

First meeting - Friday 19th September

Neurophysiology of pain

Speaker: Andrew (Andy) Lord

Specialist physiotherapist at Queen
Victoria Hospital

- **About the talk:**

In this talk we'll be exploring why we feel pain and how complex feeling pain actually is. All pain is real, and for many people it is a debilitating part of everyday life. It is now known that understanding more about why things hurt can actually help someone understand their pain in many cases reduce it. Recent advances in fields such as neurophysiology, brain imaging, immunology, psychology and cellular biology have provided an explanatory platform from which to explore pain. We'll be asking questions like; how can something still hurt when the initial injury has healed? How can people still feel pain in an amputated limb? Why do things hurt more when you're stressed?

- **About our speaker**

Andy Lord BSc (Hons), MCSP, MHCPC trained at The University of Brighton and started his career working in research for the Chartered Society of Physiotherapy. During his time at the Chartered Society he also worked at a private clinic at Lewes Rugby Club. Since then he has worked in the NHS across the South East and London. He currently works full time as a specialist physiotherapist at Queen Victoria Hospital in East Grinstead. Andy is hoping to complete a Masters in clinical research focusing on pain education.