



Staying Connected.

No 49 March 2024

Run for the members, by the members.



It was lovely to see so many members again at the February meeting, especially so as many of our friends have recently been suffering from a beastly virus – I hope you are all feeling much better! A huge thank you to those who came to set up the room for us!

Dukeries u3a, now in its 42nd year, provides a social group to residents in Ollerton, Edwinstowe and surrounding villages, which continues to be friendly, supportive and inclusive. It is a lifeline to seniors who need to enrich their lives, as it enhances well-being and an active, sociable lifestyle.

Many of you have benefitted from joining Dukeries u3a and I know several members who will freely and honestly state that this group has been a way to rebuild life after bereavement, moving house, divorce or retirement from work. We are a jolly Group!

I have enjoyed my time as Chair of Dukeries u3a. I like to volunteer some of my free time to a good cause, and I feel that as Dukeries u3a provides such wonderful opportunities for many people to meet new friends, enjoy a social life and learn something new, it is the place where I want to offer my help.

The Chair of a u3a is a key role, as the group cannot function without a member in this role, and the role of Deputy Chair. Recently, James Bartlett has volunteered his skills in the role of Business Secretary, thus reducing the number of tasks I have performed over the past three and a half years. So, we are now actively and urgently recruiting members into the roles of Chair, Deputy Chair and Treasurer, as Dukeries u3a cannot function without people in these key positions.

We have a super team of Committee Members, and meetings are far from boring. It is stimulating to be part of our team and be amongst creative and dedicated people who love Dukeries u3a. Dukeries u3a is in great shape, with lots of new members and new activity groups being set up. Please consider being a volunteer as this group, in its 42nd year, wants to continue for many years to come. Please read the adverts in this newsletter, for these important roles, and contact me, or any Committee Member, should you know someone who might help. Past trustees can re-apply or you might even know someone who is not a member yet! Full help and support will be given to ease members into the roles gently!!

I am continuing on the Committee as Events Co-ordinator, and our events Team are keen to provide lots of visits, trips and social parties. See the diary dates and book early to avoid disappointment!!

Our March Meeting will be our Open Day with Membership Renewal. I hope all activity groups will set up a table to exhibit what they do – I know many tables will be interactive with the opportunity to “have a go”.

Thank you for your support, as always. We have lots to look forward to, in the months to come!



Leslye



Committee 2024

Chair Leslye Henstock

du3achair2020@gmail.com



Treasurer

Barry Callieu barry.callieu@icloud.com



Business Secretary

James Bartlett dukeriesu3asec@gmail.com



Deputy Chair (Vacant)

Volunteer needed.

Membership Manager

Wendy Neighbour membersdu3a@outlook.com



Activity Group Co-ordinator/Press Officer

Jane Young janelesley56@gmail.com



Social Media

& Speaker Finder

Ann Street annstreetcornet@yahoo.co.uk



Newsletter Editor

John Harris johnhu3amag@gmail.com



Co-ordinator Charity Donations

Pam Hardwick secretary1@gmail.com



Minute Secretary

Barbara Baglee barbarabaglee@gmail.com



Health & Safety Officer

Chris Neighbour pchrisn@icloud.com



Committee Member

Maria Pitrolino mpitbar64@yahoo.com



Non Committee Roles

June Nunn - Purchaser of Refreshments

Barbara Broomhead - Refreshment Rota

New Group

Soft Tennis

Paul Webb is restarting the Soft Tennis group and initially will be meeting every two weeks. We are using the Scout Hall on Back Lane in Ollerton, the first sessions were on 7th and 21st Feb and attended by a few keen players and the next sessions are planned for Wednesday afternoons. It's good, safe exercise and all you need is comfortable clothing and suitable footwear and don't forget your water bottle!



Paul has a WhatsApp group, and his number is 07803 606928. If you are not familiar with WhatsApp, then text Paul on the same number or email paulmwebb@hotmail.com



u3a

Dukeries

Learn, Laugh & Live.

OPEN DAY

MONDAY 18th

MARCH 2024

12.30 TO 2.45pm

JUBILEE HALL, OLLERTON

Bring a friend!

