



STAYING CONNECTED

No 22 December 2021



Dancing December

Dear Members

As I sit down to write this message, I think back to last year, when Pam Hardwick was organising for the members of our committee to send a message to every member of Dukeries u3a in a Christmas Card. We did not want anyone to feel isolated and we still don't. Keep in touch with each other in the winter weeks ahead.

This year, we will be able to pass on our Christmas messages in person and I am really looking forward to doing just that at our Christmas Party.

For those of you who have signed up for tickets, (we have four remaining if you have not got yours yet) we are hoping for a fun afternoon. If you are a new member, we promise to introduce you to new friends and look after you!

We are aiming to reach £2000 in donations for the Air Ambulance, so bring lots of pound coins for the massive raffle (thank you for donations) and we will also auction seasonal flower decorations. (Our Bring and Buy Table will resume in January). Once again, thanks to Pam Hardwick and Jean Parry-Williams for their involvement.

Would you like to go home with a gift from Santa? You can by playing Secret Santa.

Looking very festive is the code for the day and there will be prizes for the most original headwear.

15 members of the Dukeries u3a Ukulele Group will be entertaining us, and there will be a Tamla Motown Disco to conclude the party. We are also planning "Dukeries u3a Not-So-Strictly Come Dancing Christmas Special" and "Crazy Charades".

In 2022, we are planning to hold some special social events, a few outings and we hope our Activity Groups will thrive once again, with the return of groups which have been dormant and the hope of new groups to be introduced.

As we are threatened once again with another variant of COVID, do keep safe. It is kind of you to complete a lateral flow test before joining any activity group. Keep rooms ventilated and frequently wash and sanitize hands and wear those masks.

Finally, I would like to end by thanking those of you who have used your time to benefit the members of Du3a in 2021 I hope in doing so, it has given you a feeling of well-being and satisfaction to feel part of our Du3a Group, which loves to learn, laugh and live!!

Warmest wishes to you for the Christmas Season

Leslye x



Group Meeting Times



	1st in month	2nd in month	3rd in month	4th in month
Mon		Sewing Group Walesby Church Hall 10 till 12.30pm	Christmas Party 1pm. Jubilee Hall	
Tues	Ramblers 6-8 m 9.30 Jubilee Hall Tuesday Lunch Club 12.30 for 1.00 pm	Bridge Group 1pm till 4pm Jubilee Hall	Ramblers 6-8 m 9.30 Jubilee Hall	Bridge Group 1pm till 4pm Jubilee Hall
Wed	All Sorts Gardening Group 10am till 12pm	Rummikubs Ollerton House 2pm to 4pm	All Sorts Gardening Group 10am till 12pm Creative Writing 2.15 to 4pm Walesby Church Hall	Rummikubs Ollerton House 2pm to 4pm
Thurs	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Ukulele group 10.00 to 11:30am Jubilee Hall Mah Jong 1pm to 3pm Jubilee Hall Savoy Cinema Worksop 1.30pm	Ukulele group 10.00 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall	Watercolour Painting 9.30 Wellow Memorial Hall Ukulele group 10 to 11:30am Jubilee Hall Mar Jong 1pm to 3pm Jubilee Hall
Fri	Scrabble 13.30 South Forest			Photography Walesby Hall 1pm to 3pm
Sunday Lunch Club 4th Sunday each month 12.30 for 1.00pm				

Committee 2021

Chair

Leslye Henstock *du3achair2020@gmail.com*



Deputy Chair/Group Secretary

Pam Hardwick *du3asecretary1@gmail.com*



Treasurer

Chris Neighbour *pchris@icloud.com*



Membership Manager

Wendy Neighbour *membersdu3a@outlook.com*



Activity Group Co-ordinator

Jane Young *janelesley56@gmail.com*



Minutes Secretary at Meetings

Val Saunders *du3amminute46@gmail.com*



Co-ordinator of Guest Speakers, Marketing, Advertising & Website

Ann Street *annstreetcornet@yahoo.co.uk*



Greeter at Meetings, Members' Liaison

Marie Bartle *mariebartle@hotmail.com*



IT and Zoom Advisor

Nick Mason *nick.mason1@gmail.com*



Newsletter Editor

John Harris *jghollerton@gmail.com*





Christmas Celebrations!!

