Run for the members, by the members.



Hi Everyone,

Yours Truly standing in for Leslye this month.

The monthly meeting last month was a cracker! Vince Eager gave a crowded hall a fascinating talk on his career as a pop music entertainer, illustrating the talk with slides. Vince was right there at the start of it, already having a group when Skiffle came along. He and his friends moved through Skiffle and into Rock&Roll, meeting and playing with all the great British Stars of the day. Cliff Richard, Marty Wild, Joe Brown to name but a few. He played on the Six Five Special, Oh Boy, Ready Steady Go.. the list just goes on.

He even worked with The Vernons Girls. What would I have given just to meet the Vernons Girls in those incredible hot pants....

Be still my beating heart....

Our next speaker sounds equally interesting, though for different reasons. A career as a nuclear submarine technician, that went on to leading high tech companies and then to become a civil servant working in education. A speaker not to be missed.

We have a new group starting this month. 'The Cheeky Blinders', learning to play the Banjolele. If you don't know what that is, it's a small banjo, with four strings, and it's played like a ukulele. Check out George Formby on Youtube. Try 'Our Sergeant Major', always my favourite of his. Click or tap here

We also have stacks of events coming up. The social Committee have been working their socks off planning and arranging for the next few months.

Event tickets available from 12.15 at February Meeting.

We have a Chinese New Year meal out; a Murder Mystery Hotel stay over; a trip to a British Car museum; a trip to Bletchley Park and an evening out on the river Trent. We even have a trip to Veolia's Mansfield Dump to see how our rubbish is recycled. In fact there's something for everyone.

This brings me on to volunteering and helping at events. Our u3a runs on volunteers, as all members will know. It's great that so many people devote time to others through the work that they do as volunteers within the groups. We also need people to help at the monthly meetings, such as tea making and greeting. If you feel you could help, please have a chat with a committee member. At this moment we are looking for a Deputy Chairman. This might sound like a heavy responsibility but the committee is a team effort, and we all support one another. There would be plenty of time to learn as we go along. Any member can come along to committee meetings as an observer and just see how we do things. Why not give it a try, at least you will

know more about how things work within our u3a. Well, that's about it for this month, except to say I hope you all stay fit and well, looking after one another and giving your Dukeries u3a all the support you can.

John Harris.

Ann Mounsey, a long standing member of our u3a sadly passed away on Christmas Eve. Ann served as Chair from 2011 to 2015 and until she died was the group leader for the book club and the knit'n'natter group. We would like to express our sincere condolences to Mike and their family and our appreciation for Ann's contribution to our u3a. A card has been sent to Mike on behalf of the committee. Ann's funeral was held at St Paulinus Church, New Ollerton, on Wednesday 17th January.

Committee 2024

Chair Leslye Henstock du3achair2020@gmail.com

Treasurer

Barry Callieu <u>barry.callieu@icloud.com</u>

Business Secretary

James Bartlett <u>dukeriesu3asec@gmail.com</u>

Deputy Chair (Vacant)

Volunteer needed.

Membership Manager

Wendy Neighbour <u>membersdu3a@outlook.com</u>

Activity Group Co-ordinator/Press Officer

Jane Young janelesley56@gmail.com

Social Media

& Speaker Finder (Retiring December 23)

Ann Street <u>annstreetcornet@yahoo.co.uk</u>

Newsletter Editor

John Harris johnhu3amag@gmail.com

Co-ordinator Charity Donations

Pam Hardwick <u>secretary1@gmail.com</u>

















Minute Secretary

Barbara Baglee <u>barbarabaglee@gmail.com</u>



Health & Safety Officer

Chris Neighbour pchrisn@icloud.com



Committee Member

Maria Pitrolino



New Date, Location & times.



66 Cheeky Blinders "

New group starting Tuesday 20th February 2024

Do you play the Banjolele or do you want to learn?

