



# Staying Connected.

No 41 July 2023



**Run for the members, by the members.**

## Jubilant in July

Well, the sunshine has finally come, and we are busy in gardens, having holidays and enjoying our activities.

I have been lucky to re-unite with five school friends last month, one of whom came over from Canada. On another occasion, friends from Norfolk came over and we were lucky to do lots of activities outside (it only rained once when it was my turn to feed eight people, and it forced us inside!)

Friendship is a wonderful thing isn't it and there is no better place to meet new friends than Dukeries u3a!!!

As you now know, my time as Chair will end in December. I am now setting up the new Events Team which will run social events and trips for Dukeries u3a. I am looking forward to organising trips again so let me know where you would like to go!

I have had two offers of help already, and I am aiming to recruit a minimum of six volunteers who can help with planning events, setting up rooms, display, planning trips, bit of catering etc. It is a non-committee role and you can offer help when you are available. You do what you are good at!! Collaboration with Warsop and Forest Town u3a will continue and I hope to get the team up and running by November 2023. I hope the team will consist of members who are not currently involved in other roles for Dukeries u3a.

*Can you help. It will be fun!*

In the meantime, our marketing team have been busy, representing Du3a in Sherwood Forest, talking to people and promoting our group. Kevin Mulloy needs a few more volunteers from Edwinstowe – can you offer him an hour of support? **Saturday 8 July 10 – 1.00pm, Edwinstowe Summer Fayre, Village Hall.**

Email Kevin direct

[agarden8@outlook.com](mailto:agarden8@outlook.com)

Dukeries members' meeting in August will be our Indoor Garden Party, exclusive for Dukeries u3a members. Are you a new member and don't know anyone yet? There will be a new members' table so you won't be alone. Entry is by ticket only, (these are free of charge) and will be available at the meeting in July, or by emailing me.

Best wishes to you all and I hope to see you again soon.

*Leslye x*



**Win £25,000!**

Newark & Sherwood Community Lottery

- Support the Door2Door service
- Tickets cost just £1 a week each
- Guaranteed cash prize every week

[www.newarkandsherwoodlottery.co.uk](http://www.newarkandsherwoodlottery.co.uk) and search 'Newark & Sherwood CVS'



## Committee 2023

**Chair** Leslye Henstock

*Retiring December 2023* [du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)



**Treasurer**

Barry Callieu [barry.callieu@icloud.com](mailto:barry.callieu@icloud.com)



**Secretary**

Barbara Baglee [barbarabaglee@gmail.com](mailto:barbarabaglee@gmail.com)



**Co-Deputy Chair/Press Secretary**

Kevin Mulloy [agarden8@outlook.com](mailto:agarden8@outlook.com)



**Co-Deputy Chair**

Maria Pitrolino [mariapitrolino64@msn.com](mailto:mariapitrolino64@msn.com)



**Membership Manager**

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**Activity Group Co-ordinator**

Jane Young [janelesley56@gmail.com](mailto:janelesley56@gmail.com)



**Social Media**

**& Speaker Finder** *(Retiring December 23)*

Ann Street [annstreetcornet@yahoo.co.uk](mailto:annstreetcornet@yahoo.co.uk)



**Newsletter Editor**

John Harris [jghollerton@gmail.com](mailto:jghollerton@gmail.com)



**Co-ordinator Charity Donations**

Pam Hardwick [secretary1@gmail.com](mailto:secretary1@gmail.com)



## Group Meeting Times

|              | 1st in month   | 2nd in month  | 3rd in month  | 4th in month   |
|--------------|--|---|---|--|
| <b>Mon</b>   |  |   | <b>Monthly Meeting<br/>1pm.<br/>Jubilee Hall</b>  |  |
| <b>Tues</b>  | Ramblers 6-8 m<br>9.30 Jubilee Hall<br><br>Tuesday Lunch Club<br>12.30 for 1.00 pm   | Bridge Group<br>1pm till 4pm<br>Jubilee Hall  | Ramblers 6-8 m<br>9.30 Jubilee Hall   | Bridge Group<br>1pm till 4pm<br>Jubilee Hall   |
| <b>Wed</b>   | All Sorts Gardening<br>10am till 1 pm<br>Ambleside Centre<br><br><b>History Group<br/>1.15 to 3pm<br/>Ambleside Centre</b> | Sewing Bee<br>10am to 12pm<br>Ambleside Centre<br><br>Rummikubs<br>Ollerton House<br>2pm to 4pm   | All Sorts<br>Gardening<br>10am till 1 pm<br>Ambleside Centre<br><br><b>History Group<br/>1.15 to 3pm<br/>Ambleside Centre</b><br><br>Creative Writing<br>2.15 to 4pm<br>Walesby Church Hall | Sewing Bee<br>10 to 12pm<br>Ambleside<br>Centre<br><br>Rummikubs<br>Ollerton House<br>2pm to 4pm   |
| <b>Thurs</b> | Ukulele group 10.00<br>to 11:30am<br>Jubilee Hall<br><br><b>Mah Jong<br/>1.15pm to 3pm<br/>Jubilee Hall</b>                | Ukulele group 10.00<br>to 11:30am<br>Jubilee Hall<br><br>Savoy Cinema<br>Worksop<br>1.30pm<br><br><b>Nat Hist, S&amp;T 2pm<br/>Plough Inn, Warsop</b> | Ukulele group 10.00<br>to 11:30am<br>Jubilee Hall<br><br><b>Mah Jong<br/>1.15pm to 3pm<br/>Jubilee Hall</b>   | Ukulele group<br>10 to 11:30am<br>Jubilee Hall<br><br><b>Mah Jong<br/>1.15pm to 3pm<br/>Jubilee Hall</b><br><br>Book Club<br>11am<br>Ann's House |
| <b>Fri</b>   | Scrabble 13.30<br>South Forest   |   | Knit n'Natter<br>2pm<br>Ann's House   | Photography<br>Ambleside<br>1.30pm   |