MONDAY 20 DECEMBER 2021

JUBILEE HALL

4 Tickets Left...

1PM TILL 4PM



For health and safety reasons, we will be running at a reduced capacity in the hall, so tickets will have to be available on a first come, first served basis.



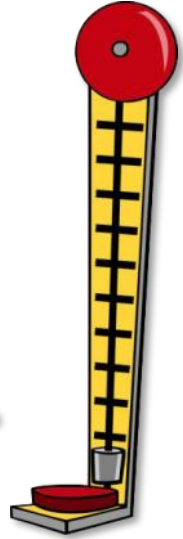
Leslye



My thanks to all our members who 'brought and bought' for the Air Ambulance table at Monday's meeting.

There were some really great items which were snapped up by our savvy shoppers and lots of smiles on faces made my 'playing shop' experience brilliant.

£2,000



The AA box was much heavier when I left the hall.

My thanks also to the scrabble group who had a whip round to donate to this worthy cause.

Our next fund raiser will, of course be the raffle at our Christmas party. We already have a lovely lot of prizes to be won but there is always room for more so if you would like to donate then please bring your stuff to the party.



I think we can smash our target ... yippee!!!

Pam xx



**EXERCISE YOUR BRAINS FROM THE
COMFORT OF YOUR
OWN
HOME!**



Tuesday 7th December 7.00pm

**Please book your places on the above event by
emailing Leslye.**

More information/help about Zoom,

email Leslye or Nick Mason.

**Contact Leslye Henstock
du3achair2020@gmail.com**



January's Speaker

17 JANUARY 2022

LISA DEAN - PET DETECTIVE

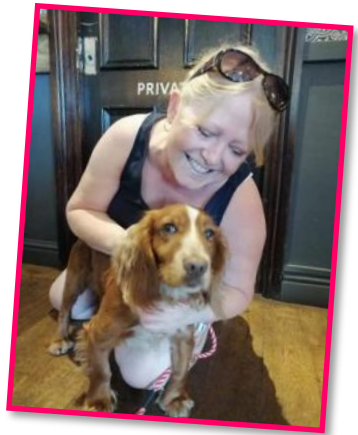
Lisa is a former pre-school teacher who changed her career to search for missing animals with her registered charity,

Beauty's Legacy.

She has reunited hundreds of pets with their owners - some have been stolen whilst others have been missing for up to five years.

Lisa dedicates her time to helping distressed owners across the nation, and even has an array of disguises to choose from. She has been successful in helping to reunite 700 pets since 2016.

Come and hear our local hero tell us of the many success stories she has had.



Ann Street



Speakers for Early Next Year

17th January, Lisa Dean, **OUR LOCAL PET DETECTIVE**

Lisa has had great success in her searches for missing animals with her registered charity, Beauty's Legacy—just like Ace Ventura.

21st February, Geoff Harris, **THE LONDON NO-ONE TELLS YOU ABOUT**

When we think of London we all have the same big tourist attractions in mind: Trafalgar Square, The Houses of Parliament, Tower Bridge, but there is more, so much more.....

21st March, Simon Cork, **ANDREW CARNEGIE, HIS PHILANTHROPY AND LIBRARIES, A VISION FOR THE FUTURE**

Andrew Carnegie was the richest man in the World in 1901 and became one of the World's greatest philanthropists. Simon will give an illustrated talk on Carnegie's remarkable life.

11th April, Jack Hibbert, **FIRE SAFETY IN THE HOME**

Firefighter Jack works in the Notts Fire & Rescue Service's Education Team. He will be giving advice specifically designed for us.