We are a new group of Banjolele players who meet every 1st and 3rd Tuesday of the month in the smaller room at Jubilee Hall between 10:00 a.m. and 11:30a.m. to strum, fingerpick, sing and generally have a lot of fun. For more information please contact Sue on 07812 156406



Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Monthly Meeting 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall Cheeky Blinders Ollerton House Pub 10am till 11.30pm	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening 10am till 1 pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre	Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening 10am till 1 pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall	Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm Nat Hist, S&T 2pm Plough Inn, Warsop	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall Book Club 11am
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm	Photography Ambleside 1.30pm

Sunday Lunch Club 3rd Sunday in Month 12.30 for 1.00pm Tuesday Lunch Club 1st Tuesday of the month 12.30 for 1

February's Speaker

The Nuclear Deterrent and my part in your Survival

A light-hearted journey through a young man's work on Nuclear Submarines.

Jerry came from a humble background and undertook a long apprenticeship in



HM Naval Dockyard, Rosyth. After qualifying as a technician, he carried out testing and calibration on Britain's first two nuclear submarines. He spent some years in the UK defence industry holding directorships in BAe Systems, GEC, Marconi and Thorn-EMI Simtec. As quality director In Simtec, he is credited with solving problems that prevented manufacture of the army nerve agent detector, NAIAD. Whilst serving as a civil servant in Swan Hunter Shipyard he identified the problem of crippling corrosion affecting naval ships in the River Tyne. His packed career includes management of the UK's largest professional photography lab; winner of the prestigious Management Today national customer service award; patent for the first play anywhere CD; and a Master of Science degree in Management Technology. and

Jerry joined Pearson / Edexcel / BTEC in 2000 and, as managing director, transformed the UK exam system. His authorising signature appears on literally millions of A levels, GCSEs and SATS tests. He was in regular conflict with exam regulators, and was often featured in national press and TV news. His book on advice to teachers, parents and students was ground breaking.

Jerry's most recent achievement is joining u3a, which he describes as a brilliant organisation!

IMPORTANT INFORMATION REGARDING PAYMENT FOR EVENTS

The Events Team from Dukeries u3a are delighted to start offering events and trips in 2024. As costs have increased, and as companies ask for payment in advance, it is now necessary to request members pay in full when signing-up, to secure their places. In circumstances which include travel, when payment has been made, refunds cannot be given.

You can pay by:-

CASH – please bring the exact amount to the February Meeting

CHEQUE – please pre-write your cheque in full for THE DUKERIES THIRD AGE GROUP, and pay at the February meeting.

Please write separate cheques for each event.

BANK TRANSFER – you can also pay by bank transfer before the Members' Meeting in February. You must reference your payment as per the details below, and please pay for different trips in separate transactions.

Please ensure your name is on the list before paying by bank transfer.

The details are:-

The Dukeries Third Age Group Sort Code 60-17-28 Account 90045998

It does get busy at meetings, so we are trialling a system where one member of the Events Team will be responsible for one event.

In February, please pay the following people and collect tickets/ receipts for the events listed below:-

EVENTS LIST

1 March Veolia Leslye – Collect your tickets. *Also available for general enquiries.*

22 March Great British

Car Journey Jean Payment £15

(bank transfer ref CAR and your surname)

26 April Bletchley Park Elaine **Payment £49** (bank transfer ref **BLETCHLEY** and your surname)

10 July Trent River Cruise Kevin **Payment £37**(bank transfer ref **CRUISE** and your surname)

We will do our best to receive your payment as quickly as possible. We will be available from 12.15 until 1.00pm on Monday 19th February and in the refreshment break. Where a member is paying for more than one event, we will try to ensure that you only queue up once, and side-step to the appropriate person. We do have to issue receipts when accepting your payments, so please support your Events Team with your patience! Your easiest way to pay is bank transfer!

Thank you – let's see how it goes on the 19 February!

Leslye – Co-ordinator – Events Team

Veolia

Often wondered where the items you put in your re-cycling bin go to?

Are you sure you are re-cycling the correct items?

Veolia, Mansfield have offered us an opportunity to visit their re-cycling centre on

FRIDAY 1 MARCH Arrive 9.45 for a hot drink Session starts 10.00 – 12.00

Warren Way Crown Farm Industrial Park Forest Town Mansfield NG19 0FL Need a lift – car sharing is possible

There are 20 places available for this most interesting talk and view of the working re-cycling plant. Please note that there are metal stairs up to the plant, with no access by lift. Sorry, this would not be a suitable trip for people with restricted mobility.

On the day, please wear a warm jacket, with flat robust shoes or boots.

