# DONCASTER u3a

Registered Charity No. 1074577



## From the Chair

Those of us who went to the Annual General Meeting will already know that I was adopted as Chairman for the forthcoming year. It is quite an undertaking and it is pleasing to note that our outgoing Chairman, Chris Woolven is holding on as Vice Chair. This will be really helpful during the transition and good for continuity. Diane Woolven is also remaining as Secretary, which is more good news.



The Committee held its first meeting on June 16th where the question of the best time and day for future meetings was decided, the difficulty being that all have U3A and other commitments covering every weekday. A 'line-of-best-fit' was agreed, this being the one which caused the least inconvenience to as few committee members as possible.

We also have a new Treasurer, Peter Hermes, who takes over from Derek Marriott and books of account were duly transferred. Thankfully nearly all the existing committee members retained their posts which also assists greatly with continuity. We welcome new committee members, Kim Beresford and Corinne Chivers.

One item, the Picnic in the Park held on June 1st was covered and leader of the organising committee, Wendy Hattrell provided us with a neat and comprehensive report. It was felt that the day ran well with a range of sporting games being available.

At the event, as Chairman, I proposed the Royal Toast to mark our Queen's Platinum Jubilee. A second toast recognised forty years of u3a activity in Great Britain and 26 years since our group was formed in Doncaster. The weather was largely kind but threatening rain prompted a quick clear up around 2.30 p.m.

From the Chair I would like to thank Wendy and her committee for an entirely pleasant day. Wendy asked that the proposal to make Picnic in the Park an annual event be considered. The idea was warmly welcomed by all present.

Simon Hughes

#### WELCOME

A warm welcome to our new members

Pauline Barber, Laura Bradley, Chris Brown, Pauline Johnson, Mary Mackay, Sheila Napier, Marion Stewart, Margaret Willey.

Cover photo: Bude beach, Cornwall by John Coe Digital Photography Group

#### **Receiving Newsletters & Calendars**

However you receive your newsletter, be it by email, at General Meetings or by post, if you do have email a copy of the newsletter plus calendars will automatically be sent to you via the Beacon system. Several members have reported that they have not received their newsletters and calendars via Beacon. Would all members with email please check and let me know if you have NOT received them. Do remember to check your **SPAM** folder as many servers pick and choose when, what and where to put your mail or they choose to block them.

Bridget Thompson

#### **FAMILY HISTORY**

The Family History Group have been exploring in more depth, things like the Census and having 'breaking down brick wall' sessions. Recently a small number of members visited the Wilderspin & National School Museum in Barton upon Humber where we were given a tour and schoolroom experience. During the experience, reprimands were made, and suitable punishment handed out in the form of sitting in the corner with the Dunce hat and having to stand with arms outstretched for some time because of dirty hands. In all it was a fun and also educational visit (no pun intended) and we finished in the lovely café. If you have never visited Barton, it is a village full of history and a guided walk sheet can be bought in the museum shop.



#### Dawn Jarvis





#### October - November 2022 Newsletter

Articles for the October—November newsletter need to be received by **Wednesday 31st August.** 

Please send news of group activities, articles, photographs, etc. to **bthompsonu3a@btinternet.com** 

## **Obituary**

#### **Mary Upex** 1929 - 2022

Mary died in hospital after a short illness. She was a member of Doncaster U3A from its beginnings so there will now be only a few members left who will remember her.

She was a lovely lady with a terrific sense of humour. Her short and long term memories were great and she loved to do crosswords and any other 'games' with words and grammar.

Mary and her husband Derek enjoyed their holidays in Italy, Scotland and this country. They also went on long train journeys to many other countries.

Mary was a mine of information on many subjects and it was a pleasure to be in her company.

She will be greatly missed and our thoughts go out to Derek and her niece in Scotland.



#### **TECH HELP GROUP**

Things are moving on. We all know the pace of change is exponential and we sometimes despair. Help is at hand. I am starting a Tech Help Group aimed at those who don't do tech - so a beginners group.

I'm going to use Zoom. But I don't know how to use Zoom, I hear you cry. Fear not, meet me after the next General

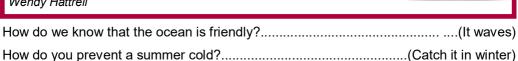
Meeting and we will try and overcome that hurdle. Bring whatever device you use and we

will try and get you started. If you can't come to the GM let me know.

You will all have heard that Rail Ticket offices are closing. This is just a symptom of the changes taking place. It is no longer possible to ignore.

