

Hi everyone, yours truly here standing in for Leslye who has worked her socks off during last few weeks. She particularly asked for many thanks to be given to all the members who helped out at the AGM. Some people who attended said it was the most entertaining AGM they had ever been to. I think they were right, and the amazing supplies of home-made cake certainly helped. It was great to see so many older members and some brand new, encouraging us to feel that we can regrow after covid and get back to some kind of normality.

Which brings me round to the possibility of starting some new groups. Jane Young our Activity Groups Coordinator has had some interest expressed in reopening some of the groups that we had in the past. In particular the Discussion Group, History Group and Musical Appreciation, so if anyone is interested in helping to restart or join any of these groups or if you have an idea for a new group activity you would like to propose, please get in contact with Jane. janelesley56@gmail.com

The raffle at the AGM raised another £161.10 to add to the £2311.61 already donated to our charity, The local Air Ambulance. (There's a letter from the service reproduced in this newsletter). Almost reached £2500, an amazing achievement for a small group like ours.

The Jubilee celebrations are almost upon us, and Leslye particularly asked that I should pass on her hopes that everyone will enjoy the four-day holiday coming up not forgetting our own celebration at Jubilee Hall on the fourth.

John Harris

New Committee 2022

Chair

Leslye Henstock du3achair2020@gmail.com

Deputy Chair

Sharon Pinkett pinkettsharon@gmail.com

Secretary

Bobbie Thompson maureenthompson078@gmail.com

Treasurer

Chris Neighbour pchrisn@icloud.com

Membership Manager

Wendy Neighbour membersdu3a@outlook.com

Activity Group Co-ordinator

Jane Young janelesley56@gmail.com

Co-ordinator of Guest Speakers, Marketing, Advertising & Website

Ann Street annstreetcornet@yahoo.co.uk

IT and Zoom Advisor

Nick Mason nick.mason1@gmail.com

Newsletter Editor

John Harris jghollerton@gmail.com

Co-ordinator Charity Donations

Pam Hardwick secretary1@gmail.com

Committee Member

Patti Bell bell.129@hotmail.co.uk





















Group Meeting Times

	1st in month	2nd in month	3rd in month	4th in month
Mon			Monthly Meeting 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening Group 10am till 12pm Green Bowling, Whinney Lane 1.30 to 3.30pm	Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening Group 10am till 12pm Green Bowling, Whinney Lane 1.30 to 3.30pm Creative Writing 2.15 to 4pm Walesby Church Hall	Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1pm to 3pm Jubilee Hall Savoy Cinema Worksop 1.30pm	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Watercolour Painting 9.30 Wellow Memorial Hall Ukulele group 10 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall Book Club 11am Ann's House
Fri	Scrabble 13.30 South Forest		Knit n'Natter 2pm Ann's House	Photography Walesby Hall 1pm to 3pm

Sunday Lunch Club 4th Sunday each month 12.30 for 1.00pm



Saturday 4th June, 4pm till 8pm

Bring your own Bubbly & Glasses
Dress 1950's style (Optional)
Tickets £5.00 Members
£6.00 Non members

Tickets on sale now and next monthly meeting

Contact Sharon or Patti for further details.
pinkettsharon@gmail.com
Phone number 077390 03251





Mansfield u3a Jubilee Garden Party

Friday 24th June @ 2pm
Floral Media, Caunton, **NG23 6AQ**£20 per person
Cheques payable to
Mansfield & District u3a

Flower demonstration Raffle Tour of the Garden

Contact Marie - 01623 628142 Jill - 01623 422464

MELTON MOWBRAY

TUESDAY 28 JUNE 2022

TOUR ON A DAIRY FARM 2.30 – 5.00PM

Having just spoken to Farmer Jane Barnes, as she was riding her horse (!), I know we have a treat in store. She is lively, passionate about her cows and loves sharing her funny stories from her experiences.

This guided tour is on a newly built dairy farm, at Somerby, six miles from Melton Mowbray. They milk 260 cows twice a day and all the milk is made into the world-famous Stilton Cheese.

