



Staying Connected.

No 35 January 2023

**Happy New
January 2023**



Happy New Year Everyone!!

I hope 2023 will be happy and fulfilling for you.

As we Seniors progress through the years (yes, they do seem to pass by more quickly) we will be faced with issues which cause physical pain, emotional stress and anxiety. 2022 was a challenging one for me personally and the support I had from friends and family was amazing, and this included the many friends, I am lucky to have, from u3a! Thank you everyone.

This year I celebrate a special birthday (no I won't say the number!) and I hope you won't see me and certain friends at the January meeting, as we will be cruising in the Caribbean.

Many members have offered to deputise for us, at the January's members' meeting, in the true spirit of u3a. We are a members' group run for the members, by the members and this is proven by the volunteers who have offered to help at the meeting.

Thank you so much everyone!!!

My New Year's Resolutions in my role as Chair are to: -

Expand the committee to include a group of volunteers who can do some planning for 4 social events a year.

Resume trips and visits – I need a helper!!!

Find someone with good writing skills who can give a few hours per month to help Ann Street to write press releases for local newsletters in the community.

Find someone who might enjoy giving a few hours per month to keep our website up to date!

Ensure that by August 2023, my replacement is ready to ensure Dukeries u3a grows from strength to strength.

So, please do not hide your talents – come on board – let's be fantastic in 2023!

Try out new skills, try every group in Dukeries u3a, use your precious days to the full, and learn, laugh and live.

Much love to you all

Leslye x



A 'thank you' from Leslye

I hope you enjoyed the Christmas Party, - thank you once again to those of you who made it happen!!!

I sank into a comfy chair when I arrived home, poured myself a long drink and reflected on our gathering.

Our Christmas Celebration 2022 embodied our values in u3a and I smiled thinking about the friendship in the room. Thanks for joining in the games and making it such fun! Thanks to those who entertained us. Thanks for baking and donating food and taking part in Secret Santa.

Thanks for the table decorations and the tree! So many people came early to help set up and everyone helped to clear away.

True team effort and united spirit!

Finally thank you so much for your many cards and Christmas messages which I have received over the past few weeks.

Your encouragement and appreciation means so much to me.

See you again in 2023!!

Leslye x

PS. We did not get too many ideas on how to celebrate the coronation next year - however the words "Good Knees-Up" seem to set the tone for a good party. Let's make it happen!

Can you help?

Committee 2022

Chair

Leslye Henstock *du3achair2020@gmail.com*



Deputy Chair

Barry Callieu *barry.callieu@icloud.com*



Secretary

Barbara Baglee *barbarabaglee@gmail.com*



Treasurer

Chris Neighbour *pchris@icloud.com*



Membership Manager

Wendy Neighbour *membersdu3a@outlook.com*



Activity Group Co-ordinator

Jane Young *janeslesley56@gmail.com*



Co-ordinator of Guest Speakers, Marketing, Advertising & Website

Ann Street *annstreetcorner@yahoo.co.uk*



Newsletter Editor

John Harris *jghollerton@gmail.com*



Co-ordinator Charity Donations

Pam Hardwick *secretary1@gmail.com*



Committee Member

Kevin Mulloy *agarden8@outlook.com*



Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Monthly Meeting 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening 10am till 12pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre	Sewing Bee 10am to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening 10am till 12pm Ambleside Centre History Group 1.15 to 3pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall	Sewing Bee 10 to 12pm Ambleside Centre Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1.15pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Savoy Cinema Worksop 1.30pm	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1.15pm to 3pm Jubilee Hall Scrabble 13.30 Ambleside Commu- nity Centre.	Ukulele group 10 to 11:30am Jubilee Hall Mar Jong 1.15pm to 3pm Jubilee Hall Book Club 11am Ann's House
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm Ann's House	
Sunday Lunch Club 22nd January 12.30 for 1.00pm				

Short Tennis. Phone Kevin on 07988 620714

Your Committee would like to wish you all,



A Very Merry Christmas

and a

Happy New Year!



Thank You Everybody. I would like to thank all our friends from the U3A who supported me with their care and good wishes. Dukeries U3A has been such a major part of our life over the past 11 years, it meant so much to see so many of you at Howard's funeral. You will be as pleased as I am to hear that the collection made in aid of Cancer Research UK raised £548.