**Sunday Lunch Club 4th Sunday in Month 12.30 for 1.00pm**

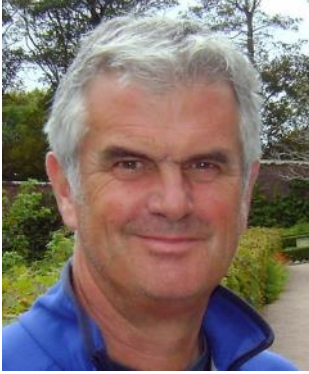
**Soft Tennis. Phone TennisKev on 07988 620714**

**Bowling 12th & 26th July, Page 16**

# July Speaker

The speaker for July is Peter Slater with

## 'Do You Know Who I Am?'



Peter spent the first ten years of his career in local commercial radio, first in the North-East, then in Suffolk, where he reported on Ipswich Town. He joined the BBC Radio Sports Department in 1985, and at various times has been the networks Football Producer, Formula One Pit Lane Reporter and Tour De France Commentator.

He left the BBC in 2012, but continues to cover Premier League and Championship matches for Radio 5 Live and Final Score on BBC TV. His recently published a book, "Don't You Know Who I Am" (35 years being ignored by sports rich and famous) details much of what has been a varied and rewarding career. Come and find out what happened when he confronted Brian Clough plus lots more stories of other sporting legends.

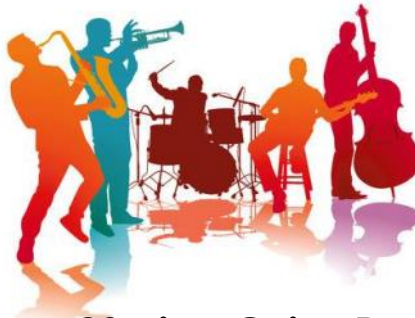
# *u3a Members' Summer Social*

Forest Town Arena

Saturday 22 July 2023 6.30 for 7.00pm (TBC)



**Welcome Drink served by Butlers  
on arrival**



**Buffet**



**20-piece Swing Band**

**Car or taxi sharing can be arranged  
£15 per person (TBC)**

***Contact Leslye on 07946 702296  
for tickets***

*This event is hosted by Forest Town u3a*



# Dukeries u3a Annual Garden Party (Inside) Monday 21 August 2023, Jubilee Hall, Ollerton

We are looking forward to us getting together at this exclusive event for members only.

Are you a new member, solo or in a twosome? We will reserve tables where you can meet others. You won't be alone and there will be someone to greet you on arrival.

**Charity Auction (bag a bargain) Bingo £1  
(cash prizes) Games**



## How to book

Collect your ticket (free) at our meeting on July 17 and sign up to bring food

## On the day you also need to bring -

Your own plate, dish, cutlery, drink and glass,

Pen/pencil

## Times

Setting up from 11.45      Doors Open 12.30      Party starts 1.00pm  
Finishes about 3.30pm

*Thank you for helping to clear away (if you are able)*

**Any questions, email Leslye at  
[du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)**





# U3A Halloween Fancy Dress Party



**CLIPSTONE SOCIAL CLUB**



**FRIDAY 27 OCTOBER**

**2023**

**DOORS OPEN 6.45PM**

**STARTS 7.00PM**

**SUPPER INCLUDED, PAY BAR**

**LIVE BAND "THE MOONSHINERS"**

**LIMITED TICKETS £10 PER PERSON**

**BOOK EARLY FOR THIS POPULAR EVENT!!**

**BOOK WITH LESLYE 07946 702296**

**[DU3ACHAIR2020@GOOGLEMAIL.COM](mailto:DU3ACHAIR2020@GOOGLEMAIL.COM)**

**car sharing possible!**



# New Group!

## Du3a Sunday Group

at Edwinstowe

This is a

new group started by Maria Pitrolino which will be based in Edwinstowe at the Lynds Community centre with the

purpose of members getting together socially to enjoy games, craft projects or just come along for a chat and a cup of tea. Starting at 4pm until 6.30pm. Cost £1.00 per session to cover cost of tea & biscuits.

Possible typical activities could include games such as Ludo, Dominos and card games excluding Bridge. Crafts might include sewing, card and Jewellery making. It's entirely up to the members attending.

The venue is the **Lynds Community Centre in Lynds Close, Edwinstowe, NG21 9RB**

and the building is at the far end of the close on the left beside a two storied house..

