Run for the members, by the members.

Wishing Joy to You All

Dear Members

Having just experienced a magical, traditional Christmas Show at Thursford, in Norfolk, my spirits are uplifted and I am looking forward to festivities in December.

News from the Committee is that our new Business Secretary is now appointed, and James Bartlett is already working hard to ensure Dukeries u3a is running smoothly. He will support the Chair, which will be an enormous benefit to anyone in that role. Dukeries u3a aims to be inclusive, celebrate diversity and be a group where people can make friends, (possibly overcoming being lonely) and enjoy learning new activities and skills. In order to do this, we need members to take on a small role to help us continue our social group. There are roles which are essential and others which are useful. At this moment we need:-

A Deputy Chair (essential committee role) - I need to step down from the role of Chair in the next few months, so this person is needed urgently.

A Speaker Finder – Our wonderful Ann Street has already signed up speakers for 2024, but now we need someone to look after these bookings. Could you do this?

A Press Officer – Could you write information, once a month, to promote Dukeries u3a and send it to local community news booklets? Many new members join us after reading these reports, so we really want to continue with these publications.

IT helper – Could you support us to use our laptops and tablets more efficiently? Sometimes we get stuck with little problems, which, to someone with more knowledge than us, can solve so quickly!

New to Dukeries u3a? Yes, you can apply! Many members who are no longer in employment enjoy having a little voluntary role, which keeps their brains working and sparks their creativity. It is rewarding to join in and the more members we can recruit, the more skills we can use.

Email me if you feel you can join us! <u>du3achair2020@gmail.com</u>

I hope you are able to join some Christmas Concerts and festivities in December to warm your hearts. My warmest wishes for good health and happiness in December.



Leslye x

Chinese New Year, The Springwater, Calverton, 8 February 2024.

Most places for this event have now been taken.

Should you wish to attend, please contact Leslye on du3achair2020@gmail.com

Please do not send any more deposits by bank transfer Thank you. *Leslye*.

Committee 2023

Chair Leslye Henstock <u>du3achair2020@gmail.com</u>

Treasurer

Barry Callieu <u>barry.callieu@icloud.com</u>

Business Secretary

James Bartlett <u>dukeriesu3asec@gmail.com</u>

Deputy Chair

Maria Pitrolino mariapitrolino64@msn.com

Membership Manager

Wendy Neighbour <u>membersdu3a@outlook.com</u>

Activity Group Co-ordinator

Jane Young janelesley56@gmail.com

Social Media

& Speaker Finder (Retiring December 23)
Ann Street annstreetcornet@vahoo.co.uk

Newsletter Editor

John Harris johnhu3amag@gmail.com

Co-ordinator Charity Donations

Pam Hardwick secretary1@gmail.com

Minute Secretary

Barbara Baglee <u>barbarabaglee@gmail.com</u>





















Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Christmas Party 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening 10am till 1 pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre	Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening 10am till 1 pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall	Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm Nat Hist, S&T 2pm Plough Inn, Warsop	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall Book Club 11am Ann's House
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm Ann's House	Photography Ambleside 1.30pm

Sunday Lunch Club 4th Sunday in Month 12.30 for 1.00pm

Sunday Social Group has been suspended due to lack of interest.

Du3a Christmas Party Monday 18th December

Tickets going fast! Entry by ticket only!

DOORS OPEN 12.30

PARTY 1.00pm to 3.30pm



FREE Members Exclusive Event!

Jubilee Hall Ollerton

Food and drink - please bring your own

Dress - Festive Party Wear

Christmas Activities to win prizes!!

Bring a few £1 coins for the charity games
Email Leslye for any
remaining Tickets.

Email du3achair2020@gmail.com

PLEASE NOTE CHANGE IN DATE!

SATURDAY 27th JANUARY

DUKERIES U3A PRESENTS A

BEETLE DRIVE

Jubilee Hall, Wellow Road, Ollerton, NG22 9AP

Doors open 6.15pm Choose your table, chatter and drink Take your seats by 6.45pm Play starts 7.00pm

Bring your own drinks, glasses and a pen Nibbles served during the break

Beetle is good fun, easy to play, Full instructions will be given on the night.

Come and join in!
Guests are most welcome.
Prizes for the winners.
Charity Raffle £1 per ticket.
This is a Ticket Only Event.
Members £3 Guests £4

Murder! Mystery!