Thank you all

Linda Bond

Publicity!!

Something every organisation needs, and Ann Street, our publicity expert is looking for somebody to help with a view to eventually taking over the role. The work involves sending news items and photos about our group to the local press. contacting Bowe Radio, posting messages on our Web page and updating the notice board.

If you would like to help or find out more about this very important role within our u3a, please email

Ann Street annstreetcornet@yahoo.co.uk

Air Ambulance



We have beaten the challenge of £3,000.00 for our total collection.

Dare I suggest another target?? Ideas on a post card please...

Pam xx

This months air ambulance news.... [Click Here...](#)



Future Dates for Your Diary



Monday 16th Jan Members Meeting

Wednesday 8th Feb Talk at Ambleside about the Law Courts.

Monday 13th Feb Committee Meeting

Monday 20th Feb Members Meeting

Visit to Mansfield Law Courts, postponed till March

MAR 3	6.30 FOR 7.00	BEETLE DRIVE AND FISH N CHIPS (tbc)
MAR 13	12.50	COMMITTEE MEETING
MAR 20	1230	MEMBERS' OPEN DAY AND MEMBERSHIP RENEWAL
APR 11	0950	COMMITTEE MEETING TBC
APR 17	1230	MEMBERS' MEETING
APR 21	6.30 FOR 7.00	RACE NIGHT (tbc)
MAY 9	0950	COMMITTEE MEETING TBC
MAY 15	1230	MEMBERS' MEETING AGM AND CONCERT (tbc)
JUN 12	12.50	COMMITTEE MEETING
JUN 19	1230	MEMBERS' MEETING
JUL 10	12.50	COMMITTEE MEETING
JUL 12	5.00	COACH PICK UP FOR RIVER TRIP
JUL 17	1230	MEMBERS' MEETING
AUG 14	12.50	COMMITTEE MEETING
AUG 21	1230	MEMBERS' MEETING GARDEN PARTY
SEP11	12.50	COMMITTEE MEETING
SEP 18	1230	MEMBERS MEETING
OCT 9	12.50	COMMITTEE MEETING
OCT 16	1230	MEMBERS' MEETING
OCT 27	7.00	HALLOWEEN PARTY CLIPSTONE FANCY DRESS
NOV 13	12.50	COMMITTEE MEETING
NOV 20	1230	MEMBERS MEETING
NOV 24		QUIZ NIGHT
DEC 11	12.50	COMMITTEE MEETING
DEC 18	12.30	MEMBERS' CHRISTMAS PARTY

Do you fancy yourself as a singer?
Would you like to try?

Have you wondered whether you could sing in a choir. No test or audition, just turn up and give it a go...

Here's a few words from John Banbury, a member of the Dukeries Singers...

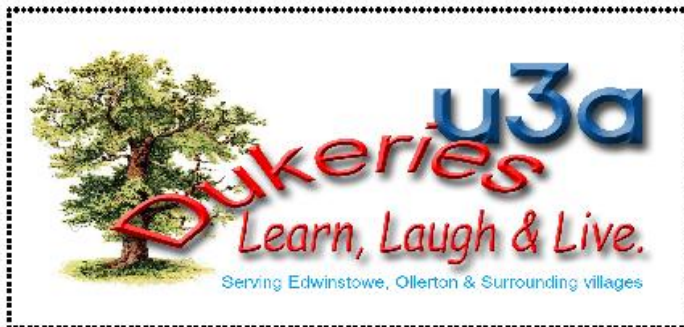


"We as a choir believe anyone can sing and is good enough to be part of the group, we would like to get that over to anyone Interested, most people think they cannot sing well enough but I can assure you that's not the case, I was a guy who only sung to himself in the shower, now I am really enjoying singing with folks. You only have to see what Gareth Malone achieves in the workplace getting people to sing, its just that we need people to come and try, they will be surprised what they can do and that we don't have auditions or checks on the way people sing."