Parking is very limited at the venue but there is parking in the East lane carpark a short distance away and also at the entrance to the close on either side of the road..

The first session will be on **Sunday 23rd July** and after that will be on the 2nd and 4th Sunday in the month.



For more information contact **Maria on 07904 269549**  
or **Jamie on 07961 508714**

# ***New Group!***

## **Natural History, Science and Technology**



The group meets on the **2nd Thursday of the month at 2.00pm in the Plough Inn public house, Warsop.**

The Plough is on the A60 opposite the Doctors surgery and Fire station and next to The Co-op.

Upcoming topics-

July- My life as a submariner

August – To be decided

September- DNA (moved from June).

October- A visit to the Veolia recycling plant Mansfield.

Please feel free to come and join us. Members of Dukeries u3a are welcome to offer talks to the group.

To book your place and to get further information on topics telephone **Chris on 01623 846128**

*This group is hosted by Warsop u3a*



## *The All Sorts Group trip to David Austin Roses on June 9th.*



The day delivered brilliant weather and the roses were really lovely as were the gardens. We went onto Albrighton Garden Centre which was very good. Lots of bargains to be had, we only just managed to fit everything into the coach.

The day ended with a superb meal at the Shrewsbury Arms, Shropshire. Throughout the day we were treated to various air displays in preparation for the annual air show at RAF Cosford. Even though some thought I had pre arranged it all. During the trip we ran a lucky dip and a raffle in aid of Dukeries U3A charity the Air Ambulance. We raised £47.55 which was presented to Pam at the last members meeting. I would like to say a big thank you to everyone who joined us and hope you all had a good day it was nice welcoming members from other U3As as well.

I cannot close without mentioning our newest possible recruit to the group, Alan and Maria's grandson Dylan 2yrs 3/4 and a delight to have with us, he so enjoyed it he's welcome to join us again.

*Sharon*



## DIARY DATES 2023 FOR DUKERIES U3A

|        |          |   |
|--------|----------|---|
| JUL 8  | 10.00    | EDWINSTOW SUMMER FAIR, VILLAGE HALL <i>SUPPORT DUKERIES U3A</i>   |
| JUL 10 | 12.50    | COMMITTEE MEETING   |
| JUL 12 | FROM 4PM | COACH PICK UP FOR RIVER CRUISE  |
| JUL 17 | 12.30    | <b>MEMBERS' MEETING</b>   |
| JUL 22 | 7PM      | SUMMER BALL, FOREST TOWN ARENA  |
| JUL 23 | 2 PM     | UKULELE FLASH MOB, TITCHFIELD, PARK, PARK DRIVE, NG17 7LU<br><i>Bring a picnic, support our ukulele players</i> |
| AUG 14 | 12.50    | COMMITTEE MEETING   |
| AUG 21 | 12.30    | MEMBERS INDOOR GARDEN PARTY   |
| AUG 30 | 10.00    | COFFEE MORNING, NEW MEMBERS/<br>VISITORS AMBLESIDE COMMUNITY C.   |
| SEP 11 | 12.50    | COMMITTEE MEETING   |
| SEP 18 | 1230     | <b>MEMBERS MEETING</b>  |
| OCT 9  | 12.50    | COMMITTEE MEETING   |
| OCT 16 | 12.30    | <b>MEMBERS' MEETING</b>   |
| OCT 20 | 7.00     | BARN DANCE, OAKLANDS CENTRE,<br>WORKSOP.  |
| OCT 27 | 7.00     | HALLOWEEN PARTY CLIPSTONE SOCIAL CLUB   |
| NOV 11 | 6.30     | HOSTESS RESTAURANT, NIGHT AT THE PROMS BRASS BAND AND MEAL  |
| NOV 13 | 12.50    | COMMITTEE MEETING   |
| NOV 20 | 1230     | <b>MEMBERS MEETING</b>  |
| NOV 24 |          | QUIZ NIGHT  |
| DEC 11 | 12.50    | COMMITTEE MEETING   |
| DEC 18 | 1230     | MEMBERS' CHRISTMAS CELEBRATION  |

# Could you Help?

Ann Street is looking for someone to take over the role of **Speaker Finder**. All the speakers for this year have been found so there is no pressure to produce results straight away.

Lots of time for research.

Here is a rundown of the role of Speaker Finder

Book 8 speakers a year on topics of interest to our members, keeping within our budget. This is generally done by email.

Liaise with speakers on equipment of ours they might want to use and timings for talks. Many speakers prefer to use their own equipment.

Ensure equipment is ready for them and greet and look after speakers at the meeting.

Ensure payment is made and thank you email sent.

Advertise speaker on website, Facebook, local press, local radio and on posters. *(this might be a role performed by a publicity person)*

Can join Notts Google speaker finder group who share ideas for speakers and recommend those who have given a good talk.

*The speakers are already booked for 2023 with fees and dates agreed. Ann has some ideas for 2024 to pass on and is willing to meet with the new speaker finder to share her experience.*

Please contact Ann [annstreetcornet@yahoo.co.uk](mailto:annstreetcornet@yahoo.co.uk) or  
Leslye [du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)

## Could you give it a go?

# Air Ambulance



It was a great meeting again yesterday with a very interesting speaker.

