



Issue No.236 October 2022

The Deepings u3a NEWSLETTER

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Welcome

New members: Shirley Jeffs,
Northborough, Herta Foster,
Anne Nott and Simon Leyton,

Market Deeping, Jane Hopkins and rejoiner Bernie Walker
from Deeping St James

OCTOBER MEETING: 17 October

The Annual General Meeting will be held at 10.15am just before the monthly talk. We very much look forward to seeing you there.

PROGRAMME OF SPEAKERS:

17 October: Larry Adler, Harmonica Genius

The fascinating story of one of the most celebrated musicians of the 20th Century who was also known as a raconteur. Larry was a personal friend of Gary Italiaander, whose talk is illustrated with images, recordings, video extracts and many anecdotes about Adler's friends and associates. He includes his own performance on the harmonica.

21 November: There's No Such Word As Can't

Emma Sheardown was born with Quadriplegic Cerebral Palsy and, though medics feared she might never walk or talk, she defied expectations. She talks about overcoming the challenges she faced through representing Great Britain and becoming World and European Para Dressage Champion to how she dealt with the ending of her sporting career.

19 December: Lords of Misrule and Boy Bishops - Medieval Christmas Customs

Chris Carr's talk on how the medieval English celebrated Christmas includes samples of medieval mince pies (with meat) and "figgy" pudding to try!!!

COMMITTEE MEMBERS 2021/2022

Chair	Margaret Beardshaw
Secretary	Elaine Batchelor
Treasurer	Anne Burton
Deputy Treasurer	Stuart Wilson
Membership Sec.	Liz Noble
Speaker Finder	Lyall Seale
Group Co-ordination	June Wheatcroft
Team:	Phil Jones
	Jennifer Rogers
	Kath Allen
	Sandra Jones/ Ruth Griffiths
	David Scott
Vote of thanks org.	
Newsletter Editor	
Newsletter Distribution / Webmaster	

MARGARET'S MUSINGS

Dear Members

We are now well and truly into autumn, the season for walks among vibrantly coloured trees, or fungus foraging, for gathering together to pursue hobbies and interests. All of these can be enjoyed as a member of u3a. If you fancy joining a new group, check the contact details in this newsletter.



Our October monthly meeting will begin with the Annual General Meeting which marks the end of one year and the beginning of another for The Deepings u3a, when we express our thanks to retiring members of the committee and welcome those who are newly elected at the meeting. We hope that members have been able to look over the documents which have been sent out relating to the business of the AGM. This will be conducted at 10:15 before we move on to the usual meeting format.

I would like to express once again my thanks to the committee, all group leaders, tea and coffee brewers and all members for contributing to our lively u3a.

Margaret
Chair



CHRISTMAS MEETING TICKETS ON SALE – October and November Meeting

Our Christmas meeting on 19 December 2022 from 9.30 is in our usual meeting venue, The Methodist Church, Deeping St James. Coffee on arrival, followed by a talk on Medieval Christmas Customs (with taster mince pies and figgy pudding).

There will be our usual quiz for collection on arrival and our refreshments will be at the end of the talk, together with the Quiz prize.....all for £3.

As usual entry is by TICKET ONLY and will be on sale at the October and November monthly meetings or email/phone Liz Noble to reserve yours. liznoble102@gmail.com or 01778 342855. Correct money would be most helpful!



GROUP CO-ORDINATOR'S REPORT

Summer's over now so we can look forward to settling into our groups' activities again, hopefully with renewed enthusiasm and new ideas! Look to your members for suggestions? You never know until you ask. Some groups work better with a 'co-operative' where the group works with a team effort.

Antiques & Collectables Group: Do you want to get going again, even on a different basis? Any ideas please?

Photography Group: Help has been offered and this Group will be able to continue.

Sunday Lunch Group: Step up members, only two needed to continue this very easy-to-run group for a monthly luncheon. Ring me or Tony Semple.

Group Leaders- As always, thank you for your good work!!

Group Co-Ordinator: June Wheatcroft

CRAFT GROUP 2

SEPTEMBER REPORT



At last we were able to tackle Anita's design which resulted in several variations. Choosing attractive and striking colour paper combinations was always the challenge, but fun to do and as we had been donated a few packs of paper the choice was almost endless!

