

*Sunshine and Smiles in September?*



Dear Members of Dukeries u3a,

**Our Members' Garden Party**

Thank you so much for the cards and messages I received after the Indoor Garden Party. I am pleased so many of you enjoyed the event, which was followed by a teach-in for the line dance. Our background musicians, Susie and Andy, Smooth Jazz, added live music to make the event a little different.

The food you supplied was delicious. The hall looked splendid, and thanks to Pam, who supplied the floral decorations, we also raised money for the Air Ambulance! The newspaper Super Scoop game, organised by Keving Morrell, got competitive spirits flowing around the room!

Thank you to those of you who managed to attend, and a huge thank you for those of you who helped to set up the room, work in the kitchen and contributed in so many different ways to make this afternoon such a success.

It was a wonderful opportunity for new members to make new contacts and share ideas with us as well, all of which makes me feel really enthusiastic for our Autumn Offerings.

## The Committee

We have had changes in the positions on the committee. Thank you to Kevin Mulloy, Barbara Baglee and Barry Callieu for joining our team and to Val Saunders for helping us by stepping in to cover. Please see details on our committee page.

We have a good team at the moment, and I have high hopes that we might now be able to rebuild a social committee of men and women who would be interested in planning our special members' events. Please let me know if you are interested.

## 40th Celebrations

Rehearsals for the Flash Mob take place

<b>Venue</b>	<b>Ambleside Community Centre</b> , Yew Tree Road, Ollerton, NG22 9UL      Parking on road. No charge for session.      Please bring own refreshments	
<b>Date</b>	<b>Thursday 15 September</b> , afternoon	
	Session 1	1.30 – 2.20pm
	Session 2	2.30 – 3.20pm
	Session 3	3.30 – 4.20pm

Do come along just for fun, no need to book!

We will also rehearse at 3.30 on Monday 19 September at Jubilee Hall

## The Passing of the Beacon Monday 19 and Tuesday 20 September

Colin Barrett has kindly agreed to lead the walkers and organise the teams. We need to know your names if you are walking on 19th, as you will be rewarded with a light lunch! Likewise on Tuesday 20th, we will be provided with refreshments at Mansfield Town Football ground.

Do look in this newsletter for all final details for Saturday 24 September.

Best wishes to all our members, especially those who are unable to join us at the moment.

See you soon

*Leslye x*



## Committee 2022

### Chair

Leslye Henstock *du3achair2020@gmail.com*



### Deputy Chair

Barry Callieu *barry.callieu@icloud.com*



### Secretary

Barbara Baglee *barbarabaglee@gmail.com*



### Treasurer

Chris Neighbour *pchris@icloud.com*



### Membership Manager

Wendy Neighbour *membersdu3a@outlook.com*



### Activity Group Co-ordinator

Jane Young *janeslesley56@gmail.com*



### Co-ordinator of Guest Speakers, Marketing, Advertising & Website

Ann Street *annstreetcorner@yahoo.co.uk*



### Newsletter Editor

John Harris *jghollerton@gmail.com*



### Co-ordinator Charity Donations

Pam Hardwick *secretary1@gmail.com*



### Committee Members

Patti Bell *bell.129@hotmail.co.uk*

Kevin Mulloy *agarden8@outlook.com*

## Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
<b>Mon</b>			<b>Monthly Meeting 1pm. Jubilee Hall</b>	
<b>Tues</b>	Ramblers 6-8 m 9.30 Jubilee Hall  Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
<b>Wed</b>	All Sorts Gardening & Christmas Crafts 10am till 12pm Ambleside Centre  <b>History Group 2.00 till 4pm Ambleside Centre</b>	<b>Sewing Bee 10am to 12pm Ambleside Centre</b>  Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening & Xmas crafts. 10am till 12pm Ambleside Centre  <b>History Group 1.15 to 3pm Ambleside Centre</b>  Creative Writing 2.15 to 4pm Walesby Church Hall	<b>Sewing Bee 10 to 12pm Ambleside Centre</b>  Rummikubs Ollerton House 2pm to 4pm
<b>Thurs</b>	Ukulele group 10.00 to 11:30am Jubilee Hall  <b>Mar Jong 1.15pm to 3pm Jubilee Hall</b>	Ukulele group 10.00 to 11:30am Jubilee Hall  Savoy Cinema Worksop 1.30pm	Ukulele group 10.00 to 11:30am Jubilee Hall  <b>Mar Jong 1.15pm to 3pm Jubilee Hall</b>  <b>Scrabble 13.30 Ambleside Commu- nity Centre.</b>	Ukulele group 10 to 11:30am Jubilee Hall  <b>Mar Jong 1.15pm to 3pm Jubilee Hall</b>  Book Club 11am Ann's House
<b>Fri</b>	Scrabble 13.30 South Forest		Knit n'Natter 2pm Ann's House	Photography Walesby Hall 1pm to 3pm

