

For the attention of Group Leaders:

Safeguarding recommendations

We have recently received information that Safeguarding Training is available should any Group Leader wish to take part in it.

As the age range of our members is widening, and as seniors may lose strength and ability with age, we need to consider the following points.

*We are inclusive and welcome all.

*Some activities might not suit all members, as the activity could be difficult to access, especially if it challenges strength and/or ability

*Should a member need a carer to support them on a visit, the Group Leader may be able to obtain free access to places for the carer, however transport costs must be met by the member. Carers do not need to be a member of u3a and the Group Leader will need the name of the Carer before the event. Once agreed, the member will not be able to access the event without the carer.

* It should not be assumed that members or the Group Leader will assume the role of carer should a person, who is no longer able to take full responsibility for themselves, wish to take part in an event. If another member is willing to take on this role, the Group Leader should be advised before the event takes place.

*Group Leaders may wish to ask members to sign a disclaimer before an event takes place (see attached).

*Group leaders may want details of telephone contact numbers and medication taken by a member, in case of emergency.

*Group Leaders may speak with the Chair or members of the committee, for advice and support should queries arise.

Dukeries u3a is run by the members, for the members. We are all volunteers. The above notes are guidelines, should Group Leaders feel they need them.