People can let me know what they want help with and we can take it from there. It could be something on your laptop, a tablet or a smartphone. I'm hoping we can help each other

Wendy Hattrell

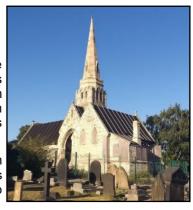


Why do bananas use sunscreen?.....(So they don't peel)

# GENERAL MEETINGS: June

Our DU3A June General Meeting was a surprise insomuch as its theme had one guessing as to its content. Well, it did not disappoint! Presenter, Helen Slade assisted by her colleague Andrea gave us an enlightening performance centred on Doncaster's Hyde Park Cemetery.

Helen presented a series of personalities, interred in the cemetery, whose lives had added to Doncaster's past as an industrial and mining centre, a railway hub as well as a sporting and entertainment town.



A favourite personality must be showgirl, Harriot Vernon who married and divorced with great regularity and led a sparkling career on stage, internationally. Then there was the mechanical engineer who developed an engine with a single drive wheel. Unique; invented and built here in the City of Doncaster.

There are an astonishing 56,000 souls interred in the cemetery, but most have no headstone. In recent years restoration of the buildings and grounds has been undertaken. Adrian Welch, the glazier whose premises are adjacent to the cemetery, has dedicated time and finance to the project.

The other factor which did not disappoint was the turnout. Just under fifty of us ignoring the wonderful gardening weather to listen and watch a fascinating story unfold.

Simon Hughes

#### General Meetings - where to hold them...

Our June General Meeting was held at the Savoy Cinema in Sir Nigel Gresley Square. The management there have offered it to us free-of-charge. Tea and coffee are available when a charitable donation is made.

Although the seats are enormously comfortable this venue does not really meet our needs. The Savoy was settled on after the 'Trades' in the Frenchgate became unavailable.

Let's examine the criteria. For those of us driving, affordable and convenient car parking is needed. But we don't all drive. Some come in by bus, so any general meeting venue needs to be an easy walk from the transport exchange. Ideally, those travelling on a bus need to avoid changing buses and to have a stop close to the meeting building.

Your Chairman, Vice Chairman and Secretary are on the case visiting possible venues, trying to settle on a permanent home. One site is Christchurch which is not only a magnificent building but really well appointed. The down side is that on Mondays, traditional day for our General Meeting it is closed in order to facilitate building improvements.

Simon Hughes

## **GROUPS - UPDATES / NOTICES**

#### **GENERAL MEETINGS**

The meetings listed below may change if new Covid restrictions are introduced. Keep an eye open for emails informing you of any changes. Would members with email please let those without email know what is happening.

18th July 2022 Speaker: Sarah Cooper Topic: Support Dogs

Venue: tba

August No meeting

19th September 2022 Speaker: Mark Walsh Topic: The Ukulele Sensation

Venue: tba

#### **INTEREST GROUPS**

Please contact group leaders **before** attending a meeting for the first time. There may be limits on the group size.

#### DINING OUT

The next meeting of the Dining Out group will take place on <u>Tuesday 16th August</u> at <u>Rasoi @ The Bank</u> on High Street. This is an Indian Restaurant. The menu is available online or by seeing me at Wetherspoons Gatehouse pub on Wednesdays 11a.m. - 1p.m. Please let me have your menu choices with a cheque made payable to DU3A for the correct amount by Monday 8th August at the very latest.

\*\*Joan Condron\*\*

#### BASIC FRENCH, EASIER FRENCH AND PLAYREADING

These groups are running enjoyably - but we would welcome a few more members, if anyone is looking for something new to try.

#### SCOTTISH COUNTRY DANCING

Having run most Fridays since May 2021, we are having a break during the school holidays. We restart on <u>September 9th</u> - which will include going over the basics - so a good time for anyone who has thought about giving it a try. If you are not sure, why not just come along and see?

#### **PHILOSOPHY**

We are having a long break over the summer, as numbers are not strong. We would love a few new members to give it a try. Hoping to restart in September.

#### **FILM GROUP**

I am in the process of checking our room booking for the August meeting which should be on 3rd August. I think we are booked into the St Leger room DGLAM until August but am not sure whether that means to the END of August and have nothing in writing. Booking systems at DGLAM are very new and may not have been fixed when I made the booking earlier this year via the council office. However, enquiries are in progress and information will be given at the July meeting and in individual emails to all members.

Sue Levan

#### **SKITTLES**

The start time is now 2.00 p.m.

#### **WRITERS**

Writers' Group are about to start meeting on a regular basis again. We are going to meet on the second and fourth Fridays of the month, 10.30 - 12.30, at St Peter in Chains, Chequer Road.

Chris Short

#### TENPIN BOWLING

Since the restart of our group there has been so much interest that I have been asked about holding monthly meetings rather than every two months as it is now. So as a tester for that idea we held a bowling session in June as an addition to May and July, the ones on the calendar.