16th May, **ANNUAL GENERAL MEETING**

Recently received email from Mary Morris.

Good morning Leslye, hope you and your family are keeping well. It was lovely to receive the card with the kind messages inside. You have certainly held the U3A together during this pandemic for which many members will be eternally grateful. Thank you. We both made life-long friends as members of the Dukeries, and we will continue to be part of their lives.

As you know, last year we moved to our lovely house in Church Warsop. It was a giant step we took, but with no regrets. Being in isolation for so long has given both David and I lots of time to settle! We still do not know many people but there are a few in the locality who are starting to recognise us, a little wave or a nod, a smile and sometimes a short conversation (mainly about wearing masks etc!).

Perhaps when the time is right, we may join some more local activities through the Warsop U3A. That time is not right yet! Both of us have experienced ill health recently, so slowly, slowly is the order of the day.

Thanks once again, love to you and all the committee, who have been so supportive to you throughout,

Kind regards,

Mary and David Morris

Thank you, Mary, for getting in touch, and we hope you and David are now enjoying better health. We totally understand that you will be making new friends in Church Warsop, and u3a is, of course, one of the best ways to do this. We do miss you though, and hope that you will come to some meetings or Mah Jong again in the future. Thank you for your kind words – we have a wonderful committee!

Love and best wishes

Leslye x





Sherwood Forest Poetry Place Exhibition – Inspire Culture

You may remember that we were offered places for a poetry workshop earlier in the year.

This was part of a libraries initiative in conjunction with Miner2Major.

A few of us signed up and as a result our poems are now being exhibited in libraries across the county.

After a stint at Mansfield the exhibition has moved on to **Worksop Library Gallery**.

Do pop in to see the exhibition if you happen to be in the area from **now until 9th January**.

Next year it will move on to West Bridgford and Beeston. Photographs of the Sherwood Forest area were used to inspire us to write our poems and the poets involved are Leslye, Ann and Alex.

We hope that our efforts will inspire others to put pen to paper.

Thanks

Alex

[*See more on the exhibition here.....*](#)

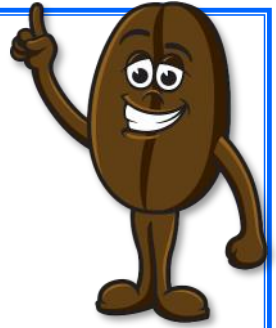


A Stitch in time....

Huge thanks to Suzanne Rawlinson for her patience and guidance in our recent upcycling class. We used off-cuts and samples of fabric which some people would have sent to landfill. Most enjoyable and we all took something home with us which will be used, as well as some great ideas! *Leslye*



Refreshments at Members' Monthly Meetings



We all enjoy a cuppa at our meetings, and this service is run by you, our members.

Thank you to those whose names are already on the list. We need at least four people per meeting, for serving and washing up.

So, lads and lasses, send me your name to volunteer and I will confirm the rota with you before the meetings. Would you like to go one step further and be The Organiser of the Rota (only 10-12 times per year) do get in touch. This would probably take up 2 hours of your time per month and it is such an essential, valuable and easy task to do!



No experience required, full training given!!

du3achair2020@gmail.com or leave a message on 07756 436 177

Looking forward to putting your name on the list.

Thank you

Leslye x



NEWSBITES!

Sharing ideas across 34 u3a's in Nottinghamshire

<https://www.nottsu3anetwork.org/>

*Click on the link for the
latest Newsbites*



Interest Group Leaders

All Sorts/Gardening	Sharon Pinkett	07739003251
Bridge	Colin Barrett	01623 820824
Creative Writing	Mike Mounsey	01623 824789
Mahjong	John Wheeldon	01623 822691
Photography	Tony Brewer	01623 615338
Rummy Kub	Linda Bond	01623 861595
Ramblers 6-8m	David Wightwick	01623 869672
Scrabble	Christine Storer	07980 511308
Sewing/Craft	Cynthia Davis	01623 825406
Sunday Lunch Group	Christine Yates	077997 017 63
Tuesday Lunch Club	Beryl Lee	01623 824549
Ukulele	Linda Bond	01623 861595
Watercolour Painting	Andrew Young	01623 863327

The All Sorts & Gardening Group



We are organising a trip to Kew Gardens for Maytime next year.