PLEASE REGISTER YOUR NAME AT THE
FEBRUARY MEETING OR BOOK BY
EMAIL WITH LESLYE ON

du3achair2020@gmail.com

Places and final details will be confirmed at the meeting in February, or by email.

Dukeries Events Team



Journey back in time to look at 130 Classic cars, from the golden ages of British car design and manufacturing.

Starting with the Austin Seven, through to the Morris Minor, classic Mini, Ford Escort and everything in between.

See excellent examples of your previous cars, and those of your

parents! Audio headsets to guide you through the exhibition.

There is also a Café.

Friday 22nd March Meet at 10.30am £15 per person

Payment to be made in full at February's Meeting.

More information visit https://greatbritishcarjourney.com

It is easy to get there by car
We can organise car sharing too!
Unit 4, Derwent Works, Ambergate
SAT NAV Postcode: DE56 2HE



Trip to visit Bletchley Park

Friday 26th April

Bletchley Park is an English country house and estate in Bletchley, Milton Keynes (Buckinghamshire) that became the principal centre of Allied code-breaking during the Second World Dukeries u3a is arranging a day out in 2024.

8.20 am Assemble Jubilee Hall, Ollerton Free parking for cars Coach leaves 8.30 am

11.30am approx. Arrive at Bletchley Hall Café to buy refreshments Look at maps and information.

12.30 Guided Tour

1.30pm Time to visit Bletchley Huts, museum and gardens.

Free multi-media guides are available to each person, to bring your trip alive with information and stories. Please Note - Bletchley House is accessible for wheel chair users. This trip includes walking outside to visit the various huts.

- 4.30pm Coach takes us to The Stadium where you can buy a meal in a range of restaurants. Shops also available.
- 6.15pm Board the coach for the journey back to Jubilee Hall.

The cost for the trip, which includes an entry ticket which lasts 12 months, guided tour and coach travel is approx.

£49 (non-refundable)

Payment in full at February Meeting

For more information, visit https://bletchleypark.org.uk/

Interested? – Register your name at the Dukeries Members' Meeting, on Monday 15 January.

Dukeries u3a contact - Elaine Biddulph Email jebbie567@yahoo.co.uk



Evening Cruise on the Trent from River Lodge, Nottingham.

Wednesday 10th July

Here are the details of the trip...

Coach will pick up in Forest Town, Edwinstowe and Ollerton Arrive at River Lodge. The boat departs 6.30pm, Meal includes chicken, salads, potatoes and breads (vegetarian on request). Black Forest Gateau and cream as dessert Voucher for 2 drinks from the bar.

DJ on board for music

Boat returns at 9.30pm Coach departs for the return journey. Ticket, which includes all the above, is £37 per person.

Tickets available at the February Meeting.



USED POSTAGE STAMPS

Please cut out and save all postage stamps from letters and cards this year. We have had a request to save them for a charity, and a collection box will be available at the meeting in **February**.

Murded Mulatenil

"NOT SO CIVIL WAR"

The Olde Barn Hotel, Toll Bar Road, Marston, Lincolnshire, NG32 2HT Sunday 17 March to Monday 18 March 2024

Fully Booked, waiting list available, Contact Leslye.

The price for the above is £119 for two people sharing in a double or twin room, single rooms £99 for one person

Guests welcome.



Beetle Drive!

SUCH FUN !!!!

But be aware if you are venturing to the Jubilee Hall in the near

future you should avoid the dark corners. Last night there were a multitude of weird, winking beetles with

tails feelers and missing their rightful amount of legs, hideous and hilarious....filling the hall with excitement and laughter.

It was our annual BEETLE DRIVE and I would not have liked to miss this evening of pure enjoyment.

PRIZES were won and a RAFFLE was drawn all in aid of our chosen charity AIR AMBULANCE....we raised £123.00 from the raffle alone, there were some fabulous prizes



Lowest Score, Beryl Lee



further **£50.00** was given by a committee member who sold some of her unwanted stuff. (There's gold in them there garages folks!!)

So my thanks, on behalf of LNAAC, go to everyone who participated in this fun filled event with such a brilliant outcome for charity.

Roll on our next social gathering and don't be too

afraid!! The beetles will have all gone....

Your Charity Organiser

Pam...