The tour starts at 2.30pm with a Tractor and Trailer Ride across the fields. We then watch the cows being milked and get close up to feed some baby calves too.

After the tours around the farm, there is time for a Q&A session whilst enjoying afternoon tea/coffee & cakes with Stilton cheese and biscuits. (There will be some Stilton cheese available to purchase at the end of the tour).

All the above for £20 per person. Friends welcome!

If enough people want to go, we could have a mini bus or small coach. If not, we can car share. Transport costs will be in addition to the tour price.

There is also the option to go earlier to the famous Melton Mowbray Market.

TO BOOK – EMAIL LESLYE ON du3achair2020@gmail.com
SEND £5 DEPOSIT TO OUR
VISITS ACCOUNT **90045998** SORT CODE **60-17-28**WITH YOUR NAME AND WORD **DAIRY**

or, sign up and pay your deposit before the meeting starts on Monday 16 May.



Check out Farmer Jane Barnes webpage.

https://farmerbarnesdairy.com/

30 Years Anniversary

The 30 years anniversary of our u3a turned out to be great fun. Over 70 members attended and a large quantity of home made cake was consumed. Some founder members where invited and had a chance to tell



a few stories of earlier times, and as it was also our AGM a certain amount of business had to be got through with some retiring committee members being thanked and new ones welcomed.

It was great to see Jubilee Hall so full again and made me feel that covid is finally behind us.



We have survived as a group and can now move on and enjoy the future.

Much thanks to all those who helped out on the day.

John Harris.

Birmingham Botanical Gardens



This month's Speaker

The Slow Road. 20 Jun MIKE OGDEN

Mike Ogden is a retired town planner. He lived on a narrowboat for many years, and cruised the inland waterway system extensively. Join Mike Ogden for a cruise by narrowboat. Travel up the



tidal Trent to Nottingham, and explore the Midlands and the Fens by canal and river. Cruise the Thames tideway through the centre of London, and follow the river all the way to Oxford. Take the lovely Oxford Canal north, and end the journey in the heart of the canal system, at Birmingham's Gas Street Basin.

This entertaining talk, richly illustrated with modern and archive pictures, and with original verses, brings the waterways vividly to life.

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Members may remember that May 1st this year was Naked Gardening Day and I'm happy to report that I have received a photograph from one of our members who decided to brave the elements and risking upsetting the neighbours,

joined the celebration. I've had to drastically edit the photo to stay within the bounds of

u3a regulations and save the members reputation.

editor





I was very pleased to represent Dukeries u3a at an afternoon tea to celebrate the Queen's Jubilee as a guest of Lee Brazier. Who is our Labour Party District Councillor for Ollerton, Budby and Perlethorpe



I met people involved in the regeneration project for Ollerton and they were interested to learn about u3a in 2022. There were 10,000 people doing the same around the country at 1pm on 26 May! Leslye Henstock





uza Quiz League

Nottinghamshire u3a's have been challenged to produce two quiz teams of four players to take part in a quiz league.

The meetings will take place in not-too-distant venues in the Autumn, with the final taking place for the top ten teams in November.

We would therefore like to have a list of 12 - 16 members, who would be willing to join in, and we hope to give everyone a chance of playing in the two teams.

It is not Mastermind! A wide knowledge of trivia is as important as specialist knowledge and of course, good humour too!

If we get near the top of the league, we would then choose our top quizzers to represent our winning team for the final.

If you would like to take part, and you haven't added your name on the list yet, please give your name to **Leslye Henstock**, email **du3achair2020@gmail.com** and details will be sent in the future!



Plus £161.10 collected from last months Raffle. Nearly £2500

Pam Hardwick



Mrs P Hardwick Duckeries U3A Manor Rise Kneesall NEWARK Notts NG22 OAB

Supporter Number: 64568

16 May 2022

Dear the team at Duckeries U3A,

On behalf of everyone here at the Lincs & Notts Air Ambulance, I would like to personally thank you for displaying our collection box and to everyone who contributed towards the generous donation of £265.00, towards an amazing total of £2311.61. We really appreciate your ongoing support, as donations like yours help keep our Helicopter in the sky and our Critical Care Cars on the road.