**Sunday Lunch Club** 4th Sunday each month 12.30 for 1.00pm

**Short Tennis every Wednesday 1.30 to 3.30**

## Dates for your diary....

### Monday 12 Sept

Du3a Committee Meeting

Jubilee Hall, 10.00 am  
Come and meet us (contact Leslye)

### Friday 16 Sept

U3A 40th Anniversary Dinner and Dance  
John Fretwell Centre

7pm till late  
See Advert in this newsletter

### Monday 19 Sept

Members' Meeting receiving the U3A Beacon  
*See advert in this newsletter*

Jubilee Hall, 12.30

### Monday 19 Sept

Flash Mob Rehearsal

Jubilee Hall approx. 3.30pm  
All welcome

### Tuesday 20th Sept

Dukeries u3a present Beacon to Mansfield u3a

9.00am Start

### Saturday 24 Sept

Nottinghamshire U3A's 40th Celebrations  
*see advert in this newsletter*

Highfields Park,  
Nottingham

### Monday 10 Oct

Du3a Committee Meeting

Jubilee Hall, 1.00pm

### Monday 17 Oct

Members Meeting

Jubilee Hall 12.30

### Friday 25th Nov

Du3a Quiz and Supper Night

Jubilee Hall

### Saturday 10th Dec

Barn Dance

Warsop

### Monday 19th Dec

Christmas Party

Jubilee Hall

# **u3a Day – Monday 19 September 2022**

## **Jubilee Hall, Ollerton**

Another exciting day for members of Dukeries u3a with timings as follows:-



Worksop u3a will leave Clumber Park carrying the 40th Anniversary Beacon and Banner and walk to Ollerton. (There are three beacons starting their journey on this day, and their trips around the county will end at Highfields Park in Nottingham on Saturday 24 September).

Several of our members (carrying our two placards) will meet them at the Whinney Lane roundabout (TBC) and walk back to Jubilee Hall with them.

12.45 Dukeries u3a members will line the road and clap and cheer as they approach, hopefully by 1.00pm.

The beacon will then be formally presented to Dukeries u3a, photos, short speeches followed by refreshments, tea and coffee biscuits for all (we will also be supplying sandwiches, and fruit for all the walkers).

1.45pm Information about Saturday 24th Celebrations

2.00pm Our guest speaker, a local magistrate, will entertain us with information, and perhaps involve us in sentencing criminals.

3.15pm clear away

3.30 pm – Flash Mob rehearsal      All welcome for a run through

6.45 pm Dukeries u3a Quiz Teams will compete, by Zoom, in the Nottinghamshire Challenge

## **Tuesday 20 September – calling our walkers!!!**

Members of Dukeries u3a need to pass the Beacon to Mansfield u3a on this date. Please will you support us?

9.00 am Meet in the car park, opposite Berry Hill Park, The Miners Offices, Berry Hill Mansfield, NG18 4JU.

We will be carrying the Beacon, the Banner and our own two placards and be met by Mansfield u3a

9.50ish Arrive Mansfield Football Ground to be greeted by the Mayor of Mansfield and members of Mansfield u3a

Photos will be taken when we hand over the Beacon, followed by refreshments

We will then have a walk back to the car park to collect vehicles  
Please sign up - we need a team of about 10 walkers.

*Leslye*  
[du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)



The logo features the text 'u3a' in a large, bold, blue sans-serif font. Below it, the words '40th Anniversary' are written in a smaller, blue, cursive script font.



