



Your u3a Committee

VICE CHAIRMAN	Chris Taylor	07484 160660
SECRETARY	Mary Wells	07521 795688
TREASURER	Paul Davies	haven4angels@hotmail.co.uk
MEMBERSHIP TEAM	Kay Maslen	07838 208025
MEMBERSHIP TEAM	Carole Salmon	07905 682103
MINUTES SECRETARY / SPEAKER FINDER	Ann Wilkinson	07747 102635
GROUPS LIAISON / NEWSLETTER EDITOR	Teresa Hollins	07840 818983
ACCORD ADMINISTRATOR	Denise Massey	01377 257063
BEACON ADMINISTRATOR	Maggie Bray	07753 224793
COMMITTEE	George Ansell	07929 299362
COMMITTEE	Amanda Evans	07932 759262

We need another Committee Member—if you feel you would like to join us please get in touch!

Message From the Chairman

Well, I didn't expect to be writing this! As many of you will already know, Malcolm Batchelor has resigned as Chairman of our U3A because of ill health. I'm sure you will all join with me in wishing him a full and speedy recovery. We are very grateful for his enthusiastic leadership as Chairman. So now I find myself in the role of acting Chairman, until either my appointment is confirmed or we find an alternative. Please be assured I will be doing my best to continue Malcolm's good work. Malcolm wished me luck in controlling what he called the "unruly mob" that is our Committee. He meant this in the nicest possible way—we need a group of people who can think for themselves and don't mind giving their honest opinions, and we certainly have that! We have just welcomed two new committee members, George Ansell and Amanda Evans, and I'm sure they will both make valuable contributions.

I have reached the end of my term as Membership Secretary, so I am handing over this role to our new Membership Team of Carole Salmon and Kay Maslen. We now have just over 300 members, with a few enquiries about joining the U3A coming in each week.

I am looking forward to seeing as many of you as possible at our monthly meetings—please do come and say "Hello"!

Chris Taylor



Study & Discussion Group

The group meets every Friday at 9:30 am in the Driffield Community Centre.
All u3a members are welcome to join us.

3 February	Our Education System
10 February	Our Democratic System
17 February	Glam Rock/Heavy Metal from JR Mortimer to Metal Detecting—Paul Grinstead
24 February	The State of our Economy
3 March	Northern Ireland—Part of the UK?
10 March	Freedom of Speech
17 March	Public and Private Life
24 March	Reverend Cooper—The Walking Parson—Brian Kitt
31 March	TBA
7 April	Good Friday—No Meeting

For most of our meetings we will not have a speaker—we will just start out with a discussion.

Each week I will try to include a few questions in an email as a starting point.

For more details please contact
Chris Taylor—07484 160660

Independent Person's Group

We meet on the second Friday of each month at The Cricket and Recreation Ground on Kings Mill, Driffield 10am to 11.30am to discuss suggestions for activities found in local press, library, online and other venues.

Our next Meeting will be held on Friday 10th February

**For more information please contact Marian Carter—01377 821374 or Penelope Kinsley—07837 604166
Members not on email are always phoned and updated**

425 Milers Group

Meets each month throughout the year except December on the 2nd Tuesday at 10am and the 4th Thursday at 1pm in the Eastgate Car Park, Driffield.

Phil Dunn has stepped down as Group Leader and, for the moment, Lynn and Jim Stockwell will run the administration side of the Group whilst Kathy Chilvers will represent the Group on the committee.

Tuesday 14th February—Lund—led by Paul Grinstead

**Thursday 23rd February—Frodingham—led by Jim Stockwell
Please note this walk will be a 10am start**

For more details please contact

Jim Stockwell

01377 232025

jimstockwell@hotmail.co.uk



The 425 Milers regret to report the loss of Lynn Fielding, who died recently following a short illness. Lynn joined us last year and was looking forward to meeting new friends and enjoying walks with us, however, this was not to be and she will be sadly missed by all. Our thoughts are with her husband.