So, if you fancy giving it a try, contact....
John Banbury
07759 086132

Dukeries Singers
23 Paddock Close
Edwinstowe
Nottinghamshire
NG21 9LP

Facebook page <https://www.facebook.com/dukeriessingers/>



**BONUS SPEAKER ON
WEDNESDAY
8 FEBRUARY 2023 1.30PM**



**JOHN PERRY -
THE ROLE OF MAGISTRATES IN THE
CRIMINAL AND CIVIL JUSTICE SYSTEMS**

*The additional, planned visit to Mansfield Law Courts
Is postponed till March. Date to be confirmed.*

Interest Group Leaders

All Sorts/Gardening	Sharon Pinkett	07739003251
Bridge	John Wheeldon	01623 822691
Bowling	Leslye Henstock	07946 702296
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	Christine Yates	077997 01763
Quiz Enthusiasts	Leslye Henstock	07946 702296
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	Stephen Hall	07877 792969
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 01763
Soft Tennis	Kevin Malloy	079886 20714
Sunday Lunch Group	Jamie Baranauskas	07961 508714
Tuesday Lunch Club	Beryl Lee	079678 01467
Ukulele	Linda Bond	01623 861595

DUKERIES U3A CAR SHARING SCHEME



Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so they might be able to take turns to drive, which would save money and benefit the environment.

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter.

If someone lives near to you, they could contact you to see if you are able to offer a lift.

THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.

The All Sorts & Gardening Group



The All Sorts Group are planning some interesting things for the next 6 months, why don't YOU join us at Our next meeting which will be **Wednesday 4th January** at Ambleside **10 am till 12pm**

The members of the All Sorts Group including myself would like to wish you all a very merry Christmas and a very prosperous new year *Sharon and the team.*

If you would like information about the group please contact me, pinkettsharon@gmail.com

Or **077390 03251**

We will be meeting on the 1st and 3rd Wednesday morning in the month, 10am till 12pm

If you are interested in the following trip please let Sharon know as soon as possible so she can get a coach organised.

A TRIP TO DAVID AUSTIN ROSES

ALBRIGHTON SHROPSHIRE

9th June 2023

Leaving around 8.30am

Tour approximately 12 noon.

Cost approximately £ 25.00

If you would like to stop for supper please let me know and I'll arrange somewhere nice to end the day at an extra cost obviously.

Book Club



**Every fourth Thursday of the month, 11am, at
Ann's House,**

Contact Ann Mounsey on 01623 824789 for more details.....

Bridge Club



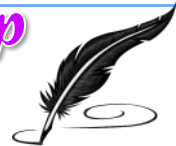
Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm**. Admission is £2 **No meeting on the 27th Dec.**

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact John Wheeldon 01623 822691

Creative Writing Group



The Creative writing group will meet on
the **third Wednesday in the month**
2.15 to 4pm.

Meetings will be held at **Walesby Church Hall** - all welcome -
£3 (including refreshments) *Mike Mounsey*

Knit n' Natter

**Third Friday of the
month, 2pm, Ann's house.**

*Contact Ann Mounsey on 01623 824789
for more details.....*



History Group



The history group will resume on Wednesday 4th January.

The programme for January is;

Wednesday 4th The Highland Clearances

Wednesday 18th Topic review and discussion.

Happy New Year, see you in 2023. *Barbara...*

Do you have an interest or passion for a time, person, place or event but don't want to commit to regular meetings? If you would like to come along for one session and share with us you would be more than welcome. Just get in touch.

The group meets on the 1st & 3rd Wednesday of the month at Ambleside Community Centre, Yew Tree Road, Ollerton from 1.15 to 3pm. Cost £1.00 per session.

For more information contact,

Barbra Baglee

01909 239661

barbarabaglee@gmail.com



Photography Group

Anyone interested in the continuation of the
Photography group please contact

Stefan Ziemba

stefziemba@btinternet.com

Mah Jong

**1st, 3rd & 4th Thursday in
the Month**



Jubilee Hall

1:15 pm to 3 pm.

Hi everyone, John Wheeldon is relinquishing the leadership of
Mahjong as he is taking over the Bridge Group.

Mahjong is continuing with some slight changes. We will be
starting at 1:15pm (you can still start to arrive at 1pm) and we will
be missing out the 2nd Thursday in each month when people are
going to the Savoy cinema in Worksop. New members are very
welcome even if you have never played Mahjong before, come
along and give it a go. Anyone needing further info can contact me
on **01623 422113**.