No one wakes up thinking they will need the help of the Lincs & Notts Air Ambulance, but with our crews on call 365 days of the year, our highly skilled Doctors, Paramedics and Pilots are there to help people involved in life-threatening incidents every single day. The enhanced level of pre-hospital critical care we deliver to patients at the scene, gives people with the most severe injuries and medical conditions the very best chance of survival when minutes matter.

2021 was the busiest year for missions that LNAA has ever seen, with our crews responding to a huge total of 1,496 incidents over the 12 months (a rise from 1,095 missions in 2020). We also transitioned from a 24/5 service to a full 24/7 service and since 1st September 2021 we have covered 24 hours every day with a clinical team. LNAA teams have provided the highest levels of critical care for the region, carrying out numerous prehospital interventions and our Doctor, Paramedic and Pilot teams have taken patients to 13 different hospitals in and beyond the region. None of this would have been possible without your generous support.

From all of us at LNAA, thank you very much for making a difference.

With best wishes.

Katherine Wright Community Fundraiser

Registered Office/Head Office

Lincs & Notts Air Ambulance Headquarters HEMS Way, Off Sleaford Road Lincoln, LN4 2GW

Patrons

Lady Sarah McCorquodale Sir John Peace, Lord-Lieutenant of Nottinghamshire Mr Toby Dennis, Lord-Lieutenant of Lincolnshire

T 01522 548469 | Email enquiries@ambucopter.org.uk





Dukeries u3a Bowling Group



Ollerton Bowling Club, Whinney Lane, Ollerton,

Day - Wednesday

Arrive 1.20 Playing Time 1.30pm - 3.30pm

(with a break for refreshments)

1st, 15 and 29 June (and every two weeks after)

£3.50 per session paid on arrival (exact cash please)

No experience necessary Guidance will be given

Bowls available, or bring your own Wear flat shoes

Arrive ten minutes before the start Car parking free

Publicity Photos

If you take a picture at one of our u3a events which you think might be useful for publicity then Ann



Street would love to hear from you. She is always looking for suitable pictures to send to local news media to help promote your u3a.

Ann Street

astreet496@gmail.com



Interest Group Leaders

All Sorts/Gardening	Sharon Pinkett	07739003251
Bridge	Colin Barrett	01623 820824
Bowling	Leslye Henstock	07946 702296
Creative Writing	Mike Mounsey	01623 824789
Mahjong	John Wheeldon	01623 822691
Photography	Tony Brewer	01623 615338
Quiz Enthusiasts	Leslye Henstock	07946 702296
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	David Wightwick	01623 869672
Scrabble	Christine Storer	07980 511308
Sunday Lunch Group	Christine Yates	077997 017 63
Tuesday Lunch Club	Beryl Lee	01623 824549
Ukulele	Linda Bond	01623 861595



NOTTINGHAMSHIRE NETWORK

NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

https://www.nottsu3anetwork.org/news.html

Click on the link for the latest Newsbites

The All Sorts & Gardening-Group

If you would like information about the group please contact me,

pinkettsharon@gmail.com

Or 077390 03251

We will be meeting on the 1st and 3rd Wednesday morning in the month, 10am till 12pm

Sharon



Every fourth Thursday of the month, 11am, at Ann's House,

Contact Ann Mounsey on 01623 824789 for more details....

Bridge Club

Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players. We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea. We meet in the Jubilee Hall, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm.** Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact Colin Barrett Tel: 01623 820824



Creative Writing Group

The Creative writing group will meet on the **third Wednesday in the month**2.15 to 4pm.

Meetings will be held at **Walesby Church Hall** - all welcome - £2 (including refreshments) *Mike Mounsey*

Knit n' Natter

Third Friday of the month, 2pm, Ann's house.

Contact Ann Mounsey on 01623 824789 for more details....





Photography Group

The next meeting of the Photo
Group will be on **June 24th** at the hall in **Walesby** starting at 1pm and finishing around

3pm, the subject is "abstract" that means patterns, shapes, colours, blurs, movement, the list is endless, "abstract photography demonstrates an escape from reality, and sometimes we all need to escape" open your mind to abstraction you will be amazed.