Sociable Strollers Group

Meets on the first Friday of each month at 1pm in the Eastgate Car Park, Driffield

Our first stroll of the year will be around Bridlington Old Town on **Friday 3rd February**

Please could Strollers contact Sue (our new Group Leader) the week before to confirm arrangements



Sue Clarkson—01377 256857

clarksonsusan40@gmail.com

Walking Group

Meets at 9.30am on the 1st Tuesday and the 3rd Thursday of each month at the Coach Parking area of the Eastgate Car Park in Driffield. Please bring a Picnic Lunch.

Walks are around 8 miles within a 30 mile radius of Driffield Car sharing available if required.

Tuesday 7th February—SCANTON

For details contact walk leader Paul at

p.grinstead2@btinternet.com

or on 07932 494357

Thursday 16th February—MOLESCROFT

For details contact walk leader Steve at

stevebluesman@yahoo.com

or on 07766 198912



Classical Music & Opera Group

Classical Music and Opera Appreciation has become a very popular interest Group and meets on the 2nd Monday of every month at 2pm in the Committee Room at the Community Centre

The next meeting will be on Monday 13th February

"Beethoven at His Best"

All u3a members are welcome

Further information is available from

Mary Wells—Tel: 07521 795688

Email: cs896@btinternet.com



Geology Group

Indoor Geology meetings are held on the 2nd and 4th Thursday of each month in the Driffield Town Cricket and Recreation Club 10am—12noon

Field Trips are organized during the summer months

Our next meetings will be held on 9th and 23rd February

For further details of these events please contact Group Leader **Kathy Chilver— 01377 255052**

Local History Group

Meetings are held on 3rd Wednesday of the month at 2pm in the Driffield Community Centre

ALL WELCOME!

Next Meeting—15th February

For more information please contact

Ross Weekes - 01377 253832

Email: rossweekes@btinternet.com



Quiz Night

Our Quiz Nights are held on the last Monday of the month starting at 7.00pm in The Lounge Bar of The Bell Hotel in Driffield.



Paul Atkin
01377 241678

Admission £2.00
per person
**ALL MONEY IS
RETURNED AS PRIZES**

All u3a members are welcome to come along and join a team

Our next Quiz Night will be on Monday 27th February

Card Making and Craft Group

The inaugural meeting of this New Group will be held on 24th February 2023 from 10am to 12noon.

The meetings will then be held on the 4th Friday of the month.

The group will meet at Maureen's house initially.

The cost per meeting will be £1.50 per person to cover costs of materials, tea and coffee.

The first meeting will involve making 2 cards using the matting and layering technique.

Full instruction will be given.

If you are interested in finding out more please contact

Maureen Blackwell—01377 253183—maureenblackwellu3a@gmail.com

Adrienne Bailey—07530 714186—adrienne.bailey@outlook.com

or Debbie Ireland-O'Neill—07917 447974— D.Ireland-ONeill@hotmail.com



U3a Film Group—Monthly Movie Matinees

NEW GROUP LEADER NEEDED!!!



Stephen Wells
01377 259166

Unfortunately Stephen has had to step down as Group Leader due to poor health.

If you would be interested in taking over this role please do contact him as soon as possible.

There will be no further Monthly Movies until such time as a new Group Leader can be found.

Jazz & Blues Group

Stephen Wells—01377 259166

NEW GROUP LEADER NEEDED!!!



Unfortunately Stephen has had to step down as Group Leader due to poor health and the meeting arranged for February has had to be cancelled. If you would be interested in taking over this role please contact him as soon as possible.

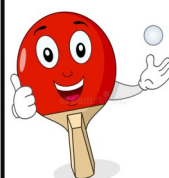
There will be no further Jazz & Blues Group Meetings until such time as a new Group Leader can be found.

Table Tennis Group

Meets 1st, 3rd and 4th Wednesday
of each month in the
Driffield Community Centre 7pm-9pm

Dates for February
1st, 15th and 22nd

For more details please call
Melanie Campbell
01377 250235



St Valentine's Day—14th February—Chaucer's Parliament of Fowls

The first recorded association of Valentine's Day with romantic love is believed to be in the Parliament of Fowls (1382) by Geoffrey Chaucer, a dream vision portraying a parliament for birds to choose their mates. Honoring the first anniversary of the engagement of fifteen-year-old King Richard II of England to fifteen-year-old Anne of Bohemia, Chaucer wrote



In Middle English

"For this was on seynt Valentynes day
Whan every foul cometh there to chese his make
Of every kynde that men thynke may
And that so huge a noyse gan they make
That erthe, and eyr, and tre, and every lake
So ful was, that unethe was there space
For me to stonde, so ful was al the place."

