

**EAST GRINSTEAD U3A OUT & ABOUT GROUP 3**  
**CONTACT DETAILS**

NAME: .....

U3A MEMBERSHIP NUMBER: .....

ADDRESS: .....  
.....  
.....

Post Code: .....

Telephone Number: .....

Mobile Number: .....

E-mail (please print clearly) .....

Any relevant allergies/medical conditions: .....  
.....  
.....  
.....

In case of emergency please contact: .....

Telephone/mobile no: .....

Would you be willing to use your car to give lifts to other members if needed?  
YES/NO