

U3A Bike Rides The Frieze in Regent's Park Tuesday 10th October 2023

The group first visited the Frieze in November last year, a cold and wet late autumn day. For this visit we could not have asked for a better day, blue skies and the temperature in the mid-20s.

The Frieze is an annual exhibition of art creations in the tranquil setting of the English Garden, a part of Regent's Park that is less often visited.

And so the dozen riders assembled at Brockwell Lido for a briefing from the Ride Leader, Mary, and a group photo.

Our well-trodden route was via Loughborough Junction to the Oval and Vauxhall Bridge (which proves a dedicated cycle path) and through the grand mansions of Pimlico and Belgravia.

Ebury Bridge led us across Buckingham Palace Road towards Hyde Park. This is a cycle-friendly route but with recent roadworks; it is almost complete, only the final barrier before Knightsbridge to be removed.

From the Albert Gate entrance to Hyde Park, the South Carriage Drive and Serpentine Drive took us to the Serpentine Bar and Kitchen for coffee, and we found seats at a table overlooking the water.



Continuing north on the broad cycle path we headed for the Stanhope Place Gate and thence through the streets of Marylebone by a well-researched cycle-friendly route to the York Gate into Regent's Park.

The Outer Circular took us to the south east corner of the park, and the entrance to the English Garden. On foot the group headed for the exhibits; each one had an information board with details of the artist, a title and the artist's description of the work.



Garden of Unearthly delights.



Material (SG) IV (2023)
(Courtesy Ann May)



Waking Matter (2023)



The Debate (2023)



The Mothership Connection (2021)



You will carry dreams, memories, and new beginnings (48 Days) (2023)



All Power to All People (2017)



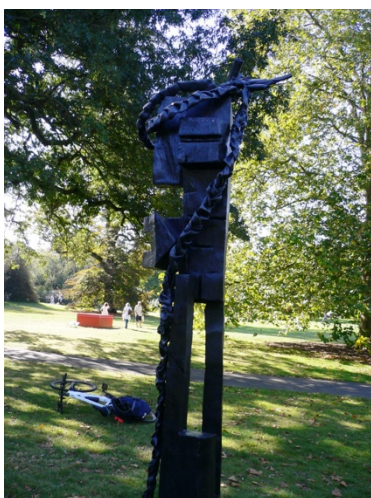
Sleepwalker (2014)



Fat man with flowers 2 (2022)



Friend (2022)



Gyagenda, 2023



No name



Model for Celebration II (1976)



Silent Autumn (2023)



Model for Moss Column (2023)



My Body My Choice (2022)



Model for Celebration II 1976



Unfolding Silence (2023)

The artist who created *Material (SG) IV* was being interviewed by a local broadcaster alongside his creation; thank you Ann for the photo. Before leaving, we stopped for a group photo beside *The Mothership Connection*.



Then it was time to visit the *Regents Bar and Kitchen* with plenty of outdoor seating space for lunch.

The Group had enjoyed the colourful art exhibits, although perhaps I was not alone in puzzling over the descriptions and deeper meaning of some of them!

Acknowledgements: Frieze 2023 website: <https://www.frieze.com/tags/frieze-sculpture-2023>

Riders: Chris, Felicity, Jan, Jane, Joe, John, Judy, Mark, Mary, Pat, Valerie.

Ride leader: Mary Burke

Report and photos: John Clements, 10th October 2023

NOTE: Frieze Sculpture 2023

"This year's edition boasts large-scale pieces of public art by 20 artists, including Yinka Shonibare, Louise Nevelson, Tomás Saraceno, and Hank Willis Thomas, under the acclaimed curatorial eye of Fatoş Üstek, who was previously director of the Liverpool Biennial.

Visitors may now be used to seeing striking public monuments among the trees at London's yearly autumnal art world get together, but this year Üstek has set out to introduce an "expanded" idea of sculpture with elements of performance, painting, and sound. These will challenge assumptions about the boundaries of the medium, and foreground its underappreciated possibilities for movement, multi-sensory experience and ephemerality