In modern English

"For this was on Saint Valentine's Day
When every bird comes there to choose his match
Of every kind that men may think of
And that so huge a noise they began to make
That earth and air and tree and every lake
Was so full, that not easily was there space
For me to stand—so full was all the place."



Scrabble Group

Gerald Massey - 01377 257063

The Scrabble Group and the Mah Jongg Group meet on the 2nd and 4th Tuesday of each month in the Driffield Cricket and Recreation Club from 2pm to 4pm

If you've never played before, or are out of practice, we are happy to give a lesson, or lessons, before starting

Our next meetings will be on 14th and 28th February

***** NEW MEMBERS INVITED! *** FIRST SESSION FREE! *** ALL WELCOME *****

Mah Jongg Group

Denise Massey - 01377 257063



Rummikub

Never heard of Rummikub? Now's your chance to find out more and have a go!

We meet on the 2nd and 4th Tuesday of each month in the Driffield Cricket & Recreation Club from 2pm to 4pm sharing the venue with the Scrabble and Mah Jongg Groups.

Don't worry if you've never played before as instruction can be given.

Bring your own Rummikub or share ours.

Our next meetings will be on 14th and 28th February

For more information please contact Carole Salmon—07905 682103 or Kay Maslen—07838 208025



Bridge

For Beginners to the more Advanced



1st and 4th Wednesdays at 2pm
in The Committee Room
of the Community Centre

Exercise those little grey cells in a welcoming and enjoyable social atmosphere

For more information please contact our new Group Leader

George Ansell
07929 299362
013767 790538



Violets for February

Violets are the birth month flower for February.

The flower heads are edible and can be added to salads or cakes.



Violets are said to symbolise modesty, hence the term 'shrinking violet' to describe someone who is shy.

The violet and yellow rose are the two flowers linked with the golden wedding anniversary. The violet holds a meaning of virtue, simplicity and faithfulness, and the yellow rose symbolises the happiness and friendship found in a lasting marriage.



Digital Photography Group

We meet in the Community Centre on the third Monday of each month from 10am-12pm

Our next meeting will be on 20th February

We welcome people with an interest in developing their skills and sharing their expertise and those who want to learn to use different forms of picture taking

If you are interested in joining our group please contact

Penelope Kinsley on 07837604166

French Conversation Group

Meets Wednesday mornings in Driffield



This is a small group so please email **Jane Payne** regarding available places

janepjanet@gmail.com

Reading Group

Meets on the last Thursday of the month in Members' homes.

Our next meeting will be on **23rd February**—Any book by Kent Haruf

For more details please contact our Group Leader

Julia Spencer-Jones—07726 264712
Email: charles.juliasj@gmail.com



Groups and Group Leaders

425 Miler	Jim Stockwell	01377 232025
Archaeology/History	Susan Adamson	01377 270429
Away Days	Maureen Blackwell	01377 253183
Bridge	George Ansell	07929 299362
Card Making and Crafts	Maureen Blackwell	01377 253198
	Debbie Ireland-O'Neill	07917 447974
	Adrienne Bailey	07530 714186
Classical Music and Opera	Mary Wells	01377 259166
Cycling	NEW LEADER NEEDED	
Digital Photography	Penelope Kinsley	07837 604166
Film Group	NEW LEADER NEEDED	
French Conversation	Jane Payne	janepjanet@gmail.com
Geology	Kathy Chilver	01377 255052
Independent Persons	Marian Carter	01377 821374
	Penelope Kinsley	07837 604166
Jazz & Blues Appreciation	NEW LEADER NEEDED	
Local History	Ross Weekes	01377 253832
Mah Jongg	Denise Massey	01377 257063
Quiz Night	Paul Atkins	01377 241678
Reading Group	Julia Spencer-Jones	07726 264712
Rummikub	Carole Salmon	07905 682103
	Kay Maslen	07838 208025
Scrabble Group	Gerald Massey	01377 257063
Sociable Strollers	Sue Clarkson	01377 256857
Study and Discussion	Chris Taylor	07484 160660
Table Tennis	Melanie Campbell	01377 250235
Walking Group	Steve Whitaker	01377 271447

Polite Reminder to Group Leaders!