Thank you to Anita for her help and guidance.



Heather is keeping us all guessing for next month which will be after the AGM on 17 October, but thank you in advance, Heather. Look forward to seeing you on Monday 17 October at 102 Church Street at 2pm.

Report and Group Leader: Liz Noble

JAZZ/BIG BAND GROUP

IT'S THE BIG BAND SPECIAL

Geoff Whittle's program title for our September meeting at the home of Kath and Phil Jones Big Bands dominated Geoff's programme today and we had a real feast of some of the best, beginning with three offerings from Harry James and his Orchestra, 'I've Heard That Song Before' vocal by Helen Forrest, 'Carnival,' and 'Music Makers'. (Not many folks know this, but Helen was married -happily, it's said, to comic musician Spike Jones, leader of the City Slickers.)

Ted Heath and his Orchestra followed with 'Bakerloo Non-Stop', 'Mountain Greenery' and 'Get out of Town before Sundown'. The vocal on this recording was from Jack Parnell, he of London Palladium fame.

Three items from Woody Herman came next: 'Dallas Blues', 'I'm Thinking Tonight of my Blue eyes', with vocals from a young Bing Crosby and 'Blue Flame'.

We enjoyed just two pieces from Benny Goodman. The first 'Jersey Bounce', and then quite a long offering, 'Sing, Sing, Sing'. Benny also played, on occasion, classical clarinet. He was one of, if not the first, orchestra Leader to ignore the racial taboos prevalent at that time.

Artie Shaw, one of the Clarinet Greats, gave us, with his orchestra "Traffic Jam", 'Deep Purple' and 'Back Bay Shuffle'. Later, when he recorded 'Begin the Beguine', according to his autobiography, he said he would never play anything any better and promptly retired.

The always popular Glenn Miller played three well known songs 'Pennsylvania 6-5000, Little Brown Jug' and 'My Blue Heaven'. Next came Duke Ellington with Orchestra and 'Don't Get around Much Anymore', 'Bo jangles' and 'Three Little Words'.

'The Sentimental Gentleman,' of music - Tommy Dorsey, ended our morning of music with his three offerings: 'Satan Takes a Holiday', ' Song of India' (a big hit for him) and 'Boogie Woogie'. We could have danced all morning....

It was a really enjoyable programme thanks to Geoff and Phil and brought back lots of memories.

Excellent refreshments were also provided and enjoyed.

Our next meeting is on 26 October at Phil's home with a programme devised by Kath.

Report: Anne Jones

Group Leaders: Phil Jones/Anne Jones

GOOD FOOD GROUP

SEPTEMBER REPORT

We met on Monday 5 September for our monthly shared lunch. Our theme this time was Italian.

Before the meal we sat in the garden with Italian wine and appetisers, making the most of the sunshine.

For our starter, we had pasta and borlotti bean soup. This was followed by spinach and mascarpone flan, and mushroom, prosciutto and mozzarella pizza, served with gnocchi and Italian cabbage.

Dessert was zabaglione, apple, peach and almond tart and frozen strawberry, white chocolate and mascarpone.

Our next meeting is Monday 3 October when our theme will be seasonal recipes.

OCTOBER REPORT

The October Good Food Group's lunch was hosted by Hilary and the theme was Seasonal Ingredients. Although the group was depleted in numbers this month, we managed to produce a fine array of tasty dishes.

After the usual aperitif, accompanied by root vegetable crisps, our lunch started with Potage Paysanne. This was a hearty soup made from just about every root vegetable grown. A very attractive duck and chicken terrine with a range of toast and crackers followed. The main course was pork, leek and apple casserole, which was topped with a mixture of sweet and home-grown King Edward potatoes. There was a side dish of home-grown green beans.

Two desserts were on offer: apple crumble and a pear pudding, both with cream! Coffee ended the meal.

A cordial afternoon was enjoyed by all and our thoughts were with Ian and Kathleen Tanner who were unable to join us.

The next lunch on 7 November will be hosted by David and Anne, and the theme will be Irish dishes.

New members to the group are always welcome and for more information you can contact Hilary Akam.

