



Staying Connected.

No 50 April 2024



Run for the members, by the members.

Dear Members

Since writing the last foreword, James Bartlett, has spent many hours reading through the wording and composing the updates for our Constitution, which we will be presenting to you at the AGM in May. Also John Harris has donated many hours looking through the specifications for a new improved website which will be implemented in the months to come.

I have updated my Level 1 Food Hygiene and Safety Certificate so we now have three members who are level 1 qualified.

Several Committee Members have had medical operations recently, and I am pleased to report that they are making good progress – we are looking forward to seeing them again soon. Best wishes to any other members who are battling illnesses - we hope you have a speedy recovery. Thanks to Val Saunders who has come back to help us out with minutes for our committee meeting.

Barbara Broomhead has joined our happy members in the Events Team, and has already contributed ideas for consideration.

This week we have arranged a visit, exclusive for Dukeries u3a members, to Bilsthorpe Heritage Museum. So many of us have driven by the signpost many times, and we have never been. If you are one of these people, do sign up if you would like to go on the visit (see advert in this newsletter).

Have a look at all the diary dates in this newsletter, and adverts for events, spread the word and let's have some good times!

Personally, I have recently enjoyed walking with the WhatsApp Walkers and learning how to crochet at The Dukeries Sewing Bee. Have you tried anything new recently? Members are so willing to share their skills and talents. We are still looking for 1 or 2 Treasurers (job share), Chair and Deputy – can you offer a few hours per month?

I will be visiting my daughter in the USA during April, so I look forward to seeing you again on my return.

I will conclude my foreword with the following thought.

Someone recently said, the two things we need to be in life is brave and kind! So many members of our u3a are just that and it is a great pleasure to know them and socialise with them.

Live, Learn and Laugh

Leslye x



Information for Members of Dukeries u3a

Annual General Meeting (AGM) *Members only.*

Monday 20 May

Jubilee Hall Ollerton

Doors open 12.30 Meeting starts 1.00pm

Finance Report

Plans for Future Improvements to Constitution

Musical Entertainment

Photographic Presentation

Vote on which Charity we should support

Refreshments

Bring and Buy Table

Exclusive to Members of Dukeries u3a

Your votes for Committee Members 2024 – 2025 are needed!

Please support Dukeries u3a with your attendance on the day!

Do you have suggestions or questions to ask?

Please speak to any member of the Committee or email du3achair2020@gmail.com.

Send in your comments in advance of the meeting and they will be addressed on the day.

Committee 2024

Chair Leslye Henstock

du3achair2020@gmail.com



Treasurer

Barry Callieu barry.callieu@icloud.com



Business Secretary

James Bartlett dukeriesu3asec@gmail.com



Deputy Chair (Vacant)

Volunteer needed.

Membership Manager

Wendy Neighbour membersdu3a@outlook.com



Activity Group Co-ordinator/Press Officer

Jane Young janelesley56@gmail.com



Social Media

& Speaker Finder

Ann Street annstreetcornet@yahoo.co.uk



Newsletter Editor

John Harris johnhu3amag@gmail.com



Co-ordinator Charity Donations

Pam Hardwick secretary1@gmail.com



Minute Secretary

Barbara Baglee barbarabaglee@gmail.com



Health & Safety Officer

Chris Neighbour pchrisn@icloud.com



Committee Member

Maria Pitrolino mpitbar64@yahoo.com



Non Committee Roles

June Nunn - Purchaser of Refreshments

Barbara Broomhead - Refreshment Rota

Soft Tennis

The Soft Tennis group is now up and running and we currently have 7 members and we are looking for new members.

We are using the Scout Hall on Back Lane in Ollerton, and we currently meet on Wednesdays in the early afternoon every fortnight but we might go to weekly in the future. There are generally 2 rooms available so the more players the merrier

It's good, safe, simple and easy exercise and all you need is comfortable clothing and suitable footwear and don't forget your water bottle!

Paul has a WhatsApp group, and his number is 07803 606928.

If you are not familiar with WhatsApp, then text Paul on the same number or email paulmwebb@hotmail.com



Dukeries u3a at it's Best!

Anyone coming through the doors at Jubilee Hall on Monday 18th March, were greeted by a buzz of life!

I would like to thank each and every person who took a part in this event, both in the weeks before and on the day. Many of you worked really, really hard. It was a huge team effort, showcasing that Dukeries u3a is run by the members, for the members. It was also so interesting to see so many interesting objects displayed on the tables!

My very best wishes to you all. Let's look forward to another great year for Dukeries u3a! *Les/ye x*



Some examples of the excellent table top displays, even the boots were especially cleaned.