A Huge Thank You

John Harris

Over the past couple of months, in addition to the hours he devotes to our newsletter and sending communications to members, John has spent many more hours sorting out the Microsoft operating systems on Committee Laptops.

Thank you so much for doing this John. Our committee members can now resume using their laptops to the full.

Once again, we ask anyone who knows a bit more about computer systems then most of us, to step forward and offer a few hours to help the members of u3a with computer related questions.

Contact Leslye Henstock, James Bartlett or John Harris if you can help.

Leslye

Further to my comments about last months speaker and the Vernons girls, here is a picture of Billy Fury and Michael Cox with some of the girls wearing those amazing hotpants.



The Picture is from the set of ITV's O'Boy



DIARY DATES FOR DUKERIES U3A 2024

MON 12 FEB COMMITTEE

MEETING

MON 19 FEB 12.30 MEMBERS'

MEETING

THU 8 FEB 7.00 CHINESE NEW YEAR MEAL/

ENTERTAINMENT/FIREWORKS

THE SPRINGWATER, CALVERTON

MON 11 MAR COMMITTEE MEETING

SUN 17 MAR MURDER MYSTERY OVERNIGHT EVENT

THE OLDE BARN HOTEL GRANTHAM

MON 18 MAR 12.30 MEMBERSHIP RENEWAL AND

OPEN DAY

FUTURE EVENTS

FRI 1st MAR Visit to VEOLIA. Details on page 9

FRI 22 MAR Visit to The Great British Car Journey,

Ambergate 10.30am

WED 12 JUNE North Notts u3a's Picnic and Games in

the Park, Venue TBC

WED 10 JULY TRENT RIVER CRUISE COACH,

TWO COURSE MEAL, TWO FREE

DRINKS, DISCO

SAT 21 SEPT Notts u3a's Conference Day

Air Ambulance

What a great speaker this month at our members' meeting. Vince Eager stirred ancient memories of our youth (well some



of us who were old enough to remember anyway) Other people's lives can appear to be so interesting can't they?

Well we had a myriad of unwanted things on sale and there were some real bargains to be had. One of our members accessorised her outfit beautifully with donated items

We collected £36.07 and I added to this an IOU amount from the

Christmas party of £15.00. So I transferred £51.07 into the LNAAC account on behalf of Dukeries u3a. Thank you for supporting this charity *Pam Hardwick*, *Charity Coordinator*.



latest Air Ambulance News <u>CLICK HERE</u>

National u3a newsletter for January available on this link.

https://mailchi.mp/u3a/your-u3a-friends-newsletter-january-2024? e=5eabb48112

Strange goings on in Sherwood

Jean P. W. and I went out for a morning walk in Sherwood on Sunday 21st Jan and bumped into these characters. No idea what it was all about, didn't feel inclined to approach too closely. Does anybody else know what might have been going on?



John Harris

Interest	Group	Leaders

		
All Sorts/Gardening	Jane Young du3agro	ups23@gmail.com
Bridge	Georgina Batty	0777 2649281
Bowling	Alan or Val Saunders	01623 631993
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	Christine Yates	07799 701763
Photography	Stefan Ziemba	01623 860293
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	Stephen Hall	07877 792969
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 01763
Sunday Lunch Group	Maria Pitrolino	07904 269549
Tuesday Lunch Club	Beryl Lee	079678 01467
WhatsApp Walkers	Hazel & John Francis	074847 28027
Ukulele	Linda Bond	01623 861595

Just in case...

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Dukeries u3a, you might wish to disclose them voluntarily with the Group Leaders of the groups you join.

Please have an "in case of emergency" card with you at all times and/or enter details onto your mobile phone.

The All Sorts Crafts & Gardening Group



The Groups have been busy deciding on new activities for the next two months.

Wednesday 7th February,

Freestyle art, painting or colouring with Sue. Bring your own Paper, Canvas, paints, crayons, felt tips etc.

Wednesday 21 February,

For further details and to order your cut outbox, contact Wendy on 07368330662

Wednesday 6th March,

Making Suncatchers for your garden, with Linda. Equipment to bring 3 or 4 old unwanted or unloved CDs Wednesday 20th March

Wednesday 20th March,

Easter floral decorations. For more information contact Sue on 07484675702

We meet on the 1st and 3rd Wednesday morning in the month, 10am till 12 pm at the Ambleside Centre,

Yew Tree Rd, Ollerton

Anyone who would like to come along, you'd be more than welcome.

