AUGUST - SEPTEMBER 2017



From the Chair

At this time of year towards the end of June we are always looking to build on the successes of the previous year as we move forward to implementing new ideas being suggested for new interest groups. Already 300 members have renewed their membership for 2017-18, although we have felt it necessary to send out reminders to those who may have forgotten that subs were due in April. We do



lose a small number of members year on year through illness etc, but we also look to welcoming new members to come and share our interests and our company.

Our new committee members have been getting used to the new positions that they have taken up. Beryl Kellett has a change of role and is our new Secretary and John Parkinson is now looking after the finances as our new Treasurer. Diane Williams and John Wheeler have taken on the role of Group Leader Coordinator vacated by Monica. We're hoping Mark Frost will be offering suggestions for improvements to our constitution and the efficiency of our administration systems. These are some of the benefits of bringing new blood into our organisation.

With Wendy taking over the Monthly Calendar from Diane **Woolven** for **August and September**, she points out that many groups do not meet in August. Please check the published calendar rather than just assume your group is meeting.

I was hoping, in this edition, to publish a list of tradesmen recommended by our members, but so far I have had a nil response. Perhaps by the next edition I may be able to give a more positive outcome.

I hope the weather holds fine over the next two months for those of you who have holidays to look forward to, or Wimbledon to watch, but I am sure that SW19 will not be the only venue for strawberries and cream.

George Kirk



A warm welcome to our new members:

Gitty Cowan, Barrie Heyes, Jean Heyes, Stephen Hunter, Deidre Mannion, Philip Rawlins, Janet Sanderson, Jacqueline Taylor, Martin Taylor, Anthony Woolley

2016/17 AGM

It has been brought to my attention that, in the report I gave to the AGM in 2016 – recorded in the minutes and distributed at the 2017 AGM – one particular phrase I used gave a misleading impression. What I wanted to convey was that for several years the year on year accounts were showing a loss except for those years when we received a grant. We were not 'in the red', as reported, because there was cash in the bank accrued from earlier years – we just weren't breaking even or making a profit.

This led to the increase in subs from £12 to £15 and eventually to the much healthier financial position we now find ourselves in. I apologise for any misunderstanding this may have caused and will ask for a correction to be made at the next AGM under matters arising.

Chris Woolven

May General Meeting report - Wildlife and Wild Places.

Steve Drinkall, a Wildlife & Landscape Photographer based in Sheffield, gave an informative and extremely enjoyable talk about his own experiences of wildlife and wild places, His talk was illustrated by some of his own stunning photographs. Joining him in his travels around some of the Scottish islands, we saw otters, eagles, puffins, kingfishers, owls, red squirrels, wild landscapes, beautiful sunsets and more.



Wildlife and landscape greeting cards were also available for U3A members to buy.

As a novice photographer, I was quite envious of the quality of the photographs that were shown but was also made to feel that I too could capture images of such wildlife and places.

Bridget Thompson

July and September General meetings

Our July speaker visited the June meeting in order to make sure where the Trades Club is situated and to get a feel for the room and the audience.

Before his retirement, **Geoff Tagg** worked for the Prince's Trust, an organisation that I feel sure we all know of but know little or nothing about.

In September we have a musical event when Alan Copley from Bawtry will present his Musical Connections quiz, so come along prepared to vibrate your vocal chords.

David Allen

Cover Photo: Barnby Dun by Stephen Follows Digital Photography Group



The Big Day



Diane and Chris were blessed with a lovely sunny day for their wedding on 24th June at Doncaster Unitarian Church.

Diane looked very lovely as she made her entrance on the arm of her son Andrew Butterfield. She wore a full length gown of navy blue and white with a white bolero and hairpiece and carrying a white bouquet. She was attended by her Maid of Honour Katy Butterfield dressed in a full length navy blue gown. Her Bridesmaid, Isabel Lawton and Ring Bearer Kian Woolver a white waistcoat respectively.



and Ring Bearer Kian Woolven both looked charming in a white dress and a white waistcoat respectively.

