Run for the members, by the members.



#### **Dear Members**

As much as we are enjoying our gardens and lawns flourishing in the rain, it does sometimes restrict our outdoor activities and outings, especially if you are looking after your grandchildren! However, at least we are not in an extreme heatwave. My heart goes out to those places in the world, which are suffering from forest fires and extremely high temperatures too.

With the unpredictable weather in mind, we will be having our Garden Party inside Jubilee Hall, on Monday 21 August. This is an exclusive event for Dukeries u3a members only. Please arrive from 12.30 to start at 1.00pm.

(Helpers arrive 11.45am)

On arrival, kindly take your donations of food etc into the kitchen, where the helpers will sort the buffet. Please bring the food ready to serve, and collect your plates and dishes, after the event.

Don't forget to bring your own plates, cutlery, glasses with your own drinks!

We will play Charity Bingo for £1 per card so pop a few coins in your pockets.

There will be a table for new members, so no-one is on their own. You do need a ticket for this event and there are a few left.

Email me on <u>du3achair2020 @googlemail.com</u>

I am delighted to announce that we have 5 members who have offered to join the Events Team

Thank you, Jamie Baranauskas, Kevin Morrell, Jean Parry-Williams, Elaine Biddulph and me(!).

(If you can offer some time/ideas/skills to join the team, please get in touch. We are seeking two more members). We will be meeting in September to look at 2024!

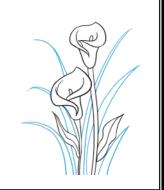
As we are having our "Garden Party" in August, there is no usual Members' Meeting. We start meetings again on the third Monday in September, which is the 18th.

As we have so many new members, I would like to invite Activity Leaders to promote your groups at one of the meetings (September, October or November), if you do not usually have a display. Just email Jane Young, our Activity Co-ordinator to book a table at one of the meetings.

Until then, I hope you are all enjoying yourselves. Live, Laugh, Learn!!!! With love to you all Leslye x

#### **Paul Lockwood**

We are sad to hear that Paul has passed away. Our love and sympathies are sent to Marie-Louise, his wife. Marie-Louise and Paul have been supportive members of Dukeries u3a for a long-time. Do come to see us again Marie-Louise you are always welcome at Dukeries u3a.



#### **Committee 2023**

**Chair** Leslye Henstock

Retiring December 2023 <u>du3achair2020@gmail.com</u>



Barry Callieu <u>barry.callieu@icloud.com</u>

Secretary

Barbara Baglee <u>barbarabaglee@gmail.com</u>

**Co-Deputy Chair/Press Secretary** 

Kevin Mulloy <u>agarden8@outlook.com</u>

**Co-Deputy Chair** 

Maria Pitrolino mariapitrolino64@msn.com

**Membership Manager** 

Wendy Neighbour <u>membersdu3a@outlook.com</u>

**Activity Group Co-ordinator** 

Jane Young <u>janelesley56@gmail.com</u>

**Social Media** 

& Speaker Finder (Retiring December 23)

Ann Street <u>annstreetcornet@yahoo.co.uk</u>

**Newsletter Editor** 

John Harris <u>ighollerton@gmail.com</u>

**Co-ordinator Charity Donations** 

Pam Hardwick secretary1@gmail.com





















Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month	
Mon			Monthly Meeting 1pm. Jubilee Hall		
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall	
Wed	All Sorts Gardening 10am till 1 pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre	Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening 10am till 1 pm Ambleside Centre  History Group 1.15 to 3pm Ambleside Centre  Creative Writing	Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	
			2.15 to 4pm Walesby Church Hall		
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm Nat Hist, S&T 2pm Plough Inn, Warsop	Ukulele group 10.00 to 11:30am Jubilee Hall  Mah Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10 to 11:30am Jubilee Hall Mah Jong 1.15pm to 3pm Jubilee Hall Book Club 11am	
Fri	Scrabble 13.30		Knit n'Natter	Ann's House	
rri	Scrabble 13.30 South Forest		2pm Ann's House	Photography Ambleside 1.30pm	

**Sunday Lunch Club** 4th Sunday in Month 12.30 for 1.00pm **Sunday Social Group** 2nd & 4th Sunday in Month 4 till 6.30pm

Soft Tennis. Phone TennisKev on 07988 620714 Bowling 9th & 23 August *Page 17* 



### Dukeries u3a Annual Garden Party (Inside) Monday 21 August 2023, Jubilee Hall, Ollerton

We are looking forward to us getting together at this exclusive event for members only.

