

Is it August already?



Does time seem to go more quickly when you are busy? When did I ever find time to go to work?

These questions are buzzing in my head as I sit to type this foreword for August, feeling that it only seems two days since I typed the one for July! I am sure our hard-working Editor must feel the same – thanks John for all your hard work.

Welcome to all our new members! We have several events coming up for you to enjoy and many people for you to meet.....

Monday 15 August is our Annual Garden Party at Jubilee Hall.

We are setting up the tables from 12.00 and would welcome helpers! If the weather is good, we are outside, if not, we will be indoors!

As this is our 30th anniversary we are having "Smooth Jazz Duo" who are Susie and Andy , professional musicians, to provide live music on the day.

This exclusive event for Dukeries u3a members, is free of charge, but we ask that you reserve a ticket. We also have a list of food from which you can choose a donation of something to bring. Please bring the food ready to serve, and put it in the kitchen with desserts in the fridge

We have about **18 tickets left**, so hurray to book your place. New members - we will reserve tables for you to sit together in case you have not met anyone yet. We will be there to greet you if you are arriving alone.

On the day, please bring your own drinks, cutlery, crockery and picnic chair (for outside). There will be people to help you carry items from your car, if you need help.

Please leave your cars next door in the pub car park. Those of you who have mobility needs may use the spaces outside Jubilee Hall.

The event will start at 1pm, with lunch, music and we will include a few activities.

Thank you for helping to clear away at 3.15pm . There will then be a training session/practice for the flash mob dance at 3.30pm in the hall for 45 minutes. All welcome!

Contact me on du3achair2020@gmail.com for a ticket or send me a text on 07946 702296

I am looking forward to seeing you

Leslye.



New Committee 2022

Chair

Leslye Henstock *du3achair2020@gmail.com*



Deputy Chair

Sharon Pinkett *du3adeputy2022@gmail.com*



Secretary

Vacancy

Treasurer

Chris Neighbour *pchrisn@icloud.com*



Membership Manager

Wendy Neighbour *membersdu3a@outlook.com*



Activity Group Co-ordinator

Jane Young *janelesley56@gmail.com*



Co-ordinator of Guest Speakers, Marketing, Advertising & Website

Ann Street *annstreetcornet@yahoo.co.uk*



IT and Zoom Advisor

Nick Mason *nick.mason1@gmail.com*



Newsletter Editor

John Harris *jghollerton@gmail.com*



Co-ordinator Charity Donations

Pam Hardwick *secretary1@gmail.com*



Committee Members

Patti Bell *bell.129@hotmail.co.uk*

Barry Callieu *barry.callieu@icloud.com*

Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Monthly Meeting 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening Group 10am till 12pm History Group 1.15 to 3pm Ambleside Centre	Rummikubs Ollerton House 2pm to 4pm Sewing Bee 10 to 12pm Ambleside Community Centre	All Sorts Gardening Group 10am till 12pm History Group 1.15 to 3pm Ambleside Centre Creative Writing 2.15 to 4pm Walesby Church Hall	Rummikubs Ollerton House 2pm to 4pm Sewing Bee 10 to 12pm Ambleside Community Centre
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1pm to 3pm Jubilee Hall Savoy Cinema Worksop 1.30pm	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Ukulele group 10 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall Book Club 11am Ann's House
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm Ann's House	Photography Walesby Hall 1pm to 3pm
Sunday Lunch Club 4th Sunday each month 12.30 for 1.00pm				

Green Bowling Wednesday August 10th & 24th.

Dates for your diary....

Monday 8 August

Du3a Committee Meeting

9.50 am Jubilee Hall

Come and meet us Contact Leslye

Monday 15 August

Du3a Members Only Annual Garden Party

Set up from 12.00 1-3pm

See forward in this

Newsletter

Monday 15 August

Flash Mob Rehearsal

Jubilee Hall 3.30 pm

All welcome

Future Dates.....