After our welcome from the Minister Rev. Tom McCready, Diane and Chris performed the Lighting of the Chalice which is always performed before any Unitarian service. After a prayer and hymn, Wendy Hattrell gave the first reading which was from Corinthians 1-13 from the King James Bible. After the Declarations and the hymn Love Divine, David Allen gave the second reading which was an excerpt from Plato's



Symposium on Love. The service continued with the vows and exchanging of rings followed by Diane and Chris each reading a poem. This was followed by the Unity Candle Blessing in which the bride and groom, each with a lit candle, light a single candle and extinguish their own, signifying that they have become one.

During the signing of the register we were delighted by the singing of "An Eriskay Love Lilt" played and sung by Josephine Copley. The Bridal

Party then processed to the back of the church led by bridesmaid Isabel scattering rose petals.

congregation then outside to lay in wait with confetti and cameras at the ready. Long flower garlands then appeared and, holding on to the garlands, we walked behind the Bride and Groom on and up to Regent Hallgate Square for photos. We stopped the traffic on the crossing and received lots of smiles.

After many photos everyone made their way back to the church for a wonderful sit down buffet wedding breakfast. The wine flowed and the speeches



were short but very good. Chris entertained us with a song, can you guess? Three Times a Lady, is the answer, very appropriate.

It was a very happy day, many congratulations Diane and Chris.

Carole Lewis

Bride, Groom & Sweep





The Pins and Needles group presented Diane and Chris with an original wedding gift. Most of the group participated in the knitting of the items, we wish them both a long and happy future together.

Anne Windle



GROUPS - UPDATES NOTICES

••••• LIVING HISTORY •••••

Jess Parkinson is now the new group leader for Living History. You can contact her at ---- or by phone (see the contact numbers inside the back page).

••••• HISTORY •••••

This is just a reminder that most of our group will be taking a trip to Leeds Armoury on **September 20th**. Therefore the usual September meeting at Prego has been cancelled.

Jean Graville-King

Jean regrets that the History Group is now filled to capacity. Therefore anyone wishing to join will be placed on a waiting list and can join when members leave.

Also, will members who have previously attended and now wish to discontinue, please let Jean know so they can be erased from the register.

••••• LOOKING AT ART •••••

There is <u>NO</u> meeting in August so the next Meeting in the Library will be on <u>Friday</u>, <u>1st September</u>, Room 4, at 1.00 pm.

••••• LOCAL HISTORY •••••

There is **NO** meeting in August so the next meeting in the Library will be on **Monday 25th September** at 11.00 am.

••••• FILM STUDIES •••••

There will be <u>NO</u> Film Studies class in August. The first Film Studies class in September will be on <u>Tuesday 5th</u> **September**.

•••• MOVE TO MUSIC ••••

Move to Music will meet on <u>August 3rd, 24th and 31st</u>. If you would like to join the group please contact Barbara Steele.

••• ASSISTANCE WITH GROUP TRAVEL ••• COSTS

There is a small amount of money available for help towards travel costs for interest group outings. We are currently limiting the grants to one application per group, up to a maximum of £50, on a first-come first-served basis.

If you would like further details, or would like to make an application for a grant, please contact Beryl Kellett at —— or phone her (contact number inside the back page).

••••• DINING OUT •••••

The next planned meal will be held on <u>Tuesday 15th August</u> at Zest Restaurant on Doncaster High Street. The table is booked for 7pm and we can meet from 6.30 pm onwards. As usual numbers are limited, consequently in future no places will be reserved before we receive both menu choices and cheque made payable to DU3A No. 2 account. The **cut-off date** for booking this meal is <u>Saturday 29th July</u> and no exceptions can be made. Details of addresses to send menu choices and cheque can be had by calling Joan or Carole (see contact numbers inside the back page). We are also usually to be found at the Saturday Drop-In at The Trades & Labour Club. Menus can be found on-line or by calling at Zest.