Come and meet Group Leaders!

Try out games and activities!

Chat about trips and visits.



*We look forward to
seeing you!*

MEMBERSHIP RENEWAL DAY
Members reminder.

“Cheeky Blinders”

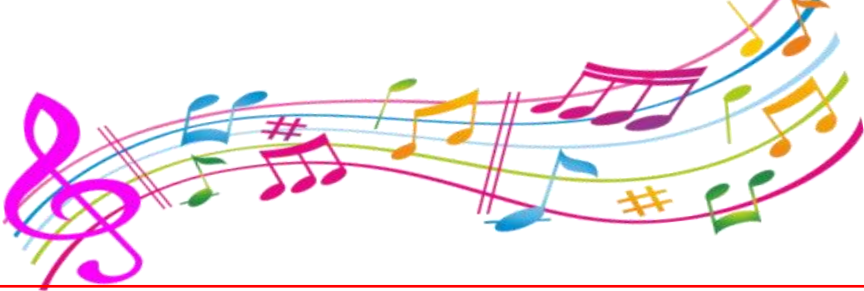
Excellent turnout for Cheeky Blinders first practice which took place on Tuesday 20th February in the Jubilee Hall.

Fourteen U3A members attended.

The session comprised of learning new songs on the Banjolele, and a structured session on improving fingerpicking. A great time was had by all!

Next session is

Tuesday 5th March at 10.00 am in the Jubilee Hall.



“Cheeky Blinders”

Do you play the Banjolele and would you like to join us?

We are a new group of Banjolele players who meet every **1st and 3rd Tuesday of the month in the smaller room at Jubilee Hall**

between 10:00 a.m. and 11:30 a.m. to strum, fingerpick, sing and generally have a lot of fun.

For more information please contact Sue on **07812 156406**



Making Wine!

John Offen, one of our members, is quite an expert in making his own wine. He has offered to



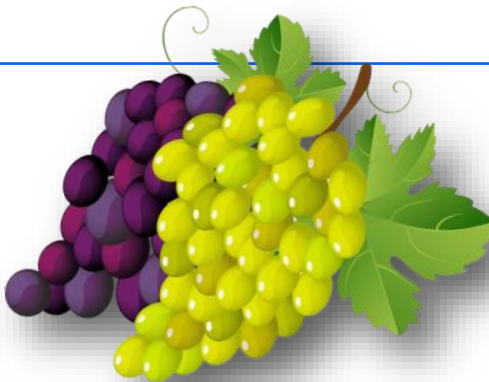
host a few talks in his home, to show others how the process works.

If you would like to take up John's kind invitation, send your name, in the first instance to Leslye, and she will pass on all the details to John.

No doubt, there will be tastings, which will be enjoyed by all!

Leslye

du3achair2020@gmail.com



Group Meeting Times

| | 1st in month | 2nd in month | 3rd in month | 4th in month |
|--------------|--|---|--|--|
| Mon | | | Monthly Meeting 1pm. Jubilee Hall | |
| Tues | Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm Tuesday Lunch Club 12.30 for 1.00 pm | Bridge Group 1pm till 4pm Jubilee Hall | Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm | Bridge Group 1pm till 4pm Jubilee Hall |
| Wed | All Sorts Gardening 10am till 1 pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre | Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm | All Sorts Gardening 10am till 1 pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall | Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm |
| Thurs | Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall | Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm Nat Hist, S&T 2pm Plough Inn, Warsop | Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall | Ukulele group 10 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall Book Club 11am |
| Fri | Scrabble 13.30 South Forest | | Knit n'Natter 2pm | Photography Ambleside 1.30pm |

Sunday Lunch Club 3rd Sunday in Month 12.30 for 1.00pm

Tuesday Lunch Club 1st Tuesday of the month 12.30 for 1

Soft Tennis Contact Paul Web 07803 606928

Dukeries u3a – Treasurer Needed

- 1 Could you donate on average one hour per week to volunteer your time?
- 2 Are you able to complete a spreadsheet with income and expenditure?
- 3 Can you manage on-line banking?