Monday 12 Sept

Du3a Committee Meeting

Jubilee Hall, 10.00 am

Come and meet us (contact Leslye)

Friday 16 Sept

U3A 40th Anniversary Dinner and Dance

John Fretwell Centre

7pm till late

See Advert in this newsletter

Monday 19 Sept

Members' Meeting receiving the U3A Beacon

Jubilee Hall, 12.30

More details in August

Monday 19 Sept

Flash Mob Rehearsal

Jubilee Hall approx. 4.00pm

All welcome

Saturday 24 Sept

Nottinghamshire U3A's 40th Celebrations

Highfields Park, Nottingham

See advert in this newsletter

Monday 10 Oct

Du3a Committee Meeting

Jubilee Hall, 10.00am

Monday 17 Oct

Members Meeting

Jubilee Hall 12.30

u3a Day – Monday 19 September 2022

Jubilee Hall, Ollerton

Another exciting day for members of Dukeries u3a with timings as follows:-



Worksop u3a will leave Clumber Park carrying the 40th Anniversary Beacon and Banner and walk to Ollerton. (There are three beacons starting their journey on this day, and their trips around the county will end at Highfields Park in Nottingham on Saturday 24 September).

Several of our members (carrying our two placards) will meet them at the Whinney Lane roundabout (TBC) and walk back to Jubilee Hall with them.

12.45 Dukeries u3a members will line the road and clap and cheer as they approach, hopefully by 1.00pm.

The beacon will then be formally presented to Dukeries u3a, photos, short speeches followed by refreshments, tea and coffee biscuits for all (we will also be supplying sandwiches, and fruit for all the walkers).

1.45pm Information about Saturday 24th Celebrations

2.00pm Our guest speaker, a local magistrate, will entertain us with information, and perhaps involve us in sentencing criminals.

3.15pm clear away

3.30 pm – Flash Mob rehearsal All welcome for a run through

6.45 pm Dukeries u3a Quiz Teams will compete, by Zoom, in the Nottinghamshire Challenge

Tuesday 20 September – calling our walkers!!!

Members of Dukeries u3a need to pass the Beacon to Mansfield u3a on this date. Please will you support us?

9.00 am Meet in the car park, opposite Berry Hill Park, The Miners Offices, Berry Hill Mansfield, NG18 4JU.

We will be carrying the Beacon, the Banner and our own two placards and be met by Mansfield u3a

9.50ish Arrive Mansfield Football Ground to be greeted by the Mayor of Mansfield and members of Mansfield u3a

Photos will be taken when we hand over the Beacon, followed by refreshments

We will then have a walk back to the car park to collect vehicles
Please sign up - we need a team of about 10 walkers.

Leslye

du3achair2020@gmail.com



The logo features the text 'u3a' in a large, bold, blue sans-serif font. Below it, the words '40th Anniversary' are written in a smaller, blue, cursive script font.

Flash Mob Details so Far

Dukeries u3a is leading the way for the dance which is to be performed by members from all over Nottinghamshire, thanks to Janice Cawkill, our member, who has choreographed the routine. Very similar to the dance we did at the Missedmas Party in January. We will be performing this dance on Saturday 24th September at Highfields Park, Nottingham (see details of the program in this newsletter).

We need as many men and women who are physically capable of completing a 4 minute, simple dance routine. If you can do side steps, forward and back steps and a few arm movements, you will be able to join us.

The dance will soon be available on video for you to download onto laptops, PCs and smartphones for you to learn in your own homes or in your activity groups (if appropriate)

There will also be rehearsals at Jubilee Hall on

Monday 15 August – 3.30pm after the Garden Party

Monday 19 September – 4.00pm after the 40th
celebration meeting

I will be collecting names of those of you who want to get involved on this exciting day, so do let me know at the Garden Party or by email.

**Let's put Dukeries u3a on the map
in Nottinghamshire!!!**

Leslye

du3achair2020@gmail.com



Saturday 24 September 2022

U3A 40th Anniversary Celebrations

We are now delighted to announce the details for this day

- Location** Highfields Park, University Boulevard,
Lenton, Nottingham, NG7 2RD
- Travel** By car, free parking on Saturdays.
Tram stop – Highfields Park (*park cars at Hucknall or The Forest and use your Travel Permits for a free ride!*)
- What to wear**
Blue, Yellow and White – bright, bold colours, name badges
Anyone got ideas what else we can do to promote Dukeries u3a?
- Program**
- 12:00pm Setting up tables and banners, signs
Bring fold up chairs, blankets, food and drink and get your place!
Be prepared for the weather.
Suggest flat shoes for both grass and concrete surfaces
- 13:00pm Worksop u3a Steel Band
- 13:30pm Welcome from the Lord Mayor of Nottingham
Beacons from three routes in the county arrive
Speeches
Followed by Flash Mob!
- 14:30pm Worksop Steel Band (*maybe dancing*)
- 15:30pm Clear away
There is also a children's play area, Arts Centre, café and toilets.