The bring and buy stall attracted a lot of attention and so very many of you were eager to open your purses to the tune of £82.00 Many thanks go to our Allsorts Group who collected the princely sum of £47.55 during their recent outing I have also added £18 which has been donated by members of the non u3a gardeners' group for which I thank them.

So in total a whopping £147.55 cheque has been forwarded to the Air Ambulance today.

I have just been to my bank and the girl behind the counter said that her friend was in a car accident over the weekend. His life was saved by the Ambucopter team who attended and airlifted him to Hull hospital. Such a heartwarming story which makes all our hard work worthwhile.

So my thanks, on behalf of the Lincs and Notts Air Ambulance, to all of you who take part in this essential fundraising.

See you all soon and look out for the next AirAmbulance newsletter  
*Pam Hardwick*

**May Mission update**      [Click or tap here.](#)

A new video explains what the service is all about, please view it's only two and a half minutes long.

Tap or click <https://youtu.be/M4u7r8izKC8>



## **Interest Group Leaders**

|                     |                      |              |
|---------------------|----------------------|--------------|
| All Sorts/Gardening | Sharon Pinkett       | 07739003251  |
| Bridge              | John Wheeldon        | 01623 822691 |
| Bowling             | Alan or Val Saunders | 01623 631993 |
| Creative Writing    | Mike Mounsey         | 01623 824789 |
| History             | Barbara Baglee       | 01909 239661 |
| Mahjong             | Christine Yates      | 07799 701763 |
| Photography         | Stefan Ziembra       | 01623 860293 |
| Rummy Kub           | Linda Bond           | 01623 861595 |
| Ramblers 6-8m       | Stephen Hall         | 07877 792969 |
| Scrabble            | Christine Storer     | 07980 511308 |
| Sewing Bee          | Christine Yates      | 077997 01763 |
| Soft Tennis         | Kevin Malloy         | 079886 20714 |
| Sunday Lunch Group  | Maria Pitrolino      | 07904 269549 |
| Tuesday Lunch Club  | Beryl Lee            | 079678 01467 |
| Ukulele             | Linda Bond           | 01623 861595 |

## **DUKERIES U3A CAR SHARING SCHEME**



Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so they might be able to take turns to drive, which would save money and benefit the environment.

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter.

If someone lives near to you, they could contact you to see if you are able to offer a lift.

***THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.***



## The All Sorts Crafts & Gardening Group



We will be meeting on the **1st and 3rd Wednesday morning in the month, 10am till 1 pm.**

At the **Ambleside Centre**, Yew Tree Rd,  
Ollerton

*Anyone who would like to come along,  
you'd be more than welcome.*

We also occasionally meet on the  
**2nd & 4th Wednesday** afternoons  
**1.30 pm to 3.30 pm.**

Group leaders for more information contact,

**Sharon Pinkett 077390 03251** or [pinkettsharon@gmail.com](mailto:pinkettsharon@gmail.com)  
**Maria Lewin 07525794655**



**NOTTINGHAMSHIRE  
NETWORK**

# NEWSBITES!

*Sharing ideas across 34 u3a's in Nottinghamshire*

<https://nottsnetworkofu3as.weebly.com/>

*Click on the link for the  
latest Newsbites*

# Bowling Group



**Are you single, a twosome, new to Dukeries u3a?  
Do you want to have fun, exercise and fresh air?  
Come and join us, make new friends!**

**Dukeries u3a Bowling Group  
Ollerton Bowling Club, Whinney Lane, Ollerton**

**12th & 26th July**

**(every two weeks afterwards)**

**Arrive 1.20pm**

**Playing Time 1.30pm – 3.30pm  
(with a break for refreshments)**

**No experience necessary, newcomers welcome Tuition will be given**

**Bowls available, or bring your own**

**Wear flat shoes**

**£3.50 per session (pay cash on arrival please)**

**Car parking free**

**All the above for £3.50 per session**

*For further details,  
Contact Alan or Val on  
**01623 631993***



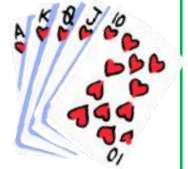
## Book Club



Every fourth Thursday of the month, 11am, at  
Ann's House,

Contact **Ann Mounsey on 01623 824789 for more details....**

## Bridge Club



Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm**. Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact John Wheeldon 01623 822691

## Creative Writing Group



The Creative writing group will meet on  
the **third Wednesday in the month**  
**2.15 to 4pm.**

Meetings will be held at **Walesby Church Hall** - all welcome -  
£3 (including refreshments) *Mike Mounsey*

# History Group



Wednesday 5th July The English Civil War  
 Wednesday 19th July Snippets of History

The History Group will be taking a break during August.  
 September

Wednesday 6th September Guided tour of the Lancers and  
 Yeomanry museum at Thorseby Park.

In May the History group visited The National Holocaust Centre.  
 We were given an excellent and informative guided tour. It was a  
 beautiful day and some had lunch outside in the lovely gardens.