Then Dukeries u3a Needs You!

The role of our Treasurer is a key position in the management of Dukeries u3a, and we cannot function without one. Our new financial year starts in April 2024, and we need a Treasurer to set up a new financial year and look after our members' money in our two bank accounts.

Are you that person?

If yes, you will be supporting our friendly and inclusive u3a, which provides so many opportunities for many seniors, to enrich their lives.

Please email Leslye Henstock Chair Dukeries u3a,
du3achair2020@gmail.com and let's arrange to talk.

Training and support is available. A Laptop- is available for your use in this role.

Can you help? Or do you know anyone who can?

Please do what you can to support this plea!

THE ROLE OF DUKERIES U3A CHAIR, AND DEPUTY CHAIR COULD YOU VOLUNTEER YOUR TIME?

The Chair

- 1/** Agrees the agenda for the committee meeting with the Business Secretary, and chairs the meeting, (two hours, third Monday each month).
- 2/** Attends 3 meetings per year, usually in Ravenshead, with other Chairs from u3a's around Nottinghamshire.
- 3/** Takes part in organising and opening the Monthly Members' Meetings.
- 4/** Writes a foreword for the monthly newsletter.
- 5/** Supports other Committee Members in their roles where necessary.

Deputy Chair

The role of Deputy Chair is to support the Chair, in all of the above, and maybe, in the future, move into the role of Chair.

USED POSTAGE STAMPS

A BIG THANK YOU TO MEMBERS OF DUKERIES U3A



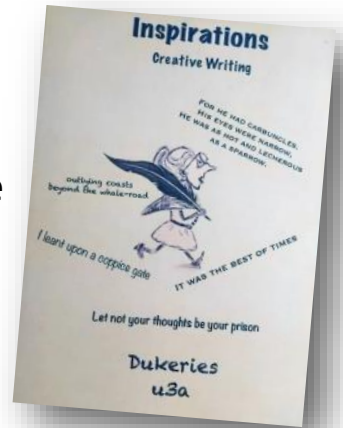
Mansfield u3a would like to thank those members who have donated stamps for charity. We will continue to collect these.

Please bring them to monthly meetings at Jubilee Hall, where there will be a collection point.

Well done Members of Dukeries u3a!!!

Inspirations

The members of the Creative Writing group are pleased to offer a professionally produced book celebrating their work which will go on sale at the Open Day event. It would make a lovely present for yourself, friend or family member having lots of poems, short stories and anecdotes. The purchase price is £3 and will go towards supporting Dukeries u3a members' designated charity with all profits donated to the Lincs and Notts Air Ambulance.



Ann Street

Chinese New Year

The snow, which had threatened to ruin our celebration of the Chinese New Year, fortunately receded at just the right time and almost all of the u3a party made it to the Spring Water Chinese restaurant near Calverton. The elements didn't



give up entirely as the fireworks had to be cancelled due to the very heavy rain which replaced the very heavy snow, but never mind, there was a seemingly endless supply of delicious food awaiting us. The food just kept coming, I could eat as much as I liked, so of course, I ate too much. I've always had a problem with leaving food. I think it goes back to my mother's insistence that my plate must be cleared before leaving the table. Not such a good



idea in an 'all you can eat restaurant'. Apart from the food the highlight of the evening for me was the arrival of a Chinese Lion, would you believe, fortunately very well trained, that danced around the room to a band of drum and cymbal players. A very enjoyable evening and a BIG thankyou to the entertainments team for the arrangements and well done everyone who braved

the elements
and got
there.

J.H.



Link to Video

<https://youtu.be/3iJI0CX23Xc>

Speaker for April

Roger Browne - Musical presentation - The Life

and Times of George & Ira Gershwin

Brothers George and Ira were born in New York, but their grandfather came from Odesa which was then in Ukraine. George's music and Ira's words were to provide us with hundreds of popular songs and one of the most important American operas, 'Porgy and Bess'. This is the story of their life and their phenomenal contribution to American music.

Roger Browne is an actor, singer, speaker, musician, director, composer and writer.