"NOT SO CIVIL WAR"

The Olde Barn Hotel, Toll Bar Road, Marston, Lincolnshire, NG32 2HT Sunday 17 March to Monday 18 March 2024

Fancy yourself as Miss Marple or Hercule Poirot? Then come and join in the fun!

The details are:-

Arrive any time after 3pm on Sunday 17 March.

Check-in and access your bedrooms.

Relax in the hotel, bring games to play, use the swimming pool, steam room, jacuzzi, sauna

(Beauty treatments may be pre-booked, additional cost)

Dress Code Smart. Sparkle if you want!

6.45pm Assemble for group photo Buy your own pre dinner drinks

Take your seats by 7.15pm

7.30pm Start of the mysterious happenings 8.00pm Service begins for 3 Course Meal After the murder has been solved there will be music to dance to until midnight!
On Monday morning, have a leisurely breakfast (hot and cold buffet from 7am to 10am) and check out before 11pm (Go to Jubilee Hall at 12.30 for Dukeries Members' Meeting)

The price for the above is £119 for two people sharing in a double or twin room, single rooms £99 for one person Guests welcome.



Contact Leslye <u>du3achair2020@gmail.com</u> to put your name on the list. If you are solo and willing to share, let us know.



To secure your place on this event, telephone the hotel on 01400 250909, reservations. State that you are with Dukeries u3a.

Please tell the receptionist if you require specific room requirements or dietary needs.

Payment in full is required. In the event that you are unable to attend, you need to give 48 hours notice and you can transfer to another event on another date.

No refunds are given.



Leslye Henstock, Chairman

Q. How did Mary and Joseph know that Jesus was 7Ib 6oz when he was born?

A. They had a weigh in the manger!!!



In the heart of the Dukeries, a group so spry,
The U3A gathers under the sky,
With laughter and chatter, they come together,
For monthly meetings that bring them pleasure.

Dukeries U3A, a vibrant array, Filling their calendars with joy each day, Parties and quizzes, they're always keen, Dances and games, a lively scene.

To restaurants they venture, in merriment dine, Sharing stories and memories, a bond that's divine, Conversing and connecting, hearts entwined, In the company of friends, a treasure they find.

So, here's to the group, with spirits so free,
Dukeries U3A, in unity they be,
In the dance of life, their hearts advance,
A fellowship cherished, an enduring romance.

Anon.







Sherwood Observatory.

Dr Steve Wallace gave our u3a group a brilliant talk in November on the Sherwood Observatory and also on the new Web telescope and demonstrated with photograph's how much better it is from the older Hubble telescope. It's incredible that so much has been achieved by



local amateurs in creating the largest mirrored telescope, 24 inches, available for public use in the UK, and doing it using all manner of scrap parts, from scaffolding to bits from an old lorry. They even ground their own mirror for which they had to build their own grinding machine. Their next project is already in construction, reusing an old brick built Victorian underground reservoir as part of a £6 million pound planetarium. And all this being done right on our doorstep. Quite amazing, well done.

If you attended Dr Wallace's talk and enjoyed it you could help the project further by following the link below to TripAdvisor and giving them a positive review. This will all help with fund raising for the future.

https://msas.uk/trip-advisor



Here is a link to the observatory website and also the new Air & Space training facility opening next year in Newark, where members will be able to train to be astronauts.

> https://sherwood-observatory.org.uk/ https://asi-newark.co.uk/



Pam Hardwick, Charity Donations

Q. Why was Cinderella no good at football??

A. Because she ran away from the ball!! (Courtesy of children in need)

Dukeries, Warsop and Sutton U3A's off to celebrate the Last Night of the Proms in style.



Edwinstowe Christmas Fayre

The day dawned with the promise of a little sunshine which, in true British tradition gradually got greyer, windier and eventually wetter as the day drew on. However the sterling band of helpers at the Dukeries stall were not disheartened, but set too to make the day a success, and what a success it was. The British public,



famous for their ability to enjoy themselves regardless of the weather, turned out in force and with bands playing and choirs



singing, there was something for everyone. The chocolate oranges adorned in Christmas hats provided by the Knit & Natter group, flew of the counter raising £45, and the many

Tombola prizes, kindly donated by our members, all disappearing leaving just one prize left at 7pm when the Fayre closed, for the weary Dukeries helpers to take back home.

A big thank you to Ann Street for organising our stall and all the members who gave up their time to help out on the day. A total of £95 in all was raised for the Air Ambulance service.