Everyone is welcome! Mingle with other u3a members. Relax and chat.
Bring cameras and snap away for us! Let's make a video or picture show of the day

Please offer lifts and car share with those who are not familiar with city driving.
There may be some people wanting to meet in Nottingham afterwards for a pint or a glass of wine.

It's going to be a day when seniors take over and have some fun.

Hope you can join us!



Sewing Bee

New!!

Dukeries u3a Sewing Bee – First Meeting –

**Wednesday 10 August 10.00am to 12.00,
Ambleside Community Centre, Yew Tree Road, Ollerton**

Love to Sew? Want to Sew?

This new club will give all members opportunities to help each other with sewing projects. These may include:-

- Making new garments from patterns
- Repairing garments
- Remaking and upcycling garments

Bring your portable sewing machine, a basic sewing kit and any sewing projects, if you have any.

We already have a machine and will be building up sewing kits .

This group will run on the **second and fourth Wednesday of each month**

Contact Christine or come along on the day.

Group Facilitator– Christine Yates

(enquiries 07799 701763)

Groups Co-ordinator – Jane Young



History Group

The history group is now up and running. Come and join this friendly and informal group. Lively participation is encouraged and all ideas for discussions or visits welcomed.



Coming Attractions:

Roman Britain
 Highland Clearances
 Living in a Plague Cottage
 The Knights Templar
 The status of Women through the ages
 A visit to The National Holocaust Museum
 A visit to The Slave Museum at the Albert Docks Liverpool.

The group meets on the 1st & 4th Wednesday of the month at Ambleside Community Centre, Yew Tree Road, Ollerton from 1.15 to 3pm. Cost £1.00 per session.

For more information contact,
 Contact Barbara Baglee
barbarabaglee@gmail.com





S T A R T I N G I N
 O C T O B E R,
 M E M B E R S W I L L
 H A V E T H E
 O P P O R T U N I T Y T O
 P L A Y S C R A B B L E
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 T H E M O N T H A T
 A M B L E S I D E
 C O M M U N I T Y
 C E N T R E





All Sorts Christmas Crafts

A new handicraft project planned to run until the end of November to make gifts, cards, or anything you can make associated with Christmas.

This will run along side the normal All Sorts activities on the first & third Wednesdays of the Month at Ambleside Community centre.

You will need a basic kit about which, information will be given on booking.

Please contact me for further details and to reserve your space

Thank you

Sharon

07739 003251

du3adeputy2022@gmail.com



Request from Nottinghamshire u3a's

On **Saturday 24 September**, 2022 our Nottinghamshire u3a 40th Anniversary Celebrations will take place at Highfields, Lakeside, Nottingham University.

Are you a **First Aider** who meets Care and Quality Commission Standards ?

We need First Aiders to be present from many u3a's. Can you be present on the day?

Please contact **Leslye 07946 702296** if you can help. *Thank you.*

**Want to have fun, exercise and fresh air?
Come and join us, make new friends!**

**Last three sessions this year, 10th & 24th
August & 7th September.**

Dukeries u3a Bowling Group

Ollerton Bowling Club, Whinney Lane, Ollerton,

Day - Wednesday

**Arrive 1.20 Playing Time 1.30pm – 3.30pm
(with a break for refreshments)**

£3.50 per session paid on arrival (exact cash please)

No experience necessary, newcomers welcome

Tuition will be given

Bowls available, or bring your own

Wear flat shoes

Car parking free

Air Ambulance



Despite the hot weather and the resultant reduction of members attending, the monthly meeting last month raised £23.00 through plant and vegetable sales.

An Apology.

I know that some members who attended the Lions race night at South Forest were disappointed to learn that bets on each race cost £1. Like myself they probably assumed that only pretend money would be used, as was the case at our own race night held a few months ago. The object of course is to raise money for local charities funded by Lyons and £1 a bet is apparently normal practice at these events. The poster supplied did mention that the proceeds of raffles and bets would be used for local charities but I, like others, jumped to the wrong conclusion. *John Harris*



**NOTTINGHAMSHIRE
NETWORK**

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

<https://www.nottsu3anetwork.org/news.html>

*Click on the link for the
latest Newsbites*

PAT Testing (portable appliances testing)

Dukeries u3a has been asked to PAT test any electrical appliances which are used in our meetings and activity groups.