Bowling Group



If you have never tried green bowling before, or you are keen to get started for the new season, Ollerton Bowling Club, Whinney Lane, Ollerton are holding an Open Day on **Sunday, 14th April from 2.00 p.m. to 5.00 p.m.** No experience is necessary and all equipment will be provided, or you can bring your own if you have it. You will need to wear flat shoes. There is no charge for this event so what have you got to lose?

For those who know that they want to give bowling a go, or are old hands, then the new season for Dukeries u3a Bowling Group starts at Ollerton Bowling Club on **Wednesday, 17th April** (and every two weeks after that). The playing time is **1.30 to 3.30 p.m.** There is a charge of **£3.50 per session** which includes a cuppa and biscuits during the half time break. Free car parking is available.

For further information contact Val or Alan Saunders on
01623631993



Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Monthly Meeting 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening 10am till 1 pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre	Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening 10am till 1 pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall	Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm Nat Hist, S&T 2pm Plough Inn, Warsop	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall Book Club 11am
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm	Photography Ambleside 1.30pm

Sunday Lunch Club 4th Sunday in Month 12.30 for 1.00pm

Tuesday Lunch Club 1st Tuesday of the month 12.30 for 1

Soft Tennis Contact Paul Web 07803 606928

Could you possibly be thinking of volunteering yourself to join our Dukeries u3a Committee?

We have several committee vacancies coming up at the Annual General Meeting on 20th May, and we need you, and others, to step forward to join our happy and dedicated team.

If you would like to put yourself forward for election or would like to nominate someone else for a place on the committee, please ask me for the forms at the next Members Meeting on 15th April.

Or you are very welcome to request the forms by email at dukeriesu3asec@gmail.com

If you have any questions at all, please don't hesitate to speak with a member of the current Committee.

Hoping to hear from you soon!

James Bartlett

Dukeries u3a – Treasurer Needed

- 1 Could you donate on average one hour per week to volunteer your time?
- 2 Are you able to complete a spreadsheet with income and expenditure?
- 3 Can you manage on-line banking?

Then Dukeries u3a Needs You!

The role of our Treasurer is a key position in the management of Dukeries u3a, and we cannot function without one. Our new financial year starts in April 2024, and we need a Treasurer to set up a new financial year and look after our members' money in our two bank accounts.

Are you that person?

If yes, you will be supporting our friendly and inclusive u3a, which provides so many opportunities for many seniors, to enrich their lives.

Please email Leslye Henstock Chair Dukeries u3a,
du3achair2020@gmail.com and let's arrange to talk.

Training and support is available. A Laptop- is available for your use in this role.

Can you help? Or do you know anyone who can?

Please do what you can to support this plea!

THE ROLE OF DUKERIES U3A CHAIR, AND DEPUTY CHAIR COULD YOU VOLUNTEER YOUR TIME?

The Chair

- 1/** Agrees the agenda for the committee meeting with the Business Secretary, and chairs the meeting, (two hours, third Monday each month).
- 2/** Attends 3 meetings per year, usually in Ravenshead, with other Chairs from u3a's around Nottinghamshire.
- 3/** Takes part in organising and opening the Monthly Members' Meetings.
- 4/** Writes a foreword for the monthly newsletter.
- 5/** Supports other Committee Members in their roles where necessary.

Deputy Chair

The role of Deputy Chair is to support the Chair, in all of the above, and maybe, in the future, move into the role of Chair.

HELP WANTED



**Could you take notes for us
at our
committee meetings?**

These are held on the third Monday of each month, at Jubilee Hall, for up to two hours. The notes are then typed for distribution.

We are needing someone to start in May 2024.

Dukeries u3a needs you! Can you help?

*If you could, please would you contact our secretary
James, email, dukeriesu3asec@gmail.com*

MURDER MYSTERY TRIP



Helen Rock and Ray Vella did Dukeries u3a proud by solving the murder at The Olde Barn Hotel Grantham. Nearly 70 u3a members and guests attended this event. *Leslye*



Savoy Film Group



Due to a clash with school holidays there will not be a film show in April.

THANK YOU TO THE SEWING GROUP !



A massive thank you to Christine Yates and the Sewing Group, for making up some lovely, and very serviceable cloths for the Bridge tables. The old cloths had become worn and tatty to say the least, and we desperately needed new ones.

I managed to acquire a bundle of fabric, and not being a seamstress myself, I asked Christine if the Sewing Group could help out, whereupon, she grabbed the material out of my hands and with a big smile on her face, said that of course they could !

In return, to mark it's gratitude, the Bridge Group donated to the Air Ambulance Charity, so thanks to the kindness of the Sewing Group, both the Bridge Group and the Air Ambulance benefited. The new cloths are really fabulous and we are all very pleased with them. Thank You once again Christine and the Sewing Bees !

Georgina - Bridge Group Leader



These fabulous new banners for the Ukulele group were made by Christine Yates, Sue North, Jane Young and Linda Bond, All members of the Ukulele Group and the Sewing Group.