John Harris



The winning team, at our annual and very well supported Quiz night, being presented with their prizes by the question master Barbara Baglee. Barbara organised a very wide range of questions, difficult enough to tax the best of our brains, they certainly taxed mine.

Some fifteen teams battled it out in two sessions, before & after a very tasty chicken dinner. During the meal interval we were

presented with a series of objects brought along by a representative of the Newark Museum. Some, I think everybody would recognise, such as the sugar tongs and the stone hot water bottle. However others like the Victorian child's foot gauge, and the extremely rare saddle stirrup used for riding side saddle, were much more difficult to guess. Altogether a very enjoyable and interesting evening. Much thanks to Barbara for arranging it all. *John Harris*



Publicity!!

Something every organisation needs, and Ann Street, our publicity expert is looking for somebody to help with a view to eventually taking over the role. The work involves sending news items and photos about our group to the local press. contacting Bowe Radio, posting messages on our Web page and updating the notice board.

If you would like to help or find out more about this very important role within our u3a, please email

Ann Street <u>annstreetcornet@yahoo.co.uk</u>



Best Christmas wishes from your editor

John Harris.

Q. What do frogs wear on their feet?

A. Open toad sandals.



Dukeries

u3a

To find Dukeries u3a on the web, just click,

HERE.

DIARY DATES FOR DUKERIES U3A 2023

MON DEC 11 12.50 COMMITTEE MEETING

MON DEC 18 1230 MEMBERS' CHRISTMAS CELEBRATION

2024

MON JAN 8 COMMITTEE MEETING

MON JAN 15 12.30 MEMBERS' MEETING

SAT 27 JAN 6.15 BEETLE DRIVE

MON 12 FEB COMMITTEE MEETING

MON 19 FEB 12.30 MEMBERS' MEETING

THU 8 FEB 7.00 CHINESE NEW YEAR MEAL/

ENTERTAINMENT/FIREWORKS

THE SPRINGWATER, CALVERTON

MON 11 MAR COMMITTEE MEETING

SUN 17 MAR MURDER MYSTERY OVERNIGHT EVENT

THE OLDE BARN HOTEL GRANTHAM

MON 18 MAR 12.30 MEMBERSHIP RENEWAL AND

OPEN DAY

FUTURE EVENTS

WED 12 JUNE NOTTS U3A FUN DAY

WED 10 JULY TRENT RIVER CRUISE COACH,

TWO COURSE MEAL, TWO FREE

DRINKS, DISCO



Wishing you all a wonderful Christmas and a happy New Year.

James Bartlett, Business Secretary

Q. What do you call a man with custard in one ear and jelly in the other?

A. A trifle deaf

The writer of the poem
About

Dukeries u3a?

It was Chat GTP



Air Ambulance

Running total to date is **£4735.31**, could we make it £5000 by the years end?



So my thanks, on behalf of the Lincs and Notts Air Ambulance, to all of you who take part in this essential fundraising.

See you all soon and look out for the next Air Ambulance newsletter

Pam Hardwick

October Mission update *Click or tap here.*



A new video explains what the service is all about, please view it's only two and a half minutes long.

Tap or click https://youtu.be/M4u7r8izKC8

National u3a newsletter for October available on this link.

https://mailchi.mp/u3a/your-u3a-national-newsletter-october-2023?e=5eabb48112

Your Generosity is Appreciated



Thank you for continuing to support our chosen charity, The Notts and Lincs Air Ambulance. We

raise money through our Bring and Buy tables at monthly meetings, where we are happy to accept new, and, pre-loved items in good condition, to sell onto others seeking a bargain! The plant sales this year have been plentiful – thank you "Members who Garden", for sharing your produce to make our gardens bloom!

Charity Raffle at the Beetle Drive on 27 January

We are thankful for new items for raffles or tombola. Please donate any unwanted Christmas gifts or items, labelled for the Beetle Raffle. You can bring them to Jubilee Hall at the Members' Meeting on January 15th and give them to Pam Hardwick or Jean Parry-Williams. You can also give items to any member of the committee at any time.

The Air Ambulance is a vital charity and Dukeries u3a is proud to support it.



Best wishes for a Holly Jolly Christmas, and a Happy New Year, from Jane Young, Activity Group Coordinator.

Q. Why was the Turkey in the pop group?

A, Because he was the only one with drumsticks.

A VERY HAPPY CHRISTMAS FROM YOUR LOCAL LIONS CLUB

 Well another Christmas is almost here and Edwinstowe and the Dukeries lions, wish you all a very

happy Christmas, and thank all of you for the support that you give us in raising money, which in turn is distributed to all manner of worthy causes.

