish with walk to Holywell Cafe for Coffee if required or Kiosk. **Some Hills 2.5 miles.**

WEDNESDAY 14TH AUGUST.

10am. Meet at Arlington Reservoir car park for a gentle 2 mile walk around the reservoir for those that would like this walk. **Flat Walk 2 miles**

WEDNESDAY 11TH SEPTEMBER

10am Meet at Heathy Brow Car Park, Beachy Head (W3W: each.airbase.merely) for a walk around The Downs. Some slopes but worth the effort for beautiful views. **This walk can be 2.6 or 3.6 miles long**

WEDNESDAY 9TH OCTOBER

10am. Meet at Langney Point East car park (W3W: whirling.making.disbelief) for walk along the front, around Princes Park then passed Buckingham Palace for comfort break (if required) and drink before returning along the front. **Flat Walk 3 miles.**

WEDNESDAY 13TH NOVEMBER

10am. Meet at Shooters Bottom Car Park, Beachy Head (W3W tf) proceed across the road and up the hill to summit, walk Frost Hill heading towards concrete path for Cornish Farm. Turn left and recross the road. Head to Birling Gap horseshoe back round to Belle Tout and return to carpark. **2 Hills within first half of walk the 2nd half downhill and flat. 3.2 miles.**

WEDNESDAY 11TH DECEMBER

10.00am. Meet by postbox at Bistros, Sovereign Harbour for a walk around North Harbour along Martello Road and along to South Harbour. Back to Bistros for a group Thai Meal for those who wish to attend. **Flat walk up to 3 miles.**

WEDNESDAY 8TH JANUARY 2025

WEDNESDAY 12TH FEBRUARY 2025

WEDNESDAY 12TH MARCH 2025

WEDNESDAY 14TH MAY 2025