Are you a new member, solo or in a twosome? We will reserve

tables where you can meet others. You won't be alone and there will be someone to greet you on arrival.

Charity Auction (bag a bargain) Bingo £1 (cash prizes) Games

#### On the day you also need to bring -

Your own plate, dish, cutlery, drink and glass, Pen/pencil

#### **Times**

Setting up from 11.45 Doors Open 12.30 Party starts 1.00pm Finishes about 3.30pm

Thank you for helping to clear away (if you are able)





### CLIPSTONE SOCIAL CLUB



FRIDAY 27 OCTOBER
2023
DOORS OPEN 6.45PM
STARTS 7.00PM

SUPPER INCLUDED, PAY BAR
LIVE BAND "THE MOONSHINERS"
LIMITED TICKETS £10 PER PERSON
BOOK EARLY FOR THIS POPULAR EVENT!!
BOOK WITH LESLYE 07946 702296
DUJACHAIR2020@6006LEMAIL.COM
CAR Sharing possible!



Oakfield Lane, Warsop, Notts, NG20 OJE
Buffet supper, bar and the services of a
professional caller, John Shakespeare.
£20.00 per head, non-members welcome.
Book tickets with Leslye at the
July Meeting

Or email <u>du3achair2020@gmail.com</u>





The recent first co-operation between our selves, Mansfield and Forest Town u3a's was a great success. Two coach loads, over a hundred sober shipmates filled the Nottingham Princess from stem to stern and we all set sail to enjoy the passing scenery whilst sitting down to a very tasty meal, washed down with the drinks of our choice. A very convivial atmosphere soon developed, as you might imagine, helped along by a DJ and more of those drinks from the bar. Tables cleared and passengers could dance the night away or retire to the deck to watch the scene go by, which included a rainbow and some dramatic cloud formations which luckily didn't rain very much on us.

Eventually the boat returned to it's mooring and we, by now, hardened and not very sober

sailors wound our way back to the coaches and home.

A big thank you to the organisers for a very enjoyable evening.... when can we go again?

John Harris





### Edwinstowe Faire

DU3a Committee members Ann Street, John Harris, Kevin Mulloy & Maria Pitrolino helped by John Banbury and Jamie Baranauskas set up and



staffed our publicity stand on 8th July at the Edwinstowe village Hall.

Despite heavy rain showers many local residents still came along and we handed out over 40 leaflets with membership application forms attached.



As well as the Scrabble group at South Forest, we also advertised new activities at Edwinstowe: primarily the brand new Sunday Social group at Lynds Close led by Maria & Jamie; but also Soft-tennis at a new venue in the Edwinstowe Village Hall.

Kevin Mulloy

# New Group!

## Dusa Sunday Group

This is a

new group started by Maria Pitrolino which will be based in Edwinstowe at the Lynds Community centre with the



purpose of members getting together socially to enjoy games, craft projects or just come along for a chat and a cup of tea. Starting at **4pm until 6.30pm. Cost £1.00 per session** to cover cost of tea & biscuits.

Possible typical activities could include games such as Ludo, Dominos and card games excluding Bridge. Crafts might include sewing, card and Jewellery making. It's entirely up to the members attending.

The venue is the **Lynds Community Centre in Lynds Close, Edwinstowe, NG21 9RB**and the building is at the far end of

and the building is at the far end of the close on the left beside a two storied house..



Parking is very limited at the venue but there is parking in the East lane carpark a short distance away and also at the entrance to the close on either side of the road..

2nd and 4th Sunday in the month.

For more information contact Maria on 07904 269549 or Jamie on 07961 508714

Photo showing 9 of the 10 members at the inaugural meeting of The Sunday Social Group at Lynds Close Community Centre (off East Street) Edwinstowe on Sunday 23rd July.

Activities included watercolour-landscape painting. crochet, American and **English dominoes and** playing cards; not to mentions plenty of natter! A very pleasant 2 hours with tea/coffee & cake and biscuits Next meetings are on Sundays August 13th & 27th starting at 4pm.



## New Group!

#### **Natural History, Science and Technology**



The group meets on the 2nd Thursday of the month at 2.00pm in the Plough Inn public house, Warsop.