As a lot of you know we try and help SANTA visit as many areas in our community as humanly possible, we raise some money and we hopefully put smiles on the faces of children and adults alike.

For now we intend to visit Edwinstowe from the **1st to the 6th of December**, then Bilsthorpe is the 7th/8th/9th and 10th.

Ollerton will follow on the 11 th/12th/13th and 14th.
The big TESCO at Ollerton runs from 15th 16th and 17th.

we will be there every day, so IF YOU MISS US, COME TO SEE US THERE!

There may well be a few extra sessions after that to try and fill in some of the gaps, that's if we are still standing.

So PLEASE be understanding and try and support us and if you do want to donate or offer help please contact me, Jon Yarwood,

Edwinstowe and the Dukeries Lions

club CIO

TEL: 07581 265531 or mail jon.c.yarwood@gmail.com

We will also endeavour to use social media for updates.

Once again a *very very*MERRY CHRISTMAS TO YOU ALL.
Love, Edwinstowe and the
Dukeries Lions club.

Jon Yarwood



Interest Group Leaders

All Sorts/Gardening	Jane Young du3agro	ups23@gmail.com
Bridge	Georgina Batty	0777 2649281
Bowling	Alan or Val Saunders	01623 631993
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	Christine Yates	07799 701763
Photography	Stefan Ziemba	01623 860293
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	Stephen Hall	07877 792969
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 01763
Sunday Lunch Group	Maria Pitrolino	07904 269549
Tuesday Lunch Club	Beryl Lee	079678 01467
WhatsApp Walkers	Hazel & John Francis	074847 28027
Ukulele	Linda Bond	01623 861595

DUKERIES U3A CAR SHARING SCHEME



Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so they might be able to take turns to drive, which would save money and benefit the environment.

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter. If someone lives near to you, they could contact you to see if you are able to offer a lift.

THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.

The All Sorts Crafts & Gardening Group

Weds 6th Dec. Sue and Pam will be back to help you make your own table decorations and wreaths.

Weds 20th Dec.

Christmas Fuddle at Ambleside.

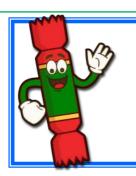
Hope to see lots of you. Christine 01623422113

We meet on the 1st and 3rd Wednesday morning in the month, 10am till 1 pm at the Ambleside Centre, Yew Tree Rd, Ollerton

Anyone who would like to come along, you'd be more than welcome.
We also occasionally meet on the 2nd & 4th Wednesday afternoons 1.30 pm to 3.30 pm.



Group leader for more information contact, Jane Young, du3agroups23@gmail.com



Barry Callieu, Treasurer

Q. What does Santa pay every month?

A. Jingle Bills!

Book Club

Every fourth Thursday of the month, 11am, at Ann's House,



Contact Ann Mounsey on 01623 824789 for more details.....

Bridge Club

Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm.** Admission is £3.

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact

Georgina Batty 0777 2649281



Creative Writing Group

The Creative writing group will meet on the **Third Wednesday in the month 2.15 to 4pm.**

Meetings will be held at **Walesby Church Hall** - all welcome - £3 (including refreshments) *Mike Mounsey*

History Group

All welcome.

For the December History Group meeting **Pam Hardwick** will be relating her family history. Please come along and



Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the **1st Wednesday** of the month at **Ambleside Community Centre**, Yew Tree Road, Ollerton from **1.15 to 3pm**. Cost £1.00 per session.

For more information contact,

Barbara Baglee 01909 239661

barbarabaglee@gmail.com

New members always welcome.



Ann Street, Social Media

Q. How does King Wenceslas like his pizzas?

A. Deep pan, crisp and even!

Natural History, Science and Technology

The group meets on the 2nd Thursday of the month at 2.00pm in the Plough Inn public house, Warsop.



The Plough is on the A60 opposite the Doctors surgery and Fire station and next to The Co-op. Upcoming topics-

Please feel free to come and join us. Members of Dukeries u3a are welcome to offer talks to the group.