We would also like to clarify that previous Italian Evenings were a casual social group formed to assess the amount of interest there would be for an official group and as such non-member friends and spouses were welcome to attend. Dining out is now an official group and, as such, is bound to operate under charity rules and we are sometimes offered discounts on that basis, the Thai meal at the Salutation being a case in point. In strict fairness to DU3A members we can no longer accept attendance at our meals of non-members.

Carole Lewis and Joan Condron

••••• SMARTPHONES •••••

Over the summer we have had a break from Smartphones. I have now booked some dates with the Trades Club to restart in September. The first meeting will be <u>11th</u> September at 1.00 pm in Room 9.

Again, I will be concentrating mainly on iPhones and iPads although I will try and help with other systems if I can.

I am going back to the beginning as I feel we whizzed through last time and if you didn't grasp what was being said then you perhaps left a bit bemused. I will try and work out some exercises in proper teacher style to help you work things through in your own time.

So we will look at hints and tips for using the keyboard, some of the settings that can make your life easier and sending emails for our first meeting. Please bring your apple account details – username, password – if you know them and also your email password if you know it.

If you haven't been before but would like to come along please let me know – it's not a huge room and space is an issue.

If there is anyone out there who can help with Android would you contact me please - I know there is demand. You don't need to be an expert just familiar with the day to day use of Android phones and/or tablets.

Wendy Hattrell

••••• STRIDERS •••••

Next meeting: **25 July** - Cannon Hall to Bretton Hall and return. Contact Wendy Hattrell or Diane Woolven if you wish to join this group.

••••• TRAVEL GROUP •••••

After running successfully for so many years, the Travel Group stopped meeting earlier this year. You may have heard me say that I would like to revive this group as it had such a strong following – but using speakers from within the U3A. The ethos of U3A is that we should educate ourselves and others by pursuing our interests and so we need to 'grow our own'!

I will be holding a meeting on <u>Tuesday 5th September</u> at 1.45 pm for anyone interested in continuing with the Travel Group. I have asked about the Maridon Centre but at the moment St Peter's haven't decided if they are continuing to use that centre. I will not know in time for the publication of this newsletter — so those who are interested should contact me by phone or text (contact number inside the back page) please say who you are. People leave me messages and I have no idea who has rung or sent a text! Better still you can email me on — also with your name please! I will then be able to let you know what the venue for the meeting will be.

During the summer I have been running some workshops, with the help of Irene Chapman, looking at how PowerPoint works, with a view to enabling people to put together their own presentations. Presentations don't have to use PowerPoint - there are other similar types of software or slides can also be used. For a year's programme we will need 10 presentations of an hour, or half an hour if we put two shorter ones together. If you have a particular place you are interested in and enthusiastic about please get in touch. With 350+ members we can surely do this.

If you would like help, there will be another Presentation/PowerPoint Workshop on **24th July**, room 4 at 1.00 pm in the Central Library. Anyone who thinks they would like to put a presentation together should come to that meeting and will get help to do that.

Fingers crossed that this will all happen.

Wendy Hattrell

SCAM WARNING - BEWARE

The latest telephone scam that I have experienced is to receive a call about your loft insulation. They state that the Government has realised that fibreglass and mineral wool are irritants to the skin. This has been true since



fibreglass was developed in 1944. They intimate that this should be removed and foam sheet insulation should be fitted between the roof trusses or joists.

SCAM

The legal removal and replacement is a lie, as checking on the Energy Saving websites, they are still recommending a deep blanket of fibreglass or mineral wool. Please warn your friends of this scam. I feel sure that you would hate to learn that they had been caught out by it.

David Allen

SPELLING versus MEANING

How good is your spelling?

I am sure we have all commented, at one time or another, upon misspellings. I found this poem by Jerrold H Zar on the http://spellingsociety.org website. Ignore the meaning and the spellings appear correct. Can you translate it?