The Plough is on the A60 opposite the Doctors surgery and Fire station and next to The Co-op.

Upcoming topics-

August – To be decided

September- DNA (moved from June).

October- A visit to the Veolia recycling plant Mansfield.

Please feel free to come and join us. Members of Dukeries u3a are welcome to offer talks to the group.

To book your place and to get further information on topics telephone Chris on 01623 846128

This group is hosted by Warsop u3a

DIARY DATES 2023 FOR DUKERIES U3A				
AUG 21 AUG 30	12.30 10.00	MEMBERS INDOOR GARDEN PARTY COFFEE MORNING, NEW MEMBERS/ VISITORS AMBLESIDE COMMUNITY C.		
SEP 11 SEP 18	12.50 1230	COMMITTEE MEETING MEMBERS MEETING		
OCT 9	12.50	COMMITTEE MEETING		
OCT 16	12.30	MEMBERS' MEETING		
OCT 20	7.00	BARN DANCE, OAKLANDS CENTRE, WORKSOP.		
OCT 27	7.00	HALLOWEEN PARTY CLIPSTONE SOCIAL CLUB		
NOV 11	6.30	HOSTESS RESTAURANT, NIGHT AT THE PROMS BRASS BAND AND MEAL		
NOV 13	12.50	COMMITTEE MEETING		
NOV 20	1230	MEMBERS MEETING		
NOV 24		QUIZ NIGHT		
DEC 11	12.50	COMMITTEE MEETING		
DEC 18	1230	MEMBERS' CHRISTMAS CELEBRATION		



### **Dukeries**

u3a

To find Dukeries u3a on the web, just click,

HERE.

# Air Ambulance

Well folks, another great meeting this month, the speaker was so funny and obviously quite a celebrity.



As for the Air Ambulance bring and buy table, it was a great success. We sold all the donated plants for a total of £141.50. Added to this we had a donation from David Ryszka for a returned ticket for the River Cruise and sales of miscellaneous items totalling a fantastic amount of £186.50 which will be winging its way to the INAA



Running total to date is £4487.30, could we make it £5000 by the years end?

I would like to thank all of you who brought and bought and even those who just looked and lamented the fact that they had no room for more plants.

Thank you very much

So my thanks, on behalf of the Lincs and Notts Air Ambulance, to all of you who take part in this essential fundraising.

See you all soon and look out for the next AirAmbulance newsletter Pam Hardwick

#### May Mission update <u>Click or tap here.</u>

A new video explains what the service is all about, please view it's only two and a half minutes long.

Tap or click <a href="https://youtu.be/M4u7r8izKC8">https://youtu.be/M4u7r8izKC8</a>

<u>Interest Group Leaders</u>					
All Sorts/Gardening	Jane Young du3agro	oups23@gmail.com			
Bridge	Georgina Batty	0777 2649281			
Bowling	Alan or Val Saunde	rs 01623 631993			
Creative Writing	Mike Mounsey	01623 824789			
History	Barbara Baglee	01909 239661			
Mahjong	Christine Yates	07799 701763			
Photography	Stefan Ziemba	01623 860293			
Rummy Kub	Linda Bond	01623 861595			
Ramblers 6-8m	Stephen Hall	07877 792969			
Scrabble	<b>Christine Storer</b>	07980 511308			
Sewing Bee	Christine Yates	077997 01763			

**Kevin Malloy** 

Beryl Lee

Linda Bond

Maria Pitrolino

#### **DUKERIES U3A CAR SHARING SCHEME**



Sunday Lunch Group

Tuesday Lunch Club

Soft Tennis

Ukulele

Interest Group Leaders

Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so they might be able to take turns to drive, which would save money and benefit the environment.

079886 20714

07904 269549

079678 01467

01623 861595

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter. If someone lives near to you, they could contact you to see if you are able to offer a lift.

THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.

# The All Sorts Crafts & Gardening Group

We will be meeting on the 1st and 3rd Wednesday morning in the month, 10am till 1 pm.

At the **Ambleside Centre**, Yew Tree Rd, Ollerton

Anyone who would like to come along, you'd be more than welcome.

We also occasionally meet on the

2nd & 4th Wednesday afternoons 1.30 pm to 3.30 pm.