On September 6th we are being given a guided tour of the Lancers  
 and Yeomanry museum at Thorseby Park. It starts at 1.15 pm and  
 will last for about an hour. The cost will be £5. The visit is open to  
 all members and friends. Contact me if you would like to join us.

Do you have an interest or passion for a time, person, place or  
 event but don't want to commit to regular meetings? If you would  
 like to come along for one session and share with us you would be  
 more than welcome. Just get in touch.

The group meets on the **1st & 3rd Wednesday** of the month at  
**Ambleside Community Centre**, Yew Tree Road, Ollerton from  
 1.15 to 3pm. Cost £1.00 per session.

For more information contact,

*Barbara Baglee*

01909 239661

[barbarabaglee@gmail.com](mailto:barbarabaglee@gmail.com)

# Savoy Film Group



**2nd Thursday in the month** at the **Savoy Cinema, Worksop.**

Doors open 1.30pm for coffee, **film starts at 2pm.**

Tickets cost £4.15 including coffee, no need to book, just turn up.

## Thursday 13th July



### Trailer

Harrison Ford returns as the legendary hero archaeologist in this highly anticipated fifth instalment of the iconic "Indiana Jones" franchise. Indy races against time to retrieve a legendary artifact that can change the course of history. Finding himself in a new era, Indy wrestles with fitting into a world that seems to have outgrown him, but as the tentacles of an all-too-familiar evil return in the form of an old rival, Indy must don his hat and pick up his whip once more to make sure an ancient and powerful artifact doesn't fall into the wrong hands.

Director: James Mangold

Starring: Harrison Ford, Phoebe Waller-Bridge, Karen Allen, Mads Mikkelsen

Running time 2H 34min

***Remember to bring your u3a  
membership card***

# Mah Jong

1st, 3rd & 4th  
Thursday each month



*Jubilee Hall, Wellow Road,  
Ullerton, NG22 9AP*

*Arrive 1.00 pm*

*Play 1.15 to 3.15 pm*

Mah-Jong is an interesting game which originated in China. 3 or 4 players play together using small tiles which depict the different suits

Tuition for Beginners is available at each session in March.  
New members are very welcome, contact us to register your name

Refreshments available

£1 - £2 per session depending on numbers attending

For further information, contact Christine Yates,  
Group Leader **01623 422113**.



**LEARN LAUGH  
LIVE**

## Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,  
in the restaurant at  
**The Ollerton House pub, Wellow Road, Ollerton,**  
**2.00 – 4.00pm.**

The Rummikubs group is continuing to meet on the 2nd and 4th Wednesday, 2.00pm at Ollerton House, throughout the summer. Several members of the group take the opportunity to have lunch at Ollerton House prior to the meeting which is one of the many advantages of meeting here. Should you care to join us, you are most welcome. The game is very easy to pick up and is an enjoyable way to escape gardening at this time of year!! There is no fee, but I do expect you to buy a drink. Cheers ! Linda Bond



Linda Bond ([howardbond1@yahoo.co.uk](mailto:howardbond1@yahoo.co.uk))  
01623 861595)

## Knit n' Natter

**Third Friday of the**  
**month, 2pm, Ann's house.**

Contact **Ann Mounsey on**  
**01623 824789** for more details.....







The Photography group meets on the 4th Friday of the month at Ambleside, junction of Ambleside & Yew Tree Rd opposite Yew Tree Park, Ollerton, meeting starts at 1.30pm.

**NEW MEMBERS VERY WELCOME.**

*For more information, contact, Stefan Ziemba*

*[stefziemba@btinternet.com](mailto:stefziemba@btinternet.com)*



If you are a twitter user u3a has a twitter account and you can find it at,  
@u3a\_UK





## *Ramblers Rambles.....*



**We walk on the first and third Tuesday of each month,  
9.30 at Jubilee Hall.**

*Cheers, Kate & Stephen Hall*

**07877 792969.**

### **Military History**

Members attend from several U3A groups across the area, many are ex servicemen but by no means all and the talks are very wide ranging, for example, Stephen has spoken about the Lafayette Escadrille in the First World War and The Royal Air Force in Malta, Cyprus and Gibraltar.

The group also organises trips out to differing locations of historical military significance.

Lots more information can be found on the Retford U3A website.

<https://u3asites.org.uk/retford/page/123784>



South forest Leisure Centre  
Clipstone Road, NG21 9JF  
1st Friday of the month  
1:30pm till 4pm

Contact ***Christine Storer*** on ***07980 511308***  
***for more information.***

## ***Sunday Lunch Club***

**Sunday 23th June.**

Please contact the organiser **Maria Pitrolino**

for more information.

Contact number is **07904 269549**



# sewing Bee

## Dukeries u3a Sewing Bee

### Dukeries u3a has Talent!

Linda, a member of Dukeries u3a Sewing Bee Group has produced this sign

from material and machine embroidery. It is fantastic! Thank you Linda - we are lucky to have you and your skills !

The group meets at Ambleside Community Centre in Ollerton two Wednesdays per month from 10.00 to 12.30. Anyone is welcome from total beginners to skilled sewers. It is a self-help group where people can make, alter and up-cycle garments and sewing projects. The group has sewing machines and sewing equipment.