Christine Yates



South forest
1st Friday of the
month
12pm till 4pm

Ambleside
3rd Thursday of
the month
1.30 till 4pm

In addition to the well established Scrabble event on the **First Friday of the month at South Forest** there is a new opportunity to play on the **Third Thursday at Ambleside Community centre**, Yew Tree road, right in the centre of Ollerton, not far from the surgery. Both events start at **1.30 pm and finish at 4pm.**

Please bring your own refreshments

Contact **Christine Storer on 07980 511308**

Sunday Lunch Club

Sunday 22nd January.

From January, Sunday lunches will be organised by Jamie baranauskas and Maria pitrolino-baranauskas.

Their contact number is **07961 508714**



sewing Bee

Dukeries u3a Sewing Bee

2nd & 4th Wednesday in the month. 10.00am to 12.00,

Ambleside Community Centre, Yew Tree Road, Ollerton

Love to Sew? Want to Sew?

Bring your portable sewing machine, a basic sewing kit and any sewing projects, if you have any.

We already have a machine and will be building up sewing kits .

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

(enquiries 07799 701763)

Groups Co-ordinator – Jane Young



u3a learn,
laugh,
live

**NOTTINGHAMSHIRE
NETWORK**

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

<https://www.nottsu3anetwork.org/news.html>

*Click on the link for the
latest Newsbites*

Savoy Film Group



2nd Thursday in the month at the **Savoy Cinema, Worksop.**

Doors open 1.30pm for coffee, **film starts at 2pm.**

Tickets cost £4.15 including coffee, no need to book, just turn up.

Thursday 12th January

Please call the Cinema for more information

01909 481900

*Remember to bring your u3a
membership card*

Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,
in the restaurant at

The Ollerton House pub, Wellow Road, Ollerton,
2.00 – 4.00pm.

In spite of other summer attractions, 12 or more of us still meet on the second and fourth Wednesday each month, at Ollerton House. As new players have discovered it is a game that is easy to pick up, but not so easy to give up!!

Linda Bond (howardbond1@yahoo.co.uk)
01623 861595)



Ramblers Rambles.....



Our first walk in December was to Poulter Country Park, starting from the village of Creswell and walking just over 7.5 miles through some very unspoilt countryside via the Creswell Crags historic site and a beautiful chapel on the Welbeck estate.



This is a lovely flat walk with just one really big hill and is good underfoot at this time of year. We have completed this walk twice now and each time have found new things of interest.

On Thursday 8th December we had our Christmas Dinner at the Forest Lodge in Edwinstowe.

In a change to our traditional meal we met in the evening which was lovely as it meant partners who still work could come along too.

I have to say a big "thank you" to the group for making my vision of a Christmas dinner a reality as all the gents wore their dinner suits and looked very debonair and the ladies wore cocktail dresses and all looked wonderful!

I think you will agree that the photo is fabulous and we all look like film stars!



Stephen and I would like to thank the Rambling Group for a really good twelve months, we have completed some excellent walks and stretched ourselves but the real joy of the Rambling Group is the discovery of new information, the conversation and the laughs along the way.

We will be hopefully enjoying one final short celebratory walk of the year with the "WhatsApp Walkers" on 20 December and then the festivities can really begin.

**We walk on the first and third Tuesday of each month,
9.30 at Jubilee Hall.**

Cheers, Kate & Stephen Hall

07877 792969.

The Ramblers and WhatsApp Walkers enjoying the sunshine on their Christmas celebratory walk at Ollerton pit woods.



No Tuesday Lunch in January.

DUKERIES U3A TUESDAY LUNCH CLUB 2023 PROGRAMM

Tues	Feb	7 th	Rose Cottage
Tues	Mar	7 th	Forest Lodge
Tues	April	4 th	The Angel Blyth
Tues	May	2 nd	The Lion Farnsfield
Tues	June	6 th	Bella Vita
Tues	July	4 th	The Devonshire
Tues	Aug	1st	Rufford Golf Club
Tues	Sept	5 th	The Reindeer
Tues	Oct	3 rd	The Little John
Tues	Nov	7 th	West Retford Hotel
Tues	Dec	5 th	Bella Vita

£10 Non Returnable Deposit [except for illness]
to be paid on or before previous general meeting.

Cash or Cheques only.