If you hire a venue to hold your meetings please could you inform them immediately of any changes or cancellations to your bookings—otherwise you may still be charged!



Our Website

Our u3a website contains full details of all our current and forthcoming events.

You can find it at
www.u3asites.org.uk/driffieldwolds

Details of all events are also shown weekly in the Driffield & Wolds Weekly newspaper

Join us on
Facebook!



u3a National u3a Online Learning Events Meditation and Mindfulness

A six week course of Mindfulness and Meditation led by members of the Sheffield u3a Mindful Ageing Group
Sign up here: <https://www.eventbrite.co.uk/e/meditation-and-mindfulness-series-tickets-484385609397>

There is much talk about mindfulness these days. But what does it mean? How can it help us enhance our lives, and what is its relevance to ageing?

In this series, Dr John Darwin, Mike Pupius, Ruth Lees and members of the Sheffield u3a Mindful Ageing Group will introduce mindfulness and meditation, using 'Five Ways to Wellbeing' as a basis. They will explore these questions and suggest ways in which you can practice mindfulness as an aid to ageing well. Every session will be practical!

Each week they explore a new theme: Take Notice, Connect, Be Active, Give, Keep Learning, and finally, the Full Monty – bringing it all together. For example, in the Be Active session, they shall be talking about the benefits of mindful walking and connecting to nature. This series ran twice in 2022; the first time it attracted over 100 participants, the second time over 180. The series received very positive feedback.

**The course will run on Tuesday mornings at 10am-11.15am in February and March for 6 weeks.
You only need to sign up once. Available to u3a Members only**

• 7th February • 14th February • 21st February • 28th February • 7th March • 14th March

Proposed New Health & Wellbeing Group

This new Group is still in the planning!
We are hoping to hold our first meeting in March—Details to follow

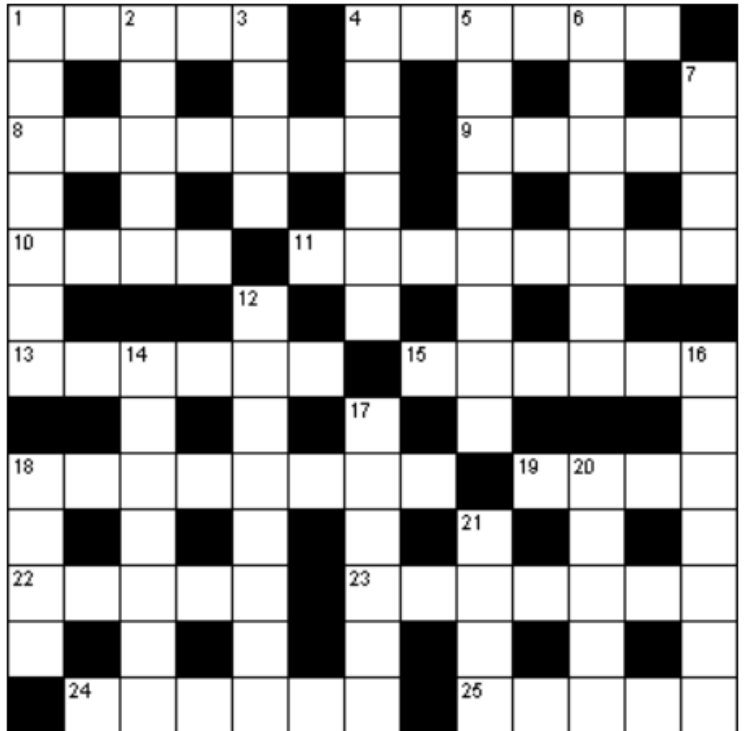
JUST * FOR * FUN

Across

1. Re-arrange a draw for a prize (5)
4. It's astute to send a fourth letter to a bad-tempered woman (6)
8. Desolate pro at first, initially left or north (7)
9. Rope found in Dallas somewhere (5)
10. Essentially ale, maybe erosion (4)
11. Remainder not so much on the move (8)
13. Previous spouse and wine for sale abroad (6)
15. Street and a meeting place (6)
18. Motor rep became an impresario (8)
19. Initially French performance is a proven truth (4)
22. Headdress in militia raids (5)
23. Hawaiian garland certainly provides relaxation (7)
24. Jape, initially royal, is a medieval clown (6)
25. Scandinavian vegetable? (5)