B Thompson

CANDIDATE FOR A PULLET SURPRISE

I have a spelling checker, It came with my PC. It plane lee marks four my revue Miss steaks aye can knot sea.

Eye ran this poem threw it, Your sure reel glad two no. Its vary polished in it's weigh. My checker tolled me sew.

A checker is a bless sing, It freeze yew lodes of thyme. It helps me right awl stiles two reed, And aides me when eye rime.

Each frays come posed up on my screen
Eye trussed too bee a joule.
The checker pours o'er every word
To cheque sum spelling rule.

Bee fore a veiling checker's Hour spelling mite decline, And if we're lacks oar have a laps, We wood bee maid too wine.

Butt now bee cause my spelling Is checked with such grate flare, Their are know fault's with in my cite, Of nun eye am a wear.

Now spelling does knot phase me, It does knot bring a tier. My pay purrs awl due glad den With wrapped word's fare as hear.

To rite with care is quite a feet Of witch won should bee proud, And wee mussed dew the best wee can, Sew flaw's are knot aloud.

Sow ewe can sea why aye dew prays Such soft wear four pea seas, And why eye brake in two averse Buy righting want too pleas.

Jerrold H. Zar.

Around our Groups



Tenpin Bowling

Well done to Rod and Chris, our two winners at the May tenpin bowling session. Rod topped the scoring despite single game scores of 140 from Geoff and Chairman George. Rod's total for the night took the crown. We will be seeing Chris in our `Premier League`.

The next bowling nights are 18th July and 19th September.

New players are always welcome.

Whatever happened to that star player from our March games ?"

Mike Bowser



Strollers

Langold - June meeting.

After a minor detour!! - a good time was had by all.



Crown Green Bowls

What a Load of Bowls at Haslam Park.

This new group of Crown Green bowlers has enjoyed basking in some superb summer weather at Haslam Park in Bessacarr. The initial interest on that first Thursday afternoon gave rise to the decision to meet every Thursday until further notice, weather permitting.

Our players have not needed to go to SpecSavers, although two of them have played some years ago in their youth!!

The season is only from Easter to October, so anyone who wants to play **Marbles for Adults** should



Our first match was against Doncaster Probus and resulted in a win.

waste no time in coming along and having a go. Get your body bending and stretching. Wake up those muscles that have gone to sleep. Feel good about your fitness and mobility.

George Kirk

If you want to join the group contact George Kirk (contact number inside the back page)

Dining Out



June meeting at the Salutation.







Living History

This group is all about recalling our memories and getting them into print. Individual members of the group have different reasons for doing this. Many of the group are writing their past memories as family information for future generations, such as **how** they lived, worked, ate and played. Also **where** they lived, worked and played, and with whom. Some members of the group have been doing this by themselves but, doing it in isolation, have found it to be a lonely and tedious activity and so tend to falter after a while, But, by relating one's memories in a group, it seems to awaken many memories of the past that would not be remembered without the inspiration of other people's memories.

This in turn also makes it an enjoyable activity. Instead of a lonely trawl through our past life which, let's face it, is not always full of happy clappy incidents, but a mixture of sad and glad nostalgic events It helps too that one learns how others have also coped with similar difficulties that one may have been presented with on their journey through life.

Over the last eighteen months we have, as a group, amassed a fair amount of material some of which we now intend to put together and print as a booklet. This will be a learning curve, certainly for me. Others of our group have talents that we intend to exploit so that the only expense incurred will be for ink and paper. We then hope to assist each other in doing personal booklets for our individual family archives, or perhaps a wider readership, such as social historians.

Betty Alexander

If you are interested in this group, contact Jess Parkinson (contact number inside the back page).

Sunday Lunch

EARL OF DONCASTER - **23rd JULY** at 1.00 pm Please meet in the lounge near reception before 12.45 pm.

GEORGIAN TEAROOMS - 17th SEPTEMBER at 1.00 pm.