A few pictures from our trip to the Great British Car Journey. A very informative and entertaining exhibition of more than 120 British made cars. Very well laid out with an example of, pretty much, every model of car made in the uk over the years. I found it quite a trip back in time to see the cars on the road when I was a boy and dreamed of driving one. Big thank you to the Events team for organising the day. Not forgetting the amazing lunch we had afterwards!

John Harris

USED POSTAGE STAMPS

A BIG THANK YOU TO MEMBERS OF DUKERIES U3A



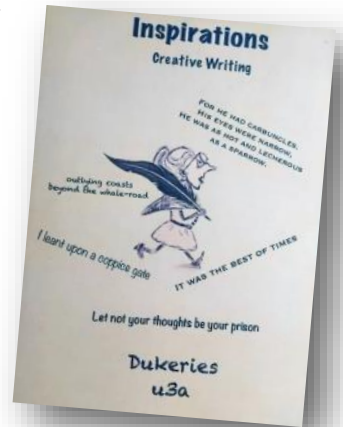
Mansfield u3a would like to thank those members who have donated stamps for charity. We will continue to collect these.

Please bring them to monthly meetings at Jubilee Hall, where there will be a collection point.

Well done Members of Dukeries u3a!!!

Inspirations

The members of the Creative Writing group are pleased to offer a professionally produced book celebrating their work which will be on sale at the monthly meeting or email Ann. It would make a lovely present for yourself, friend or family member having lots of poems, short stories and anecdotes. The purchase price is £3 and will go towards supporting Dukeries u3a members' designated charity with all profits donated to the Lincs and Notts Air Ambulance.



Ann Street annstreetcornet@yahoo.co.uk

Speaker for April

Roger Browne - Musical presentation - The Life

and Times of George & Ira Gershwin

Brothers George and Ira were born in New York, but their grandfather came from Odesa which was then in Ukraine. George's music and Ira's words were to provide us with hundreds of popular songs and one of the most important American operas, 'Porgy and Bess'. This is the story of their life and their phenomenal contribution to American music.

Roger Browne is an actor, singer, speaker, musician, director, composer and writer.

As a jazz pianist, he has accompanied many top International and UK based jazz artists including George Chisholm, Humphrey Lyttleton, George Melly, Marion Montgomery, Stefan Grappelli, Louis Armstrong all-star, Bud Freeman, Scott Hamilton, Danny Moss etc. He has played in all the countries of the UK, America's West Coast, in California and Washington State, in Montana, Arizona, Canada's British Columbia, across the Caribbean, in Spain, Germany, Norway, Republic of Ireland and The Netherlands.

Roger, now, apart from playing piano for Manchester Jazz and various of his own groups, delivers talks featuring stories, songs, and interpretations of music by Gershwin, Kern, Porter etc., in his own inimitable piano style.

Ann Street



Trip to visit Bletchley Park

Friday 26th April

Bletchley Park is an English country house and estate in Bletchley, Milton Keynes (Buckinghamshire) that became the principal centre of Allied code-breaking during the Second World War. Dukeries u3a is arranging a day out in 2024.

8.20 am Assemble Jubilee Hall, Ollerton Free parking for cars

Coach leaves 8.30 am

11.30am approx. Arrive at Bletchley Hall Café to buy refreshments

Look at maps and information.

12.30 Guided Tour

1.30pm Time to visit Bletchley Huts, museum and gardens.

Free multi-media guides are available to each person, to bring your trip alive with information and stories. Please Note - Bletchley House is accessible for wheel chair users. This trip includes walking outside to visit the various huts.

4.30pm Coach takes us to The Stadium where you can buy a meal in a range of restaurants. Shops also available.

6.15pm Board the coach for the journey back to Jubilee Hall.

The cost for the trip, which includes an entry ticket which lasts 12 months, guided tour and coach travel is approx.

£49 (non-refundable)

For more information, visit <https://bletchleypark.org.uk/>

Dukeries u3a contact - Elaine Biddulph

Email jebbie567@yahoo.co.uk

Exclusive for Members of Dukeries u3a

Visit to Bilsthorpe Heritage Museum

Cross Street, Bilsthorpe, NG22 8QY

(behind the old village hall)

Friday 31 May 2024 10.30am

The volunteers at the Heritage Centre are opening
the doors just for us.

We have 25 places so book early!

Free Car Parking. Tea and Coffee provided.

If it's a nice day, you can bring a picnic lunch and sit in
the garden afterwards.

Add your name on the list at Members' Meetings.

£2 per person donation is requested to cover
costs and it secures your place.

Need a lift? – Car sharing may be possible.