Here are John and Hazel Francis holding the placards they have made for u3a Day on the Monday 19th September, when they will be paraded through the streets to Jubilee Hall. The lettering on the placards have been individually cut out of wood and then painted making very robust and useful signs.

*John Harris*





# **Flash Mob Details so Far**

Dukeries u3a is leading the way for the dance which is to be performed by members from all over Nottinghamshire, thanks to Janice Cawkill, our member, who has choreographed the routine. Very similar to the dance we did at the Missedmas Party in January. We will be performing this dance on Saturday 24th September at Highfields Park, Nottingham (see details of the program in this newsletter).

We need as many men and women who are physically capable of completing a 4 minute, simple dance routine. If you can do side steps, forward and back steps and a few arm movements, you will be able to join us.

The dance will soon be available on video for you to download onto laptops, PCs and smartphones for you to learn in your own homes or in your activity groups (if appropriate)

There will also be rehearsals at Jubilee Hall on

**Monday 15 August – 3.30pm** after the Garden Party

**Monday 19 September – 4.00pm** after the 40<sup>th</sup>  
celebration meeting

I will be collecting names of those of you who want to get involved on this exciting day, so do let me know at the Garden Party or by email.

**Let's put Dukeries u3a on the map  
in Nottinghamshire!!!**

*Leslye*

[du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)



## Saturday 24 September 2022

### U3A 40th Anniversary Celebrations

We are now delighted to announce the details for this day

- Location** Highfields Park, University Boulevard,  
Lenton, Nottingham, NG7 2RD
- Travel** By car, free parking on Saturdays.  
Tram stop – Highfields Park (*park cars at Hucknall or The Forest and use your Travel Permits for a free ride!*)
- What to wear**  
Blue, Yellow and White – bright, bold colours, name badges  
*Anyone got ideas what else we can do to promote Dukeries u3a?*
- Program**
- 12:00pm Setting up tables and banners, signs  
Bring fold up chairs, blankets, food and drink and get your place!  
Be prepared for the weather.  
*Suggest flat shoes for both grass and concrete surfaces*
- 13:00pm Worksop u3a Steel Band
- 13:30pm Welcome from the Lord Mayor of Nottingham  
Beacons from three routes in the county arrive  
Speeches  
Followed by Flash Mob!
- 14:30pm Worksop Steel Band (*maybe dancing*)
- 15:30pm Clear away  
*There is also a children's play area, Arts Centre, café and toilets.*

Everyone is welcome! Mingle with other u3a members. Relax and chat.  
Bring cameras and snap away for us! Let's make a video or picture show of the day  
Please offer lifts and car share with those who are not familiar with city driving.  
There may be some people wanting to meet in Nottingham afterwards for a pint or a glass of wine.  
It's going to be a day when seniors take over and have some fun.

## Hope you can join us!

## A message from Nick Mason

Dear Members of Dukeries u3a,

Given my current health situation and my no longer being able to attend U3A meetings, I have decided that I should step down from the committee.

I will still make myself available for consultation on IT matters and helping with problems, depending on how I'm feeling on the day.

I would like to thank all of my U3A friends for their help, support and kind words since my cancer diagnosis. Their kindness restores my faith in human nature. U3A has become a part of my life that I enjoy immensely and giving part of it up will be hard, I shall miss the people and the events.

Kindest regards to you all

*Nick Mason*

Conny Bottell is proposing to raffle a *NuYou* electric body brush at the September monthly meeting in aid of the Air Ambulance service. The brush has a number of heads for different uses and Conny says it is fantastic.

Tickets will cost £1.00 each.

A video of the brush in use can be found here.

<https://www.youtube.com/watch?v=o8WD-k36gCI>



# Short Tennis

## NEW – Indoor Tennis

Short (soft) Tennis starts indoors in Sept with sessions on three Weds (**14th, 21st and 28th Sept**).



Tennis for u3a folk. A new activity unlike any tennis you have played before. No scoring or serving overarm - the aim is to get aerobic exercise at your own pace and if a beginner, to develop your hand and eye coordination.