Beryl 07967801467

Jubilee Ukulele group

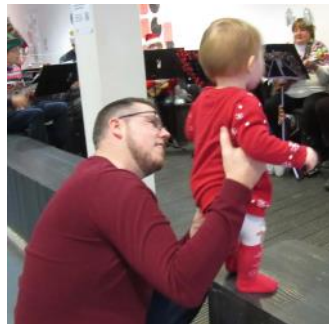


Oh what fun we have had over this past year!! Some of us started the year with little or no expertise, but we have helped each other and had a lot of laughter on the way. We have played for our own and other U3A 'get togethers' and on the 10th December we entertained visitors at Cresswell Crags Christmas Event. We are now looking forward to playing at Dukeries Christmas party.

If you wish to join this great group of people, you will be made welcome. If you can already play, wonderful, if you want to learn fantastic. Just let me know.

Contact **Linda Bond 01623 861595** and come along any **Thursday morning**, for a **10.00am start in the Jubilee Hall Bar**, you will be very welcome.

Keep smiling.



The band playing at
Cresswell Crags.





Short Tennis

Indoor Tennis

Contact Kevin on 07988 620714 for dates and times.

Cost £4.00 per session

A new activity, unlike any tennis you have played before. No scoring or serving overarm—the aim is to get aerobic exercise at your own pace and as if a beginner to improve your hand and eye coordination.

Players can take a break and have a rest whenever they want and come and go as they please.

All kit provided, turn up dressed for sport and wearing plimsols or trainers.

Beginners welcome. Participants to self certify health wise.

Clipstone Sports Hall at NG21 9DL, *access via New Clipstone Village—turn off Mansfield Road into 5th Ave then 1st left & 1st right.*

Carpark on the left through double gates and round the back of the sports hall.

Bring a bottle of chilled water.

Tel (or prefer Text) to **Kevin Mulloy 07988**

620714 to book a place. Please include contact details, phone or email.



WhatsApp Walkers....



The WhatsApp walks take place on a **Thursday every two weeks at 10.30am**, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.

Picture taken on our latest walk along the Chesterfield canal at Worksop
17th century
Shireoaks Manor.



If you would like to join the group please contact **Marie** by text **07756765839**.

Or **Hazel** on **07484728027** You'll be made most welcome.

Regards Marie & Hazel

DUKERIES U3A PROGRAMME 2023

DATE	SPEAKER	TITLE	BRIEF DESCRIPTION
16 Jan 23	GEOFF HARRIS	THE GREAT BRITISH ECCENTRIC	GEOFF IS BACK BY POPULAR DEMAND. THIS TIME HIS TALK SHOWCASES OUR GREAT BRITISH ECCENTRICS
20 Feb 23	HELEN BARNES, REBEKAH RAMDEWOR	OSTEOPOROSIS	SPECIALIST NURSES TELL US MORE ABOUT THIS CONDITION WHICH COULD AFFECT US ALL
20 Mar 23	GROUPS SHOWCASE/ SUBSCRIPTION RENEWAL MEETING		
17 Apr 23	CHRIS CASSWELL	ARCHEOLOGY OF SHERWOOD PINES	DISCOVERING WHAT LIES UNDERNEATH SHERWOOD PINES AND WW1 CLIPSTONE CAMP
5 May 23	ANNUAL GENERAL MEETING		
19 Jun 23	PHIL COOPER	THE AMAZING ANIMALS OF COSTA RICA & THE RAINFOREST OF AUSTRIA	FIND OUT MORE ABOUT THE SLOTH AND OTHER ANIMALS, ALSO ABOUT HOW THE AUSTRIANS ARE HELPING SUSTAIN THE RAINFOREST
17 Jul 23	PETER SLATER	DO YOU KNOW WHO I AM?	BROADCASTER PETER TELLS US STORIES OF SPORTING LEGENDS
21 Aug 23	GARDEN PARTY		
18 Sep 23	ANDREW SMART	WHAT RUDDY CUCUMBER?	HEAR ABOUT ANDY'S CAREER FROM NOTTS FREE PRESS TO NOTTM EVENING POST
16 Oct 23	STEVE LEMOTE	SPORT ON THE FOREST	HISTORY OF THE FOREST IN NOTTINGHAM (NOT TO BE CONFUSED WITH NOTTM FOREST FOOTBALL CLUB!)
20 Nov 23	GLYN BROWN	LIFE AS A BERMUDA POLICEMAN	CHASE THE WINTER AWAY WITH GLYN'S STORIES OF LIFE IN BERMUDA
18 Dec 23	CHRISTMAS PARTY		

3rd MONDAY MONTHLY AT JUBILEE HALL, WELLOW ROAD, OLLERTON

FURTHER DETAILS AT <https://u3asites.org.uk/dukeries/home>

New Year - New Learning - New Hobbies

Would you like to run a subject or activity group for us in the new year?