The Dukeries Singers

at The Jubilee Hall, Ollerton, NG22 9AP

Contact: Barry on 01623 822200 or at dukeriesingers@icloud.com

TICKET
£10
INCLUDES
OUR
LEGENDARY
BUFFET

SUMMER CONCERT

Saturday 15th June 2024 at 7:00pm

Special Guests

The GentleMen

SUMMER

Car Parking at Jubilee Hall

Members of Dukeries u3a are allowed to park cars at Jubilee Hall when they are not using the meeting rooms.

If members are meeting, to embark on a trip or a walking activity, it is requested that they park cars at the rear of the building, especially so if the hall is booked out to other users on the day.

We are not charged for parking, so please be considerate and comply with this request. *Thank you!*



u3a
North Notts Neighbourhood Group
**INVITE YOU TO A
PICNIC IN THE FOREST**
WEDNESDAY 26th JUNE

**AT SHERWOOD FOREST VISITOR CENTRE
EDWINSTOWE, MANSFIELD NG21 9RN**

This is a FREE EVENT from 11 – 3
ALL DAY CAR PARKING £5

All welcome to join us for a Fun Day of

Activities Musical Entertainment Prizes

Games

Cafe On Site

Walks

Bring tables, chairs, blankets & picnic



More information available in newsletter

A proposed visit to Southwell Minster Friday June 28th



Itinerary:-

10-00am Guided talk in and around The Minster

11-35am Pause for lunch and/or shopping

1-30pm A seated concert in The Minster (optional)
2-30pm concert ends

2-45pm Meet at The Minster for a guided walk to The Bishop's
Palace, The Garden & The Song Room
3-45pm Tour ends

Cost:- £15 per person

Car shares may be possible.

Whole tour is easy walking and wheelchair accessible

*On concert days it is advisable to book lunch in the Refectory.
We have been advised that it also gets busy in the town so
advance booking there is advisable as well.*

*Church Street carpark is opposite the minster. Six hours £4.70
Please register interest at the monthly meeting or email*

Jean.pw@outlook.com



Evening Cruise on the Trent from River Lodge, Nottingham.

Wednesday 10th July

Here are the details of the trip...

Coach will pick up in Forest Town, Edwinstowe and Ollerton

Arrive at River Lodge. The boat departs 6.30pm,

Meal includes chicken, salads, potatoes and breads (vegetarian on request). Black Forest Gateau and cream as dessert

Voucher for 2 drinks from the bar.

DJ on board for music

Boat returns at 9.30pm Coach departs for the return journey.

Ticket, which includes all the above, is **£37 per person.**

***Tickets selling fast. Email Leslye
on du3achair2020@gmail.com***



**u3a Members' Black
and White Summer
Event**



Forest Town Arena

Saturday 27 July 2023 7.00pm

Complimentary Pimms on arrival

Buffet

20-piece Swing Band

Car or taxi sharing can be arranged

£15 per person

**Tickets on sale at
Members' Meeting**



*This event is hosted by Forest
Town u3a*



Turkey and Tinsel in Tenby
Monday 4 to Friday 8 November 2024
Coach Travel and Hotel, Half Board
Happy Hour 20.00 to 21.00 hours
Nightly Entertainment

Additional treats

Monday - Sherry and Mince Pies on arrival

Tuesday - Scenic drive to Picton Castle, guided tour. Festive punch before Christmas Dinner and a visit from Santa

Wednesday – Visit to Carmarthen Market

Thursday – Explore Tenby at your leisure.
 Afternoon Tea at 15.00

Friday – Depart after breakfast

£ 425 per person

At the time of printing, there are 1 single and 7 twin or double bedrooms available.

A non-refundable deposit of £50 secures your place.

Telephone Irene on 07765 970751 to book

This u3a trip is arranged by our neighbouring u3a, Forest Town and District

DIARY DATES FOR DUKERIES U3A 2024



MON 8 APRIL
MON 15 APR
FRI 26 APR

COMMITTEE MEETING
MEMBERS MEETING
VISIT TO BLETCHLEY PARK

MON 13 MAY
MON 20 MAY
FRI 31 MAY

COMMITTEE MEETING
MEMBERS MEETING
VISIT TO BILSTHORPE HERITAGE
MUSEUM

MON 10 JUN
MON 17 JUN
WED 26 JUNE

FRI 28 JUNE

COMMITTEE MEETING
MEMBERS MEETING
PICNIC IN THE FOREST
NORTH NOTTS U3A FUNDAY IN
SHERWOOD FOREST
VISIT SOUTHWELL MINSTER

MON 8 JULY
WED 10 JULY

MON 15 JULY
SAT 27 JULY

COMMITTEE MEETING
TRENT RIVER CRUISE COACH,
TWO COURSE MEAL, TWO FREE
DRINKS, DISCO
MEMBERS MEETING
BLACK & WHITE SUMMER PARTY
SWING BAND A BUFFET, FORREST
TOWN ARENA