Players can take a break and have a rest whenever they want and come and go as they please.

No cost in Sept and all kit provided; turn up dressed for sport and wearing plimsolls or trainers.

Timings **Weds 1.30 – 3.30pm**. Beginners welcome. Participants to self-certify health-wise else consult GP beforehand.

Venue is changed to **Clipstone Sports Hall at NG21 9DL** (access via (New) Clipstone village – Turn off Mansfield Rd into 5th Avenue then 1st left and 1st right).

Car parking is on left through double gates into car park at the rear of the Sports Hall.

Bring plastic bottle of chilled water or similar.

Tel (or prefer text) to **Kevin Mulloy on 07988620714** to book a place.

Please include contact details (preferably mobile number or email).





# Sewing Bee

## New!!

### Dukeries u3a Sewing Bee

**2nd & 4th Wednesday in the  
month. 10.00am to 12.00,  
Ambleside Community Centre, Yew Tree Road, Ollerton**

## Love to Sew? Want to Sew?

The sewing bees have had their first two meetings and we have been very busy. Two people have cut out pairs of trousers, someone else took a directors style garden chair to pieces and made new seat and back from old jeans. Another lady who had never used a machine before shortened a curtain. Someone else started making a handbag and there was some cross-stitch being done all while we chatted and had tea and biscuits. Our next meeting is on **14th September** so come along and join us.

Bring your portable sewing machine, a basic sewing kit and any sewing projects, if you have any.

We already have a machine and will be building up sewing kits .

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

**(enquiries 07799 701763)**

Groups Co-ordinator – Jane Young



2022



August



Garden

Party







Last session this year,  
***7th September.***

***Dueries u3a Bowling Group***

Ollerton Bowling Club, Whinney Lane, Ollerton,

Day - Wednesday

Arrive 1.20    Playing Time 1.30pm – 3.30pm  
(with a break for refreshments)



**NOTTINGHAMSHIRE  
NETWORK**

**NEWSBITES!**

*Sharing ideas across 34 u3a's in Nottinghamshire*

<https://www.nottsu3anetwork.org/news.html>

***Click on the link for the  
latest Newsbites***



# Air Ambulance



Last months Garden Party generated the sum of £37.00 for the Air Ambulance. I will add this to funds of £56.66 already in hand and bank £93.66 this week.



"Well done again Dukeries u3a, what an amazing total for such a good cause. We have had a personal thank you from Katherine Wright who is the Community Fundraiser.

So, I thought we could have another plant sale at

our September meeting and include any surplus produce from our gardens. I will bring apples and pears (no not those sort)!! and we could include anything which is garden related (no, not rusty old lawnmowers)!! behave yourselves.

Well, I've just had an add up and see we only need to raise £218.16 to bring this year's total up to £3,000. I know by the end of the year we will do this!!

Hurrah for Dukeries u3a"

*Pam Hardwick* [du3asecretary1@gmail.com](mailto:du3asecretary1@gmail.com)

## Just for Interest

I thought it would be interesting to see where Dukeries u3a members live.

Our membership covers a wide area! (Approximate percentages)

Boughton, Ollerton, New Ollerton, Ompton, Kneesal, Newark,  
Wellow, Kirton, Laxton,  
**50% of membership**

Edwinstowe, Rufford, Walesby, Perlethorpe, Morton  
**28% of membership**

Mansfield, Mansfield Woodhouse, Forest Town, Church Warsop,  
Clipstone, Farnsfield, Rainworth, Blidworth, Upton  
**18% of membership**

Retford, Edingly, Worksop, Carlton-in-Lindrick  
**4% of membership**

We are really hoping we can attract more members from the  
Edwinstowe area in the future, as Dukeries u3a covers Edwinstowe,  
Ollerton and surrounding villages.

Please give any ideas on how we might achieve this to any member  
of the committee or email Leslye on  
[du3achair2020@gmail.com](mailto:du3achair2020@gmail.com)

*Thank you*

# BT Internet users



## **This notice only involves BT Internet users.**

Some of the communications I send out our members who use BT are being blocked by BT Internet on the grounds that it is spam.

*See example below.* I cannot find anyway of stopping this, they don't block everything, but there doesn't seem to be any consistency over what they chose to block.