Down

1. A fab flea is genial when erratic (7)
2. Eager change to reach an accord (5)
3. Entrance part of judo originally (4)
4. Vocalist changes to resign (6)
5. Reveal it for a change to something proportional (8)
6. Movie relating to us with strict ending (7)
7. Tip of these used to escape on foot (4)
12. Tarragon becomes self-important (8)
14. Exhibiting a semi-pro panel, it's a gas (7)
16. Highest degree displayed in next remedy (7)
17. Excel largely in the basement, essentially (6)
18. Change step to make some animal friends (4)
20. Daughter of Zeus could entertain (5)
21. A young lady off target? (4)



Use 8 exactly eight times to make 1000 using only + - x /

Find a 10-digit number where the first digit is how many zeros there are in the number, the second digit is how many 1s in the number until the tenth digit which is how many 9s in the number.

Crossword Solution and Answers to Puzzles will be in the March Newsletter

Solution to January's Sudoku puzzles

The Easy One

1	5	2	4	8	9	3	7	6
7	3	9	2	5	6	8	4	1
4	6	8	3	7	1	2	9	5
3	8	7	1	2	4	6	5	9
5	9	1	7	6	3	4	2	8
2	4	6	8	9	5	7	1	3
9	1	4	6	3	7	5	8	2
6	2	5	9	4	8	1	3	7
8	7	3	5	1	2	9	6	4

The More Difficult One

1	2	3	6	7	8	9	4	5
5	8	4	2	3	9	7	6	1
9	6	7	1	4	5	3	2	8
3	7	2	4	6	1	5	8	9
6	9	1	5	8	3	2	7	4
4	5	8	7	9	2	6	1	3
8	3	6	9	2	4	1	5	7
2	1	9	8	5	7	4	3	6
7	4	5	3	1	6	8	9	2



What?
When?
Where?

Details of all our events can be found in this Newsletter, on our Website, in the Driffeld & Wolds Weekly and from Stephen's weekly "Dates for Your Diary"



10% off

**Tuesdays only
for the over 65's**

You will need to show a driving licence or bus pass (or similar) at the till

Every Little Helps!!


Sadly , we have not been able to get enough members to make a coach holiday viable for September this year and therefore the June holiday to Isle of Man will be our only holiday for 2023. This is definitely going ahead and something to look forward to. If you would like to join us mail please email wilkynaff@yahoo.co.uk or phone 07747 102635 for further details.



U3a Holidays 2023



As per previous years, we are already looking at a holiday for early/ mid September time **2024** As soon as we have liaised with the coach companies we will keep interested members in the loop. If you have any preferences please let us know. We have been informed that we need to provisionally book as early as possible to secure a booking.

Ann Sue and Liz—Your Driffield & Wolds U3A Holiday Team 



Away Days

Our first Away Day of the year will be on Tuesday 28th March
**** To Elsecar Heritage Centre—Now only £20 per person ****

Please book early by emailing me at: maureenblackwellu3a@gmail.com or by phoning me on 01377 253183. Money will be collected at the next u3a meeting on February 9th

Coach departs from Driffield Rugby Club Car Park at 10.00am

and 4.00pm approx. from venue, arriving back in Driffield approx. 6.00pm

Food may be available at or near Venue or you can take a picnic lunch with you.



A Yorkshire village built by rich aristocrats, Elsecar quickly became an international centre of ironmaking and coalmining. The village is now a much-loved place to visit, with independent shops and cafes, artist and maker studios, antiques centre, tasty cafes, beer tap and traditional pubs, beautiful walking and cycling routes, award-winning park, nature reserve and reservoir, and much more.