Prices are: £14.95 for 2 courses £17.95 for 3 courses Tea/Coffee included

Menus will be available from Monday 4th September until Sunday 10th September. Please contact me to choose from the menu or to let me know if you are unable to attend this lunch.

Eileen Dickson

Striders

After a month of mainly dry days and barely a drop of rain, I suppose it was inevitable that the weather would break for the last Tuesday of the month and the planned Striders walk in the Yorkshire Wolds. We were not disheartened however, and four of us piled into Wendy's car to head north east. Steady drizzle greeted us at the car park and we set off walking duly togged up in waterproofs, over trousers and hats.



It was a figure of eight route using parts of the Yorkshire Wolds Way and Centenary Way. The starting point at one end of the figure of eight was close to Wharram Percy, the abandoned medieval village and well known archaeological site. At the other end was Thixendale village, our designated lunch stop.

After a few hundred yards, there was time to explore Wharram Percy. The last families were evicted from this village about 1500 after 600 years of continuous occupation. It was when the area became exclusively a sheep farm and crops were no longer grown. St. Martin's Church is the best preserved building and was in fact used by the residents of Thixendale for Sunday worship until 1870, when their own St. Marv's Church was built. The six mile

round trip every Sunday was obviously not a problem to those hardy souls.

The Cross Keys pub in Thixendale opens only on Fridays and weekends, so we arrived at this "dry" village on such a wet day feeling rather damp and hungry. Fortunately, St Mary's Church was open. So we sat on the pews eating our sandwiches, grateful for a roof over our heads.

The afternoon was pleasantly brighter. The rain stopped and we were able to enjoy even more the unique and beautiful rolling countryside of the Wolds. The dry-bed valleys are a particularly spectacular feature.

After our eight-mile walk, tea and coffee was very welcome at the "Wolds Village" art gallery and coffee shop on the way home where we discussed the next walk, to take place on the 25th July, Cannon Hall to Bretton Hall (Yorkshire Sculpture Park) and return. This is approximately 8 miles through rolling countryside. If you would like to join us contact Wendy Hattrell or Diane Woolven (Harris).

Phillip Rawlins

Seenager (Senior Teenager)

I am a seenager
I have everything I wanted as a teenager, only 60 years later
I don't have to go to school or work
I get an allowance every month
I have my own 'pad'
I don't have a curfew
I have a driver's licence and a car
I have ID that gets me into bars and off licences
I don't have acne
LIFE IS GREAT!!

Brainpower



The brains of older people are slow because they know so much
People do not decline mentally with age, it just takes longer to recall facts
Scientists believe this is because they have more information in their brains
Much like a computer struggles as the hard drive gets full so too do humans take
longer to access information when their brains are full

Researchers say this slowing down process is not the same as cognitive decline

The human brain works slower in old age because older people have stored more information over time

The brains of older people do not get weak

They simply know more and retrieval takes longer

Also older people often go into another room to get something and when they get there stand wondering what they came for

This is not a memory problem, its nature's way of making older people do more exercise

SO THERE - PROBLEM EXPLAINED

I have friends that I should send this to but right now I can't remember their names.

'Just Because' Day

Each year on <u>August 27th</u> it is National 'Just Because' Day. This year it falls on a <u>Sunday.</u> Feel free to celebrate this day in any way you choose.....Just because!

Every day we all do things that are expected or required of us or because we have to. Well, on National Just Because Day, that does not apply. This day is a chance to do something without rhyme or reason.

It is the day to go out and do something "just because".....

If you don't have something in mind, just go with the first thing that comes into your mind (legal, moral and ethical, of course!). "Just because" activities often come from a "whim" or a "what if I" type of thought. You will quickly get the hang of this day, and could have a lot of fun with it.