I don't have a solution to this problem.

Hopefully over time they will change their policy.

Members might consider opening a Gmail account, it's web based so not affected by internet providers, you can keep it if you move to another provider. It's completely free and easy to use.

+++++

*Example...*

### **'Wanted**

As several activity groups now take place at Ambleside Centre, Dukeries u3a are looking for a cupboard which can be locked, in which to store equipment. This should be no more than six foot high, about 3 feet wide, with several shelves inside.

We would also need a van to transport it!

If you have such a cupboard to donate or sell, or if you could offer help with transport, please email a photo, advice, or information to....

Leslye du3achair2020@gmail.com

Jane janelesley56@gmail.com

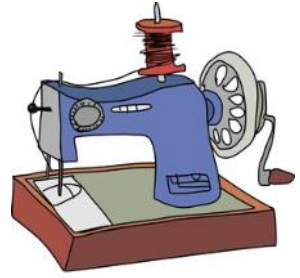
Thank you

Please don't reply to this email,

John H...'

## Wanted!!

Does anyone have a sewing machine they no longer use and would like to donate to Dukeries u3a. We are starting another sewing group, which would take place at Ambleside Community Centre in Ollerton.



We have a room where we can store the machines which would be useful for those attending. If you are interested in taking part in this group, have dressmaking/tailoring skills, please see Jane Young at the next meeting and put your name on the list. *Thank You...*

## Publicity Photo's

If you take a picture at one of our u3a events which you think might be useful for publicity then Ann

Street would love to hear from you. She is always looking for suitable pictures to send to local news media to help promote your u3a.



**Ann Street**

[astreet496@gmail.com](mailto:astreet496@gmail.com)

## **Interest Group Leaders**

All Sorts/Gardening	Sharon Pinkett	07739003251
Bridge	John Wheeldon	01623 822691
Bowling	Leslye Henstock	07946 702296
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	Christine Yates	077997 01763
Photography	Tony Brewer	01623 615338
Quiz Enthusiasts	Leslye Henstock	07946 702296
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	Stephen Hall	07877 792969
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 01763
Sunday Lunch Group	Christine Yates	077997 01763
Tuesday Lunch Club	Beryl Lee	079678 01467
Ukulele	Linda Bond	01623 861595

## **DUKERIES U3A CAR SHARING SCHEME**



Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so they might be able to take turns to drive, which would save money and benefit the environment.

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter.

If someone lives near to you, they could contact you to see if you are able to offer a lift.

***THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.***

## The All Sorts & Gardening Group

If you would like information about the group please contact me,

[pinkettsharon@gmail.com](mailto:pinkettsharon@gmail.com)

Or 077390 03251

**We will be meeting on the 1st and 3rd Wednesday morning in the month, 10am till 12pm**

*Sharon*



## Book Club

**Every fourth Thursday of the month, 11am, at**

**Ann's House,**

*Contact Ann Mounsey on 01623 824789 for more details.....*



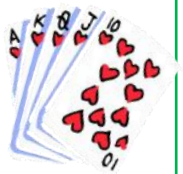
## Bridge Club

Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm**. Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact John Wheeldon 01623 822691



## Creative Writing Group



The Creative writing group will meet on  
the **third Wednesday in the month**  
**2.15 to 4pm.**

Meetings will be held at **Walesby Church Hall** - all welcome -  
£2 (including refreshments) *Mike Mounsey*

## Knit n' Natter

**Third Friday of the**  
**month, 2pm, Ann's house.**

*Contact Ann Mounsey on 01623 824789*  
*for more details.....*



## ***Request from Nottinghamshire u3a's***

On **Saturday 24 September**, 2022 our Nottinghamshire u3a 40th  
Anniversary Celebrations will take place at Highfields,  
Lakeside, Nottingham University.

Are you a **First Aider** who meets Care and Quality Commission  
Standards ?

We need First Aiders to be present from many u3a's. Can you be  
present on the day?

Please contact **Leslye 07946 702296** if you can help. *Thank you.*



# History Group

**Wednesday September 7th  
Meeting will start at 2pm, finish at 4pm**

The history group is now up and running. Come and join this friendly and informal group. Lively participation is encouraged and all ideas for discussions or visits welcomed.