MON 12 AUG
MON 19 AUG

COMMITTEE MEETING
MEMBERS COACH TRIP TO YORK
(TO BE CONFIRMED)

MON 9 SEPT	COMMITTEE MEETING
MON 16 SEPT	MEMBERS MEETING
MON 14 OCT	COMMITTEE MEETING
MON 21 OCT	MEMBERS MEETING
FRI 25 OCT	HALLOWEEN FANCY DRESS PARTY FOREST TOWN ARENA WITH FANTASTIC READY STEADY 60'S BAND
MON 4 TO FRI 8 NOV	TURKEY & TINSEL IN TENBY COACH TRIP TO SOUTH WALES SEE AD IN THIS NEWSLETTER
MON 11 NOV	COMMITTEE MEETING
MON 18 NOV	MEMBERS MEETING
MON 9 DEC	COMMITTEE MEETING
MON 16 DEC	MEMBERS MEETING



NOTTINGHAMSHIRE NETWORK

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

<https://nottsnetworkofu3as.weebly.com/>

*Click on the link for the
latest Newsbites*

Members Art

My request, last month for some examples of members art has born fruit with this lovely picture from Hazel Frances.



Would anyone else like to send something to me for the newsletter? johnhu3amag@gmail.com

Air Ambulance



Oh what a busy OPEN DAY we had last month, so many new faces and of course the familiar ones of our lovely members.

We had a tombola to raise funds for our chosen charity Air Ambulance. Many great prizes were donated by our members and the total of the proceeds was a grand **£110.00**.

I have also received a donation of **£20.00** from our thriving **BRIDGE GROUP** and I have added this to make our total this month **£130.00**. So many, many thanks to you all, the funds have now been transferred to the LNAAC.

Latest Air Ambulance News [CLICK HERE](#)

u3a friends



Salford u3a shared this lovely picture of their walking group on their X page.
See more media news further down this newsletter.

Here is a link to the u3a national newsletter. It's free and you can sign up for a personal copy every month.

[Click here for the newsletter](#)

To Bin or Not To Bin....

That is the question.

Well yes, that certainly was the question for seventeen odd members of u3a who braved the weather and paid a visit to Mansfield's recycling centre recently.

I was quite convinced I knew all about recycling, boy was I wrong. Forget plastic bags, forget all those transparent plastic containers your sausages or beef mince come in. None of those, plus a whole lot more, that don't go into your recycling bin. It was quite an eye opener.

We started the day with a cup of coffee and a detailed talk on the processes involved in recycling. How the bins had to be emptied, with the initial sorting of different kinds of materials, done by huge machines, which tumble and shake, and by using special magnets can even remove aluminium cans from the heap, eventually discharging the remainder into a bailing machine, to be bailed up ready for the incinerator.

Everything sorted by the machines is inspected by workers to remove anything which the machines missed, before bailing and transport to the companies who will do the actual recycling.

Quite a lot to take in. So some more coffee and then donning plastic helmets and radio headsets we marched off to the works, up a long staircase, and into the building at a high level. The scene that confronted us looked like organised chaos, a huge machine, several stories high, serviced by men on forklift trucks, pushing and lifting bails onto stacks, ready for shipment. Above all this, a series of large cabins filled with conveyer belts and more men doing the final sorting. Everything has to be cleared in a day, so the plant works from 6am until midnight or at least until all is sorted.

I enjoyed the day far more than I thought I would so a big thank you to Veolia and the social committee for arranging it.

John Harris



Check out the Plastics, not as inclusive as you might think.

Are you Bin smart?



Right Waste



Right Bin



Bin Smart

Only these can go into your Recycling Bin. Please remember your recyclable material should be clean, dry, empty and loose. Please **do not** put your recyclable items in plastic carrier bags.



Paper

- ✓ Newspapers
- ✓ Envelopes
- ✓ Magazines and catalogues
- ✓ Junk mail



Cardboard

- ✓ Cereal boxes
- ✓ Egg boxes
- ✓ Cardboard tubes



Tins and cans

- ✓ Food tins
- ✓ Drinks cans
- ✓ Aerosol cans



Plastics*

- ✓ Drinks bottles (e.g. pop, squash, milk)
- ✓ Shower gel and shampoo bottles
- ✓ Cleaning product bottles
- ✓ Yoghurt pots
- ✓ Margarine tubs



*Please take your lids off and put them in your general waste bin.



If in doubt - leave it out.



Workshop u3a. Hello Dukeries!

Here is some information about our steel band, **STEELPANTASTIC**. We have the opportunity to recruit new members and it would be lovely if anyone from the Dukeries group was interested in joining us.

Our busy year is culminating on Saturday, with a visit to Ashfield u3a.

Have you ever fancied having a try at playing a steel pan? No previous musical experience is necessary. The group meets every **Thursday, between 2-5**, (these times include setting up and putting away the pans), at **Crown Place community centre, Workshop**.