Group leader for more information contact,

Jane Young, <a href="mailto:du3agroups23@gmail.com">du3agroups23@gmail.com</a>



#### NOTTINGHAMSHIRE NETWORK

## **NEWSBITES!**

Sharing ideas across 34 u3a's in Nottinghamshire

https://nottsnetworkofu3as.weebly.com/

Click on the link for the latest Newsbites





Are you single, a twosome, new to Dukeries u3a?

Do you want to have fun, exercise and fresh air?

Come and join us, make new friends!

Dukeries u3a Bowling Group
Ollerton Bowling Club, Whinney Lane, Ollerton

26th July, 9th & 23 Aug, 9th Sept Arrive 1.20pm

Playing Time 1.30pm – 3.30pm (with a break for refreshments)

No experience necessary, newcomers welcome Tuition will be given

Bowls available, or bring your own

Wear flat shoes

£3.50 per session (pay cash on arrival please)

Car parking free

#### All the above for £3.50 per session

For further details, Contact Alan or Val on **01623 631993** 



### Book Club

## Every fourth Thursday of the month, 11am, at Ann's House,



Contact Ann Mounsey on 01623 824789 for more details.....

## Bridge Club

Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm.** Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

## Creative Writing Group

The Creative writing group will meet on the **Third Wednesday in the month 2.15 to 4pm.** 

Meetings will be held at **Walesby Church Hall** - all welcome - £3 (including refreshments) *Mike Mounsey* 

## History Group

The History Group will be taking a break during August.



We will resume on **September 6th** with a tour of the **military museum at Thoresby Park.** The visit is open to all members and friends at a **cost of £5.** If you would like to join us just let me know. We will be meeting in the **Courtyard at 1pm.** 

https://www.nottinghamshire.gov.uk/newsroom/news/nottinghamshire-military-museum-takes-delivery-of

In May the History group visited The National Holocaust Centre. We were given an excellent and informative guided tour. It was a beautiful day and some had lunch outside in the lovely gardens.

Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the **1st & 3rd Wednesday** of the month at **Ambleside Community Centre**, Yew Tree Road, Ollerton from 1.15 to 3pm. Cost £1.00 per session.

For more information contact,

Barbara Baglee

01909 239661

barbarabaglee@gmail.com

## Savoy Film Group



2nd Thursday in the month at the Savoy Cinema, Worksop.
Doors open 1.30pm for coffee, film starts at 2pm.
Tickets cost £4.15 including coffee, no need to book, just turn up.

### **Thursday 10th August**



Ethan Hunt and his IMF team embark on their dangerous mission to track down a terrifying weapon that threatens humanity before it falls into the wrong hands. With control of the future and the fate of the world at stake, and dark forces from Ethan's past closing in, a deadly race around the globe begins. Confronted by a mysterious and a powerful nemesis named Gabriel, Ethan is forced to consider that nothing can matter more than his mission – not even the lives of those he cares about most.

Running time 2h 45min

Remember to bring your u3a membership card

## Mah Jong

1st, 3rd & 4th Thursday each month



Jubilee Hall, Wellow Road,
Ullerton, NG22 9AP
Arrive 1.00 pm
Play 1.15 to 3.15 pm

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

Tuition for Beginners is available at each session in March.

New members are very welcome, contact us to register your name

Refreshments available

£1 - £2 per session depending on numbers attending





LEARN LAUGH LIVE

# Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**, in the restaurant at

The Ollerton House pub. Wellow Boad, Ollerton

The Ollerton House pub, Wellow Road, Ollerton, 2.00 – 4.00pm.

The Rummikubs group is continuing to meet on the 2nd and 4th Wednesday, 2.00pm at Ollerton House, throughout the summer. Several members of the group take the is opportunity to have lunch at Ollerton House prior to the meeting which is one of the many advantages of meeting here. Should you care to join us, you are most welcome. The game is



very easy to pick up and is an enjoyable way to escape gardening at this time of year!! There is no fee, but I do expect you to buy a drink. Cheers! *Linda Bond* 

Linda Bond (<u>howardbond1@yahoo.co.uk</u> 01623 861595)

## Knit n' Natter

Third Friday of the month, 2pm, Ann's house.

Contact Ann Mounsey on

01623 824789 for more details.....





The Photography group meets on the 4th Friday of the month at Ambleside, junction of Ambleside & Yew Tree Rd opposite Yew Tree Park, Ollerton, meeting starts at 1.30pm.

HEW MEMBERS VERY WELCOME.

