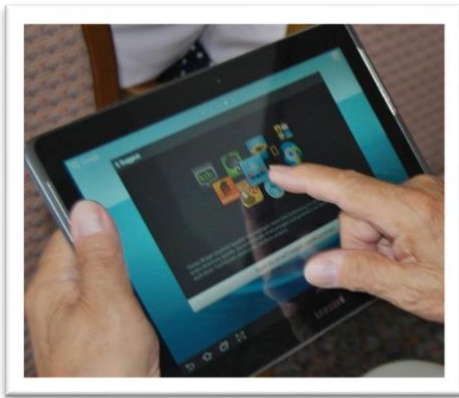# COST OF LIVING CO-DESIGN STUDY

- Complete a 'diary' using a smart phone
- Meet other people interested in technology for healthy aging and managing finances
- Give feedback on how to design technology to support healthy aging and managing finances
- Help a university research project

Researchers at University College London are looking at how older people can benefit from different kind of technologies that support them during the cost of living crisis. We want to see how technology could support people's health and financial wellbeing, and the ways that this technology can be situated within the activities of your daily life.

We are looking for people to take part in a **diary study** and between **1 and 4** co-design **workshops** over **4 months**.

What is 'Co-Design'

Co-Design is a shared group activity whereby people come together to share ideas and views around a particular topic, in this case technology to support aging. It is also:

- A way of creatively thinking about new technology

- A way to turn ideas into real things

- How we can share our values about life and experiences with one another.

What would I need to do?

You will need to:

- Keep a **'diary'** on a **smartphone** by taking photos or videos for us for **7-10 days**

- You will be reimbursed between **£25 - £30** for your entries.

- Participate in at least 1 and up to 4 co-design workshops.

- Share your insights with others to come up with new technology together

The diary and co-design workshops will be conducted in person at University College London's Bloomsbury campus. We will also have a 10 minute call with you over the phone or on Zoom before, to check you are okay with taking part and that you understand what will be asked of you in this study.

What do I need to take part?

You will need:

- a **smartphone** (if you do not own one, you will be provided with this).
- A means of **travelling to UCL** (we will pay you to travel to us)
- Ideas!

Do I get to keep the Smartphone?

No, the smartphone will need to be returned to the researchers at UCL once the study has been completed.

What about my privacy?

Protecting your privacy is a risk that must be carefully managed in technology studies.

However, we have put steps in place to help manage this risk.

- You will be given information online with tips for managing your privacy with when taking part in the study and using your/our smartphone.
- We will show you how to remove any data you do not want from the study (e.g. faces in photographs).
- Information will be provided to you in an **information sheet** about how the researchers will protect your privacy as we collect data.
- You can tell us if you do not wish to take part in any aspect of the study when you complete our **consent form**.

Your information from the study will be securely held and only accessed by University College London and information shared from your smartphone will be stored securely by the University's GDPR-compliant servers.

You will not be personally named in any information resulting from this study.

When will this start?

Participation in this study is on a first come, first served basis. We are looking to begin this study in **early March 2023**.

Please respond quickly if you are interested.

Which organisations are working on this?

- University College London
- Some charitable organisations will also help with the recruitment process.

When will the study finish?

If you take part in the study, we expect this to finish in **June 2023**.

Interested? Have further queries?

Taking part is easy, please choose one of the following to contact the researchers:

- By phone: +44(0)20 3108 5310

- Email: e.soubutts@ucl.ac.uk

We will answer any queries you have.