Report: Sheila McGurk
Group Leaders: Hilary Akham/ Sheila McGurk

SUNDAY LUNCH GROUP

Despite our unfortunate cancellations of the last two lunches, we are pleased to let you know that we have our monthly lunch booked for The Black Horse at Baston on Sunday, 23 October at 12 for 12.30.

We will have a table to take bookings at our monthly u3a meeting on Monday 17 October, **or for this occasion,*** please telephone the number below. Look forward to seeing you there.

*(Pam Ready, Tel. 01778 344587)

Group Leader: Tony Semple

THURSDAY GARDENING

Can you believe we spent our meeting this month planning 2023? We were warmly welcomed at Liz Noble's with Terry illustrating his exceptional prowess in car parking skills! Most importantly we finalised our Christmas lunch arrangements and owe thanks to Kay Parker for organising this for us. Remaining deposits to Kay at the next meeting at the latest please.



We managed to create a provisional timetable for next year with a mix of home meetings and visits before considering the running of the group after Linda Hill steps down as group member in December.

We were grateful to Janis Dixon, not a member of the group, for providing many cerinthe seedlings for the group to take home.

Our next meeting on 3 November is at Springfields Garden Centre for a talk by a member of the gardening team.

Report: Linda Hill
Group Leaders: Linda Hill and Kay Parker

WEDNESDAY GARDENING

Ten members met at Jean's relatively new house on a lovely September day. As usual, Jean and Don's garden was immaculate with lots of colour despite the heat and drought of the summer.

Members brought a variety of plants and seeds to swap with one another.

Coffee and cake followed, accompanied by the normal chitchat! For future reference and for anyone that was not at the meeting, it was decided unanimously that members should pay £1 instead of 50p towards the hostess.

Our next meeting is on 12 October at 10am at Dobbies Garden Centre where we will have a talk by Linda Mee on Winter Evergreens and Bulbs.

Report: Jane Cooke
Group Leaders: Jean Foster/Jane Cooke

MONDAY WALKING GROUP

On 3 October 15 walkers set off from Stamford Meadows on a very pleasant morning, ideal for walking.

The route took us along the River Welland towards Tinwell, then across country to Easton on the Hill where the group walked around the very attractive Peace Garden. Passing All Saints Church I pointed out that one of its claim to fame was the son of the vicar here in 1799 was captain of the HMS Lutine which sank off the coast of Flanders with a cargo of gold. Only the ship's bell was recovered which now can be found in Lloyds of London and is used whenever a ship is lost at sea.



Further on we passed what is left of the Polish War Memorial which was unfortunately destroyed when a tree fell on it during storms of October 2021, hopefully it will be repaired soon.

The memorial was created to honour the 1st Polish Parachute Infantry which was stationed around Easton on the Hill. The unit saw active service during operation Market Garden or as we know it Arnhem. Sadly, during a practice parachute jump over Wittering, two planes collided and crashed near Tinwell and the Welland with the loss of 26 Polish soldiers and 8 USA flying personnel.

The walk continued through Wothorpe and back to Stamford for welcome refreshments.

Details of the November walk will follow in due course.

Report: Geoff Hurst
Group Leader: Steve Hanson

FAMILY HISTORY GROUP

Fifteen members of The Family History Group met today at the Community Centre for our October meeting. Our subject talk was "The 1939 Register", like a census but not a census. It was released to the public in 2014 by the website Find My Past. It was taken on 29 September 1939 at the start of the Second World War. Organised by Sir Sylvanus Percival Vivian and the GRO, they were responsible for the 1921 and 1931 censuses and had prepared for the 1941 census. Over that weekend 40 million plus people were enumerated and given an ID Card by the enumerator.

The Register became a working document for over a 50 year period. First it was used for ID cards in 1939, then Ration Books in 1940, for conscription, direction of labour ie Land Army and other wartime needs including evacuations to safe Regional Areas during the war years. It became The National Health Service Central Register on inception in 1948 until 1991. In 2007 it moved to what is now NHS Digital. All this time surnames being updated by marriage details and other forms.

For the first time we were given exact birth date details from the public and details of wartime posts ie ARP, Special constables, Red Cross Nurse, First Aid Nurse. Many of the

details are still redacted and will be until that person reaches 100 years of age or there is proof of their death. The Register is updated each year and more of the closed entries are opened for the public to see.