As the numbers on that day were as high as our usual dates, we consider that to be confirmation that monthly meetings are a success. By the time this issue is in your hands we are only a few days away from our July meeting on the 19th. After that we are having a break in August, for holidays, but from September our meetings will be monthly starting on 27th September. So watch your calendars for future dates as we have to tie up with `Dining Out' who also meet on Tuesdays.

Speaking of our June meeting, I cannot overlook outstanding scores on that day. Peter Hermes hit a top game score of 170, the highest score we have ever had. This was matched by Gill Harrison who achieved our highest ladies score of 126. So if you think you can do better than this why not come along to our meetings this Autumn - exercise and socialise.

Mike Bowser

# DIGITAL PHOTOGRAPHY

Out with the Photography group at Sprotbrough. I never realised how interesting a snail could be to shoot with the camera.

Peter Chubb



What do you call a French guy in sandals?......(Phillipe Phloppe)

What do sheep do on a summer weekend?......(Have a baa-baa-cue)

Where do sheep go on vacation?.....(The Baahamas)

What's black and white and red all over?......(A zebra with a sunburn)



#### Party in the Park

June 1st 10:30 a.m. saw an enthusiastic bunch of organizing volunteers fetching and carrying pop-up tents, tables, games equipment and food to our lovely base in Elmfield Park by a stand of trees and overlooking the beautiful, freshly painted Elmfield House. At high noon the punters arrived together with chairs, bottles of wine for the excellent tombola and, of course. their own contribution to picnic. celebratory At 12:30 p.m. Simon Hughes gave a popular toast to Her Majesty on her 70th Jubilee and to the 40th year of u3a in Doncaster city quaffing prosecco provided by Wendy.

At 1:00 p.m. the games to aid digestion began with at least 9 options to tempt our members and were warmly received, with skill levels rising as the afternoon progressed. Shortly after 2:00 p.m. the skies darkened a little and a few spots of rain brought our very successful party to a close - we were very fortunate to enjoy fine, sunny weather hitherto.

Many thanks to DMBC for allowing us to use the Park, to the Captain of Crown Green Bowling who came in early to let us use the toilets and to all the organizers and members of u3a who contributed by their endeavours and their presence to a very memorable experience.





Two suggestions for the future by members were made, namely the setting up of a Boules court in the Park to reflect the growing popularity of this game and a repeat next year of this Party at Elmfield.

Richard Gibbs

#### STRETCHERS GO CARAVANNING

Stretchers met on Tuesday 14th June at Yorkshire Caravans for their walk. We headed along the main road to Bawtry and after a short while turned into King's Wood. The recent sun and rain had caused the brambles to have a growth spurt! Those in long trousers were OK, the rest in short trousers were extra careful but it wasn't long before we emerged onto a wider main track.



Walking though the wood was very pleasant in the sunlight.

The next phase of the walk took us through the Hanson quarry. This area has historically been quarried for sand and continues to be so today. The disused parts of the quarry have become grassed over and provide a pleasant undulating surface to walk on. These areas are now known as the Mosaic and are regularly used by the public. We saw three organised groups of children enjoying the spaces during the walk, but no wildlife. We left the quarry by the side of the Forest School next to the Austerfield Study Centre.

Crossing the Finningley Bawtry road we turned left and down a small lane to Austerfield Village Green. A path ran through another wooded area towards the golf club and into open countryside. We crossed a field by way of a signed footpath through the crops and re-joined the main road. We crossed the road next to the old waterworks building and down a path which took us back into the Hanson quarry, passing what used to be an old pig farm before reaching the Bawtry Doncaster road once again. After a short walk past some very large and in some cases newly built houses we were back at Yorkshire Caravans.

After completing about 6 miles we were ready for our lunch. A good selection of food options well prepared followed a very enjoyable sunny walk.

Jenny Burnett



The Zoom Gardening group - plant swap afternoon

#### LOVE OF NATURE

Our **May** meeting of the Love of Nature group proved to be a highlight of our 2022 season. We travelled to the Old Moor RSPB site near Wath.

With our new group leader Diane being away, Jane took the lead and we were joined by eight of our members.

The extensive wetlands proved a great attraction for a multitude of

birdlife and as we left the visitor centre we had our first sighting with a pair of tits squabbling over the food in the feeders.





The day was bright and warm with only a slight breeze. The air was full of birdsong from the outset with a multitude of various species in the air and on the water.

On the very pleasant stroll and from the hides, numerous sightings were made.