We also occasionally meet on the

2nd & 4th Wednesday afternoons 1.30 pm to 3.30 pm.

Group Leader, Christine 01623 422113

For more information contact, Jane Young, <u>du3agroups23@gmail.com</u>

Bridge Club

Not to be confused with National, International or any other conventional Bridge clubs! If you enjoy playing cards and social interaction - this may be the group for you! Unfortunately, we cannot offer tuition at present - but if you have an elementary knowledge of the game, we are sure that you will enjoy these sessions. We have a wide range of abilities playing, and there is always much help on offer for the less experienced, (and often somewhat nervous!) players, from the more talented ones, who are very kind and encouraging.

It is not necessary to have a partner, as we all rotate in a friendly fashion, thus enjoying a social chat with everyone. Card-playing, conversation and tea and biscuits - what more could you want? This group meets at the Jubilee Hall, Wellow Rd, Ollerton, NG22 9AP, on the 2nd and 4th Tuesdays of the month - 1pm until 4pm. There is a sub of £3 per session to cover the rent. You are very welcome to come along to visit us and watch at no charge, to see whether you might like to join us - there are no obligations!

For further information, either, turn up on the day, or contact **Georgina Batty on 077726 49281**.

Creative Writing Group

The Creative writing group will meet on the **Third Wednesday in the month 2.15 to 4pm.**

Meetings will be held at **Walesby Church Hall** - all welcome - £3 (including refreshments) *Mike Mounsey*

History Group

Owing to unforeseen circumstances the History meeting for February is cancelled.



Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the **1st Wednesday** of the month at **Ambleside Community Centre**, Yew Tree Road, Ollerton from **1.15 to 3pm**. Cost £1.00 per session.

For more information contact.

Barbara Baglee 01909 239661

barbarabaglee@gmail.com

New members always welcome.

Knit & Natter and Book club Groups.

The passing of Ann Mounsey has left the Knit & Natter and Book club Groups without a leader and unfortunately I have not been able to find out anything about the groups future plans. If any member has any information as to whether the groups intend to continue, please drop me a line and I will put a notice in the newsletter or send out an email.

John Harris <u>jghollerton@gmail.com</u>

Natural History, Science and Technology

The group meets on the 2nd Thursday of the month at 2.00pm in the Plough Inn public house, Warsop.



The Plough is on the A60 opposite the Doctors surgery and Fire station and next to The Co-op. Upcoming topics-

Please feel free to come and join us. Members of Dukeries u3a are welcome to offer talks to the group.

To book your place and to get further information on topics telephone **Chris on 01623 846128**

This group is hosted by Warsop u3a



NOTTINGHAMSHIRE NETWORK

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

https://nottsnetworkofu3as.weebly.com/

Click on the link for the latest Newsbites

mah Jong

1st, 3rd & 4th Thursday each month



Jubilee Hall,
Wellow Road,
Ulerton, NG22 9AP
Arrive 1.00 pm
Play 1.15 to 3.15 pm

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

New members are very welcome.

Refreshments available
£1 - £2 per session depending on numbers attending



For further information, contact Christine Yates, Group Leader **01623 422113.**

LEARN LAUGH LIVE

Photography Group

Here's some examples of pictures taken by the

group. If you are into Photography or would like to learn, why not come to one of our friendly meetings?