If you do fancy coming along to have a listen and try, contact Pat Durrant: patmdurrant@outlook.com

or Jean Williamson: ploverdene@googlemail.com

You will be made most welcome by our very friendly group.

Catherine Williams c.williams@sheffield.ac.uk

Even if you decide it is not for you, you would be made most welcome by our very friendly group.

Catherine Williams c.williams@sheffield.ac.uk



Making Wine!

John Offen, one of our members, is quite an expert in making his own wine. He has offered to host a few talks in his home, to show others how the process works.

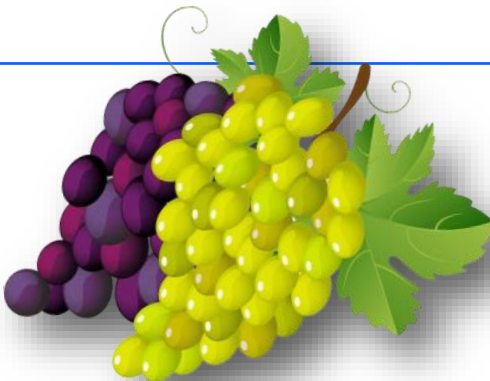


If you would like to take up John's kind invitation, send your name, in the first instance to Leslye, and she will pass on all the details to John.

No doubt, there will be tastings, which will be enjoyed by all!

Leslye

du3achair2020@gmail.com



Interest Group Leaders

All Sorts/Gardening	Jane Young	du3agroups23@gmail.com
Bridge	Georgina Batty	0777 2649281
Bowling	Alan or Val Saunders	01623 631993
Cheeky Blinders	Sue	07812 156406
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	Christine Yates	07799 701763
Photography	Stefan Ziembra	01623 860293
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	Stephen Hall	07877 792969
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 01763
Soft Tennis	Paul Web	07803 606928
Sunday Lunch Group	Maria Pitrolino	07904 269549
Tuesday Lunch Club	Beryl Lee	079678 01467
WhatsApp Walkers	Hazel & John Francis	074847 28027
Ukulele	Linda Bond	01623 861595

Just in case...

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Dukeries u3a, you might wish to disclose them voluntarily with the Group Leaders of the groups you join.



Please have an "in case of emergency" card with you at all times and/or enter details onto your mobile phone.

North Nottinghamshire Neighbourhood Group (NNNG)

The following u3a's belong to the NNNG:-

Ashfield, Dukeries, Forest Town & District, Mansfield & District, Rainworth & District, Sherwood, Sutton, Warsop & District.

What does this mean?

Should you wish to join an activity group in a NNNG u3a, you can, if they have a place for you. You will need to show your membership card and give your number.

If you wish to join an activity Group in any other u3a, you will need to purchase an Associate Membership from them.

Details of activity groups can be found on their websites.

Dukeries u3a welcomes members from other u3a's on these terms. NNNG actively encourages these opportunities to share members' skills, talents and experience.

Learn, Laugh & Live

The All Sorts Crafts & Gardening Group

Two lovely flower arrangements demonstrated by Sue



We meet on the **1st and 3rd Wednesday morning in the month, 10am till 12 pm** at the **Ambleside Centre**, Yew Tree Rd, Ollerton
Anyone who would like to come along, you'd be more than welcome.

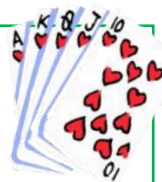


We also occasionally meet on the **2nd & 4th Wednesday** afternoons **1.30 pm to 3.30 pm.**

Group Leader, Christine **01623 422113**

For more information contact, Jane Young, du3agroups23@gmail.com

Bridge Club



Not to be confused with National, International or any other conventional Bridge clubs ! If you enjoy playing cards and social interaction - this may be the group for you! Unfortunately, we cannot offer tuition at present - but if you have an elementary knowledge of the game, we are sure that you will enjoy these sessions. We have a wide range of abilities playing, and there is always much help on offer for the less experienced, (and often somewhat nervous!) players, from the more talented ones, who are very kind and encouraging.

It is not necessary to have a partner, as we all rotate in a friendly fashion, thus enjoying a social chat with everyone. Card-playing, conversation and tea and biscuits - what more could you want?

This group meets at the **Jubilee Hall, Wellow Rd, Ollerton, NG22 9AP, on the 2nd and 4th Tuesdays of the month - 1pm until 4pm.** There is a sub of **£3 per session** to cover the rent.

You are very welcome to come along to visit us and watch at no charge, to see whether you might like to join us - there are no obligations !

For further information, either, turn up on the day, or contact **Georgina Batty on 077726 49281.**

Creative Writing Group



The Creative writing group will meet on the **Third Wednesday in the month**
2.15 to 4pm.