As a jazz pianist, he has accompanied many top International and UK based jazz artists including George Chisholm, Humphrey Lyttleton, George Melly, Marion Montgomery, Stefan Grappelli, Louis Armstrong all-star, Bud Freeman, Scott Hamilton, Danny Moss etc. He has played in all the countries of the UK, America's West Coast, in California and Washington State, in Montana, Arizona, Canada's British Columbia, across the Caribbean, in Spain, Germany, Norway, Republic of Ireland and The Netherlands.

Roger, now, apart from playing piano for Manchester Jazz and various of his own groups, delivers talks featuring stories, songs, and interpretations of music by Gershwin, Kern, Porter etc., in his own inimitable piano style.

Ann Street





Worksop u3a

Hello Dukeries! Here is some information about our steel band, **STEELPANTASTIC**. Due to a number of factors we have recently lost several members from the band and are now looking to recruit new members. It would be lovely if anyone from the Dukeries group was interested in joining us.

Our busy year is culminating on Saturday, with a visit to Ashfield u3a. After that we are taking a rest from gigs until next year

So, now is the ideal time. Have you ever fancied having a try at playing a steel pan? We are looking to recruit some new members for the band. No previous musical experience is necessary. The group meets every Thursday, between 2-5, (these times include setting up and putting away the pans), at Crown Place community centre, Worksop. If you do fancy coming along to have a listen and try, contact Pat Durrant: patmdurrant@outlook.com or Jean Williamson: ploverdene@googlemail.com

Even if you decide it is not for you, you would be made most welcome by our very friendly group.

Catherine Williams c.williams@sheffield.ac.uk





Journey back in time to look at 130 Classic cars, from the golden ages of British car design and manufacturing.

Starting with the Austin Seven, through to the Morris Minor, classic Mini, Ford Escort and everything in between.

See excellent examples of your previous cars, and those of your parents! Audio headsets to guide you through the exhibition.

There is also a Café.

Friday 22nd March Meet at 10.30am £15 per person

A few places available

Email Leslye on du3achair2020@gmail.com

More information visit <https://greatbritishcarjourney.com>

**It is easy to get there by car
We can organise car sharing too!
Unit 4, Derwent Works, Ambergate
SAT NAV Postcode: DE56 2HE**



Trip to visit Bletchley Park

Friday 26th April

Bletchley Park is an English country house and estate in Bletchley, Milton Keynes (Buckinghamshire) that became the principal centre of Allied code-breaking during the Second World War. Dukeries u3a is arranging a day out in 2024.

8.20 am Assemble Jubilee Hall, Ollerton Free parking for cars

Coach leaves 8.30 am

11.30am approx. Arrive at Bletchley Hall Café to buy refreshments

Look at maps and information.

12.30 Guided Tour

1.30pm Time to visit Bletchley Huts, museum and gardens.

Free multi-media guides are available to each person, to bring your trip alive with information and stories. Please Note - Bletchley House is accessible for wheel chair users. This trip includes walking outside to visit the various huts.

4.30pm Coach takes us to The Stadium where you can buy a meal in a range of restaurants. Shops also available.

6.15pm Board the coach for the journey back to Jubilee Hall.

The cost for the trip, which includes an entry ticket which lasts 12 months, guided tour and coach travel is approx.

£49 (non-refundable)

For more information, visit <https://bletchleypark.org.uk/>

Dukeries u3a contact - Elaine Biddulph

Email jebbie567@yahoo.co.uk



Evening Cruise on the Trent from River Lodge, Nottingham.

Wednesday 10th July

Here are the details of the trip...

Coach will pick up in Forest Town, Edwinstowe and Ollerton

Arrive at River Lodge. The boat departs 6.30pm,

Meal includes chicken, salads, potatoes and breads (vegetarian on request). Black Forest Gateau and cream as dessert

Voucher for 2 drinks from the bar.

DJ on board for music

Boat returns at 9.30pm Coach departs for the return journey.