The next meeting of the history group will take place on **Wednesday 7th September**. For this meeting only we will meet from **2pm to 4pm**

The topic will be **Sir Isaac Newton**.

Wednesday **21st September. Lady Margaret Cavendish**  
(local interest)

Wednesday **5th October** . Visit to the  
**National Holocaust Museum.**

Cost £7.50 to be paid by the next monthly meeting on  
**Monday September 19th.**

The group meets on the 1st & 4rd Wednesday of the month at Ambleside Community Centre, Yew Tree Road, Ollerton from 1.15 to 3pm. Cost £1.00 per session.

For more information contact,

*Barbar Baglee*

01909 239661

[barbarabaglee@gmail.com](mailto:barbarabaglee@gmail.com)







## Photography Group

The next meeting of the Photo Group is on **23rd September**, usual place, usual time, and hopefully all the usual people. More information needed, simply contact me on **01623 615338**.

*Old Tone*

Tony Brewer [tony.brewer3@sky.com](mailto:tony.brewer3@sky.com)

## Mah Jong

**1st, 3rd & 4th Thursday in  
the Month**



**Jubilee Hall**

**1:15 pm to 3 pm.**

Hi everyone, John Wheeldon is relinquishing the leadership of Mahjong as he is taking over the Bridge Group.

Mahjong is continuing with some slight changes. We will be starting at 1:15pm (you can still start to arrive at 1pm) and we will be missing out the 2nd Thursday in each month when people are going to the Savoy cinema in Worksop. New members are very welcome even if you have never played Mahjong before, come along and give it a go. Anyone needing further info can contact me on **01623 422113**.

*Christine Yates*



## Thai Chi

If anyone is interested in Thai Chi, Bryan Sadler is running classes in the following local venues.

Tuesday 10am **Clumber park**

Tuesday 2pm **Edwinstowe**

Wednesday 12pm **Worksop**

Thursday 2pm **Retford.**

For more information **call**

**Bryan on 07792**

South forest  
1st Friday of  
month  
1.30 till 4pm

## Scrabble



Scrabble meetings are continuing during this resent upsurge in covid. Please feel free to wear a mask if you are more comfortable with that.

*Contact Christine Storer on 07980 511308*

*New extra meeting from  
next month...*

# From next month

**N**<sub>1</sub> **E**<sub>1</sub> **W**<sub>4</sub>

**S**<sub>1</sub> **C**<sub>3</sub> **R**<sub>1</sub> **A**<sub>1</sub> **B**<sub>3</sub> **B**<sub>3</sub> **L**<sub>1</sub> **E**<sub>1</sub>

## Third Thursday of the Month.

In addition to the well established Scrabble event on the **First Friday of the month at South Forest** there is a new opportunity to play on the **Third Thursday at Ambleside Community centre**, Yew Tree road, right in the centre of Ollerton, not far from the surgery. Both events start at

**1.30 pm and finish at 4pm.**

**First Ambleside meeting on the 20th October**

*Please bring your own refreshments*

Contact **Christine Storer on 07980 511308**

Scrabble meetings are continuing during this resent upsurge in covid. Please feel free to wear a mask if you are more comfortable with that.

Contact **Christine Storer on 07980 511308**



**Savoy Film Group**



**2nd Thursday in the month** at the **Savoy Cinema, Worksop.**

Doors open 1.30pm for coffee, **film starts at 2pm.**

Tickets cost £4.15 including coffee, no need to book, just turn up.

## **Thursday 8th September**

*Unfortunately, no information on this months film has arrived, I will pass the details on by email when I have it.*

***Remember to bring your u3a membership card***

## ***Researching the Past***

Interested in your family tree but don't know much about it? Would like to find out more?

Not sure about how to go about it?

A member of the All Sorts group is hoping to start a Family history / Genealogy group, if you would like more information please email Jane Young. [janelesley56@gmail.com](mailto:janelesley56@gmail.com)



# Ramblers Rambles.....

Well, the very hot spell in July put paid to our second walk of that month but we have managed to fit in 2 lovely walks in August.