**2nd & 4th Wednesday in the month. 10.00am to 12.00, Ambleside Community Centre, Yew Tree Road, Ollerton**

Sewing machines available for use, a basic sewing kit and any sewing projects, if you have any.

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

**(enquiries 07799 701763)**

Groups Co-ordinator – Jane Young

## Tuesday Lunch

Twenty four members enjoyed a superb lunch at Bella vita.

The food was excellent and the service first class

A brilliant occasion with lovely company.



Next meal, **Tuesday July 4th at the Devonshire.**

*Regards*  
*Beryl*

## Jubilee Ukulele Group



Not only is June 'busting out all over', so is the ukulele group. We have outgrown our small meeting room in the Jubilee Hall Bar and have had to move into the main room. Not that I am complaining. Our group has gone from strength to strength. It is a diverse group of men and women, young and 'not so young', good uke players and complete beginners, but we have one thing in common, we all like to have FUN, and play our ukes of course!!

The group meets each **Thursday, 10.00- 11.30am at the Jubilee Hall, Wellow Road, Ollerton NG22 9AP**. Cost £1.00. You do not need to be able to read music, though a good singing voice is always welcome. I do have a spare ukulele to lend if you want to 'Try before you Buy.'

Contact **Linda Bond**  
**01623 861595** and  
 come along any  
 Thursday  
 Keep smiling and start  
 strumming.  
*Linda*



## WhatsApp Walkers....



The WhatsApp walks take place on a **Thursday every two weeks at 10.30am**, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.

If you would like to join the group please contact **Hazel or John Frances on 07484728027**



You'll be made most welcome.

*Regards Hazel*





## Editors recommendation.

If you fancy a few days away in the Tuscan Hills I can recommend this place having just spent a week there. It's on the edge of a little



town called Camporgiano. [Link to Google maps](#). The apartment, upper floor right in the picture, sleeps 4 in 2 bedrooms with on suite bathrooms and full kitchen facilities.

Cost, £100 per night for 4 people

Contact **Geoff Brennan on 07853 170310** for

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



**BOWE  
RADIO**

ON AIR

### Non Stop Music

The best music with top of the hour news updates

[Listen Live](#)

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

[Facebook Page](#)

Members who attended last months talk on Humming birds might like to check out the following youtube videos

The Humming birds of Costa Rica

[https://www.youtube.com/watch?v=j0Um4omz\\_QA](https://www.youtube.com/watch?v=j0Um4omz_QA)

Costa Rica Part 1

<https://www.youtube.com/watch?v=tso7MYBm2tw>

Costa Rica Part 2

<https://www.youtube.com/watch?v=DGi-BXyIq9E&t=1s>







Our Good to Know telephone groups invite a different guest speaker each week to discuss issues that matter to older people. Topics include scams, the cost-of-living crisis, social care, benefits and finding new social connections - things that are simply 'Good To Know' about.

Since our Good to Know Groups launched, we've had guest speakers from organisations including Step Change, Mind, Parkinsons UK, and Cruse as well as specialist advisors from Independent Age benefits and social care teams. Think of these groups like a cup of tea and a chat at a community centre, but over the phone in the comfort of your living room. The groups are particularly great for older people unable to get out and about or to online activities, but anyone over the age of 65 is welcome. You can view our website here to read more and to see what events we have coming up - <https://www.independentage.org/get-support/telephone-groups/good-to-know-groups>

**u3a***Newsletter*

Harpenden u3a showcasing the benefits of the u3a movement at Harpenden Seniors' Fair.

## April

The National newsletter is available on the link below. You can register to have a copy sent directly to you each month.

[https://mailchi.mp/u3a/your-u3a-national-newsletter-april-2023?  
e=5eabb48112](https://mailchi.mp/u3a/your-u3a-national-newsletter-april-2023?e=5eabb48112)

## **Dukeries u3a – Membership Renewal**

**Memberships expires on 31 March 2023**

Membership may be renewed by bank transfer  
Sort Code 60-17-28    Account    91244358

The Dukeries Third Age Group

Please reference    Subs and Your Name

Email Wendy Neighbour to confirm your payment

[membersdu3a@outlook.com](mailto:membersdu3a@outlook.com)

*Complete your application form on your next visit or from our website*

Membership can also be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque (*made payable to The Dukeries Third Age Group*).

Renewal for an annual full membership to 31 March 2024  
£20 per person

Renewal annual associate membership\* to 31 March 2024  
£10 per person

*\*(For people who are full members of another u3a group. Proof required)*

**Dukeries u3a is now open to all Adults/Seniors  
(regardless of employment status)**

Do you fancy yourself as a singer?  
Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...



"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact....

John Banbury  
07759 086132

Dukeries Singers  
23 Paddock Close  
Edwinstowe  
Nottinghamshire  
NG21 9LP

Facebook page <https://www.facebook.com/dukeriessingers/>

# Ideas for Activities 2023

**Your skills and knowledge are needed!!!**

Could you lead an interest group or put together a short course?