A passing robin spotted the curious sight of our group peering out of the hide windows and decided to investigate. He landed on a post right in front of the hide window. His

appearance surprised us so much we failed to get a shot before he flew off, but surprised us again by returning and this time getting our picture.

Then it was our turn to visit our own feeding station (RSPB Cafe) Yorkshire Pudding wraps filled with beef, onions and gravy - heaven.

Our spotting record is as follows:-

Pochard Lapwing

Grey Lag Great Crested Grebe

Robin Sandpipers
Blackheaded Gulls Comorant
Canada Geese Marsh Harrier

Mike Bowser



In **June** the Love of Nature group had a very interesting visit to Gombe-Lindholme Hall. The Hall is an International Centre for the practice of Tibetan Buddhism and has had many international visitors staying there including Richard Gere and his wife. The centre is working to manage the 180 acre estate in a way which supports and encourages the biodiversity of the fauna and flora that exist in the rare peatland. The area for some conservationists is considered as important as the Amazon rainforest.

The group were taken on a short tour of the area surrounding the Hall and given the opportunity to visit the meditation building. In the meditation building a slide show was given on the carbon neutral developments that had taken place since the Hall and surrounding land has been purchased in 2009. There had been a number of very rare species of insects identified, including two of which could only be found in four locations in the world and one of those was in the area surrounding the Hall and another located close by at Thorne; half the world's population on our doorstep.

The centre is in a secluded location, which can be quite difficult to find. However, all our intrepid group did get there in the end. The visit concluded with tea, coffee and biscuits and Paulette, David and Michael, who had all facilitated our most enjoyable visit, joined us for an informal chat. The centre is having a garden fete on the 30th July and would welcome any visitors from the u3a.

Diane Williams





#### **ART GROUP**

Well, we have moved AGAIN! This time it is forever. We now meet on the first and fourth Monday of the month at Cafe Prego. On the first Monday we meet 12.00 - 2.00, the fourth Monday 11.00 - 1.00 (with potential to run over until 2.00). Well, Prego does serve a very fine coffee!

Our group goes from strength to strength and members are developing preferences for media and a personal style.

Last month we looked at a bluebell wood and a country landscape. Next we will look at water in various forms.

I continue to be impressed by the artists' perseverance and creativity and developing skills.

If you would like to join our group, please contact me as space, therefore number, is very limited.

Paula Harmer



In my role as Beacon supporter nationally, I attended a meeting in Birmingham ... includes the following account:meeting in Birmingham in May. The Beacon newsletter

For the 25 delegates who attended, the agenda included a reminder about the history of Beacon which started up in 2015. They were also informed that since the beginning of the year another 24 Beacon systems have gone live. This brings the total to 514. The new Beacon users include 17 u3as and 7 networks, nations and regions. The number of members now on a Beacon system has risen to almost 230,000. A key element of this success is the team of over 50 u3a volunteers that support Beacon and our u3as.

Peter Quiggin, Systems Administrator at Furness u3a said "I just want to pass on our compliments to you and the other volunteers who have worked on the Beacon Help and on coordinating Beacon software developments. The Help pages are really good".

There was a very important update from Alison May, Head of Member Services on how Beacon was integrated into the Trust's processes and plans. There were also talks on training on internal systems (Microsoft Teams) and the Journey process a u3a goes through from enquiring to implementation, together with the latest developments on Beacon and how Enhancements are planned.

Some facts about the Help Desk facility were also explained, with over 2,320 requests (support tickets) for 'Help' since it was started in July 2019. These covered a wide range of things from simple computing problems, some not directly related to Beacon, to assistance with operational knowledge of the system. In addition, there were requests to change some system settings such as Financial Year, and changes to Site Administrators, with an average first response time of under 8 hours.

The last session covered communications and the promotion of Beacon with the aspiration of achieving as many u3as on the system as possible.

Wendy Hattrell

#### What's on in Doncaster

The Cast: https://castindoncaster.com

Doncaster Little Theatre: https://doncasterlittletheatre.co.uk/whats-on

Danum Gallery-Library-Museum: https://www.dglam.org.uk/whats-on Mansion House: https://doncastermansionhouse.co.uk Heritage Doncaster: https://www.heritagedoncaster.org.uk

The Dome: https://www.dclt.co.uk/whats-on

https://leopard-doncaster.co.uk (Live music) The Leopard:

Visit Doncaster https://www.visitdoncaster.com

#### **D31 Art Gallery Summer Exhibition 2022**

1st July - 31st August 2022

Don't miss out. Exhibits will be available to view and purchase both in the gallery and online. Featuring art from artists all around the world.