Our first walk on 2nd of August, took us a bit further afield than recently as we travelled to the Cromford Canal in Derbyshire and enjoyed a rather long stroll in beautiful sunshine of nearly 8 miles down the side of the canal



and then up into the hills past the old stone works and viewing point and back to the canal where we enjoyed a lovely lunch. Our second walk was from the Durham Ox in Orston, home of some of the best chips in the County!



This walk takes in some stunning south Nottinghamshire scenery through fields and down the side of a river back to the very pretty village of Orston for a pint and some of those famous chips in the pub garden.

This was a lovely 6.5 mile walk across great flat terrain.

We have completed this walk before but it is well worth doing again.

*We walk on the **first and third Tuesday** of each month,  
**9.30 at Jubilee Hall.***

*Cheers, Kate & Stephen Hall  
07877 792969.*



# Sunday Lunch Club

Third Sunday in the month, 12.30 for 1pm.



Here are 15 of us enjoying our lunch at Bella Vita on 28 th August.

We will be going to  
**Forest Lodge**  
**Edwinstowe on**  
**25th September**  
**12-30 for 1pm**

Then on  
**23rd October we**  
**will be going to**  
**The Lion in**

**Farnsfield.** This is a pre ordered meal and a £5 deposit. 12-30 for 1pm as usual.

See you at the next meeting or contact me on **01623 422113.** *Christine*





## Tuesday Lunch Club

**First Tuesday in the month. 12.30 for 1pm**



20 members had an excellent lunch at Rufford Golf Club



Next venue

**The Reindeer Ravenshead on Tuesday 6th September**

*Regards Beryl*    **07967801467**

# Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,  
in the restaurant at  
**The Ollerton House pub, Wellow Road, Ollerton,**  
**2.00 – 4.00pm.**

In spite of other summer attractions, 12 or more of us still meet on the second and fourth Wednesday each month, at Ollerton House. As new players have discovered it is a game that is easy to pick up, but not so easy to give up!!

August Dates; **Wednesday 10th and 24th**, come and join us.

Linda Bond ([howardbond1@yahoo.co.uk](mailto:howardbond1@yahoo.co.uk))  
01623 861595)



Memory Walk

## Clumber Park Memory Walk

Venue	Clumber Park, Worksop
Date	02 October 2022
Arrival time	From 10am
First walk starts	From 11am
Routes	2.5km or 8.5km
Registration fee	Free
Fundraising target	£160



## 2nd October 2022

All the details can be found on the link below.

[Click here....](#)



# Jubilee Ukulele group



This month we are one year old and what a lovely year we have had. Our skills have improved and our song book has expanded to over 70 songs. We have played at the Dukeries Missedmas Party, the Platinum Party and at Rainworth U3A Jubilee celebration. At the beginning of July, seven of us had a great day out at the DukeFest Ukulele Jamboree.

I always like to leave the best till last!

The best news is that we have had a years worth of good fun and made a group of good friends who help and encourage each other.

Our group has grown and we have, banjolele, wash board , and spoon players, as well as ukulele players varying in expertise from ability to play 3 or 4 chords, to accomplished players,

However, we can always make room for more!! We can teach you to play a ukulele, but if any guitar players etc. fancy joining us, or if you just enjoy singing do contact **Linda Bond 01623 861595** and come along any **Thursday morning. for a 10.00am start in the Jubilee Hall Bar**, you will be very welcome.

Keep smiling

*Stay safe.*

*Linda Bond*

[howardbond1@yahoo.co.uk](mailto:howardbond1@yahoo.co.uk)

01623 861595



If you are a twitter user u3a has a twitter account and you can find it at,

@u3a\_UK



## WhatsApp Walkers....

The WhatsApp walks take place on a

**Thursday every two weeks at 10.30am**, they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by WhatsApp but will also contact by phone call or text message.

Members of the WhatsApp group enjoyed a circular walk on Thursday August 4th from Farnsfield to Hexgreave Park Estate where we got a glimpse of the deer under the trees, And called for refreshments at The Cheeky Pig coffee shop next to Hexgreave Hall.