Ticket, which includes all the above, is **£37 per person.**

***Tickets selling fast. Email Leslye
on du3achair2020@gmail.com***

***Payment required on 18th March
at the members 'Open Day'.***



DIARY DATES FOR DUKERIES U3A 2024



| | |
|------------------|---|
| FRI 1ST MAR | VISIT TO VEOLIA RECYCLING CENTRE MANSFIELD |
| MON 11 MAR | COMMITTEE MEETING |
| SUN 17 MAR | MURDER MYSTERY OVERNIGHT EVENT THE OLDE BARN HOTEL GRANTHAM |
| MON 18 MAR 12.30 | MEMBERSHIP RENEWAL AND OPEN DAY |
| FRI 22 MAR | THE GREAT BRITISH CAR JOURNEY AMBERGATE |
| MON 8 APRIL | COMMITTEE MEETING |
| MON 15 APR | MEMBERS MEETING |
| FRI 26 APR | VISIT TO BLETCHLEY PARK |
| MON 13 MAY | COMMITTEE MEETING |
| MON 20 MAY | MEMBERS MEETING |
| MON 10 JUN | COMMITTEE MEETING |
| MON 17 JUN | MEMBERS MEETING |
| WED 26 JUNE | NORTH NOTTS U3A FUNDAY IN SHERWOOD FOREST |
| MON 8 JULY | COMMITTEE MEETING |
| WED 10 JULY | TRENT RIVER CRUISE COACH, TWO COURSE MEAL, TWO FREE DRINKS, DISCO |
| MON 15 JULY | MEMBERS MEETING |
| MON 12 AUG | COMMITTEE MEETING |
| MON 19 AUG | MEMBERS SUMMER CELEBRATION |

Air Ambulance



Raffle tickets on sale at the next monthly meeting in March.

Thank you for supporting this charity
Pam Hardwick, Charity Coordinator.

Latest Air Ambulance News [CLICK HERE](#)

January Mission update
[Click Here!](#)

Strange goings on in Sherwood

Further to my request for more information on these creatures seen in Sherwood at the Major Oak recently. Elizabeth Abbot contacted me to say they are called The Krampus, originally a German tradition.



Krampus are Mythical Creatures that are half goat, half demon monsters who punish misbehaving children at Christmas and are the devilish companions of St Nicholas. They did a lantern parade on a Saturday recently at dusk, from the Visitor Centre to the Major Oak and back. So thank you Elizabeth, for the information and if any members have stropky grandchildren around Christmas time just call up the Krampus!!

John Harris

Knit & Natter and Book club Groups.

The passing of Ann Mounsey has left the Knit & Natter and Book club Groups without a leader and unfortunately I have not been able to find out anything about the groups future plans.

If any member has any information as to whether the groups intend to continue, please drop me a line and I will put a notice in the newsletter or send out an email.

John Harris jghollerton@gmail.com

Members Art

Back during Covid lockdown when members couldn't socialise or meet up with friends, which wasn't so long ago, some people took to doing little paintings or drawings and sending them to the newsletter just to add some interest to what would otherwise have been rather dull pages. Today everybody is free to join up in the groups and enjoy one another's company and I know that at least one group do a bit of drawing. I wonder if any member in or out of a group who draws or paints would care to send a photo of their work along for inclusion in the newsletter?

Here's a picture from 2020 painted by Micheal Costigan.

If you do fancy one of your pictures why not share it with other members. You can always send a photo to the newsletter at

johnhu3amag@gmail.com



Interest Group Leaders

| | | |
|---------------------|----------------------|------------------------|
| All Sorts/Gardening | Jane Young | du3agroups23@gmail.com |
| Bridge | Georgina Batty | 0777 2649281 |
| Bowling | Alan or Val Saunders | 01623 631993 |
| Creative Writing | Mike Mounsey | 01623 824789 |
| History | Barbara Baglee | 01909 239661 |
| Mahjong | Christine Yates | 07799 701763 |
| Photography | Stefan Ziembra | 01623 860293 |
| Rummy Kub | Linda Bond | 01623 861595 |
| Ramblers 6-8m | Stephen Hall | 07877 792969 |
| Scrabble | Christine Storer | 07980 511308 |
| Sewing Bee | Christine Yates | 077997 01763 |
| Soft Tennis | Paul Web | 07803 606928 |
| Sunday Lunch Group | Maria Pitrolino | 07904 269549 |
| Tuesday Lunch Club | Beryl Lee | 079678 01467 |
| WhatsApp Walkers | Hazel & John Francis | 074847 28027 |
| Ukulele | Linda Bond | 01623 861595 |

Just in case...