Ole Tone

Tony Brewer tony.brewer3@sky.com

mah Jong

EveryThursday Jubilee Hall 1 pm to 3 pm.

John Wheeldon johnwheeldon9@gmail.com

Try a new skill in 2022 and join us to play this game! No experience necessary. Equipment provided.



Future Speakers

MARATHAN DES SABLES

18 Jul CHRIS VASPER

The Marathon des Sables takes place in one of the most inhospitable places on the planet.

of the places of the plane

Chris embarked on this



journey of a lifetime twice in 2016 and 2018 raising money for the charity Walking With The Wounded.

Community Walks.

Andy Oxnard is organising a series of walks around Ollerton, each walk is about an hour to an hour and a half. Andy wants to use these walks to get to know local people and discover their views on their locality. Andy Oxnard, Community Engagement & Development Coordinator.

More contact info here.... https://www.nandscvs.org/our-work/ollerton-project/

Ramblers Rambles....

Once again the Ramblers undertook two walks in May, both blessed by wonderful sunny weather.

Our first walk on the day after the early bank holiday saw five people undertake a Ramblers group favourite walk, to the Conjur Adlers.

This takes you through the lovely village of Old Ollerton, then up to Boughton Brake and through the scout camp.



It is a nice, easy walk but was lengthened somewhat on this occasion as two roads on the return leg were completely cut off by roadworks and a detour had to be made.!



Our second walk was to the Northern End of the five pits trail taking in the old mining sites of Williamthorpe (where Stephen's Dad started work as a miner aged 15!), Pilsley, Holmewood and Grassmoor.

Tibshelf is the last pit on this trail but we have covered that on a previous walk.

This is a lovely flat walk via an old railway line and reclaimed land where there are several fishing lakes, it is a very easy 6 miles and we had great company on the way. We all look forward to meeting up

for good weather walks next month too.

We walk on the **first and third Tuesday** of each month, **9.30 at Jubilee Hall**.
Cheers, Kate & Stephen Hall
07877 792969.





2nd Thursday in the month at the Savoy Cinema, Worksop.

Doors open 1.30pm for coffee, film starts at 2pm.

Tickets cost £4.15 including coffee, no need to book, just turn up.

Top Gun Maverick Thursday 9th June



Trailer

After more than thirty years of service as one of the Navy's top aviators, Pete Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement rank that would ground him. The film has been brought up to date reflecting changes in Society.

Remember to bring your u3a membership card

Sunday Lunch Club

Third Sunday in the month, 12.30 for 1pm.









Our next venue on

26th June will be **Ollerton House** next door to the Jubilee Hall. **12-30 for 1pm** as usual.

Thank you Christine Yates 01623 422113.

Tuesday Lunch Club

First Tuesday in the month. 12.30 for 1pm



Christine was standing in for Beryl at The Lion on 3rd May. The next visit is to **Bella Vita** on **7th June.**

Regards Beryl 01623 824549



Nineteen members met up to organise the next six months venues.

This was in the form of an afternoon tea at Bella Vita.

The only photo not very good as everyone was chatting Regards Beryl





We meet on the **2nd and 4th Wednesday each month**, in the restaurant at **The Ollerton House pub, Wellow Road, Ollerton**, **2.00 – 4.00pm**.

There is no fee, thanks to the generosity of our host, but we do all buy a drink and some of the group have taken the opportunity to have lunch prior to the meeting.

This is an easy game to learn and you are very welcome to join us.

Linda Bond (howardbond1@yahoo.co.uk 01623 861595)

South forest 1st Friday of month 1.30 till 4pm



Scrabble meetings are continuing during this resent upsurge in covid. Please feel free to wear a mask if you are more comfortable with that.

There will be **no scrabble meeting in June** because the date coincides with the Jubilee celebrations.

contact Christine Storer on 07980 511308

Jubilee Ukulele group

FANCY DOING SOMETHING DIFFERENT?