We would like to invite members of the Dukeries U3a to join us on what should be an interesting and fun day. Cost £40 to £50 which includes the coach and admission fee. Departure will be around 06.45 and return around 21.00. I'm just looking at numbers at the moment and would be grateful if you could let me have your names so I can work costings out.

Please email and advise number of seats required.

[Kew Gardens Link...](#)



More visits are being planned
If you would like more information about the group please contact us.

pinkettsharon@gmail.com

or bell.129@hotmail.co.uk

**We will be meeting on the 1st and 3rd Wednesday morning in the month,
10am till 12pm**



Sharon and Patti

Bridge Club



Not to be confused with national, international or any other conventional bridge clubs. If you enjoy playing cards and social interaction then this could be the group for you. We have beginners and also good and intermediate players.

We don't have critics to frighten you off. You don't need a partner and you will be part of the friendliest group you have ever met and you will get a cup of tea.

We meet in the **Jubilee Hall**, Wellow Road, Ollerton NG22 9AP.

The group meets on the **2nd and 4th Tuesday** of the month starting at **1:00pm until 4:00pm**. Admission is £2

You are welcome to visit us and watch at no charge and judge whether you would like to join us.

For further information contact Colin Barrett Tel: 01623 820824



The u3a National Newsletter is available on line and all you need to do is fill in a few details on the link below and you can get your own copy emailed to you every month.

<https://www.u3a.org.uk/newsletter>

Back issues are also available on this link.

<https://www.u3a.org.uk/about/newsletter>

Creative Writing Group

The Creative writing group will meet on
Wednesday 19th January
2.15 to 4pm.

Meetings will be held at Walesby Church Hall
 - all welcome -

£2 (including refreshments)



Mike Mounsey



Mah Jong

Every Thursday
Jubilee Hall

1 pm to 3 pm.

John Wheeldon

johnwheeldon9@gmail.com

Ramblers Rambles.....



Our walk on 19th October was somewhat disrupted by the weather, although we are happy to walk in light rain or drizzle and in wind and mist, the weather before this walk had been atrocious.

Our original plan was a picnic walk in Derbyshire which was scuppered by the weather, then it was to be the Teversal trail but again rain interfered so we stayed closer to home and walked from the Jubilee Hall through Old Ollerton and down by the river to Boughton Brake and onto the Scout camp.

Seven of us enjoyed a very relaxing 7 mile walk, the weather was kind to us and it actually got quite warm, it was very pleasant to be out and enjoying the Company, whilst walking, that Rambling provides.

Thank you to David and Ann Wightwick for being quick thinking and coming up with a good alternative route.

Our first walk in November was also local and again took 7 of us from Jubilee Hall via the very lovely piggies to the railway line and through to Edwinstowe where we walked a short distance by the river before turning off to head for Centre Parks and Rufford.

We walked through Rufford Park which is always so lovely, and where they were setting up for the Sound and Light show later in the week. I actually went to this on 4th November and it was superb, the music and the way the lights were set up to reflect the sound was excellent, so if they do it again next year it is well worth a visit.

We then came back across the fields and by the piggies to Jubilee Hall.

We thought the walk would be about 8 miles but it was over 9 by the time we got back but everyone had really enjoyed the sunshine and the route so as they say "a good time was had by all".



Apologies as I do not have any photos but hope the above reflects the two very pleasant walks we have undertaken recently.

