

Cycling Group Leader's Risk Assessment Process 2022

Description of Activity :

Cycling route start and end at the specified assembly point, and are between **x** and **y** miles long, across different terrains. Details of the route (see below) will be sent to all Group Members prior to the date to enable them to carry out a personal risk assessment of participating.

Guiding principles of a Walking Group :

- Group Leaders and/or Cycle Leaders are coordinators and facilitators of the event; they are not there to manage, or assume responsibility for members.
- Each cycle route must have been reconnoitred by the Leader.
- Whilst every effort will be made to run the cycling event safely, it is the members' own responsibility to look after their personal safety, and to act in a way that ensures the safety of others.

Hazards	Actions to mitigate risks
1. Accidents	<p><u>Record of Attendance and Self-Assessment of Taking Part</u></p> <ul style="list-style-type: none"> ➤ On arrival at the Assembly Point, members must agree that a record of their attendance is made. This record of attendance must be retained by the Group Leader for at least 3 months (in accordance with The Deepings Data Protection and Privacy policies). ➤ This agreement will be taken as confirmation that they have read the Group Leader's Details of the Cycle Route which will be attached to the walk "invitation", and consider that they can take part in the event, without adverse risk to themselves or others. ➤ The Group Leader will check that they have the participant's contact details, and those of their next of kin or ICE nominee and access to a mobile phone. <p><u>Cycle Safely</u></p> <ul style="list-style-type: none"> ➤ The event will be planned for a less busy time. ➤ Members will be advised on what to do to maintain safety. ➤ Members will be advised on what to do in bad weather.
2. Infection	<ul style="list-style-type: none"> ➤ Cyclists will be advised to sanitise their hands. ➤ Members will be advised not to share food, drink or equipment. ➤ Members to carry a face mask in case of incidents.

Cycling Group Risk Assessment Record – Date/Time of Bike Ride:

Attach this form to the Details of Bike Ride.

Name of Cycling Group:	Group Leader:
Location of Bike Ride	Description of Bike Ride
Any specific hazards for this bike ride ?	Any specific actions taken to mitigate risks for this bike ride ?