D31 Art Gallery, 13 Scot Lane, Doncaster DN1 1EW

#### **DINING OUT**

On 14th June seventeen members of the Dining Out group held our latest meeting at Da Leo, a family run restaurant on Silver Street. The food was excellent with large portions which many of us struggled to finish. The staff were very pleasant and attentive and we were given a bottle of wine on the house to share and a shot of limoncello each at the end of the meal.

As one of our members, Rod Hitchman, was celebrating his 75th birthday it was a night to remember.

Joan Condron



#### • GIFT AID •

If you are a tax payer and would like the DU3A to claim Gift Aid, please let the membership secretary know. If you are no longer eligible for Gift Aid please let us know so that we can remove your name from our list.

#### PINS & NEEDLES

The Pins and Needles group have been busy with two projects this year. We started with knitted woollen hats, balaclavas and fingerless mitts for the Seaman's mission.

The next project, which is still ongoing is Hearts, in pairs, for Rotherham Hospice. I think the ladies enjoyed this one more as it was brighter colours to work with. One heart is for the patient and one is given to the family as a way of remembering and keeping in touch.

Anne Windle







#### Why English is hard to learn.

We'll begin with box; the plural is boxes, But the plural of ox is oxen, not oxes. One fowl is a goose, and two are called geese, Yet the plural of moose is never called meese.

You may find a lone mouse or a house full of mice; But the plural of house is houses, not hice. The plural of man is always men, But the plural of pan is never pen.

If I speak of a foot, and you show me two feet, And I give you a book, would a pair be a beek? If one is a tooth and a whole set are teeth, Why shouldn't two booths be called beeth?

If the singular's this and the plural is these, Should the plural of kiss be ever called keese?

We speak of a brother and also of brethren, But though we say mother, we never say methren. Then the masculine pronouns are he, his and him; But imagine the feminine....she, shis and shim!

**Anonymous** 

#### WHAT'S ON IN DONCASTER

https://www.visitdoncaster.com/whats-on

- Band Sundays at Brodsworth 10.00 weekly
- Afternoon Cabaret Little Theatre 14.00 22nd July then fortnightly
- Doncaster Auto Show Doncaster Racecourse 24 July 10.30
- The Doncaster Market Record Fair Market Place 30 July 8.00 16.00
- Doncaster Pride 30 July 6 Aug. free Town Pride 30 July; Pride Week;
   Pride Main Event Elmfield Park 6 August
- Art Bomb Festival 2022 free various locations 11-14 August
- The Magic of the Beatles Doncaster Dome 19 August 19.00
- Wild Live Safari Nights Yorkshire Wildlife Park Russell Watson 20 August
- Evening Bat Experience Potteric Carr Nature Reserve 24 August 19.30; 2 September 16.30
- DN One Live Live music free Market Square 2 4 September
- T-Fest Music Festival 2022 Bawtry Sports Ground 17 September

Go to the website above for details of the above, and to find out about many more events.

#### STROLLERS 23rd June 2022

Forecasters predicted temperatures in the high 20s for our Thursday walk and it was certainly a hot one!

The Strollers met up in Arksey village. All 18 of us set off led by Jim Sambrooks, ably assisted by Ken Bradbury, to explore the lanes and pathways around Arksey and Almholme. We began opposite All Saints Church which stood proud in the sunshine ... a mere nine hundred years old and a Grade 1 listed building.

The route took us all along Church Lane and Ings Lane to the tracks leading through the lovely rural countryside. There was not much in the way of a breeze to stir the crops which stretched field after field.

We stopped for water breaks and photo ops under leafy spreading trees. The long

farm track alongside Almholme Lane took us into the shade of the hedgerows.

Wending our way past Wittsend Park back into the village we were hot, thirsty and most grateful to arrive back at The Plough for refreshments and a spot of lunch.

Many thanks to the landlady who opened specially early just for us and for a lovely summers walk.

Chris Allcock



#### Top 10 Advantages of Getting Older

- 10. Your clothes have come back in style twice!
- 9. You can no longer be cut down in your prime.
  - 8. There is nothing left to learn the hard way.
- 7. Plenty of time to catch up on reading ... in the bathroom.
- 6. In any hostage situation, you'll probably be released first.
  - 5. You repeat yourself without knowing it.
  - 4. You're allowed to take a nap to get ready for bed.
    - 3. You repeat yourself without knowing it.
- 2. You've made a lot of good memories ... even if you can't remember them.

  And the number one advantage to getting older ... It beats the only

  alternative.

Incredible!

#### Let's hear it for flowers!

The diversity in cultures is infinite and fascinating and some of our oldest traditions involve our relationship with flowers. How many artists incorporated flowers into their work? The answer is unknown, but it's safe to say, a significant portion did. The reason is because flowers have historically been, and continue to be, influential within societies and cultures around the world. Here are some examples.....