Kate Hall

We shall be walking again on the **1st and 3rd Tuesday** of the month in December, **9.30am at Jubilee Hall**. If you are interested in joining us contact *Steve or Kate Hall on 0787 7792969*.

More Rambles.....

We met at the Alders for what is officially our last walk of the year as in December we only have a short stroll before our Christmas Dinner. Walking across



Sherwood Heath and around the rear of the old pit tip we made our way to Swinecote crossroads and over onto Budby Heath.

The original plan was to walk around the perimeter of the Heath but several of the group said that the walk across the Heath was more scenic and they were indeed correct. The sun made an appearance and highlighted the natural colours of the grass and heather and of course the beautiful trees at this time of year.

We were also treated to several sightings of the wonderful rare breed cows. This was a circular walk back to the Alders of about 7 miles and was enjoyed very much by all. It was lovely to have Mal and

Rosemary walking with us too! *Kate....*



Savoy Film Group



The film group at Worksop has restarted

2nd Thursday of the month at the **Savoy Cinema, Worksop.**

1.30pm for coffee, **film starts at 2pm.**

Tickets cost £4.15 including coffee, no need to book, just turn up.

Remember to bring your u3a membership card

No information on the film for December or even if there is one planned. I will email if I hear anything...



Sunday Lunch Club

Our December lunch will be on the 19th which is a week early to avoid Christmas week. This will be at the **Hostess at 12-30** as usual.

Contact me on 01623 422113.

Christine



If you are a twitter user u3a has a twitter account and you can find it at,

@u3a_UK



Tuesday Lunch Club

The golf club served an excellent meal for 25 of us and I received many kind words, cards and flowers from members of the group, after my



recent loss, which I found very touching, never realised I had so many friends.

Regards Beryl
07967801467.

Photos from Marie Lockwood



Rummikubs Group



This game is growing in popularity, which is not surprising.

It is an easy game to pick up, yet it exercises the 'little grey cells'. This is a friendly group whose members are happy to help newcomers to the game.

We meet on the **2nd and 4th Wednesday** each month, in the restaurant at **The Ollerton House pub, Wellow Road, Ollerton, 2.00 – 4.00pm**. There is no fee, thanks to the generosity of our host, but we do all buy a drink and some of the group have taken the opportunity to have lunch prior to the meeting.

You are very welcome to join us.

Linda Bond (howardbond1@yahoo.co.uk
01623 861595)



**Walesby Church Hall.
Monday 13th December
10 to 12.30pm**

Sewing Group



The meetings take place at Walesby **Church** Hall
not the village hall
as advised last month.

Please contact Cynthia Davis

for more information

Telephone 01777 701191.



Scrabble is Back!!

South forest
1st Friday of
month
1.30 till 4pm

FRIDAY 3RD DECEMBER



contact Christine Storer on 07980 511308

Watercolour Painting

Meets **4th Thursday in the Month at 9.30 to
11.30** in Wellow Memorial Hall.

Contact Andrew Young.

andrewdouglasyoung@gmail.com



Thanks, Andrew

WhatsApp Walkers....



*The walk from Boughton pumping station around
Walesby Forest last Thursday.*

Hazel Francis



If you would like to join the group
please contact Marie by text
07756765839. You'll be made
most welcome.
Regards *Marie*



The Wine Group



The wine group restart is still very much at the planning stage. If anyone with an interest in wine would like to help get the group back to the 'opening bottles' stage please would they email Stefan to discuss what needs to be done and find out how they can help.

stefziemba@btinternet.com

The ukulele group is growing, both in size and skills. We have all had

Ukulele group

a lot of laughs learning new songs and practising one or two to play at the Christmas Party.

We meet each **Thursday 10.00 - 11.30am at the Jubilee Hall Bar**, Wellow Road, Ollerton. Cost £1. Although we now have over a dozen members of various abilities, there is room for more members and you are invited to join in the fun!!

Beginners, improvers or 'experts' are all welcome. You do not need to be able to read music, and if you do not have a ukulele and want to give it a try, I can arrange a loan for the session. Let me know if you need any more information.