There's a world of possibilities?

We thought you might like to see what is on offer in other activity groups in the North Notts Area. *See next page.*

We can also request to join groups in neighbouring u3a's. *see below.*

Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

0	Subject	Total	0	Subject	Total	0	Subject	Total
0			0			0		
1	Abacus	1	67	Desert Island Discs	2	133	Music Making Choir	3
2	Angling / Fishing	2	68	Darts	1	134	Music Making Folk	2
3	Antiques	4	69	Dining Breakfast	3	135	Music Making Guitar	4
4	Archaeology	2	70	Dining Lunch	25	136	Music Making Recorder	4
5	Architecture	3	71	Dining Afternoon Tea	2	137	Music Making Steel Band	1
6	Armchair Travel	2	72	Dining Evening	11	138	Music Making Swing	1
7	Art Appreciation	15	73	Dining Fine	1	139	Music Making Ukulele	16
8	Art Practical General	12	74	Dining In	1	140	National Trust	7
9	Art Practical Drawing	7	75	Dining for Solos	2	141	Orienteering	1
10	Art Practical Painting	8	76	Discussion / Current Affairs	22	142	Philosophy	8
11	Art Practical Pastels	1	77	DIY	1	143	Photography	23
12	Art Practical Portraiture	1	78	Doll's House & Miniatures	1	144	Pickleball	3
13	Art Practical Watercolours	6	79	Dominoes / Triominoes	1	145	Play Reading / Drama	12
14	Astronomy	2	80	Drink Beer	6	146	Poetry	11
15	Aviation & Aerospace	1	81	Drink Coffee	9	147	Psychology	4
16	Backgammon	3	82	Engineering & Innovation	1	148	Pub Visiting	4
17	Badminton	5	83	English	1	149	Quizzes	11
18	Bird Watching	9	84	Entertainments Unlimited	1	150	Railway Enthusiasts	2
19	Board Games General	19	85	Etymology	1	151	Railway Modelling	1
20	Bonsai	1	86	Exercise / Keep Fit	5	152	Reading Aloud	2
21	Books / Literature / Reading	33	87	Family History / Genealogy	19	153	Religion	2
22	Book Exchange	3	88	French	23	154	Remarkable Women	1
23	Bowling Indoor Bocula	1	89	Friendship & Support	2	155	Rummikub	7
24	Bowling Indoor Bowls	7	90	Fun with Languages	1	156	Science Technology General	14
25	Bowling Boules / Petanque	4	91	Gardening General	25	157	Scrabble	16
26	Bowling Outdoor Bowls	6	92	Gardening Horticulture	1	158	Shakespeare	3
27	Bowling Ten Pin	4	93	Gardening Practical	3	159	Singing	14
28	Bridge	19	94	Gardening Visits	10	160	Snooker	5
29	Buddies (singles events)	1	95	Geology	3	161	Spanish	12
30	Canasta	14	96	German	9	162	Swimming	1
31	Card Games	8	97	Gogglebox	1	163	Table Tennis	18
32	Chess	3	98	Golf	1	164	Table & Indoor Games	6
33	Church Visiting & History	5	99	Greek	1	165	Tai Chi	9
34	Cinema / Film	18	100	Growing Old Disgracefully	2	166	TED Talks	1
35	Climate Change	1	101	History General	16	167	Tennis Soft (Indoor)	3
36	Climbing Indoor	1	102	History English	1	168	Tennis	2
37	Computing / IT General	11	103	History Irish	1	169	Theatre Visits	14
38	Computing Beginners	2	104	History Landscape	1	170	Travel / Visits	18
39	Cookery General	4	105	History Living (of members)	1	171	Trivial Pursuit	1
40	Cookery Cake Decorating	1	106	History Local	16	172	University Interest	1
41	Craft General	22	107	History Military	2	173	Walking	34
42	Craft Beadwork	2	108	History Natural	1	174	Walking Long Distance Paths	5
43	Craft Calligraphy	3	109	History Social	1	175	Walking Nordic	1
44	Craft Crochet / Knitting	15	110	Holidays	11	176	Weekenders	5
45	Craft Dressmaking	3	111	Humour	1	177	Whist	2
46	Craft Flowers	4	112	Information Exchange	1	178	Wildlife and Nature	5
47	Craft Jewellery	1	113	Italian	9	179	Wine	24
48	Craft Needlecraft	6	114	Jigsaws	1	180	Woodcarving / Woodworking	1
49	Craft Paper / Card	5	115	Kings Card Game	1	181	Yoga	5
50	Craft Sugarcraft	3	116	Latin	5	182	Zumba	2
51	Craft Quilting	4	117	Litter Picking	4	183		
52	Creative Writing	18	118	Mah Jongg	12	184	Totals	1073
53	Cribbage	3	119	Medicine First Aid	1	185	Totals	1073
54	Croquet	7	120	Meditation & Mindfulness	2			
55	Crosswords	8	121	Memory Course	2			
56	Curling / Kurling	5	122	Miscellaneous Activities	6			
57	Cycling	13	123	Motoring Motorcycling	1			
58	Dancing General	1	124	Movement to Music	1			
59	Dancing Ballroom	1	125	Murder Mystery Books	1			
60	Dancing Barn	1	126	Museums and Galleries	2			
61	Dancing Belly	1	127	Music Appreciation General	14			
62	Dancing Circle	1	128	Music Appreciation Classical	7			
63	Dancing Country	5	129	Music Appreciation Jazz	2			
64	Dancing Folk	2	130	Music Appreciation Opera	3			
65	Dancing Jive	2	131	Music Appreciation Popular	2			
66	Dancing Line	3	132	Music Making Various	5			