The tests will take place on Tuesday 16 August between 10.00 and 12.00 at St Phillips Church, Chesterfield Road (near Tesco) Mansfield

With the very kind help and co-operation of Mansfield u3a



I will be loading my car with equipment from the storeroom at Jubilee Hall after our garden party on **15 August**. If you have any projectors or electrical equipment which you use for Du3a in meetings, outside of your home, please let me know by email or ring me on **07946 702286**, and I will add the item to the list.

Thank you

Leslye Henstock, Chair

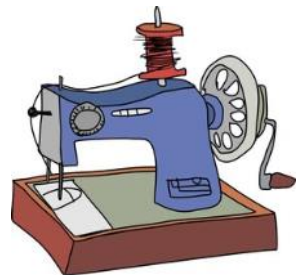
Wanted!!

Does anyone have a sewing machine they no longer use and would like to donate to Dukeries u3a.

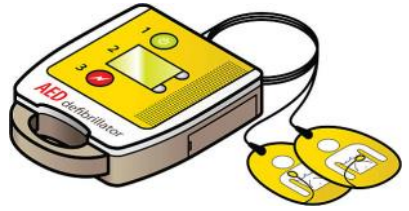
We are starting another sewing group, which would take place at Ambleside Community Centre in Ollerton.

We have a room where we can store the machines which would be useful for those attending.

If you are interested in taking part in this group, have dressmaking/tailoring skills, please see Jane Young at the next meeting and put your name on the list. *Thank You...*



We now have a Defibrillator mounted on the wall outside the main entrance to Jubilee Hall and the hall committee are looking for volunteers to learn how to use it. Any members who attend



Jubilee Hall and would like to volunteer, there are to be two training days in August, on the **9th at 7:30pm** and the **16th at 2pm**.

If you would like more details please contact **Peter Davis on 07751 192584**

Publicity Photo's

If you take a picture at one of our u3a events which you think might be useful for publicity then Ann



Street would love to hear from you. She is always looking for suitable pictures to send to local news media to help promote your u3a.



Ann Street

astreet496@gmail.com

Interest Group Leaders

All Sorts/Gardening	Sharon Pinkett	07739003251
Bridge	Colin Barrett	01623 820824
Bowling	Leslye Henstock	07946 702296
Creative Writing	Mike Mounsey	01623 824789
History	Barbara Baglee	01909 239661
Mahjong	John Wheeldon	01623 822691
Photography	Tony Brewer	01623 615338
Quiz Enthusiasts	Leslye Henstock	07946 702296
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	David Wightwick	01623 869672
Scrabble	Christine Storer	07980 511308
Sewing Bee	Christine Yates	077997 017 63
Sunday Lunch Group	Christine Yates	077997 017 63
Tuesday Lunch Club	Beryl Lee	01623 824549
Ukulele	Linda Bond	01623 861595



DUKERIES U3A CAR SHARING SCHEME

Now we are socialising once again, we would like to refresh our car sharing scheme. This enables non-drivers to come to meetings. It could also link members who live near to each other so

they might be able to take turns to drive, which would save money and benefit the environment.

If you feel you can offer a lift to Jubilee Hall or other activity venues, simply put your name on the list at the next meeting.

We will need the village or area in which you live, your name and phone number (mobile if you use one) which we would then publish in our newsletter.

If someone lives near to you, they could contact you to see if you are able to offer a lift.

THANK YOU FOR CONSIDERING THIS TO HELP OTHERS.

The All Sorts & Gardening Group

If you would like information about the group please contact me,

pinkettsharon@gmail.com

Or 077390 03251

We will be meeting on the 1st and 3rd Wednesday morning in the month, 10am till 12pm

Sharon



Book Club

**Every fourth Thursday of the month, 11am, at
Ann's House,**

Contact Ann Mounsey on 01623 824789 for more details.....



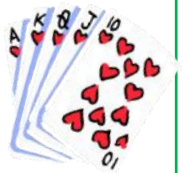
Bridge Club

Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm**. Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact Colin Barrett Tel: 01623 820824



Creative Writing Group



The Creative writing group will meet on
the **third Wednesday in the month**
2.15 to 4pm.

Meetings will be held at **Walesby Church Hall** - all welcome -
£2 (including refreshments) *Mike Mounsey*

Knit n' Natter

Third Friday of the
month, 2pm, Ann's house.

Contact Ann Mounsey on 01623 824789
for more details.....



Photography Group



After a very successful
July Photo Group meeting where
ALL the members summited absolutely brilliant
images of "a worms eye view" photograph.