Looking forward to the Christmas Party



Stay safe.

Linda Bond

howardbond1@yahoo.co.uk

01623 861595



Depression, my little story....

The thing that triggered me to write this was a small article about a young man who stood on a railway station with a notice saying "I get depressed sometimes, and it's okay"



[See Ben Here..](#)

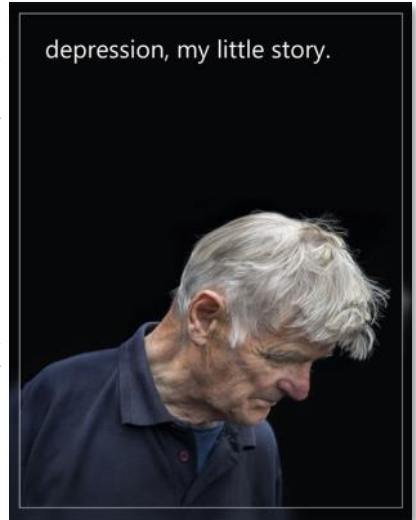
Firstly this is not easy for me to write, laying your soul open for all to see is very hard to do, but as the heading suggests it's about a feeling, an emotion, a mood or as many will not accept it's about depression.

Well here's my little story, I have suffered with this illness nearly all my adult life, it really starts with the death of my father, or maybe it was there all the time, either way it does not really matter it was there and little did I know how it would affect me.

To try and describe how it feels, when I am lost in those woods, it sometimes takes me a while to realize that I am lost. For the longest time, I can convince myself that I have just wandered off the path, that I will find my way back to the road any moment now. Then night falls again, and I still have no idea where I am, and it's time to admit that I have bewildered myself so far off the path that I don't even know from which direction the sun rises anymore.

One of the things that baffles me (*and there are quite a few*) is how there can be so much lingering stigma with regards to mental illness, specifically depression. In my opinion, living with depression takes a tremendous amount of mettle. I suppose it's a bit like a soldier in a war (though the bombs and bullets, in this case, come from the inside). At times, being depressed can be an all-consuming challenge, requiring a lot of stamina and even more courage, so if you're living with this illness and functioning at all, it's something to be proud of, not ashamed of.

I'm not better, you know. The weight hasn't left my head. I feel how easily I could fall back into it, lie down and not eat, waste my time and curse wasting my time, look at my hobbies and interests and say "I just can't be bothered anymore" but then I have been a very lucky person indeed, someone who loves me dearly can see the weight pressing down, and will listen to my ramblings and fears and tears, she will slowly lift me back into the world of the living, that person is my wife, who I cannot thank enough for getting me where I am today, mainly with some sort of sanity.



I have stood on the edge of a building and wanted to jump, I have walked by the sea and wanted to walk into it, I have thought of ways to end it all, but of course I did not do any of those things because I found someone to talk to and help me. It sounds like I am depressed all the time; well I am not, most of the time I am on an even keel. I write this in the hope that it may just help someone somewhere, and if it does then I have achieved something.



Try to understand the blackness, lethargy, hopelessness, and loneliness they're going through. Be there for them when they come through the other side. It's hard to be a friend to someone who's depressed, but it is one of the kindest, noblest, and best things you will ever do.

So if you feel in anyway like I have then don't feel alone, there are many people out there who will and can help you, remember
its okay to be depressed.