Meetings will be held at **Walesby Church Hall** - all welcome -
£3 (including refreshments) *Mike Mounsey*



“ Cheeky Blinders ”

Do you play the Banjolele and would you like to join us?

We are a new group of Banjolele players who meet every **1st and 3rd Tuesday of the month in the smaller room at Jubilee Hall between 10:00 a.m. and 11:30 a.m.** to strum, fingerpick , sing and generally have a lot of fun.

For more information please contact Sue on **07812 156406**



That Terrible u3a....



By Tony Crimlisk.

[Click Here...](#)

History Group

Wednesday April 3rd



As it is sometime since we met we will have a session to catch up with each other and plan the coming months. Please bring along any short historical tit bits you would like to share. Perhaps some April fool stories! *Barbara*

Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the **1st Wednesday** of the month at **Ambleside Community Centre**, Yew Tree Road, Ollerton from **1.15 to 3pm**. Cost £1.00 per session.

For more information contact,

Barbara Baglee

01909 239661

barbarabaglee@gmail.com

New members always welcome.

Mah Jong

1st, 3rd & 4th
Thursday each month



*Jubilee Hall,
Wellow Road,
Ullerton, NG22 9AP
Arrive 1.00 pm
Play 1.15 to 3.15 pm*

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

New members are very welcome.

Refreshments available

£1 - £2 per session depending on numbers attending



For further information, contact Christine Yates,
Group Leader **01623 422113**.

LEARN LAUGH
LIVE

Photography Group

Here's some examples of pictures taken by the group. If you are into Photography or would like to learn, why not come to one of our friendly meetings?

The Photography group meets on the **4th Friday** of the month at **Ambleside Community Centre**,



Junction of Ambleside & Yew Tree Rd
opposite Yew Tree Park, Ollerton,
meeting starts at **1.30pm**.

*For more information, contact,
Stefan Ziembra*

stefziembra@btinternet.com



Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,
in the restaurant at
The Ollerton House pub, Wellow Road, Ollerton,
2.00 – 4.00pm.

Now is a good time to enjoy indoor activities, especially with good company and warmth. Rummikubs is a very easy game to pick up and I may be a little biased, but I think the company is good. We are lucky to have the use of Ollerton House Restaurant. Several members of the group take the opportunity to have lunch prior to the meeting, which is one of the many advantages of meeting here. Should you care to join us, you are most welcome. Originally we played a variety of indoor games, like dominoes, backgammon cribbage etc., until everyone preferred Rummikubs. I am quite happy to investigate doing this again if anyone is interested.



There is no fee, but I do expect you to buy a drink.

Cheer's Linda Bond (howardbond1@yahoo.co.uk)
01623 861595)



Ramblers Rambles

The Ramblers managed two lovely well attended walks this month.

Our first was Vicar Water, Clipstone and Cavendish Lodge, we parked at Vicar Water and walked through to the Dog & Duck before turning up towards Cavendish Lodge.

Our plan was to walk via the fishing lakes and back into Vicar Water but this was thwarted as the road had been washed away by Storm Babet last October so we had to turn back and make a diversion.

All's well that ends well and we had a good 6 mile walk ending up at the Rumbles cafe at the lake. What a super little place for a lunch break, in fact Laurie, one of our members said the scone he had was the "best he had ever tasted" and the sausage rolls were super too. Rumbles cafe supports people with learning difficulties and they are threatened with closure due to funding cuts, so if you are looking for a place for lunch, please give them a try.

The staff were super friendly and the food was excellent.

Our second walk was from Ransom Wood via the footpath to Rainworth and then along the cycle path in a circle back into Ransom Wood, it was a good choice as most of it is on the old railway track so good underfoot after all the recent rain.

It was also lovely to welcome Julia, a new member to our group for this 7 mile walk. We finished off at the Forever Green cafe for coffee and a scone (we could be in danger of becoming the scone appreciation society.)

A super walk with excellent company.

Due to holiday and other commitments, we will not be walking on the **1st Tuesday of April** but will be back in action on the **16th!**



Our next walk will be on **Tuesday 16th April, leaving Jubilee Hall at 09.30**

We walk on the first and third Tuesdays of the month, leaving Jubilee Hall at 09.30.

You do not need any specialist equipment to join the Ramblers apart from good walking shoes and a decent coat, however you should be able to walk up to 8 miles.

Regards, Stephen & Kate.



South Forest Leisure Centre
 Clipstone Road, NG21 9JF
 1st Friday of the month
 1:30pm till 4pm

Contact ***Christine Storer on 07980 511308***
for more information.

Dukeries on the Web

[Welcome](#) [New members](#) [Chairperson](#) [Committee](#) [Groups](#) [Events](#) [Newsletters](#) [Contact Us](#)
[U3A](#) [Gallery](#) [Community](#) [Gallery 2](#) [Coronation](#) [AGM 2023](#)

Dukeries
u3a

To find Dukeries u3a on the web, just click,
HERE.