GET CRAFTY AND SHARE THE LOVE ...ONCE AGAIN



After the success of the first ever Love Edwinstowe and Sherwood Forest Trail, we're doing it all over again in 2023!



Help create a splash of colour to form a unique trail from Edwinstowe to the heart of Sherwood Forest.

We're calling on local individuals, groups, organisations and businesses to get crafty by creating hearts using materials such as wool, fabric or wood to be displayed on the trail from 8-26 February.

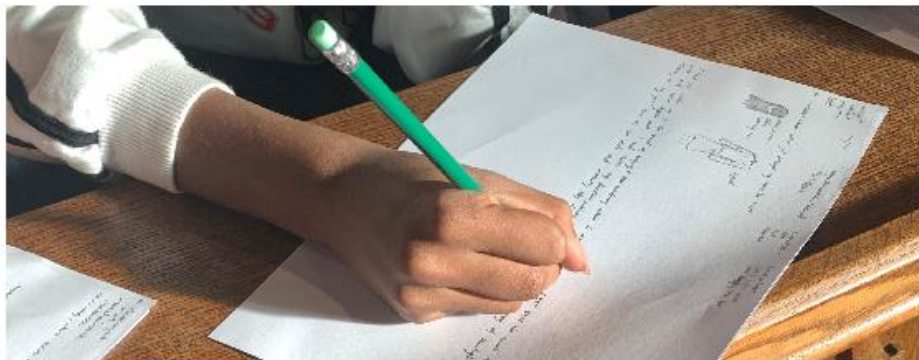
Why not create a large heart personalised to your local group or business? Or make one that will add a splash of heartfelt colour to a shop window in the village?

All finished creations should include a loop or hook for easy attachment and will need to be with us by Monday 7 February at the very latest.

To confirm your interest, to get involved or for more information please contact Carol Hallam:
e-mail carol.hallam@rspb.org.uk or call 01623 677321



ENTER OUR WRITING COMPETITION



What stories could you tell about our community?

If you love this place as much as we do, why not put your words on the page in our writing competition? It could be a poem, a short story or even an essay. There's a word count of 300, but that's the only limit. Edwinstowe and Sherwood Forest are alive with stories, and we want your imagination to run wild.

If your piece impresses our competition judge, acclaimed children's author Sarah Ann Jukes, you could win a £25 National Book Token plus other exciting prizes.

The competition is open to both children and adults,

Entries can be handed in at Sherwood Forest Visitor Centre or e-mailed to carol.hallam@rspb.org.uk any time until **Monday 30 January 2023**.

Good luck!