Ole Tone



Bumblebee

**He likes the lilacs in my garden
 I love to watch him fly
 He's just a tiny, fuzzy ball
 And I wonder how he can fly at all**

**A world without him
 I dread to think what that would be
 And I imagine my distress
 It would be a new kind of loneliness**

**But for now, I'm in my garden
 Watching clouds sail with the breeze
 Feeling carefree as I listen
 To the hum of bumblebees**

**It's quite absurd this summer morning
 To think we could be trapped
 Inside a world where all is changing
 Too fast for bumblebees to adapt**

**From thyme to bluebell
 From hyacinth to lily rose
 Oh, how I do adore the sight
 Of his rather clumsy, erratic flight**

**Yes, for now, I'm in my garden
 Watching clouds sail with the breeze
 Feeling sad for those who'd never
 Hear the hum of bumblebees**

ABBA

[Bumblebee Song](#)

[The Story](#)

Free 3 Day Pass with Active4today

This pass entitles the guest to 3 consecutive days use of our facilities at our 4 sites shown on the flyer (*see below*). They will be able to access the following facilities at the centres.

Gym
Swimming
Fitness Classes



In order to activate the free pass Dukeries U3A members should email us at enquiries@active4today.co.uk where we can organise this for them. If they can mention they are U3A members at the point of enquiry that would be great too.

We have a fantastic new pool that has recently opened at the Dukeries in Ollerton and sessions include:

- Lane swim
- Lunchtime swim
- Early morning swim
- Public swim
- Aqua aerobics
- Ladies swim
- Family fun swim
- Swimming Lessons



The pool is also available for private hire if groups prefer their own swim session.

Any questions or queries please contact Jo Sage jo.sage@active4today.co.uk
Please mention you are a Dukeries u3a member.

Try our facilities with a



FREE 3 day Guest Pass*



BOOK NOW

Email us today at
enquiries@active4today.co.uk

**Terms and Conditions apply, can only be used once in a 12 month period*

➔ Healthier body

➔ More energy

➔ Healthy mind

➔ Improved sleep

Blidworth

Leisure Centre
Belle Vue Lane, Blidworth,
Mansfield NG21 0RD
Tel: 01636 655780

Dukeries

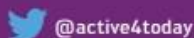
Leisure Centre
Main Road, Boughton,
Ollerton NG22 9JJ
Tel: 01636 655780

Newark Sports & Fitness Centre

Lord Hawke Way,
Newark NG24 4FH
Tel: 01636 655780

Southwell Leisure Centre

Nottingham Road,
Southwell NG25 0LG
Tel: 01636 655780





We have two opportunities for All members to take part in our **'Attitudes and Bias Presentation'**, these two sessions will include the presentation plus breakout room discussions. **The dates are 15 November and 9 December 2021 between 10am and 12 noon.**

We hope you can help spread the word by passing this information on to your Networks and members of your u3as.

These presentations are a good opportunity for members, group conveners, committees and networks to come together to discuss Diversity and Inclusion and how we can make our u3a movement fully inclusive.

Places can be booked by emailing the D&I Committee at: u3adandi@gmail.com

Thank you in anticipation for helping to spread the word that u3a is for everyone.

Thank you

Best Wishes

Sue Southwell

Chair

Diversity and Inclusion Committee



Forestry England

Volunteer with us

Positive Action Needs YOU

Positive Action are a friendly group of volunteers carrying out practical conservation tasks.

They meet at Ollerton Pit Woods car park on Wednesday afternoons at 12.30 for a few hours work on sites in and around Ollerton.

No need to drive to remote locations.

Email amy.chandler@forestryengland.uk or ring/text 07747006450 for details.

Get in touch for more info
volunteer@forestryengland.uk



forestryengland.uk/volunteer

Dear Dukeries U3A, I'm writing this to let you know about a project that is due to begin in Ollerton and Edwinstowe and which I hope some of your U3A members will be interested in taking part. The project, which is run by Miner 2 Major and the Notts library service is called **Sherwood Voices** and you can find out more about it here -

<https://www.inspireculture.org.uk/readin.../sherwood-voices/> It is being produced by **Excavate** theatre company, who have created work with communities across the region over the last 20 years, and you can see some of this at www.excavate.org.uk

Sherwood Voices will create a series of seven audio stories located on seven different walks across the Sherwood Forest area, working with people from seven different towns and villages. The aim of the project is to explore what it means to live in these towns and villages. How have these places changed and in what ways have they stayed the same? What does it mean to be a local? What kind of community has developed here? How have people and customs responded to the changing world?