For more information, contact, Stefan Ziemba stefziemba@btinternet.com

If you are a twitter user u3a has a twitter account and you can find it at,

@u3a UK

U3a

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# Ramblers Rambles....

Our first

walk on 4th of July was a Ramblers favourite to the South of the County, starting and finishing at the Durham Ox pub in the very pretty village of Orston. (The chips here are fantastic too and it has a lovely garden on a nice day!)

This walk takes you through very pleasant farm land and down the side of the River Smite.



A lovely walk through fabulous South Nottinghamshire Countryside and super nice villages back to the pub for chips and a beer.! We were blessed with lovely sunny weather too.



Our second walk took us into South Yorkshire to Firbeck from where we walked to Roche Abbey. Again beautiful countryside with some wonderful old houses, we even stopped for an impromptu picnic on an

old tree stump after crossing

stepping stones in the river.

Sadly it began to rain but being Ramblers we carried on and completed the seven miles, arriving back to the cars a little soggy. Our next walk will be on 1st August and subject to weather will be to Curbar Edge in Derbyshire

We walk on the first and third Tuesday of each month.

9.30 at Jubilee Hall.

Cheers, Kate & Stephen Hall

07877 792969.

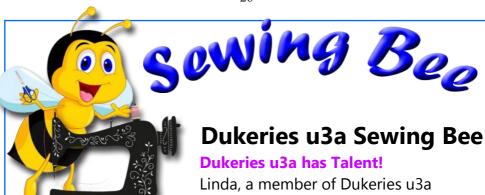


## South forest Leisure Centre Clipstone Road, NG21 9JF 1st Friday of the month 1:30pm till 4pm

# Contact Christine Storer on 07980 511308 for more information.

Happy smiles at South Forest Scrabble Group for their July games led by Christine Storer (front left). Next meetings **Friday 4th August and Friday 1st September starting at 1.30pm.** 





sign from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills!

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled sewers. It is a self-help group where people can make,



alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.

## 2nd & 4th Wednesday in the month. 10.00am to 12.00, Ambleside Community Centre, Yew Tree Road, Ollerton

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

Contact Christine or come along on the day.
Group Facilitator— Christine Yates
(enquiries 07799 701763)
Groups Co-ordinator — Jane Young

# Sunday Lunch Club

#### **Sunday 24th July**

Please contact the organiser **Maria Pitrolino**for more information

Contact number is **07904 269549** 



Another excellent lunch enjoyed by many members of the group today at the Devonshire.

The next lunch will be at **Rufford Park Golf Club**.

Regards Beryl

### **Military History**

Members attend from several U3A groups across the area, many are ex servicemen but by no means all and the talks are very wide ranging, for example, Stephen has spoken about the Lafayette Escadrille in the First World War and The Royal Air Force in Malta, Cyprus and Gibraltar.

The group also organises trips out to differing locations of historical military significance.

Lots more information can be found on the Retford U3A website. <a href="https://u3asites.org.uk/retford/page/123784">https://u3asites.org.uk/retford/page/123784</a>

# Soft Tennis



## Soft tennis is a fun way to keep fit, especially for seniors.

Following an experimental Soft Tennis session at Edwinstowe Village Hall on Friday 30th June, it is envisaged that more tennis practice sessions will be held there for Dukeries u3a members (depending on the demand).

Anyone interested please contact **TennisKev on 07988620714** or email him with your contact details to **agarden8@outlook.com** 

All equipment is provided and anticipated cost is expected to be limited to venue-hire split between those attending (typically £3.50 per head or less).

Parking is at rear of Edwinstowe Village Hall NG21 9NJ.

A new possible venue for soft tennis at St Paulinus community hall in Ollerton is currently under investigation.

Soft tennis sessions are scheduled for 2pm on 2nd and 3rd Fridays (11th + 18th August) at Edwinstowe Village Hall NG21 9NJ.

Anyone wanting to join the Soft Tennis "WhatsApp" group or have a discussion with the Group Leader about possible participation please text your contact details to **TennisKev on 07988620714** else email him at **agarden8@outlook.com** 

# Jubilee Uhulele Group

Not only is June 'busting out all over', so is the ukulele group. We have outgrown our small meeting room in the Jubilee Hall Bar and have had to move into the main room. Not that I am complaining. Our group has gone from strength to strength. It is a diverse group of men and women, young and 'not so young', good uke players and complete beginners, but we have one thing in common, we all like to have FUN, and play our ukes of course!!