To book your place and to get further information on topics telephone **Chris on 01623 846128**

This group is hosted by Warsop u3a





NOTTINGHAMSHIRE NETWORK

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

https://nottsnetworkofu3as.weebly.com/

Click on the link for the latest Newsbites

Mah Jong

1st, 3rd & 4th Thursday each month



Jubilee Hall,
Uellow Road,
Ulerton, NG22 9AP
Arrive 1.00 pm
Play 1.15 to 3.15 pm

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

New members are very welcome, contact us to register your name

Refreshments available

£1 - £2 per session depending on numbers attending



For further information, contact Christine Yates, Group Leader **01623 422113.**

LEARN LAUGH LIVE

Photography Group

Here's some examples of pictures taken by the

group. If you are into Photography or would like to learn, why not come to one of our friendly meetings?





NEW MEMBERS VERY WELCOME.



The Photography group meets on the **4th Friday** of the month at **Ambleside Cntr**, junction of Ambleside & Yew Tree Rd opposite Yew Tree Park, Ollerton, meeting starts at **1.30pm**.

For more information, contact, Stefan Ziemba <u>stefziemba@btinternet.com</u>

More pictures on page 36





We meet on the 2nd and 4th Wednesday each month, in the restaurant at The Ollerton House pub, Wellow Road, Ollerton, 2.00 - 4.00pm.

Winter is on it's way!!

Now is a good time to enjoy indoor activities, especially with good company and warmth. Rummikubs is a very easy game to pick up and I may be a little biased, but I think the company is good. We are lucky to have the use of Ollerton House Restaurant. Several members of the group take the opportunity to have lunch prior to the meeting, which is one



of the many advantages of meeting here. Should you care to join us, you are most welcome. Originally we played a variety of indoor games, like dominoes, backgammon cribbage etc., until everyone preferred Rummikubs. I am quite happy to investigate doing this again if anyone is interested. There is no fee, but I do expect you to buy a drink.

> Cheer's Linda Bond (howardbond1@yahoo.co.uk 01623 861595)

Knit n' Natter

Third Friday of the month, 2pm, Ann's house. Contact Ann Mounsey on 01623 824789 for more details....



Ramblers Rambles....

On the first Tuesday of the month we ventured out to Strawberry Hill near Rainworth starting our walk from the ForeverGreen restaurant in the grounds of the old Ransom Wood Hospital.

This is a lovely walk that takes in the Strawberry Knob where the training

trenches were created in the first World War and where some evidence is still visible today over 100 years later.

This walk also takes you into the back of Sherwood Pines through some lovely woods which at the time of our walk were sadly blighted by fly tipping.



It is such a pity as this is a lovely walk and Bilsthorpe civic reclamation centre is probably 3 miles away but sadly some people do not respect the beautiful County that they are privileged to live in.

As a member of the U3A who still works (part time) for a parish council in our area, where we do litter picking

consistently, it breaks my heart that a small minority of people can be so irresponsible.!

Rant over...



Our second walk, also started at Ransom Wood and was a new one to all of us taking us cross country to the Forest Stone, which is inscribed with all the old names of the local villages and then across woodland to the Ell Lakes and back via Rainworth to Forever Green for a coffee and a chat.



This is a lovely walk which we will do again in the summer when the ground will hopefully be somewhat drier.

I apologise for the second photo at the Forest Stone, we were all sucking sherbet sweets. !

Our next walk is on **05 December** and then we have our Christmas Dinner at the **Carpenters Arms in Walesby** to look forward to. Having seen the menu, we will need to do a lot of Rambling to walk that off!

Regards, Kate.

We walk on the first and third Tuesday of each month, 9.30 at Jubilee Hall.
Cheers, Kate & Stephen Hall 07877 792969.



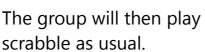


South Forest Leisure Centre Clipstone Road, NG21 9JF 1st Friday of the month 1:30pm till 4pm

Contact Christine Storer on 07980 511308 for more information.

D, E, C, E, M, B, E, R, S, C, R, A, B, B, L, E,

Please note that the December meeting will be at 12pm at South Forest in order that we can have a meal for those who wish.





Savoy Film Group



Thursday 14th December



A spectacle-filled action epic that details the fall of the iconic French Emperor Napoleon Bonaparte. played by Joacquin Phoenix. The film captures Bonaparte's relentless journey to power through the prism of his addictive, volatile relationship with his true love, Josephine. Running time 2hrs 38 minutes.

2nd Thursday in the month at the Savoy Cinema, Worksop.

Doors open 1.30pm for coffee, film starts at 2pm.

Tickets cost £4.15 including coffee, no need to book, just turn up.

Remember to bring your u3a membership card



sign

from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills!

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled sewers. It is a self-help group where people can make,



alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.