There are lots of topics our members could benefit from, here are but a few suggestions:-

Using your smartphone

Servicing a bicycle

Arranging flowers

Sending emails, and saving files

Cleaning and restoring garden furniture

Bird watching

Art for beginners - painting

You might be able to put together a few sessions which our members find useful.

Have an idea? Email or chat to Jane or Leslye?

**Dukeries u3a, created for the members  
Run by the members**

## New Year - New Learning - New Hobbies

Would you like to run a subject or activity group for us in the new year?

There's a world of possibilities?

We thought you might like to see what is on offer in other activity groups in the North Notts Area. *See next page.*

We can also request to join groups in neighbouring u3a's. *see below.*

### Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

| 0  | Subject                      | Total | 0   | Subject                      | Total | 0   | Subject                     | Total |
|----|------------------------------|-------|-----|------------------------------|-------|-----|-----------------------------|-------|
| 0  |                              | 0     | 0   |                              | 0     | 0   |                             | 0     |
| 1  | Abacus                       | 1     | 67  | Desert Island Discs          | 2     | 133 | Music Making Choir          | 3     |
| 2  | Angling / Fishing            | 2     | 68  | Darts                        | 1     | 134 | Music Making Folk           | 2     |
| 3  | Antiques                     | 4     | 69  | Dining Breakfast             | 3     | 135 | Music Making Guitar         | 4     |
| 4  | Archaeology                  | 2     | 70  | Dining Lunch                 | 25    | 136 | Music Making Recorder       | 4     |
| 5  | Architecture                 | 3     | 71  | Dining Afternoon Tea         | 2     | 137 | Music Making Steel Band     | 1     |
| 6  | Armchair Travel              | 2     | 72  | Dining Evening               | 11    | 138 | Music Making Swing          | 1     |
| 7  | Art Appreciation             | 15    | 73  | Dining Fine                  | 1     | 139 | Music Making Ukulele        | 16    |
| 8  | Art Practical General        | 12    | 74  | Dining In                    | 1     | 140 | National Trust              | 7     |
| 9  | Art Practical Drawing        | 7     | 75  | Dining for Solos             | 2     | 141 | Orienteering                | 1     |
| 10 | Art Practical Painting       | 8     | 76  | Discussion / Current Affairs | 22    | 142 | Philosophy                  | 8     |
| 11 | Art Practical Pastels        | 1     | 77  | DIY                          | 1     | 143 | Photography                 | 23    |
| 12 | Art Practical Portraiture    | 1     | 78  | Doll's House & Miniatures    | 1     | 144 | Pickleball                  | 3     |
| 13 | Art Practical Watercolours   | 6     | 79  | Dominoes / Triominoes        | 1     | 145 | Play Reading / Drama        | 12    |
| 14 | Astronomy                    | 2     | 80  | Drink Beer                   | 6     | 146 | Poetry                      | 11    |
| 15 | Aviation & Aerospace         | 1     | 81  | Drink Coffee                 | 9     | 147 | Psychology                  | 4     |
| 16 | Backgammon                   | 3     | 82  | Engineering & Innovation     | 1     | 148 | Pub Visiting                | 4     |
| 17 | Badminton                    | 5     | 83  | English                      | 1     | 149 | Quizzes                     | 11    |
| 18 | Bird Watching                | 9     | 84  | Entertainments Unlimited     | 1     | 150 | Railway Enthusiasts         | 2     |
| 19 | Board Games General          | 19    | 85  | Etymology                    | 1     | 151 | Railway Modelling           | 1     |
| 20 | Bonsai                       | 1     | 86  | Exercise / Keep Fit          | 5     | 152 | Reading Aloud               | 2     |
| 21 | Books / Literature / Reading | 33    | 87  | Family History / Genealogy   | 19    | 153 | Religion                    | 2     |
| 22 | Book Exchange                | 3     | 88  | French                       | 23    | 154 | Remarkable Women            | 1     |
| 23 | Bowling Indoor Bocula        | 1     | 89  | Friendship & Support         | 2     | 155 | Rummikub                    | 7     |
| 24 | Bowling Indoor Bowls         | 7     | 90  | Fun with Languages           | 1     | 156 | Science Technology General  | 14    |
| 25 | Bowling Boules / Petanque    | 4     | 91  | Gardening General            | 25    | 157 | Scrabble                    | 16    |
| 26 | Bowling Outdoor Bowls        | 6     | 92  | Gardening Horticulture       | 1     | 158 | Shakespeare                 | 3     |
| 27 | Bowling Ten Pin              | 4     | 93  | Gardening Practical          | 3     | 159 | Singing                     | 14    |
| 28 | Bridge                       | 19    | 94  | Gardening Visits             | 10    | 160 | Snooker                     | 5     |
| 29 | Buddies (singles events)     | 1     | 95  | Geology                      | 3     | 161 | Spanish                     | 12    |
| 30 | Canasta                      | 14    | 96  | German                       | 9     | 162 | Swimming                    | 1     |
| 31 | Card Games                   | 8     | 97  | Gogglebox                    | 1     | 163 | Table Tennis                | 18    |
| 32 | Chess                        | 3     | 98  | Golf                         | 1     | 164 | Table & Indoor Games        | 6     |
| 33 | Church Visiting & History    | 5     | 99  | Greek                        | 1     | 165 | Tai Chi                     | 9     |
| 34 | Cinema / Film                | 18    | 100 | Growing Old Disgracefully    | 2     | 166 | TED Talks                   | 1     |