The group meets each **Thursday**, **10.00- 12.00pm at the Jubilee Hall, Wellow Road**, **Ollerton NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'.

Contact **Linda Bond 01623 861595** and come along any
Thursday
Keep smiling and start strumming. *Linda* 



## WhatsApp Walkers....

The WhatsApp walks take place on a **Thursday every two weeks at 10.30am,** they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be according.



to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.

If you would like to join the group please contact **Hazel or John Frances on 07484728027** 



You'll be made most welcome.

Regards Hazel



## An occasional cameo of something slightly different from Kevin Mulloy.

Vicar Water country park is a truly wonderful place...from the car park (signposted off the main road through New Clipstone village) you can wander around the lake and the pond or take in a second more distant lake often decorated by a hungry heron at breakfast time.

Or you may wander through mostly deciduous woods all the way over to Sherwood Pines Forest Park via a slightly secretive tunnel. What I mostly like to do though is set off at about 6am on a sunny summer's morning with my camera for a little exercise-cum- bird-spotting.

It differs from birdwatching in having no 'hides' to use and one needs a cheap but very flexible camera – mine is a Samsung WB690.

I climb up onto the heights from the east so that the sun is behind me.... As soon as I see a bird perched on a tree or even on the path; I just click away on the 'dual-stabilisers' setting. These photos can be magnified when enjoying a milky coffee back at the breakfast table.

An example of what one can snap is the female yellowhammer I photographed recently. There is also a thriving colony of linnets enjoying the tracts of gorse; but also redpolls, dunnocks, wrens and plenty more. Buzzards are often soaring above.... Back down near the western lake swifts and



house-martins are often on the wing, and swallows fly at ears-level across a golden field of barley.

Kevin Mulloy

https://www.newark-sherwooddc.gov.uk/vicarwater/



I had a phone conversation today with a very nice young chap from Pakistan. This is how it went:

"Hello sir, how are you today?"

"I'm very well, thank you for asking. And how are you? And, more to the point, WHO are you?"

"Sir, my name is Sanjit, and I'm calling

you from Microsoft".

"Microsoft, eh? Is that a city in Pakistan? How's the weather there today?"

"No, sir - MICROSOFT, the computer company. I'm calling to tell you that we have found a problem with your computer and -" "REALLY?? Well, that's quite concerning....."

"Yes sir, it can become very serious indeed, but thankfully I will be able to fix it for you. Now, if you -"

"No, I meant it's very concerning because you see I don't HAVE a computer".

"You don't?"

"I don't".

"Ahh, it must be a problem on your laptop sir -"

"Don't have one".

"iPad?"

"Nope".

"Tablet?"

"Nope, I have none of those things. As a matter of fact, I don't even have a telephone".

After a few seconds of silence he said "Ah, sir, you are lying to me now!"

I said "Well, you started it!!" and put the phone down.

Jean Parry-Williams





### Walk & Talk

With RSPB Sherwood Forest and Mind Nottinghamshire Every 2nd & 4th Thursday of the month at 10am

- Free wellbeing group walk
- Approximately 40 minutes of very gentle-paced walking to the Major Oak and back
- Mobility scooter accessible
- Meet at the Main Visitor Centre Car Park (If arriving by car participants will be given a permit for free parking on arrival)
- Refreshments and toilets available at Sherwood Forest Visitor Centre

### Wellbeing is just one step away...

For further details, contact: carol.hallam@rspb.org.uk





Editors recommendation.

If you fancy a few days away in the Tuscan Hills I can recommend this place having just spent a week there. It's on the edge of a little



town called Camporgiano. <u>Link to Google maps</u>. The apartment, upper floor right in the picture, sleeps 4 in 2 bedrooms with on suite bathrooms and full kitchen facilities.

