

Walking Group Leader's Risk Assessment Process 2022

Description of Activity :

Countryside walking. Walks start and end at the specified assembly point, and are between **x** and **y** miles long, across fields and meadows, along public footpaths, bridleways, tracks, and minor roads. Details of the walk (see below) will be sent to all Group Members prior to the date of the walk to enable them to carry out a personal risk assessment of participating in the walk.

Guiding principles of a Walking Group :

- Group Leaders and/or Walk Leaders are coordinators and facilitators of the event; they are not there to manage, or assume responsibility for members.
- Each walk must have been reconnoitred by the Walk Leader.
- Whilst every effort will be made to run the walks safely, it is the members' own responsibility to look after their personal safety, and to act in a way that ensures the safety of others.

Hazards	Actions to mitigate risks
1. Accidents	<p><u>Record of Attendance and Self-Assessment of Taking Part</u></p> <ul style="list-style-type: none"> ➤ On arrival at the Assembly Point, members must agree that a record of their attendance is made. This record of attendance must be retained by the Group Leader for at least 3 months (in accordance with The Deepings Data Protection and Privacy policies). ➤ This agreement will be taken as confirmation that they have read the Group Leader's Details of the Walk which will be attached to the walk "invitation", and consider that they can take part in the event, without adverse risk to themselves or others. ➤ The Group Leader will check that they have the participant's contact details, and those of their next of kin or ICE nominee and access to a mobile phone. <p><u>Walk Safely – follow the Countryside Code (England and Wales).</u></p> <ul style="list-style-type: none"> ➤ The walk will be planned for a less busy time. ➤ Members will be advised on what to do when at pinch points to maintain safety, what to do on narrow sections of the footpath when only single file passage is possible and what to do when negotiating obstacles (e.g. gates/stiles). ➤ Members will be advised on what to do in bad weather or when walking on steep, slippery or muddy sections. ➤ Members will be advised on how to cross fields with livestock.
2. Infection	<ul style="list-style-type: none"> ➤ Walkers will be advised to sanitise their hands. ➤ Members will be advised not to share food, drink or walking equipment. ➤ Members to carry a face mask in case of incidents.

Walking Group Risk Assessment Record – Date/Time of Walk:

Attach this form to the Details of Walk.

Name of Walking Group:	Group/Walk Leader:
Location of Walk	Description of Walk
Any specific hazards for this walk?	Any specific actions taken to mitigate risks for this walk?