Seen at Sherwood Visitor Centre



Savoy Film Group



**Due to a clash with school
holidays there will not
be a film show in April**

2nd Thursday in the month at the Savoy Cinema, Worksop.

Doors open 1.30pm for coffee,

film starts at 2pm.

Tickets cost £4.15 including coffee, no need to book, just turn up.

***Remember to bring your u3a
membership card***





sewing Bee

Dukeries u3a Sewing Bee

Dukeries u3a has Talent!

Linda, a member of Dukeries u3a Sewing Bee Group has produced this sign

from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills !

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled stitchers. It is a self-help group where people can make, alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.

2nd & 4th Wednesday in the month. 10.00am to 12.00, Ambleside Community Centre, Yew Tree Road, Ollerton

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

(enquiries 07799 701763)

Groups Co-ordinator – Jane Young



Sunday Lunch Club

Sunday

28th April

Please contact the organiser **Maria Pitrolino**

for more information.

Contact number is **07904 269549**

Next meeting

Tuesday Lunch

Tuesday 2nd April 2024

At The Angel, Blyth.

2 or 3 course meal £16

Regards Beryl

golferberyl@yahoo.co.uk



WhatsApp Walkers....



The WhatsApp walks take place on a **Thursday every two weeks at 10.30am**, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.



We all enjoyed our walk at Silverhill Wood on Thursday 14th March this is a picture of us near the miner statue on the highest hill in Nottinghamshire

If you would like to join the group please contact **Hazel or John Frances on 07484 728027** You'll be made most welcome.
Regards Hazel.

Jubilee Ukulele Group



At the request of one of our long term members, Norah Staley, sixteen of the ukulele group went along to Clipstone Hall Care Home, on Tuesday 12th March and entertained the residents for an hour. We all, residents and 'strummers' alike, thoroughly enjoyed the morning and look forward to a repeat visit later in the year.



The group meets each **Thursday, 10.00- 12.00pm** at the Jubilee Hall, Wellow Road, Ollerton **NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'

Contact **Linda Bond 01623 861595** and come along any Thursday
Keep smiling and start strumming.

Linda



Walk & Talk

With RSPB Sherwood Forest and Mind Nottinghamshire
Every 2nd & 4th Thursday of the month at 10am


- Free wellbeing group walk
- Approximately 40 minutes of very gentle-paced walking to the Major Oak and back
- Mobility scooter accessible
- Meet at the Main Visitor Centre Car Park (If arriving by car participants will be given a permit for free parking on arrival)
- Refreshments and toilets available at Sherwood Forest Visitor Centre


Wellbeing is just one step away...

For further details, contact: carol.hallam@rspb.org.uk



We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,




ON AIR
Non Stop Music
 The best music with top of the hour news updates
[Listen Live](#)

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

[Facebook Page](#)



Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - <https://www.independentage.org/get-support/telephone-groups/good-to-know-groups>

Dukeries u3a – Membership to March 2025

Membership subscription by bank transfer
Sort Code 60-17-28 Account 91244358
The Dukeries Third Age Group
Please reference Subs and Your Name

Email Wendy Neighbour to confirm your payment
membersdu3a@outlook.com

Complete your application form on your next visit or from our website

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque (*made payable to The Dukeries Third Age Group*).

Full membership to 31 March 2025

£20 per person

Includes £4.00 subscription to u3a National.

Full associate membership* to 31 March 2025

£10 per person

**(For people who are full members of another u3a group. Proof required)*

**Dukeries u3a is now open to all Adults/Seniors
 (regardless of employment status)**

Do you fancy yourself as a singer?
Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact....

John Banbury
07759 086132

Dukeries Singers
23 Paddock Close
Edwinstowe
Nottinghamshire
NG21 9LP

Facebook page <https://www.facebook.com/dukeriessingers/>

Health and Safety

Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations to prevent COVID.

In addition, please consider the following:-

- *Wear your face mask when near to other people **if you wish to**
- *Keep your distance from people. Avoid touching other people (hand-shaking, hugging and kissing). It's hard to do but necessary for the time being.
- *Frequently wash your hands **for 20 seconds**. Sanitise your hands and avoid touching your face
- * **Open windows when travelling by car with others**

If you are arranging activities inside, keep to government regulations and guidelines

Also

Take a register of names

Ventilate the room

Chairs should be well spaced.

Encourage members to sanitising hands on entry to the room

Consider use of toilets.

If serving refreshments, consider the safest way to avoid cross-contamination.

If we all take responsibility to protect ourselves and safeguard our friends we will all be able to enjoy our social lives.

Thank you **for your kind consideration**

Leslye Henstock

Chair Dukeries u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: <https://www.facebook.com/dukeriesu3a>

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