| 35 | Climate Change               | 1     | 101 | History General              | 16    | 167 | Tennis Soft (Indoor)        | 3     |
| 36 | Climbing Indoor              | 1     | 102 | History English              | 1     | 168 | Tennis                      | 2     |
| 37 | Computing / IT General       | 11    | 103 | History Irish                | 1     | 169 | Theatre Visits              | 14    |
| 38 | Computing Beginners          | 2     | 104 | History Landscape            | 1     | 170 | Travel / Visits             | 18    |
| 39 | Cookery General              | 4     | 105 | History Living (of members)  | 1     | 171 | Trivial Pursuit             | 1     |
| 40 | Cookery Cake Decorating      | 1     | 106 | History Local                | 16    | 172 | University Interest         | 1     |
| 41 | Craft General                | 22    | 107 | History Military             | 2     | 173 | Walking                     | 34    |
| 42 | Craft Beadwork               | 2     | 108 | History Natural              | 1     | 174 | Walking Long Distance Paths | 5     |
| 43 | Craft Calligraphy            | 3     | 109 | History Social               | 1     | 175 | Walking Nordic              | 1     |
| 44 | Craft Crochet / Knitting     | 15    | 110 | Holidays                     | 11    | 176 | Weekenders                  | 5     |
| 45 | Craft Dressmaking            | 3     | 111 | Humour                       | 1     | 177 | Whist                       | 2     |
| 46 | Craft Flowers                | 4     | 112 | Information Exchange         | 1     | 178 | Wildlife and Nature         | 5     |
| 47 | Craft Jewellery              | 1     | 113 | Italian                      | 9     | 179 | Wine                        | 24    |
| 48 | Craft Needlecraft            | 6     | 114 | Jigsaws                      | 1     | 180 | Woodcarving / Woodworking   | 1     |
| 49 | Craft Paper / Card           | 5     | 115 | Kings Card Game              | 1     | 181 | Yoga                        | 5     |
| 50 | Craft Sugarcraft             | 3     | 116 | Latin                        | 5     | 182 | Zumba                       | 2     |
| 51 | Craft Quilting               | 4     | 117 | Litter Picking               | 4     | 183 |                             |       |
| 52 | Creative Writing             | 18    | 118 | Mah Jongg                    | 12    | 184 | Totals                      | 1073  |
| 53 | Cribbage                     | 3     | 119 | Medicine First Aid           | 1     | 185 | Totals                      | 1073  |
| 54 | Croquet                      | 7     | 120 | Meditation & Mindfulness     | 2     |     |                             |       |
| 55 | Crosswords                   | 8     | 121 | Memory Course                | 2     |     |                             |       |
| 56 | Curling / Kurling            | 5     | 122 | Miscellaneous Activities     | 6     |     |                             |       |
| 57 | Cycling                      | 13    | 123 | Motoring Motorcycling        | 1     |     |                             |       |
| 58 | Dancing General              | 1     | 124 | Movement to Music            | 1     |     |                             |       |
| 59 | Dancing Ballroom             | 1     | 125 | Murder Mystery Books         | 1     |     |                             |       |
| 60 | Dancing Barn                 | 1     | 126 | Museums and Galleries        | 2     |     |                             |       |
| 61 | Dancing Belly                | 1     | 127 | Music Appreciation General   | 14    |     |                             |       |
| 62 | Dancing Circle               | 1     | 128 | Music Appreciation Classical | 7     |     |                             |       |
| 63 | Dancing Country              | 5     | 129 | Music Appreciation Jazz      | 2     |     |                             |       |
| 64 | Dancing Folk                 | 2     | 130 | Music Appreciation Opera     | 3     |     |                             |       |
| 65 | Dancing Jive                 | 2     | 131 | Music Appreciation Popular   | 2     |     |                             |       |
| 66 | Dancing Line                 | 3     | 132 | Music Making Various         | 5     |     |                             |       |

# Health and Safety

## Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

Please continue to do the following: -

Take a test if you feel unwell and avoid meeting others, **if you test positive for any infectious disease don't come to any u3a meeting.**

Continue wearing your mask if want you to

Avoid touching other people (hand-shaking, hugging and kissing) if you want extra protection.

Frequently wash your hands for 20 seconds and avoid touching your face. Sanitise your hands before handling equipment and games. (Sanitiser is available for use in our cupboard at Jubilee Hall) and Ambleside Community Centre

Event and activity organisers, please ensure windows and doors are open to ventilate the rooms

If you are arranging activity groups, you do need to keep a register of names and contact information.

If serving refreshments, please consider the safest way to avoid cross-contamination of infection.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration

*Leslye Henstock, Chair Dukeries, u3a*





The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

### **Disclaimer**

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to [jghollerton@gmail.com](mailto:jghollerton@gmail.com) as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: [www.u3asites.org.uk/dukeries](http://www.u3asites.org.uk/dukeries)

Facebook: <https://www.facebook.com/dukeriesu3a>

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