2nd & 4th Wednesday in the month. 10.00am to 12.00, **Ambleside Community Centre, Yew Tree Road, Ollerton**

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

> Contact Christine or come along on the day. Group Facilitator – Christine Yates (enquiries 07799 701763) Groups Co-ordinator – Jane Young



Sunday Lunch Club

Sunday 17th December

Please contact the organiser Maria Pitrolino

for more information.

Contact number is **07904 269549**

Sunday Social Group

has been suspended due to lack of interest.



Next event will be at the **Bella Vita on December 5th.** *Regards Beryl*

WhatsApp Walkers....

The WhatsApp walks take place on a **Thursday every two weeks at**10.30am, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message. We enjoyed a very pleasant walk recently on the Wildwood Trail in Sherwood Forest and the weather stayed fine for us.



If you would like to join the group please contact

Hazel or John Frances on 07484728027 You'll be made most welcome. *Regards Hazel*



The Ukulele Group had a" memorable "evening playing at a Cheese and Wine event in aid of St



We are now working hard preparing for our own concert, in aid of Cancer Research at Perlethorpe Church on Sunday 3rd December.

The group meets each **Thursday**, **10.00- 12.00pm** at the Jubilee Hall, Wellow Road, Ollerton **NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'. Contact **Linda Bond 01623 861595** and come along any Thursday Keep smiling and start strumming. *Linda*





Photography Group



A recent visit to Pleasley Colliery.



7.00pm Saturday 9th December 2023 Jubilee Hall, Wellow Road, Ollerton Featuring,

'The GentleMen'

&

Edwinstowe Hand Bell Ringers 'Christmas Bells'

For Tickets contact Alison 01623 863450





Musical Director Vicki Melling

Tickets include light refreshment.
www.thedukeriessingers.com





Walk & Talk

With RSPB Sherwood Forest and Mind Nottinghamshire Every 2nd & 4th Thursday of the month at 10am

- Free wellbeing group walk
- Approximately 40 minutes of very gentle-paced walking to the Major Oak and back
- Mobility scooter accessible
- Meet at the Main Visitor Centre Car Park (If arriving by car participants will be given a permit for free parking on arrival)
- Refreshments and toilets available at Sherwood Forest Visitor Centre

Wellbeing is just one step away...

For further details, contact; carol.hallam@rspb.org.uk





Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

Link to the website here...

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



Non Stop Music

The best music with top of the hour news updates

Listen Live

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

Facebook Page



Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - https://www.independentage.org/get-support/telephone-groups/good-to-know-groups

Dukeries u3a – Membership to March 2024

Membership subscription by bank transfer
Sort Code 60-17-28 Account 91244358
The Dukeries Third Age Group
Please reference Subs and Your Name

Email Wendy Neighbour to confirm your payment membersdu3a@outlook.com

Complete your application form on your next visit or from our website

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque *(made payable to The Dukeries Third Age Group).*

Full membership to 31 March 2024
£12 per person
Full associate membership* to 31 March 2024
£8 per person
*(For people who are full members of another u3a group. Proof required)

Dukeries u3a is now open to all Adults/Seniors (regardless of employment status)

Do you fancy yourself as a singer? Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact.... John Banbury 07759 086132

Dukeries Singers 23 Paddock Close Edwinstowe Nottinghamshire NG21 9I P

Facebook page https://www.facebook.com/dukeriessingers/

Health and Safety Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations to prevent COVID.

In addition, please consider the following:-

*Wear your face mask when near to other people if you wish to

- *Keep your distance from people. Avoid touching other people (hand-shaking, hugging and kissing). It's hard to do but necessary for the time being.
- *Frequently wash your hands for 20 seconds. Sanitise your hands and avoid touching your face
- * Open windows when travelling by car with others

If you are arranging activities inside, keep to government regulations and guidelines

Also

Take a register of names

Ventilate the room

Chairs should be well spaced.

Encourage members to sanitising hands on entry to the room

Consider use of toilets.

If serving refreshments, consider the safest way to avoid cross-contamination.

If we all take responsibility to protect ourselves and safeguard our friends we will all be able to enjoy our social lives.

Thank you for your kind consideration

Leslye Henstock Chair Dukeries u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

https://www.u3a.org.uk/newsletter

Back issues are also available on this link.

https://www.u3a.org.uk/about/newsletter

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: https://www.facebook.com/dukeriesu3a

The Third Age Trust Registered Charity No. 1118205

Jerry Christmas
to All!! That's all Folks!