South Africa's national flower is the Protea, which represents diversity, change and courage. It is named after Proteus, a Greek deity of shapeshifting capabilities. Proteas are so loved that South Africa's national cricket team uses this flower as their symbol.

In Brazil, it is mostly women who gift and receive flowers. Yellow, pink, and white are the most popular colours with black and purple being associated with mourning.

Many Asian cultures believe that you should never gift a potted plant as this represents restriction, especially to someone who may be sick. According to their traditions, a potted plant 'takes root' which is an expression that means 'staying in bed'. There are several plants that have powerful meanings. For example, a lotus blossom is thought to bestow peace and harmony at home, while orchids represent weather and prosperity. When choosing the colour of flowers, red is often well received as it is believed to bring good fortune.

In Russia, a common birthday gift is one single flower, or an unwrapped bouquet. During an occasion where one wishes to express sympathy, or mourning, carnations, lilies or roses are given in a circular configuration. This arrangement signifies the transition of birth, life, and death to rebirth.

In Germany, white flowers are often displayed at funerals, red flowers symbolise love, yellow and orange signify joy, and blue flowers are for freedom.

Historically, in the times of ancient Rome, brides often carried flowers to scare off evil spirits, and encourage fertility. Several superstitions continue to this day in the Italian culture. For example, roses are never given in the amount of an even number as this is associated with mourning. In fact, most European countries gift roses in an odd number with the exception of Britain, as they have a superstition regarding the number thirteen.

In Portugal, each year on May 1st the Portuguese celebrate Dia do Trabalhador (Worker's Day), which is a public holiday full of parades and rallies that demonstrate and recognise workers' rights. Originally, this was a holiday to celebrate the transition to Spring, and to share excitement for the upcoming months. Historically, and to this day, Portuguese place yellow flowers known as 'Maias' at their doors, windows, and balconies to protect their homes from evil for the year ahead.

Many Australians are passionate about gardening. They often take pleasure tending their gardens and visiting florists to order flowers for friends or family. In addition to roses, orchids, lilies and daisies, Australians have great pride for their national flower, the Golden Wattle. It is believed that this flower symbolises unity, remembrance and reflection.

Mexico's diversity of vegetation is cherished within their culture. Since pre-Columbian times, flowers have been used for rituals, making dyes, drinks, crafts, fabrics, sculptures, gastronomy, and medicines. Flowers are displayed at markets, shrines, altars, and within most Mexican homes. Historically, Mayans often brought flowers to altars to please the ancient gods, as many believed they came from flowers. Each



Paula Harmer Culture Page

year during Día de los Muertos, or Day of the Dead, people honour those who have died. Part of this celebration involves creating elaborate altars filled with decorated photos, candles and flowers.

In the United States and Canada, roses are a symbol of love. In the States, it is common to gift a loved one a dozen roses. Both countries celebrate Mother's Day with flowers. Canadians often give an arrangement of roses, carnations, or chrysanthemums, while Americans celebrate with an assortment of colourful flowers in all kinds of varieties

Although this is just a small snippet of the traditions surrounding the use and symbolism of flowers, it is apparent that we all uniquely incorporate them into our lives based upon our culture and traditions.

# THIRD AGE TRUST Free Zoom meetings

These events are free but you do need to register in advance. go to: <a href="https://www.u3a.org.uk/events/educational-events">https://www.u3a.org.uk/events/educational-events</a>

#### **Live Cookery Demonstration - summer recipes**

Chef Alex from 'Vegetarian for Life'

Thursday July 21, 2022 10:30 a.m. – 11:30 a.m.

#### u3a Science Network 40th Anniversary meeting

Tuesday July 26, 2022 10:30 a.m. – 3:30 p.m. Science-based learning event with 3 presentations:

- Blowing Hot and Cold in the 1980s John Marriage
- The Carbon Imperative Mike Perry
- Human Colonisation of Space Leigh Edward

#### **Cryptic Crosswords Explained**

Speaker: Henry Howarth

Thursday July 28, 2022 10:00 a.m. – 11:00 a.m.

#### National Programme: Found in Nature

Members share their photos of elements of nature or wildlife that are out of the ordinary. Anything that has challenged their perception of nature and the world around them.

go to: https://www.u3a.org.uk/learning/national-programmes/found-in-nature

#### **Sources**

The educational journal of the u3a movement - A large variety of articles from u3as across the country.

go to: https://sources.u3a.org.uk

# TAKE FIVE TO STOP FRANS

#### **SCAMS**

As more and more scams are occurring every day it is important that were are aware of the ways that scammers work in an attempt to steal our money and identities.