Cost, £100 per night for 4 people

Contact Geoff Brennan on 07853 170310 for

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



ON AIR

### Non Stop Music

The best music with top of the hour news updates

<u>Listen Live</u>

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

Facebook Page



Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - <a href="https://www.independentage.org/get-support/telephone-groups/good-to-know-groups">https://www.independentage.org/get-support/telephone-groups/good-to-know-groups</a>

u3a

### Newsletter



### July

The National newsletter is available on the link below. You can register to have a copy sent directly to you each month.

https://mailchi.mp/u3a/your-u3a-national-newsletter-july-2023? e=5eabb48112

#### Dukeries u3a – Membership Renewal

Memberships expires on 31 March 2023

Membership may be renewed by bank transfer
Sort Code 60-17-28 Account 91244358
The Dukeries Third Age Group
Please reference Subs and Your Name
Email Wendy Neighbour to confirm your payment
membersdu3a@outlook.com

Complete your application form on your next visit or from our website

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque (made payable to The Dukeries Third Age Group).

Renewal for an annual full membership to 31 March 2024
£20 per person
Renewal annual associate membership\* to 31 March 2024
£10 per person
\*(For people who are full members of another u3a group. Proof required)

Dukeries u3a is now open to all Adults/Seniors (regardless of employment status)

Do you fancy yourself as a singer? Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact.... John Banbury 07759 086132

Dukeries Singers 23 Paddock Close Edwinstowe Nottinghamshire NG21 9I P

Facebook page <a href="https://www.facebook.com/dukeriessingers/">https://www.facebook.com/dukeriessingers/</a>

# Ideas for Activities 2023 Your skills and knowledge are needed!!!

Could you lead an interest group or put together a short course?

There are lots of topics our members could benefit from, here are but a few suggestions:-

Using your smartphone

Servicing a bicycle

**Arranging flowers** 

Sending emails, and saving files

Cleaning and restoring garden furniture

Bird watching

Art for beginners - painting

You might be able to put together a few sessions which our members find useful.

Have an idea? Email or chat to Jane or Leslye?

Dukeries u3a, created for the members Run by the members

### **New Year - New Learning - New Hobbies**

Would you like to run a subject or activity group for us in the new year?

#### There's a world of possibilities?

We though you might like to see what is on offer in other activity groups in the North Notts Area. See next page.

We can also request to join groups in neighbouring u3a's. see below.

### Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

Link to the website here...