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Dukeries u3a, you might wish to disclose them voluntarily with the Group Leaders of the groups you join.



Please have an "in case of emergency" card with you at all times and/or enter details onto your mobile phone.

The All Sorts Crafts & Gardening Group



Wednesday 6th March,

Making Suncatchers for your garden, with Linda.

Equipment to bring 3 or 4 old unwanted or unloved CDs

Wednesday 20th March

Wednesday 20th March,

Easter floral decorations. For more information contact Sue on 07484675702

We meet on the **1st and 3rd Wednesday morning in the month, 10am till 12 pm** at the **Ambleside Centre,**

Yew Tree Rd, Ollerton

Anyone who would like to come along, you'd be more than welcome.

We also occasionally meet on the

2nd & 4th Wednesday afternoons

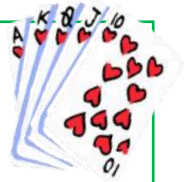
1.30 pm to 3.30 pm.

Group Leader, Christine **01623 422113**

For more information

contact, Jane Young, du3agroups23@gmail.com

Bridge Club



Not to be confused with National, International or any other conventional Bridge clubs ! If you enjoy playing cards and social interaction - this may be the group for you! Unfortunately, we cannot offer tuition at present - but if you have an elementary knowledge of the game, we are sure that you will enjoy these sessions. We have a wide range of abilities playing, and there is always much help on offer for the less experienced, (and often somewhat nervous!) players, from the more talented ones, who are very kind and encouraging.

It is not necessary to have a partner, as we all rotate in a friendly fashion, thus enjoying a social chat with everyone. Card-playing, conversation and tea and biscuits - what more could you want?

This group meets at the **Jubilee Hall, Wellow Rd, Ollerton, NG22 9AP, on the 2nd and 4th Tuesdays of the month - 1pm until 4pm.** There is a sub of **£3 per session** to cover the rent.

You are very welcome to come along to visit us and watch at no charge, to see whether you might like to join us - there are no obligations !

For further information, either, turn up on the day, or contact **Georgina Batty on 077726 49281.**

Creative Writing Group



The Creative writing group will meet on the **Third Wednesday in the month**
2.15 to 4pm.

Meetings will be held at **Walesby Church Hall** - all welcome -
£3 (including refreshments) *Mike Mounsey*

History Group

The March meeting of the History Group will be a general get together to make plans for the next few months. Come along with your ideas, enjoy a drink and a friendly chat.



Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the **1st Wednesday** of the month at **Ambleside Community Centre**, Yew Tree Road, Ollerton from **1.15 to 3pm**. Cost £1.00 per session.

For more information contact,

Barbara Baglee

01909 239661

barbarabaglee@gmail.com

New members always welcome.

u3a learn,
laugh,
live

**NOTTINGHAMSHIRE
NETWORK**

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

<https://nottsnetworkofu3as.weebly.com/>

*Click on the link for the
latest Newsbites*

Mah Jong

1st, 3rd & 4th
Thursday each month



*Jubilee Hall,
Wellow Road,
Ollerton, NG22 9AP
Arrive 1.00 pm
Play 1.15 to 3.15 pm*

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

New members are very welcome.

Refreshments available

£1 - £2 per session depending on numbers attending



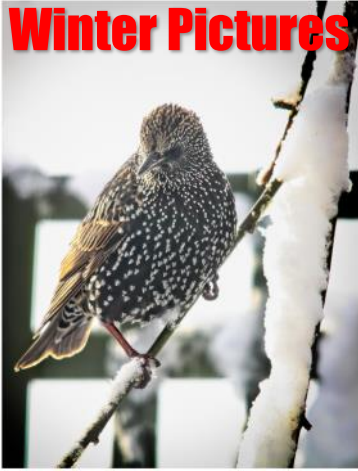
For further information, contact Christine Yates,
Group Leader **01623 422113**.