Here are some suggestions to get you started:

- Take an unplanned day's holiday ...just because
- Visit someone you haven't seen in a while ...just because
- Knock on someone's door and compliment them for their great lawn/garden
 ... just because
- Skip, don't walk ...just because
- Buy something beautiful that you don't need ...just because
- Jump in a puddle ...just because
- Walk backwards ...just because
- Sing really loudly while you're in your car, by yourself, with your windows rolled down; do it...just because
- Send someone some flowers ...just because
- Do absolutely nothing ...just because

It is believed that National Just Because Day was created by Joseph J. Goodwin of Los Gatos, California. Back in the '60s, Goodwin created the holiday in order to honour life, his family, and leisure time. He celebrated the first 'Just Because Day' by giving his wife a transistor radio ("just because!" he told her). It became an annual tradition for the Goodwins and one that, presumably, spread from them via word-of-mouth. It wasn't so much about a radio as it was about celebrating life, free afternoons, and family.

An import from America , maybe, but this could be a very positive day.

This could be one of the best, most fun days of the year! Why?Just because.

B Thompson



Welcome to the August/September culture page

Just a few ideas for up and coming things you may like to do.

Cast

Thursday 28th to Saturday 30th September – Habeas Corpus (comedy) Friday 22nd September - The Colour of Light - free outdoor event 8pm Call 01302 303959 or visit www.castindoncaster.com

The Little Theatre

Thursday 7th September – Steve Womack (singer) Monday 25th to Wednesday 27th September - 'Allo 'Allo Thursday 5th October – Down at the Diner – 50s & 60s music **Call - 01302 340422 or visit** doncasterlittletheatre.co.uk

Rotherham Civic Theatre

Sunday 24th September – The Searchers Sun 29th October – Let's Hang On – Frankie Valli tribute Call - 01709 823621 or visit www.rotherhamtheatres.co.uk

The Dome

Sunday 17th September – The Magic of the Opera – Lesley Garrett Call 01302 370777 or visit <u>www.dclt.co.uk</u>

Vue Doncaster

Released 2nd October – The Royal Opera – La Boheme Released 22nd October – The Royal Ballet – Alice's Adventures in Wonderland

Visit – https://www.myvue.com/cinema/doncaster/whats-on for all listings

Sheffield Lyceum

Wednesday 20th to Saturday 23rd September – West Side Story Call 0114 2496000 or visit <u>www.sheffieldtheatres.co.uk</u>

Hope you find something you like. Jess Parkinson



You are only as old as you feel!

My body knows how old I am but my mind refuses to believe it.

At my age "Getting Lucky" means walking into a room and remembering what I came in for.

Life is short -Smile while you still have teeth.

Old age is when it takes you longer to get over a good time than to have it.

> Walks into room "Why am I here?" Walks out of room "Oh now I remember".

I've reached the age where happy hour is a nap.

Some of your best memories will come from some of your most foolish decisions.

> I'm not old.... I just need some WD-40.

The older you get the more dangerous it is to sneeze!

Don't stress about your eyesight failing as you get older. It's nature's way of protecting you from shock as you walk past a mirror.

> The past, the present, and the future walked into a bar. It was tense.

Membership renewal

£19.00 Single membership with posted Newsletter:

Please tick the appropriate box:

£15.00

Single membership:

For couples living at the same address

Joint membership with posted Newsletter:

Joint membership: £25.00

Please make cheques payable to Doncaster U3A

This slip should be returned with your payment to: The DU3A Membership Secretary, —

posted please remember to include an SAE for the return of your Membership card.

—- or handed over at a General Meeting.

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Full Name/s:

Address:

Membership Renewal slip: see previous page

Solutions to June/July's puzzles

Sudoku—Easy

_				1 11 11		1 - 2 - 2	200
1	9	4	7	3	2	8	6
4	7	6	5	8	3	9	1
6	8	2	1	9	4		5
9	2	8	3			1	4
3	1	7	9	6	5	2	8
8	5	1	2	4	7	3	9
5	6	3	8	7	9	4	2
7	4	9	6	2	1	5	3
2	3	5	4	1	8	6	7
	6 9 3 8 5 7	4 7 6 8 9 2 3 1 8 5 5 6 7 4	4 7 6 6 8 2 9 2 8 3 1 7 8 5 1 5 6 3 7 4 9	4 7 6 5 6 8 2 1 9 2 8 3 3 1 7 9 8 5 1 2 5 6 3 8 7 4 9 6	4 7 6 5 8 6 8 2 1 9 9 2 8 3 5 3 1 7 9 6 8 5 1 2 4 5 6 3 8 7 7 4 9 6 2	4 7 6 5 8 3 6 8 2 1 9 4 9 2 8 3 5 6 3 1 7 9 6 5 8 5 1 2 4 7 5 6 3 8 7 9 7 4 9 6 2 1	4 7 6 5 8 3 9 6 8 2 1 9 4 7 9 2 8 3 5 6 1 3 1 7 9 6 5 2 8 5 1 2 4 7 3 5 6 3 8 7 9 4 7 4 9 6 2 1 5

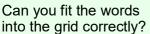
Sudoku—Hard

9	4	2	5	6	7	3	1	8
8	3	6	9	1	4	7	5	2
7	1	5	8			6	9	4
4	2	8	6	3	1	9	7	5
3	9	1	7		5	2	4	6
5	6	7	4	9	2	8	3	1
6	5	3	1	7	8	4	2	9
1	7	9	2	4	6	5	8	3
2	8	4	3	5	9	1	6	7

Anagrams

- 1. Philosophy
- 2. Easier French
- 3. Discussion
- 4. Card Making
- 5. Sunday Lunch
- 6. Collectabilia
- 7. Local History
- 8. Move to Music





3 LETTERS

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IRE	ORE
KIN	PER
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LEE	TTY
MRA	YFT

4 LETTERS

AGEE	NOEL
AKIN	OLAV
ANNE	OPEN
CAMP	OSLO
DEAR	PEER
FLAM	RISE
ICON	SEAN
IDLE	SERA
LAIR	THIS
MAST	TOOT
MELT	TORN
METE	YALE

5 I FTTFRS

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ADORE	SARA
AGATE	SLEEF
ALOHA	SPIKY
ARENT	TENSE
BEEBE	UNTIL
CLOMP	
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METER	
MINOR	
PFRII	

QUAKE

REPEL

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6 LETTERS

VENEER

7 LETTERS ARISEN CANTEEN AUNTIE CONSIGN **CLEVER EMANATE FUNNEL** EMINENT MUTTER GROMMET NOTION LACERTA **QUIVER** LATERAL

MELANIN

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VENISON

August / September **Puzzle Page**

LEANDER

Lakes Como & Maggiore





Rotherham U3A have asked me if we can advertise a holiday they are planning for June next year to The Italian Lakes. The holiday is for 9 days from 9th June 2018. They have 12 places remaining and are offering them to our members. The <u>deadline</u> for letting them know is <u>20th July</u> 2017 and their contacts are:

John Carter or Rosalind Duckmanton.

For more information go to: https://u3asites.org.uk/files/r/rotherham/docs/ u3alakecomoholidayleaflet1.pdf

Beryl Kellett

YAHR events

Gilbert & Sullivan Study Day, 17th August 2017

The programme includes:

- History of Gilbert & Sullivan
- Overview & assessment of G&S works
- A consideration of the social and political satire within the works
- A review of G&S in the 21st Century
- Matinee- Ruddigore
- Gilbert either a little Liberal or a little Conservative
- Sullivan's sacred music
- plus evening options.

For more information go to

http://yahru3a.co.uk/gs/programme-gilbert-sullivan-study-day-17th-august-2017-2



WANTED: RESEARCH VOLUNTEERS

Two students have approached me asking for help with their studies. The research that they are doing looks very interesting and it is entirely up to yourselves whether or not you wish to follow up these requests. Doncaster U3A can neither approve nor disapprove of the research as the details are unknown. If you are interested please contact Matthew or Bryony directly.