KEEP FIT IN THE WINTER MONTHS

We have been invited to join together with Mansfield u3a, to keep playing bowls throughout the Autumn and Winter months. The Lammas Centre is easy to find in Sutton in Ashfield and it has a large car park outside.

You don't have to commit to every week. Some of our members want to alternate on a two-weekly basis with other activity groups. Bowlers of all skill levels are welcome!

For more information speak to **Paul Sanderson**
paulsanderson168@gmail.com **07592 016 691**



**BOWLING
COACHING**

FOR BEGINNERS

Every Tuesday from 18th October

1.30 – 3PM
LAMMAS LEISURE CENTRE
SUTTON IN ASHFIELD

EQUIPMENT PROVIDED
 - JUST BRING FLAT-SOLED SHOES

COME AND HAVE A GO – £4 A SESSION

Further information
Contact MIKE LAKE 07963 705623
mikejlake@btinternet.com

QUALIFIED DBS CHECKED COACHES

U3A Contact - Paul Sanderson





Like Films? Enjoy Opera?

Two new groups are starting on Zoom. Enjoy the group discussions from the comfort of your own home.

The members meet to discuss films and operas which they have selected and are available, usually free on the internet or TV.

The groups meet once a month and are hosted by
Carlton and Gedling u3a.

Simply email the following group leaders to join in.

Opera - Paul Martinez

pkmartinez14@gmail.com

1st Wednesday in the month 10am-12pm

Films - Sue Warren

sue.warren2011@gmail.com

4th Monday in the month 2pm-3.30pm



Workshop u3a

Hello Dukeries! Here is some information about our steel band, **STEELPANTASTIC**. Due to a number of factors we have recently lost several members from the band and are now looking to recruit new members. It would be lovely if anyone from the Dukeries group was interested in joining us.

Our busy year is culminating on Saturday, with a visit to Ashfield u3a. After that we are taking a rest from gigs until next year

So, now is the ideal time. Have you ever fancied having a try at playing a steel pan? We are looking to recruit some new members for the band. No previous musical experience is necessary. The group meets every Thursday, between 2-5, (these times include setting up and putting away the pans), at Crown Place community centre, Worksop. If you do fancy coming along to have a listen and try, contact Pat Durrant: patmdurrant@outlook.com or Jean Williamson: ploverdene@googlemail.com

Even if you decide it is not for you, you would be made most welcome by our very friendly group.

Catherine Williams c.williams@sheffield.ac.uk





AGED 55 OR OVER WITH A LONG TERM HEALTH CONDITION?

FREE weekly swim session
at Dukeries Leisure Centre

Every Wednesday 10:30am - 11:30am

To book or for more details contact:
sportsdevelopment@active4today.co.uk
or call 01636 655701

Main Road, Boughton, Newark NG22 9JJ



We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



**BOWE
RADIO**

ON AIR

Non Stop Music

The best music with top of the hour news updates

[Listen Live](#)

Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

[Facebook Page](#)

u3a 40th Anniversary Film Show & Refreshments

Arnold u3a would like to invite members from u3a's across Notts to a film show on 20th January 2023 from 2 – 4 pm at the Bonington Social Club, High Street, Arnold.

Two films will be shown, one of Arnold u3a and Carlton & Gedling passing the beacon on 20th September and the other about the Highfields event on Saturday 24th September. The videos were filmed by Arnold u3a members Greg Foster and Brian Cluff and Brian put it all together into the films.

Tea/coffee and a jam scone with cream will be provided during the break.

Anyone interested please contact

Rosie Allen rosieallen21@outlook.com

Health and Safety

Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

Please continue to do the following: -

Take a test if you feel unwell and avoid meeting others, **if you test positive for any infectious disease don't come to any u3a meeting.**

Continue wearing your mask if want you to

Avoid touching other people (hand-shaking, hugging and kissing) if you want extra protection.

Frequently wash your hands for 20 seconds and avoid touching your face. Sanitise your hands before handling equipment and games. (Sanitiser is available for use in our cupboard at Jubilee Hall) and Ambleside Community Centre

Event and activity organisers, please ensure windows and doors are open to ventilate the rooms

If you are arranging activity groups, you do need to keep a register of names and contact information.

If serving refreshments, please consider the safest way to avoid cross-contamination of infection.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration

Leslye Henstock, Chair Dukeries, u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: <https://www.facebook.com/dukeriesu3a>

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