Nottinghamshire u3as

#### Nottinghamshire u3a Interest Groups - Alphabetic Summary

31st October 2022

0	Subject	Total	0	Subject	Total	0	Subject	Total
0		_	0	B4145'	_	0		
1	Abacus	1	67	Desert Island Discs	2	133	Music Making Choir	3
2	Angling / Fishing	2	68	Darts	1	134	Music Making Folk	2
3	Antiques	4	69	Dining Breakfast	3	135	Music Making Gultar	4
4	Archaeology	2	70	Dining Lunch	25	136	Music Making Recorder	4
5	Architecture	3	71	Dining Afternoon Tea	2	137	Music Making Steel Band	1
6	Armchair Travel	2	72	Dining Evening	11	138	Music Making Swing	1
7	Art Appreciation	15	73	Dining Fine	1	139	Music Making Ukulele	16
8	Art Practical General	12	74	Dining in	1	140	National Trust	7
9	Art Practical Drawing	7	75	Dining for Solos	2	141	Orienteering	1
10	Art Practical Painting	8	76	Discussion / Current Affairs	22	142	Philosophy	8
11	Art Practical Pastels	1	77	DIY	1	143	Photography	23
12	Art Practical Portraiture	1	78	Doll's House & Miniatures	1	144	Pickiebail	3
13	Art Practical Watercolours	6	79	Dominoes / Triominoes	1	145	Play Reading / Drama	12
14	Astronomy	2	80	Drink Beer	6	146	Poetry	11
15	Aviation & Aerospace	1	81	Drink Coffee	9	147	Psychology	4
16	Backgammon	3	82	Engineering & Innovation	1	148	Pub Visiting	4
17	Badminton	5	83			149	Quizzes	
				English	1			11
18	Bird Watching	9	84	Entertainments Unlimited	1	150	Rallway Enthusiasts	2
19	Board Games General	19	85	Etymology	1	151	Rallway Modelling	1
20	Bonsal	1	86	Exercise / Keep Fit	5	152	Reading Aloud	2
21	Books / Literature / Reading	33	87	Family History / Genealogy	19	153	Religion	2
22	Book Exchange	3	88	French	23	154	Remarkable Women	1
23	Bowling Indoor Boccia	1	89	Friendship & Support	2	155	Rummikub	7
24	Bowling Indoor Bowls	7	90	Fun with Languages	1	156	Science Technology General	14
25	Bowling Boules / Petanque	4	91	Gardening General	25	157	Scrabble	16
26	Bowling Outdoor Bowls	6	92	Gardening Horticulture	1	158	Shakespeare	3
27	Bowling Ten Pin	4	93	Gardening Practical	3	159	Singing	14
28	Bridge	19	94	Gardening Visits	10	160	Snooker	5
29	Buddles (singles events)	1	95	Geology	3	161	Spanish	12
30	Canasta	14	96	German	9	162	Swimmima	1
31	Card Games	8	97	Gogglebox	1	163	Table Tennis	18
32	Chess	3	98	Golf	1	164	Table & Indoor Games	6
33	Church Visiting & History	5	99	Greek	1	165	Tal Chi	9
34	Cinema / Film	18	100	Growing Old Disgracefully	2	166	TED Talks	1
35	Climate Change	1	101	History General	16	167	Tennis Soft (Indoor)	3
36	Climbing Indoor	1	102	History English	1	168	Tennis	2
37	Computing / IT General	11	103	History Irish	1	169	Theatre Visits	14
38	Computing Beginners	2	104	History Landscape	1	170	Travel / Visits	18
39	Cookery General	4	105	History Living (of members)	1	171	Trivial Pursuit	1
40	Cookery Cake Decorating	1	106	History Local	16	172	University Interest	1
41	Craft General	22	107	History Military	2	173	Walking	34
42	Craft Beadwork	2	108	History Natural	1	174	Walking Long Distance Paths	5
43	Craft Calligraphy	3	109	History Social	i	175	Walking Nordic	1
44		15	110			176		5
	Craft Crochet / Knitting			Holldays	11		Weekenders	
45	Craft Dressmaking	3	111	Humour	1	177	Whist	2
46	Craft Flowers	4	112	Information Exchange	1	178	Wildlife and Nature	5
47	Craft Jewellery	1	113	Italian	9	179	Wine	24
48	Craft Needlecraft	6	114	Jigsaws	1	180	Woodcarving / Woodworking	1
49	Craft Paper / Card	5	115	Kings Card Game	1	181	Yoga	5
50	Craft Sugarcraft	3	116	Latin	5	182	Zumba	2
51	Craft Quilting	4	117	Litter Picking	4	183		
52	Creative Writing	18	118	Mah Jongg	12	184	Totals	1073
53	Cribbage	3	119	Medicine First Aid	1	185	Totals	1073
54	Croquet	7	120	Meditation & Mindfulness	2			
55	Crosswords	8	121	Memory Course	2			
56	Curling / Kurling	5	122	Miscellaneous Activities	6			
			123		1			
57	Cycling	13		Motoring Motorcycling				
58	Dancing General	1	124	Movement to Music	1			
59	Dancing Ballroom	1	125	Murder Mystery Books	1			
60	Dancing Barn	1	126	Museums and Galleries	2			
	Dancing Belly	1	127	Music Appreciation General	14			
61	Dancing Circle	1	128	Music Appreciation Classical	7			
61 62								
	Dancing Country	5	129	Music Appreciation Jazz	2			
62	Dancing Country		129	Music Appreciation Jazz  Music Appreciation Opera				
62 63		5 2 2		Music Appreciation Jazz Music Appreciation Opera Music Appreciation Popular	2 3 2			

Page 1 of 1

# Health and Safety Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

Please continue to do the following: -

Take a test if you feel unwell and avoid meeting others, if you test positive for any infectious disease don't come to any u3a meeting.

Continue wearing your mask if want you to

Avoid touching other people (hand-shaking, hugging and kissing) if you want extra protection.

Frequently wash your hands for 20 seconds and avoid touching your face. Sanitise your hands before handling equipment and games. (Sanitiser is available for use in our cupboard at Jubilee Hall) and Ambleside Community Centre

Event and activity organisers, please ensure windows and doors are open to ventilate the rooms

If you are arranging activity groups, you do need to keep a register of names and contact information.

If serving refreshments, please consider the safest way to avoid cross-contamination of infection.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration

Leslye Henstock, Chair Dukeries, u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

https://www.u3a.org.uk/newsletter

Back issues are also available on this link.

https://www.u3a.org.uk/about/newsletter

#### **Disclaimer**

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to <a href="mailto:jghollerton@gmail.com">jghollerton@gmail.com</a> as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: https://www.facebook.com/dukeriesu3a

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