Next month's subject is even more challenging, members of the
group are charged with taking pictures of moving water, now you
may think it's just a simple task of photographing the sea or a river
or lake, but that's just to easy, the images must show movement,
and water can be displayed from a simple glass of
the stuff to a whole ocean, so if YOU fancy having
a go at this subject then come along on **Friday**
26th August starting at 1 pm , or simply contact
me on **01623 615338**.

Old Tone

Tony Brewer tony.brewer3@sky.com



Mah Jong

*Every Thursday
Jubilee Hall
1pm to 3pm.*

John Wheeldon

johnwheeldon9@gmail.com

*Try a new skill in 2022 and join us to play this game!
No experience necessary. Equipment provided.*



*South forest
1st Friday of
month
1.30 till 4pm*

Scrabble



Scrabble meetings are continuing during this resent upsurge in covid. Please feel free to wear a mask if you are more comfortable with that.

contact Christine Storer on 07980 511308

Savoy Film Group



2nd Thursday in the month at the **Savoy Cinema, Worksop.**

Doors open 1.30pm for coffee, **film starts at 2pm.**

Tickets cost £4.15 including coffee, no need to book, just turn up.

Thursday 11th August

Unfortunately, no information on this months film has arrived, I will pass the details on by email when I have it.

Remember to bring your u3a membership card

Researching the Past

Interested in your family tree but don't know much about it? Would like to find out more?

Not sure about how to go about it?

A member of the All Sorts group is hoping to start a Family history / Genealogy group, if you would like more information please email Jane Young. janelesley56@gmail.com



Ramblers Rambles.....

We walk on the **first and third Tuesday** of each month, **9.30 at Jubilee Hall.**



Cheers, Kate & Stephen Hall
07877 792969.

Sunday Lunch Club

Third Sunday in the month, 12.30 for 1pm.



Sunday lunch at the Reindeer, Edgingly on 24th July



Our next venue will be the **Bella Vita in Edwinstowe on 28th August 12-30** as usual.

They require a £5 unreturnable deposit and a pre ordered meal. See you at the next meeting or contact me on 01623 422113. *Christine*

Tuesday Lunch Club

First Tuesday in the month. 12.30 for 1pm

Twenty members enjoyed a lovely meal at The Devonshire

Next venue **Rufford Golf club on August 2nd.**

Regards Beryl 01623 824549



Thai Chi

If anyone is interested in Thai Chi, Bryan Sadler is running classes in the following local venues.

Tuesday 10am **Clumber park**

Tuesday 2pm **Edwinstowe**

Wednesday 12pm **Worksop**

Thursday 2pm **Retford.**

For more information **call Bryan on 07792 417796**

Rummikubs Group



We meet on the **2nd and 4th Wednesday each month**,
in the restaurant at
The Ollerton House pub, Wellow Road, Ollerton,
2.00 – 4.00pm.

In spite of other summer attractions, 12 or more of us still meet on the second and fourth Wednesday each month, at Ollerton House. As new players have discovered it is a game that is easy to pick up, but not so easy to give up!!

August Dates; **Wednesday 10th and 24th**, come and join us.

Linda Bond (howardbond1@yahoo.co.uk)
01623 861595)



Memory Walk

Clumber Park Memory Walk

Venue	Clumber Park, Worksop
Date	02 October 2022
Arrival time	From 10am
First walk starts	From 11am
Routes	2.5km or 8.5km
Registration fee	Free
Fundraising target	£160



2nd October 2022

All the details can be found on the link below.

[Click here....](#)

Jubilee Ukulele group



This month we are one year old and what a lovely year we have had. Our skills have improved and our song book has expanded to over 70 songs. We have played at the Dukeries Missedmas Party, the Platinum Party and at Rainworth U3A Jubilee celebration. At the beginning of July, seven of us had a great day out at the DukeFest Ukulele Jamboree.

I always like to leave the best till last!

The best news is that we have had a years worth of good fun and made a group of good friends who help and encourage each other.

Our group has grown and we have, banjolele, wash board , and spoon players, as well as ukulele players varying in expertise from ability to play 3 or 4 chords, to accomplished players,

However, we can always make room for more!! We can teach you to play a ukulele, but if any guitar players etc. fancy joining us, or if you just enjoy singing do contact **Linda Bond 01623 861595** and come along any **Thursday morning. for a 10.00am start in the Jubilee Hall Bar**, you will be very welcome.

Keep smiling

Stay safe.