The Metropolitan Police have several videos and booklets that may help with our awareness of scams. These are available online.

Go to <a href="https://www.met.police.uk/littlemedia">https://www.met.police.uk/littlemedia</a> for short video guides on each of the following:

Action Fraud
Antivirus
Free Wi-Fi
Passwords
Social Media
Avoiding Computer Software Service Fraud
Payment Fraud
Not being a Money Mule

There are also booklets for the following:

The Little Book of Big Scams 5th Edition
The Little Book of Cyber Scams
The Little Leaflet of Cyber Advice
Little Booklet of Investment Scams
Little Booklet of Phone Scams
Little Leaflet of Covid Scams

Always Updating Software
Backups
Links and Attachments
Personal Information
Two Factor Authentication
Avoiding Impersonation Fraud
Romance Fraud
Safer Online Shopping









If you are unsure about an email - BEFORE opening it contact the person who is named on the email and check that they have actually sent it.

If you use a computer, you can use the mouse to get the cursor to hover over the senders name, It will then show the email address of the actual sender.

I am constantly receiving emails purportedly from BT trying to panic me into opening their emails by saying that my account will be closed if I delay. The email addresses of the senders are clearly not from BT.

I have recently had emails that were supposedly from DU3A members. By contacting the people concerned, before opening the emails, I was able to verify that they were not the senders. I then safely deleted them from my inbox followed by the trash/deleted items box.

Bridget Thompson

Why don't oysters share their pearls?.....(Because they're shellfish)

What do bees say during a heat wave?....(Bov. it's swarm)

#### **AUGUST**

August was initially called mens sextilius, the sixth month, because the Roman calendar started in March. Sextilis had 31 days. Around the year 700 BC, the Roman king Numa Pompilius expanded the calendar from ten to twelve months by introducing January and February. Sextilis was reduced to 29 days.

In 154 BC, a rebellion forced the Roman senate to change the beginning of the civil year from March to January 1st and with this reform, Sextilis officially became the eighth month.

In the ancient Roman calendar, in the year 46 BC, Julius Caesar introduced the Julian calendar. He added ten days to the year and introduced the leap day. Sextilis was expanded to 31 days.

The first Roman emperor was Augustus Caesar. Augustus was not the emperor's name but his title. It means 'the great' or 'the venerable'. The Roman senate gave this title to the emperor Gaius Caesar Octavius in the year 27 BC because of his military and political victories that founded the Roman empire.

The Roman senate decided, in 8 BC, to name a month in honour of the emperor. They chose the old Roman month of Sextilius and renamed it Augustus.

#### Astronomical Events in August

The Perseid meteor shower will hit its peak between August 12th and 13th in 2022, allowing stargazers to witness around 160 to 200 meteors entering Earth's atmosphere every single hour. The shower is particularly prominent in the Northern Hemisphere in the pre-dawn hours, and is one of the most popular showers as, though it is not the strongest, its spectators can enjoy it during summer.

August's Full Moon is known as the Sturgeon Moon, named after the huge freshwater fish that can be found in great numbers in August. It is also called the Grain Moon, Fruit Moon, and Barley Moon because August is the harvesting season in the Northern Hemisphere,

According to tradition, the birthstones for August are peridot and onyx. Its birth flower is the gladiolus or poppy, representing beauty, strength, love, marriage, and family.

https://www.timeanddate.com/calendar/months/august.html

#### SEPTEMBER

The meaning of September comes from ancient Rome. Septem is Latin and means seven. When the old Roman calendar started in March, September was the seventh month. In 153 BC, following a rebellion a year earlier, the Roman senate changed the calendar and the new year then started in January making September the ninth month. September initially had 29 days. In the year 46 BC, Julius Caesar introduced the Julian calendar. He added ten days to the year, and introduced the leap day and September was expanded to 30 days.











# **PUZZLE PAGE**



Summer wordsearch

A X Т A S X т M 0 G R х D G S N G О О О D х N Е С N Z Т D κ R N R A 0 Q S 0 R M В S E N S U D D т Т J Т Т О ı Е Υ Ν О Ν A A S R Т 0 P R Т A О О Т Υ Α 0 G S т Α R Т κ E G R О В E Z Н R E s Е D E Н Н Е ı Α В S κ 0 D D E Κ S S Т K N т Υ M Т G R R R U E H 1 N н E N S A H Υ D G О E T В ı C C R Υ D G О н E Z G S О Т N A R G Т D R Т ı 1 Т U Н U F Τ Ε A S С Α Ν G О C R Н I Т N A Z 0 G S G Е Ν Е o S K N D O S Е R E С N R N R K D E N C Ν Е О Ε G N G G х С N Z В R E S T H E О D Z в G N S M E S G G М 0 R Q Κ G