B Thompson

<u>Matthew Bennion</u> DipHe BEng (Hons) MSc PhD Research Student I'm a mature research student based at the University of Sheffield studying how we can make computer based mental health therapies more accessible to older adults. The U3A has been invaluable in recruiting for my studies so far. I am presently recruiting for my final study and I would be grateful if you could help me raise awareness of this work in your U3A?

You can view the study flyers here: https://mylo.shef.ac.uk/flyers/ The study has been approved by the Ethics Committee of the School of Psychology at the University of Sheffield

Technology for Healthy Aging and Wellbeing Network (THAW) Centre for Assistive Technology and Connected Healthcare (CATCH) School of Health and Related Research (ScHARR) University of Sheffield

Email:

Twitter:

Website:

Bryony Maw Postgraduate Student in MSc Health Psychology, the University of Nottingham

I am a postgraduate student in the MSc Health Psychology programme at the University of Nottingham and I am currently undertaking a research study which forms part of my educational qualification.

I am contacting you because I am conducting a study exploring mood in older adults. I wondered if it would be possible for you to forward my email to groups within the U3A. I am looking for volunteers over the age of 65 to take part.

The study involves the completion of some short questionnaires. There will also be a video clip presented on an iPad. The study should take no longer than 30 minutes to complete.

Participation is entirely voluntary but all contributions to this research are highly valued. Please be assured that all information collected will be anonymised.

If you contact me via email I will send an information sheet detailing the background of and the procedure for the study.

If deemed appropriate by group leaders, I would be happy to attend group meetings (or join at the end of the session to avoid interfering with discussions/activities) to conduct the study. Otherwise, it would be extremely useful if group leaders would consider circulating my email to members, and I am happy to arrange to meet volunteers locally.

Please do not hesitate to contact me if you wish to discuss this further.

Thank you for taking the time to read this and in advance for any help you can provide.



Many thanks to all members of the DU3A who work hard to maintain a successful organisation, namely: group leaders, group members, committee members, volunteers, etc.

In addition to those areas covered by people listed in the Contacts list below, committee and volunteers also

contribute their time to: Newsletter distribution, Calendar, Reprographics, Beacon Database, Speaker finder, Volunteer organiser, Regional Travel Rep.,



Administration sub-group, Social subgroup, Publicity, Group session planning, Entertainment organiser, Drop-in centre, Newsletter aides, General meetings co-ordinator, Greeters, Refreshments, etc.

Thank-you for your time and effort.





Contact Numbers

DU3A Committee Members

Chair: George Kirk

Vice Chair: Wendy Hattrell

Secretary: Beryl Kellett

Treasurer: John Parkinson:

Membership Jill Laming

Secretary:

Group Co-ordinators Diane Williams

John Wheeler

Welfare: Carole Lewis

Newsletter Editor: Bridget Thompson

Website Manager: Bridget Thompson

Mike Bowser: Mark Frost

Activity Groups: Contacts

If you wish to contact an activity group leader, click on the blue bird on the right of the appropriate group page on the website and leave your message. Please include your telephone number. Alternatively click on the Contacts Page and contact the Group Coordinator.

DU3A members can contact group leaders directly—See your paper or emailed Newsletter.

Help the environment and save money by receiving the email version of the DU3A newsletters.

Prego Café

We would like to thank our friends at the Prego Café for their help over the past year. Not only is the tea, coffee and food excellent, but the free use of the upstairs room for meetings has been a great help to many of our groups. If you haven't been there yet, give it a try!

Monks Printers

We are grateful to Monks the Printers for their help in printing this newsletter.

Deadline

Thank-you to all the members who have sent articles for this issue.

Articles for the October/November newsletter need to be received by Friday 1st September.

Please send news of group activities, articles, photographs, etc. to du3anewsletterbmt@btinternet.com.

DU3A Website

https://u3asites.org.uk/doncaster

Visit the DU3A website for information about all the current interest groups, latest news/notices, membership information, meetings, social events, monthly calendars and newsletters, help/advice links, links to regional and national u3a and more.......



QR Code for DU3A website