

## Resource Centre

The Resource Centre, located in the National Office has a collection of non-book material (DVDs, CDs) on a wide range of subjects, available to all U3As to borrow free of charge with only the return postage to pay.

Lists on individual subjects are available on request and there is an online catalogue accessed from the members' area of the national website. The online catalogue also houses some online courses for download and links to external websites of interest.

To borrow items from the collection you have to be registered with the Resource Centre and this can be done either online or by contacting them on 020 8466 6139. Once registered you can either order items online, by email ([resource.centre@u3a.org.uk](mailto:resource.centre@u3a.org.uk)), by telephone or by post.

Bookings can be accepted up to 9 months ahead and the earlier you send your request the more likely you are to receive the item.

Loans are for a period of 3 weeks and may be renewed if nobody else is waiting for them. Longer loans can be negotiated on request.

Items are posted to you and include a return date. The packaging can be reused and borrowers are advised to take items to the Post Office to ensure the correct postage cost and to obtain a free certificate of posting.

The Resource Centre is open Tuesday to Thursday 9.30 to 4pm.

## National Subject Advisers

There is a network of over 50 national subject advisers, whose role is to provide advice on both the setting up of a group in their particular speciality and the sustainability of ones already in existence, which may benefit from new ideas or a different approach.

Some subject advisers keep in touch with group convenors through newsletters or blogs which is a useful way of sharing suggestions and good practice and some also organise study days.

They cover a wide range of subjects – American Archaeology to Wine Appreciation with a real mix of academic, practical and leisure activities in between.

Our subject advisers with their contact details can be found in each issue of Third Age Matters and they all have a page under Subject Advice in the members' area of the national website where you can often find links to additional information, including newsletters.

## Subject Advice

<https://www.u3a.org.uk/resources/subjects>

## Sources online

The educational journal of the U3A movement  
<https://sources.u3a.org.uk/>

Archive  
<https://www.u3a.org.uk/resources/publications/sources>