ACTIVITIES
ADVENTURE
AIRPORT
BANDANNA
BANDS
BEACH
CAMPING
CELEBRATION
COOKOUT
COUNTRYSIDE
CRUISE
DRINKING
ENTERTAINMENT

EXPECTATIONS
FESTIVALS
FIRECRACKERS
FIREWORKS
FOOD
FUN
GAMES
GOLF
HEAT
HIKING
HOLIDAY
JEANS

JULY
LAKE
LAUGHTER
LEISURE
LIFEGUARD
MEMORIES
OUTDOORS
PARTIES
PHOTOGRAPHY
PICNIC
PLAYFUL
POOL
RELAXATION

ROLLER COASTER SIGHTSEEING SPORTS SUNSHINE SWIMMING TENNIS THEME PARK TOURISM TRAVEL VACATION WAKEBOARDING

#### **Solutions to June - July puzzles QUIZ** Bunkers 1. Mustard 15. The Battle of Little Big 2. Invictus Games 9 Boar Horn 16. Ermintrude Brazil 10. Ireland 4. Ernest Hemmingway 11.Thirty nine 17. Italy (pianoforte) 5. Isabella 18. John Smith 12. Barclays 6. Nepal 13. Smoked Haddock 19. Paris 7. Roald Amundsen 14. Hatchet 20. Starboard Easy Hard

#### Continued from page 19

The Mid-Autumn Festival in China will be celebrated on September 10, 2022. This festival is also known as the **Moon Festival**. It is one of the most important celebrations in the Chinese calendar, second only to the Chinese New Year. All over China, people make lanterns and enjoy moon cakes, exchange gifts, and celebrate the Full Moon.

September 10th 2022: In September the full moon is the closest to the Autumn equinox and is referred to as the Harvest Moon because it was during this month that most of the crops were harvested ahead of the autumn with the moon giving light to farmers so they could carry on working longer in the evening.

According to tradition, the birthstone for September is the sapphire, representing clear thinking. Its birth flowers are the forget-me-not, morning glory, and the aster.

https://www.timeanddate.com/calendar/months/september.html

Bridget Thompson









#### UKRAINE HUMANITARIAN APPEAL - donations can be made to::

**Ukrainian Centre, Doncaster:** 

48 Beckett Road, Wheatley, DN2 4AD Tel: 07803 904766

**British Red Cross** 

https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal

**DEC** (Disasters Emergency Committee)

https://www.dec.org.uk/appeal/ukraine-humanitarian-appeal



**Group Leaders** can be contacted by telephone (see below) or by clicking on the blue bird on their group page on the DU3A website. Go to: <a href="https://u3asites.org.uk/doncaster">https://u3asites.org.uk/doncaster</a> then click on the 'GROUP' tab. Go to the bottom of the group page to select the group that you require. Click on the blue bird in the top right-hand corner and a form will open for you to write your message.

**Committee members** can also be contacted via the DU3A website by opening the 'Contact' page and then selecting the appropriate member.

### **Contact Numbers**

DU3A Committee Members		
Chair	Simon Hughes	
Vice Chair	Chris Woolven	
Secretary	Diane Woolven	
Treasurer	Peter Hermes	
Membership Secretary	Christine Curtis	
Group Co-ordinator	Diane Williams	
Publicity	Jane Bowser	
Beacon Administrator	Wendy Hattrell	
Welfare	Jill Laming	
Speaker Finder	Paula Harmer	
Committee	Kim Beresford	
Committee	Corrine Chivers	
Activity Groups & Other: Contacts		
Contact Group leaders - see printed Newsletter for telephone numbers, or DU3A Website		
Newsletter Editor & Website Manager	Bridget Thompson	bthompsonu3a@btinternet.com

Prego Café

We would like to thank our friends at the Prego Café for their help over the past years. Not only is the tea, coffee and food excellent, but the free use of the upstairs room for meetings has been a great help to many of our groups. If you haven't been there yet, give it a try!

#### **DU3A Website**

https://u3asites.org.uk/doncaster

Visit the DU3A website for information about all the current interest groups, latest news/notices, membership information, meetings, social events, monthly calendars and newsletters, help/advice links, links to regional and national u3a and more.......

#### **Deadline**

Thank-you to all the members who have sent articles for this issue. Articles for the October - November 2022 newsletter need to be received by

#### Wednesday 31st August

Please send news of group activities, articles, photographs, etc. to bthompsonu3a@btinternet.com

#### **Monks Printers**

We are grateful to Monks the Printers for their help in printing and distributing this newsletter.



Newsletter edited by B. Thompson

QR Code for DU3A website