Experience what it was like to live and work in Victorian Elsecar in this astonishingly detailed digital reconstruction. Fly through ironworks, collieries, workshops and village streets, surrounding by beautiful Yorkshire countryside. See Earl Fitzwilliam speaking to his workers, iron puddlers by their furnaces and the families who lived on our canal.



Outings will take place approximately every six weeks starting in March through the summer months with a

Christmas outing to include a Christmas market and a meal.

Most trips will have a pick up time of 9am at the Driffield Rugby Club.

Pancake Day—Tuesday, 21st February

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent was traditionally a time of fasting and Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients. The pancake has a very long history and featured in cookery books as far back as 1439. Shrove Tuesday always falls 47 days before Easter Sunday (which is determined by the cycles of the moon) so the date varies from year to year and falls between 3rd February and 9th March. The world's biggest pancake measured nearly 50ft in diameter and weighed 6,614 pounds!



Archaeology/History Group

Meets on the first and third Tuesday morning of each month at the Driffield Community Centre—10am to 12 noon

Our next meetings will be held on

7th February—Archaeology and History of the Notley villages, Braintree, Essex—Val Dolan

21st February—Victualling the Royal Navy in the Late Eighteenth Century—Dr Michael Wilcox (Hull University)

For more information, please contact **Susan Adamson - 01377 270429**

Monthly Meetings

Drifffield Community Centre

Second Thursday of each month—2pm-4pm

All Members Welcome ** £1.50 admission ** Free Refreshments ** RAFFLE ** Free Book Swap!



We had a very good turnout for our January meeting when Karen Adams told us all about the history of the hangmen and the hanged in “Trials and Executions in York”.

Karen is giving more talks which are available on Zoom—if you are interested you can register via Eventbrite—this is the link to her PastSearch page—<https://www.eventbrite.com/d/online/pastsearch/?page=1>

Karen is a keen archaeologist and historian and is constantly updating her list of available talks—details can be found on her website—<https://pastsearch-archaeo-history.co.uk/illustrated-talks/>

9th February— Yorkshire Air Ambulance

As a rapid response air emergency service the Charity serves a population of approximately 5 million people across 4 million acres. Their two air ambulances operate from their airbases at The Nostell Priory Estate near Wakefield and RAF Topcliffe near Thirsk and together with their two Rapid Response Vehicles (RRVs) cover the whole of the region.



9th March—Wolds Hedgehog Rescue

Have you ever wondered what you should do if you find a baby hedgehog? Or who to call if you injure one while strimming your garden? Wolds Hedgehog Rescue take in hundreds of hedgehogs each year and look after them until they are healthy enough to be returned to the wild. If you would like to help this worthwhile cause please could you save all your newspapers and bring them to the meeting—they make wonderful bedding for the hedgehogs. Donations of cat/kitten food and biscuits would also be very gratefully received.



If you have a favourite speaker who you would like us to invite to one of our meetings, please let Ann our Speaker Finder know—wilkynaff@yahoo.co.uk

Articles for the Newsletter If you have any articles for inclusion in the next Newsletter please email them to teresahollins17@gmail.com Tel: 07840 818983

How Can We Help?

If you would like to come to our Monthly Meetings or join one of our Groups but find it difficult, either because of transport problems or any other reason, please contact me— we will do our best to help.

teresahollins17@gmail.com - Tel: 07840 818983



Join Our Facebook Page!

You need a Facebook Account.
Look for Drifffield & Wolds U3a and request to join.
We hope that Group Leaders and other Members will post information about their group activities. This is a great way for us to stay in touch.

Membership Renewals

If you haven't already renewed your u3a Membership please could you do so as soon as possible.

If you pay your Membership fee by Standing Order, Direct Debit or by BACS, please be aware that our Bank details have changed

Bank Account

Our Bank Account details are as follows

Lloyds Bank
Sort Code: 30-99-50
Account No: 22339168

Gift Aid

Donating through Gift Aid means The Drifffield & Wolds u3a can claim an extra 25p for every £1 you give.
It is completely free and the form is available on our website or at our monthly meetings
www.u3asites.org.uk/drifffieldwolds