

EASTBOURNE u3a CENTRAL BRANCH

(Affiliated to the Third Age Trust)

Website <http://u3asites.org.uk/eastbourne-central>

email – ebu3a@btinternet.com

SPRING NEWSLETTER 2024



Dear Members,

A Happy New Year to all

Additional Groups

We have received some feedback that members would like more social or games/sports groups as well as the study groups that already exist. The following list shows topics that some members have said they would be interested in, and depending on your response we can gauge whether there is enough interest to form a group. In some cases we already have someone who is willing to lead one of these groups.

Please select any of the potential groups below that are of interest to you, and add any others.

If you have friends who might be interested (even if they aren't currently u3a members) let us know that too.

Please either email your selection to eastbournecentralgls@btinternet.com or just reply to this email by 1st Feb; or give your list to a committee member or group leader; or bring it to the talk on 25th January.

The next steps will be either to invite you to a 'taster session' for example 'belly-dancing' where we already have a teacher; or to invite you to a chat with other interested people to see if we could form a group, with support from a committee member.

Games/ Sports

Canasta	Rummikub	Crosswords
Book club	Bowls	Croquet
Scottish dancing	Belly dancing	Tai Chi
Pétanque	Kurling (indoor)	Snooker/Pool

Social

Cinema outings	Theatre outings
Wine tasting group	Lunch group

Languages – simple conversation

Italian	Spanish	Greek
German		

Kath Boak (Group Coordinator)

Meeting on Thursday 25th January at 2pm at St Saviour's Church Hall

Please note a change of speaker for the meeting. For medical reasons the original speaker, David Clarke has had to withdraw from giving his talk on Three Castles & an Ironmaster's House and will be replaced by Delia Taylor who will speak about the life of Coco Chanel.

Refreshments at St Saviour's Meetings

We now have sufficient volunteers to make tea and coffee at the next monthly meeting that will be held at St Saviour's Church Hall. Just to remind you that this will be provided at a cost of just 50p. Our next meeting is on 25th January and depending how well this goes will determine its continuation.

We need more people to volunteer to assist with this service. If you are able to help, please reply to this email or give your name at the desk at the entrance to St Saviour's church hall at the next meeting on 25th January.

Administrator

We are looking for an administrator to oversee some of the work done by committee members through the Third Age Trust. This position does not entail the person being a member of the committee and can operate outside the normal committee meetings. If you think you would be able to take on such a role please contact Kevin Davis, Chairman, for more details via the email above.

Regards

Kevin Davis

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