This information, along with memories and stories from the different towns and villages, will be shaped into a series of stories that will also respond to specific locations and will be recorded by professional actors. I will be leading the writing process of the project. Alongside my work for Excavate I have written shows for New Perspectives, the Nottingham Playhouse and several plays and serials for BBC Radio Four. (I've also written two previous projects for Ollerton, one a series of monologues based on local history, and a community play).

As with all of the work that Excavate do we want to ensure that it involves as many people as possible and this is an invitation for your members to join with me to form a steering group / production team for this part of the project so that the work that is produced for these two locations serves the purpose that the local community want it to. It also offers a chance for people to be engaged in research, script development, visual art work (in the making of maps) and project management. The project has been funded by Arts Council England so we have all of the materials required to make the project happen.

I do hope that you think this project is of interest to you. I'm happy to talk to you on the phone to explain it more, or perhaps to set up a Zoom meeting for you and your members who may be interested, so that I can talk about the project and answer any questions that you may have.

Yours Andy Barrett

We have a new internet radio station recently launched in our area, serving Bilsthorpe, Ollerton, Wellow, Edwinstowe, Blidworth, Boughton, Clipstone,



Farnsfield, Lowdham, Rainworth, Rufford and the surrounding areas. It's proving very popular so why not give it a listen.....

ON AIR

Non Stop Music

The best music with top of the hour news updates

[Listen Live](#)

[Facebook Page](#)

Nottinghamshire Network of u3as

Dukeries u3a (Du3a) is a member of the North Notts Network Group of u3a's (NNG).

This means that Du3a members can ask to join an Activity Group run by other u3a's who participate in NNG.

Please note that joining another u3a's group depends on whether a space is available in that group. Each u3a will first give priority booking to its own members.

[Link to the website here...](#)

NEWS FROM OUR PARTNERS IN THE DUKERIES COMMUNITY

We are liaising with our partners in the Dukeries Community to build our own Dukeries u3a profile, and to support initiatives on our doorstep.

Woodwork

We have been offered the chance to use The Dukeries Workshops* to make wooden items for the garden such as cold frames, planters, bug hotels, bird and bat boxes.

Do you want to restore an item of wooden furniture to its former glory?

Ever done pyrography, the art of burning images onto wood? It's an excellent way of creating individual house name plates or just simple garden planter tags.

It is hoped that by end of May, ten people might be allowed to attend a workshop.

Craft with Glass

Stained glass sessions run every Wednesday afternoon, and Fused Glass every Friday afternoon. The glass items are very attractive.

Please email Leslye to register your interest. More details will be given when we have a better idea of numbers.

* There is a £5 per person per session charge for use of room and equipment. Further details will be arranged in the future.

Health and Safety

Please be Considerate.

Members of Dukeries u3a each have the responsibility to keep themselves safe, keep others safe and avoid making an environment unsafe when taking part in activities.

It is hoped that any member participating in activities has had two vaccinations to prevent COVID.

In addition, please consider the following:-

*Wear your face mask when near to other people if you wish to.

*Keep your distance from people. Avoid touching other people (hand-shaking, hugging and kissing) It's hard to do but necessary for the time being!

*Frequently wash your hands for 20 seconds. Sanitise your hands and avoid touching your face

*Open windows when travelling by car with others

**If you are arranging activities inside,
keep to government regulations and guidelines**

Take a register of names

Ventilate the room

Chairs should be well spaced

Encourage members to sanitising hands on entry to the room

Consider use of toilets

If serving refreshments, consider the safest way to avoid cross-contamination

If we all take responsibility to protect ourselves and safeguard our friends we will all be able to enjoy our social lives once again.

Thank you for your kind consideration

Leslye Henstock, Chair Dukeries, u3a