LEARN LAUGH
LIVE

Photography Group

Here's some examples of pictures taken by the group. If you are into Photography or would like to learn, why not come to one of our friendly meetings?

Winter Pictures



The Photography group meets on the **4th Friday** of the month at



Ambleside Community Centre,
junction of
Ambleside &
Yew Tree Rd
opposite Yew
Tree Park,
Ollerton,
meeting
starts at
1.30pm.

For more information, contact, Stefan Ziemba

stefziemba@btinternet.com

Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,
in the restaurant at
The Ollerton House pub, Wellow Road, Ollerton,
2.00 – 4.00pm.

Now is a good time to enjoy indoor activities, especially with good company and warmth. Rummikubs is a very easy game to pick up and I may be a little biased, but I think the company is good. We are lucky to have the use of Ollerton House Restaurant. Several members of the group take the opportunity to have lunch prior to the meeting, which is one of the many advantages of meeting here. Should you care to join us, you are most welcome. Originally we played a variety of indoor games, like dominoes, backgammon cribbage etc., until everyone preferred Rummikubs. I am quite happy to investigate doing this again if anyone is interested.



There is no fee, but I do expect you to buy a drink.

Cheer's Linda Bond (howardbond1@yahoo.co.uk
01623 861595)



Ramblers Rambles

Well despite it being February, the Ramblers managed to get in two lovely walks this month.

Our first walk took 9 of us from Jubilee Hall along the railway line into Edwinstowe and then across via



Center Parcs to Rufford and back. It was a lovely sunny day between the rain storms and everyone really enjoyed being out in

the good weather.



Our 2nd walk, saw 10 of us car share to Linby, where we parked and walked into Newstead Abbey Park.

The sun was actually quite warm on our faces and the park looked fabulous, we had a stroll around the gardens before heading back to Linby, where we discovered a super little cafe which also sells plants, and enjoyed a coffee and a piece of cake. This walk was just

over 6 miles and mostly on good paths so excellent for this time of year.

Our next walk will be on **Tuesday 5th March, leaving Jubilee Hall at 09.30**

We walk on the first and third Tuesdays of the month, leaving Jubilee Hall at 09.30.

You do not need any specialist equipment to join the Ramblers apart from good walking shoes and a decent coat, however you should be able to walk up to 8 miles.

Regards, Stephen & Kate.



South Forest Leisure Centre
 Clipstone Road, NG21 9JF
 1st Friday of the month
 1:30pm till 4pm

Contact ***Christine Storer on 07980 511308***
for more information.

Dukeries on the Web

[Welcome](#) [New members](#) [Chairperson](#) [Committee](#) [Groups](#) [Events](#) [Newsletters](#) [Contact Us](#)
[U3A](#) [Gallery](#) [Community](#) [Gallery 2](#) [Coronation](#) [AGM 2023](#)

Dukeries
u3a

To find Dukeries u3a on the web, just click,
HERE.

Savoy Film Group



Thursday 14th March

When people in Littlehampton, including conservative local Edith--begin to receive letters full of hilarious profanities, rowdy Irish migrant Rose is charged with the crime. Suspecting that something is amiss, the town's women investigate.

Running time 1 & 40 minutes.

Bad Language Warning. This film contains a lot of bad language. It's for comic effect but if it offends, don't watch.



2nd Thursday in the month at the
Savoy Cinema, Worksop.

Doors open 1.30pm for coffee,

film starts at 2pm.

Tickets cost £4.15 including coffee, no need to book, just turn up.

Trailer

Remember to bring your u3a membership card



sewing Bee

Dukeries u3a Sewing Bee

Dukeries u3a has Talent!

Linda, a member of Dukeries u3a Sewing Bee Group has produced this sign

from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills !

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled stitchers. It is a self-help group where people can make, alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.