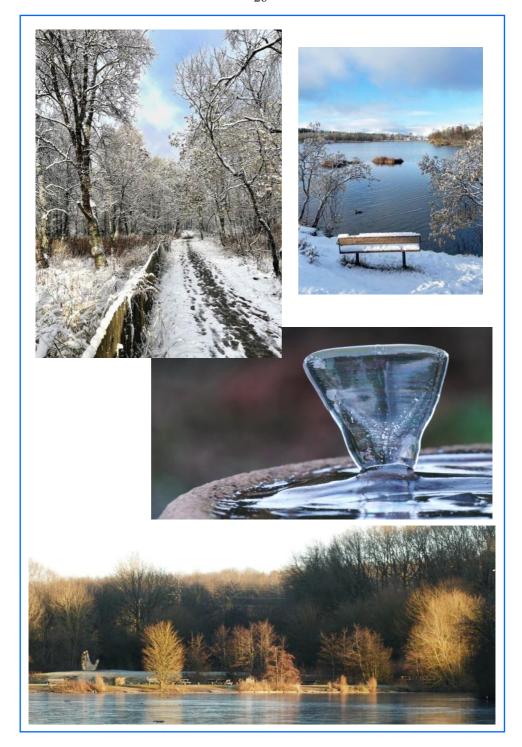


The Photography group meets on the 4th Friday of the month at



Ambleside
Community
Centre,
junction of
Ambleside &
Yew Tree Rd
opposite Yew
Tree Park,
Ollerton,
meeting
starts at
1.30pm.

For more information, contact, Stefan Ziemba stefziemba@btinternet.com



Rummikubs Group



We meet on the 2nd and 4th Wednesday each month, in the restaurant at

The Ollerton House pub, Wellow Road, Ollerton,

The Ollerton House pub, Wellow Road, Ollerton, 2.00 – 4.00pm.

Winter has arrived!

Now is a good time to enjoy indoor activities, especially with good company and warmth. Rummikubs is a very easy game to pick up and I may be a little biased, but I think the company is good. We are lucky to have the use of Ollerton House Restaurant. Several members of the group take the opportunity to have lunch prior to the meeting, which is one



of the many advantages of meeting here. Should you care to join us, you are most welcome. Originally we played a variety of indoor games, like dominoes, backgammon cribbage etc., until everyone preferred Rummikubs. I am quite happy to investigate doing this again if anyone is interested. There is no fee, but I do expect you to buy a drink.

Cheer's Linda Bond (<u>howardbond1@yahoo.co.uk</u> 01623 861595)



Ramblers Rambles....

We all met at Jubilee Hall on a very fresh and sunny Tuesday morning for our ramble to the Teversal Trail.

This is a favourite with the Ramblers group as there is a super little volunteer run cafe at the car park which serves excellent bacon or sausage cobs and is very friendly.

The walk took us up to the beautiful sculpture of a miner and then down via a couple of frozen ponds where all the ducks were standing on the ice, onto the



old railway track and via a circuitous route back to the well deserved bacon butties.

This is a lovely flattish walk on good paths and ideal in this uncertain weather, we were all wrapped up against the cold and had a super walk.

We walk on the first and third Tuesdays of the month, leaving Jubilee Hall at **09.30**.

You do not need any specialist equipment to join the Ramblers apart from good walking shoes and a decent coat, however you should be able to walk up to 8 miles, this walk was 7.2 miles.

Regards, Stephen & Kate.



South Forest Leisure Centre Clipstone Road, NG21 9JF 1st Friday of the month 1:30pm till 4pm

Contact Christine Storer on 07980 511308 for more information.



Savoy Film Group



Thursday 8th February

Not a remake of the 1985 movie but based more on the recent Broadway Musical adaptation, of the award winning

novel by Alice Walker A woman faces hardships and abuse in her life, but ultimately finds extraordinary strength and hope in the unbreakable bond of sisterhood. It has a lighter tone and presents a more positive and uplifting version of Celie's story than the original movie and is much closer to the book than the original movie. It is an American coming-ofage musical period drama Directed by Blitz Bazawule Starring: - Fantasia Barrino, Tariji P Henson, Danielle Brooks and Whoopi Goldberg as the Midwife



2nd Thursday in the month at the Savoy Cinema, Worksop.

Doors open 1.30pm for coffee, film starts at 2pm.

Tickets cost £4.15 including coffee, no need to book, just turn up.

Remember to bring your u3a membership card



Linda, a member of Dukeries u3a

Sewing Bee Group has produced this sign

from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills!

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled stitchers. It is a self-help group where people can make,



alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.

2nd & 4th Wednesday in the month. 10.00am to 12.00, **Ambleside Community Centre, Yew Tree Road, Ollerton**

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

> Contact Christine or come along on the day. Group Facilitator – Christine Yates (enquiries 07799 701763)

Groups Co-ordinator – Jane Young

Sunday Lunch Club

Sunday

18th February

Please contact the organiser **Maria Pitrolino** for more information.

