Before Activity Personal Checklist:	Yes (✓)
(a) All participants to review their own personal health and circumstances and refer to current Government guidance for different risk categories in Covid19 and what measure are recommended for people over 70 and/or with various medical conditions.	
(b) Consider the health risk category of anyone else you are isolating with in your household.	
(c) Review the risk check list for the activity completed by the group organiser and consider if you can take part without adverse risk to yourself or household.	
(d) I consider I am well and healthy enough to participate in the group meeting.	
(e) I undertake to inform the Group leader should I develop symptoms Covid-19 so that the rest of the group can be notified of the need to quarantine.	

Pa	t 2. Persona	l Checklist outcomes:	Yes (✓)
	Signed		Dated