We have decided to name the ukulele group the Jubilee Ukulele Group as we meet in the Jubilee Hall and it seems particularly appropriate this year.

We meet each **Thursday 10.00 -11.30**, in the bar at the **Jubilee Hall**.

Beginners, improvers and expert players are all welcome to join this lively group.

Extra help is given, to those who want to take advantage of it,

at the end of the get-together. If you want to give it a try before you buy a ukulele, I do have a spare!!



Stay safe.
Linda Bond
howardbond1@yahoo.co.uk
01623 861595



If you are a twitter user u3a has a twitter account and you can find it at,

@u3a_UK



WhatsApp Walkers....

The Whatsapp walks take place on a **Thursday every two weeks at 10.30am**,





they are mostly local walks of 3 to 4 miles, we meet at suitable local starting points relevant to the walk, some of the starting points can be

accessed by public transport, If a lift is required our friendly members are always willing to oblige. We usually contact everyone by Whatsapp but will also contact by phone call or text message.

Last Thursday we had a very pleasant circular walk from Sherwood Forest to Archway House and back to Edwinstowe with refreshments at Fables on the high street here are some pictures of us and the flowers in



the field were a lovely mass of mainly Blue Phacelia and Red Clover

If you would like to join the group please contact **Marie** by text **07756765839**. Or **Hazel** on **07484728027** You'll be

made most welcome.

Dukeries u3a – Membership Renewal

Memberships expired on 31 March 2022

PLEASE NOTE HOWEVER THAT OUR CELEBRATION
MEETING ON MONDAY 16 MAY IS EXCLUSIVE TO
MEMBERS ONLY

Please also note that some of our activity groups are full, so membership needs to be renewed for continued attendance!

Membership can be renewed at meetings – simply collect a form, fill in your details and seal it in the envelope provided with your cash or cheque.

Membership may also be renewed on-line via our Dukeries u3a website

<u>Full members form</u> Associate Members form

Renewal for an annual full membership to 31 March 2023 £19 per person

Renewal annual associate membership* to 31 March 2023 £10 per person *(for people who are full members of another u3a group. Proof required)

Dukeries u3a is now open to all Adults/Seniors (regardless of employment status)

From. Nicky Anthony Community relations officer

I would like to make you aware of a local Art class, that takes place weekly at Ambleside Community Centre.

The Teacher is a well-known local Artist, that volunteers his time on a weekly basis.

The council supported the group to set up just after Covid when numbers were still restricted in venues.

The group is now in a position to offer more spaces for students, and we have just funded £500 worth of new art equipment.

The group hasn't been advertised anywhere but we would like to extend the invitation to any of your members that have a keen interest in art or just fancy learning to paint.

The artist has included a small write up about the group. (See next page)

If any of your members are interested in attending, can you ask them to contact me in the first instance.

Kind regards Nickie Anthony

Community Relations Officer HOUSING, HEALTH & COMM RELATIONS

Newark and Sherwood District Council

+44(1636)655719

Nickie.Anthony@newark-sherwooddc.gov.uk

Ambleside Art Group

We are a small art group based at Ambleside Community Centre in New Ollerton with only 7 members plus the tutor.

We meet every Tuesday evening 7-9. One week is tutor led, where we follow his step-by-step watercolour demonstrations, covering a variety of topics. The second week is left to the members to just paint or draw whatever they want to do. The tutor also attends and only helps if assistance is needed and to provide materials if they are also need. The tutor works on a voluntary basis and does not get paid for his services.

Members voluntarily pay a small amount of money each week to pay for extra materials as and when they are needed.

We are looking to see if there are any other likeminded people in our community who would like to join our friendly art loving group. We are non-competitive and all ages (16+) are welcome to come along and give it a go.

Members are encouraged to create several pictures of different topics and using different mediums.