Contact number is **07904 269549**

Next meeting

Tuesday Lunch

Tuesday 6th Feb 2024

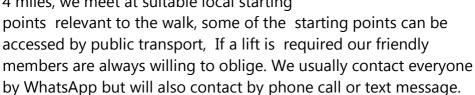
At Rose cottage

2 or 3 course meal £16 *Regards Beryl golferberyl@yahoo.co.uk*



WhatsApp Walkers....

The WhatsApp walks take place on a **Thursday every two weeks at 10.30am,** they are mostly local walks of 3 to 4 miles, we meet at suitable local starting





We enjoyed our first walk of the year to Rufford Park on Thursday Jan 4th. The rain had stopped and it was a nice sunny day.

The Whatsapp Walkers enjoyed the latest walk around Bevercotes Wood on 18th Jan. It was a lovely sunny day but very cold but we were wrapped up well and enjoyed our refreshments at Thaymar at the end.



If you would like to join the group please contact **Hazel or John Frances on 07484 728027** You'll be made most welcome. *Regards Hazel.*

Jubilee Ukulele Group

The group meets each **Thursday**, **10.00- 12.00pm** at the Jubilee Hall, Wellow Road, Ollerton **NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'.

Contact **Linda Bond 01623 861595** and come along any Thursday Keep smiling and start strumming.

Linda



Hearts Trail in Edwinstowe And Forest

Edwinstowe in Bloom are presenting a Hearts Trail again this year and we will be entering the Hearts we provided last year

to support the local community. A trail quiz will be available for children to follow. The quiz papers will be in Edwinstowe shops and RSPB.

A good idea for a lovely day out with grandchildren at half term?

10th to 24th February





Walk & Talk

With RSPB Sherwood Forest and Mind Nottinghamshire Every 2nd & 4th Thursday of the month at 10am

- · Free wellbeing group walk
- Approximately 40 minutes of very gentle-paced walking to the Major Oak and back
- Mobility scooter accessible
- Meet at the Main Visitor Centre Car Park (If arriving by car participants will be given a permit for free parking on arrival)
- Refreshments and toilets available at Sherwood Forest Visitor Centre

Wellbeing is just one step away...

For further details, contact: carol.hallam@rspb.org.uk





Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

Link to the website here...



Rainworth, Rufford and the

surrounding areas. It's

proving very popular so why not give it a listen....

Facebook Page

The best music with top of the hour

news updates

Listen Live



Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - https://www.independentage.org/get-support/telephone-groups/good-to-know-groups

Dukeries u3a – Membership to March 2024

Membership subscription by bank transfer
Sort Code 60-17-28 Account 91244358
The Dukeries Third Age Group
Please reference Subs and Your Name

Email Wendy Neighbour to confirm your payment membersdu3a@outlook.com

Complete your application form on your next visit or from our website

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque *(made payable to The Dukeries Third Age Group).*

Full membership to 31 March 2024
£4 per person
Full associate membership* to 31 March 2024
£4 per person
*(For people who are full members of another u3a group. Proof required)

Dukeries u3a is now open to all Adults/Seniors (regardless of employment status)

Do you fancy yourself as a singer? Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact.... John Banbury 07759 086132

Dukeries Singers 23 Paddock Close Edwinstowe Nottinghamshire NG21 9I P

Facebook page https://www.facebook.com/dukeriessingers/

Health and Safety Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations to prevent COVID.

In addition, please consider the following:-

*Wear your face mask when near to other people if you wish to

- *Keep your distance from people. Avoid touching other people (hand-shaking, hugging and kissing). It's hard to do but necessary for the time being.
- *Frequently wash your hands for 20 seconds. Sanitise your hands and avoid touching your face
- * Open windows when travelling by car with others

If you are arranging activities inside, keep to government regulations and guidelines

Also

Take a register of names

Ventilate the room

Chairs should be well spaced.

Encourage members to sanitising hands on entry to the room

Consider use of toilets.

If serving refreshments, consider the safest way to avoid cross-contamination.

If we all take responsibility to protect ourselves and safeguard our friends we will all be able to enjoy our social lives.

Thank you for your kind consideration

Leslye Henstock Chair Dukeries u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

https://www.u3a.org.uk/newsletter

Back issues are also available on this link.

https://www.u3a.org.uk/about/newsletter

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: https://www.facebook.com/dukeriesu3a

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