Linda Bond

howardbond1@yahoo.co.uk

01623 861595



If you are a twitter user u3a has a twitter account and you can find it at,

@u3a_UK



WhatsApp Walkers....



The Whatsapp walks take place on a **Thursday every two weeks at 10.30am,**



they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be

accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by Whatsapp but will also contact by phone call or text message.

Recently we had a very pleasant circular walk from Sherwood Forest to Archway House and back to Edwinstowe with refreshments at Fables on the high street here are some pictures of us and the flowers in



the field were a lovely mass of mainly Blue Phacelia and Red Clover

If you would like to join the group please contact **Marie** by text **07756765839**. Or **Hazel** on **07484728027** You'll be made most welcome.

Regards Marie & Hazel

Warsop & District u3a BARN DANCE SATURDAY 10th DECEMBER

The Oaklands Centre, Oakfield Lane, Warsop, NG20 0JE

7.00pm Start

£15.00 per ticket

Professional Caller

Buffet and a Bar

To apply for tickets

Contact Jennifer Thompson, on

07762 476901 or

email jennifer568@btinternet.com





On their way to get married, a young Roman Catholic couple was involved in a fatal car accident.

The couple found themselves sitting outside the Pearly Gates waiting for St. Peter to process them into Heaven.

While anxiously waiting they began to wonder; could they possibly get married in Heaven?

When St. Peter arrived, they asked him if they could get married in Heaven.

St. Peter said, "I don't know. This is the first time anyone has asked. Let me go find out," and he left.

The couple sat and waited for an answer... for a couple of months.

While they waited, they discussed the pros and cons. If they were allowed to get married in Heaven, should they get married, what with the eternal aspect of it all? "What if it doesn't work? Are we stuck in Heaven together forever?"

Yet another month passed before St. Peter finally returned, looking somewhat bedraggled.

"Yes," he informed the couple, "You can get married in Heaven"

"Great!" said the couple. "But we were just wondering; what if things don't work out? Could we also get a divorce in Heaven?"

St. Peter, red-faced with anger, slammed his clipboard on the ground.

"What's wrong?" asked the frightened couple.

*"OH, come ON!!" St. Peter shouted. "It took me three months just to find a **priest** up here!*

*Do you have ANY idea how long it'll take me to find a **lawyer???"***

Stef

THE LATE-SUMMER QUIZ

u3a

By Zoom

MONDAY 19th SEPTEMBER 2022

All u3a members in the
East Midlands can take part:

Singles 😊

Couples 😊😊

Teams (up to 4) 😊😊😊😊 🚫🚫

A handicap system makes it fair for all

No limit on the numbers from
each u3a

To Register send:
Your name & email address
Name of your u3a
Team name (if any)

To: u3alatesummerquiz@gmail.com

You'll receive a confirmation email
within a couple of days
and Zoom details on Sept. 16th

REGISTER NOW – PLACES ARE LIMITED!

The quiz will start promptly at 7:00pm – login from 6:45pm

We aim to finish around 8:45–9.00pm

There will be a 10-minute comfort/drinks top-up break after Round 4

Answers will be given after Rounds 4 and 8

u3a learn,
laugh,
live
East Midlands Region



**AGED 55 OR OVER
WITH A LONG TERM HEALTH CONDITION?**

ACTIVE
Leisure Sport Wellbeing

FREE weekly swim session
at Dukeries Leisure Centre

Every Wednesday 10:30am - 11:30am

To book or for more details contact:
sportsdevelopment@active4today.co.uk
or call 01636 655701

Main Road, Boughton, Newark NG22 9JJ

ACTIVE 4 TODAY

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

ON AIR

Non Stop Music

The best music with top of the hour news updates

[Listen Live](#)

[Facebook Page](#)

Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

Health and Safety

Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

Please continue to do the following: -

Take a test if you feel unwell and avoid meeting others

Continue wearing your mask if want you to

Avoid touching other people (hand-shaking, hugging and kissing) if you want extra protection.

Frequently wash your hands for 20 seconds and avoid touching your face. Sanitise your hands before handling equipment and games. (Sanitiser is available for use in our cupboard at Jubilee Hall) and Ambleside Community Centre

Event and activity organisers, please ensure windows and doors are open to ventilate the rooms

If you are arranging activity groups, you do need to keep a register of names and contact information.

If serving refreshments, please consider the safest way to avoid cross-contamination of infection.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration

Leslye Henstock, Chair Dukeries, u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: <https://www.facebook.com/dukeriesu3a>

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