Kind regards Ian



Heathland volunteer mornings & activities

When?	Where?	Time	What
Friday 6 th May	Sherwood Heath, Ollerton	10am to 12pm	Heath management activities
Friday 13 th May	Oak Tree Heath, Mansfield	10am to 12pm	Heath management activities
Saturday 14th May	Sherwood Heath, Ollerton	Time TBC	Dawn bird chorus walk
Friday 20 th May	Oak Tree Heath, Mansfield	10am to 12pm	Heath management activities
Friday 27 th May	Sherwood Heath, Ollerton	10am to 12pm	Himalayan balsam pulling & heath management activities
Friday 10 th June	Oak Tree Heath, Mansfield	10am to 12pm	Heath management activities
Friday 17 th June	Sherwood Heath, Ollerton	10am to 12pm	Himalayan balsam pulling & bracken bashing
Friday 24 th June	Oak Tree Heath, Mansfield	10am to 12pm	Heath management activities





Location & Directions

Oak Tree Heath: NG18 3RT - Parking: in the carpark of Tesco or Oak Tree Leisure Centre - Meeting point – outside Oak Tree Leisure Centre - Meeting point: notice boards/picnic benches on Sherwood Heath: Sherwood Heath: NG22 9DT - Parking: in the lay-by opposite Green Hut Café along the A616, or the carpark behind the Alder's pub - Meeting point: notice boards/picnic benches on Sherwood Heath

Please follow our Facebook page @sherwoodforesttrust to keep up to date with any more activities going on, such as bat walks, events and more!

If any sessions are cancelled, this will be communicated via our Facebook page and also through email to all those on our mailing list.

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Dukeries u3a linking with the Dukeries Community.

We are delighted to advise you that Dukeries u3a members have been invited to the following events.

We hope there is something which might interest you.!



Friday 25 March Great British Spring Clean on the Heath 10am W/C 28 March bat walk with Katie, weather dependent Friday 15 April butterfly and moths walk with Mel 10am Saturday 14 May Dawn Chorus with Charleen and Mark W/C 23 May bat walk with Katie, weather dependent Friday 17 June balsam and bracken bashing 10am to 12pm

Please visit the Sherwood Heath Facebook page for full details or last minute changes or email lynn.preece@nsdc.info

Meet at the notice board

https://www.facebook.com/SherwoodHeathSSSI

Edwinstowe's Hidden Gem

If you are in Edwinstowe, and fancy a coffee and a lite bite, (with or without others), visit our new Community Partner at

Edwinstowe House, High Street, Edwinstowe, NG21 9PR.

Free parking - simply drive to the barrier and press the button.
Remember to collect the passcode from reception when leaving.
A warm welcome awaits you!



Leslye



We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,

ON AIR

Music Farnsfield, Lowdham, Rainworth, Rufford and the

surrounding areas. It's

proving very popular so why not give it a listen.....

Non Stop Music
The best music with top of the hour
news updates
Listen Live

Facebook Page

Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

Link to the website here...

Health and Safety Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations and a booster, to lessen the risk of catching or spreading Covid.

However, we now know people who have caught Omicron, in spite of being vaccinated. We Seniors also need to take extra care of ourselves

So please consider to continue to do the following: -

- *Take a test before meeting others
- *Wear your face mask when near to other people
- *Avoid touching other people (hand-shaking, hugging and kissing). It's hard to do but necessary for the time being!
- *Frequently wash your hands for 20 seconds and avoid touching your face Sanitise your hands before handling equipment and games. (Sanitiser is available in our cupboard at Jubilee Hall)
- *Ventilate rooms and cars

If you are arranging activity groups, you do need to keep a register of names and contact information. If serving refreshments, please consider the safest way to avoid cross-contamination.

If we each take on the responsibility, to protect ourselves and safeguard our friends, we will be able to enjoy our social lives.

Thank you for your kind consideration Leslye Henstock, Chair Dukeries, u3a



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

https://www.u3a.org.uk/newsletter

Back issues are also available on this link.

https://www.u3a.org.uk/about/newsletter

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Dukeries u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to jghollerton@gmail.com as early as possible and not later than the 27th of the month.

Thank you for taking the time to read this newsletter.

Newsletter Editor: John Harris

Website: www.u3asites.org.uk/dukeries

Facebook: https://www.facebook.com/dukeriesu3a

The Third Age Trust Registered Charity No. 1118205