2nd & 4th Wednesday in the month. 10.00am to 12.00, Ambleside Community Centre, Yew Tree Road, Ollerton

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

(enquiries 07799 701763)

Groups Co-ordinator – Jane Young

Sunday Lunch Club

Sunday

17th March

Please contact the organiser **Maria Pitrolino**
for more information.

Contact number is **07904 269549**

Next meeting

Tuesday Lunch

Tuesday 5th March 2024

At Forest Lodge

2 or 3 course meal £16

Regards Beryl

golferberyl@yahoo.co.uk



WhatsApp Walkers....



The WhatsApp walks take place on a **Thursday every two weeks at 10.30am**, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.

We all enjoyed our walk on Thursday Feb 15th to Cresswell Craggs and Holbeck also refreshments at the Harley cafe in the Dukeries Garden Centre afterwards. It was a lovely warm and dry day most unusual for the time of year.



If you would like to join the group please contact

Hazel or John Frances on 07484 728027 You'll be made most welcome.

Regards Hazel.

Jubilee Ukulele Group



The group meets each **Thursday, 10.00- 12.00pm** at the Jubilee Hall, Wellow Road, Ollerton **NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'

Contact **Linda Bond 01623 861595** and come along any Thursday Keep smiling and start strumming.

Linda

u3a friends



Wells u3a lighting up the night as part of the Wells Lantern Parade.
Photographed by Brendon Doyle.

[*Click Here*](#)



Walk & Talk

With RSPB Sherwood Forest and Mind Nottinghamshire
Every 2nd & 4th Thursday of the month at 10am

- Free wellbeing group walk
- Approximately 40 minutes of very gentle-paced walking to the Major Oak and back
- Mobility scooter accessible
- Meet at the Main Visitor Centre Car Park (If arriving by car participants will be given a permit for free parking on arrival)
- Refreshments and toilets available at Sherwood Forest Visitor Centre

Wellbeing is just one step away...

For further details, contact: carol.hallam@rspb.org.uk



Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



**BOWE
RADIO**

ON AIR

Non Stop Music

The best music with top of the hour news updates

[Listen Live](#)

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

[Facebook Page](#)



Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - <https://www.independentage.org/get-support/telephone-groups/good-to-know-groups>

Dukeries u3a – Membership to March 2025

Membership subscription by bank transfer
Sort Code 60-17-28 Account 91244358
The Dukeries Third Age Group
Please reference Subs and Your Name

Email Wendy Neighbour to confirm your payment
membersdu3a@outlook.com

Complete your application form on your next visit or from our website

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque (*made payable to The Dukeries Third Age Group*).

Full membership to 31 March 2025

£20 per person

Includes £4.00 subscription to u3a National.

Full associate membership* to 31 March 2025

£10 per person

**(For people who are full members of another u3a group. Proof required)*

**Dukeries u3a is now open to all Adults/Seniors
(regardless of employment status)**

Do you fancy yourself as a singer?
Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact....

John Banbury
07759 086132

Dukeries Singers
23 Paddock Close
Edwinstowe
Nottinghamshire
NG21 9LP

Facebook page <https://www.facebook.com/dukeriessingers/>

Health and Safety

Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations to prevent COVID.

In addition, please consider the following:-

- *Wear your face mask when near to other people **if you wish to**
- *Keep your distance from people. Avoid touching other people (hand-shaking, hugging and kissing). It's hard to do but necessary for the time being.
- *Frequently wash your hands **for 20 seconds**. Sanitise your hands and avoid touching your face
- * **Open windows when travelling by car with others**

If you are arranging activities inside, keep to government regulations and guidelines

Also

Take a register of names

Ventilate the room

Chairs should be well spaced.

Encourage members to sanitising hands on entry to the room

Consider use of toilets.

If serving refreshments, consider the safest way to avoid cross-contamination.

If we all take responsibility to protect ourselves and safeguard our friends we will all be able to enjoy our social lives.

Thank you **for your kind consideration**

Leslye Henstock

Chair Dukeries u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: <https://www.facebook.com/dukeriesu3a>

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