Our latest picture from the WhatsApp Walkers enjoying a circular walk around Blidworth woods led by Chris and Wendy on Thursday 18th August

If you would like to join the group please contact **Marie** by text **07756765839**. Or **Hazel** on **07484728027** You'll be made most welcome.

*Regards Marie & Hazel*



## People you may know.....

I live in a semi-rural area. We recently had a new neighbour call the the Highways Department in Potters Bar to request the removal of a 'DEER CROSSING' sign from our road.

The reason was: '

*Too many deer are being hit by cars on this stretch of road! I don't think this is a good place for them to be crossing, any-more.'*



When my husband and I arrived at our local Ford dealer to pick up our car, we were told the keys had been locked in it.

We went to the Service Department and found a mechanic working feverishly to unlock the Driver's door.

As I watched from the passenger side, I instinctively tried the door-handle and discovered that it was unlocked.

'Hey,' I announced to the Fitter/Mechanic, 'it's open!'

His reply: 'I know. I already did that side.'

This was at the Ford dealership in St Albans , Hertfordshire.

*Stef*

**Warsop & District u3a**  
**BARN DANCE**  
**SATURDAY 10th DECEMBER**

The Oaklands Centre, Oakfield Lane, Warsop, NG20 0JE

7.00pm Start

£15.00 per ticket

Professional Caller

Buffet and a Bar

To apply for tickets

Contact Jennifer Thompson, on

07762 476901 or

email [jennifer568@btinternet.com](mailto:jennifer568@btinternet.com)



# THE LATE-SUMMER QUIZ

u3a

By Zoom

MONDAY 19th SEPTEMBER 2022

All u3a members in the  
East Midlands can take part:  
Singles 😊  
Couples 😊😊  
Teams (up to 4) 😊😊😊😊 🚫🚫

A handicap system makes it fair for all

No limit on the numbers from  
each u3a

To Register send:  
Your name & email address  
Name of your u3a  
Team name (if any)

To: [u3alatesummerquiz@gmail.com](mailto:u3alatesummerquiz@gmail.com)

You'll receive a confirmation email  
within a couple of days  
and Zoom details on Sept. 16th

**REGISTER NOW – PLACES ARE LIMITED!**

The quiz will start promptly at 7:00pm – login from 6:45pm

We aim to finish around 8:45–9.00pm

There will be a 10-minute comfort/drinks top-up break after Round 4

Answers will be given after Rounds 4 and 8

**u3a** learn,  
laugh,  
live  
East Midlands Region





**AGED 55 OR OVER  
WITH A LONG TERM HEALTH CONDITION?**

**ACTIVE**  
Leisure Sport Wellbeing

**FREE** weekly swim session  
at Dukeries Leisure Centre

**Every Wednesday 10:30am - 11:30am**

To book or for more details contact:  
[sportsdevelopment@active4today.co.uk](mailto:sportsdevelopment@active4today.co.uk)  
or call 01636 655701

Main Road, Boughton, Newark NG22 9JJ

**ACTIVE 4 TODAY**

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

ON AIR

**Non Stop Music**

The best music with top of the hour news updates

[Listen Live](#)

[Facebook Page](#)

## Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

# Health and Safety

## Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

Please continue to do the following: -

Take a test if you feel unwell and avoid meeting others

Continue wearing your mask if want you to

Avoid touching other people (hand-shaking, hugging and kissing) if you want extra protection.

Frequently wash your hands for 20 seconds and avoid touching your face. Sanitise your hands before handling equipment and games. (Sanitiser is available for use in our cupboard at Jubilee Hall) and Ambleside Community Centre

Event and activity organisers, please ensure windows and doors are open to ventilate the rooms

If you are arranging activity groups, you do need to keep a register of names and contact information.

If serving refreshments, please consider the safest way to avoid cross-contamination of infection.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration

*Leslye Henstock, Chair Dukeries, u3a*





The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

### **Disclaimer**

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to [jghollerton@gmail.com](mailto:jghollerton@gmail.com) as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: [www.u3asites.org.uk/dukeries](http://www.u3asites.org.uk/dukeries)

Facebook: <https://www.facebook.com/dukeriesu3a>

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