For our November meeting we have Shelagh Coates coming to see us to give a talk called "Arrevederci to a Hero" about her Uncle Harry Coates a Spitfire Pilot found in 2017 by Romagne Air Finders in Italy

If any U3A members wish to join us on the 14 November at the Community Centre please contact me.

There will be a cost of £2 for the meeting.

Group Leader: Jean Brennan

QUILTING GROUP

SEPTEMBER REPORT

Everyone had been busy this month. Carol had at last completed her full-size bed quilt she'd been working on for some time. She had sent this to be professionally quilted because quilts of this size are often too big and heavy to do at home.

Everyone agreed what a credible achievement it was - well done Carol.

Other members have been trying new work of their own choice with others finishing the Lone Star quilts.

Liz started a variation of the flying geese technique for a baby quilt. This preparation and cutting of flying geese will be the focus of our next meeting with Liz demonstrating for those who wish to revisit this technique



A placemat made using decorated top stitching



Variation of flying geese



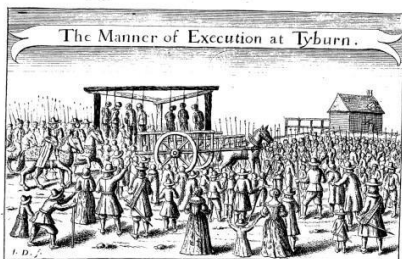
Completed bed quilt using the log cabin technique

Group Leader: Margaret Griffiths

HISTORY GROUP

Sensationalism in Victorian Crime by Allan Brooke

In September, we had an excellent talk about crime in the Victorian era. It was well illustrated, amusing in parts, sad in others and showed us that 'The Good Old Days' were a myth!



We were told about the part played by the media (surprise, surprise!) in stirring up crowd reaction.

It was a stimulating, very informative and thoroughly enjoyable morning.

Thank you to everyone who helped and to everyone who attended.

Next month we have a talk by Geoff Whittle who will re visit The Panama Canal.

Reminder: if you wish to attend the Christmas lunch, a £5 cash deposit will be required at the October meeting, time 10.30. Coffee from 10am.

Report: Sandra Jones
Group Leader: Sandra Jones

MONDAY READERS

Our book this month was considered by everyone to rate four stars out of five - and it probably would have been a five star one, if it hadn't been extremely long; it could have been sharper and a little less repetitive in some parts.

The Other Bennet Sister by Janice Hadlow is a real pleasure for anyone who is a fan of Jane Austen, and *Pride and Prejudice* in particular. It tells the hidden story of Mary, the middle girl in the Bennet family, who, sandwiched between older sisters, Jane and Elizabeth, and younger sisters, Lydia and Kitty, is almost invisible in the story. Her only real scene is when she is mortified by Mr Bennet's patronising comment about her piano playing: "You have delighted us long enough...." and Janice Hadlow makes us think about how that put down would have affected Mary herself.

The author captures the authentic tone of the original and the period, and revisualises the characters in a way that enhances and develops our view of them. She led to an interesting discussion about the social mores of the time, the position of unmarried women and the effect of continual small unkindnesses on a young girl.

Although all ends happily, as it should, the way that Mary's life unfolds is very well told.

An enjoyable read - but a little weighty for reading in bed!

Group Leader: Liz Waterland

THE CRAFTY CREW

The "crew" (or some of them) managed to meet twice during September. We made greetings cards from the materials kindly donated to us by Liz Noble at the first meeting. In the second we made lots of pretty "tea bag pouches" to use as small gifts



or card inserts. Everyone loved these, fairly quick and easy to do and the pouches can be adapted for all sorts of occasions by putting different sentiments inside and lots of these can be printed from the internet. It was a very

jolly and enthusiastic couple of hours!

The next group meeting is planned for Monday 17 October, in the afternoon, when we plan to make our own Christmas cards for the people who are special to us. Future meetings seem to be developing a Christmas theme, a bit early maybe, but fun!

Group Leaders: Jennie Jackson/Molly Wright (Admin)

CYCLING GROUP

A depleted set of three of us set off on the 16 September for our monthly bike ride. The weather was pleasant but there was a strong 17mph wind which seemed to be against us most of the way.

We meandered from the bridge in Market Deeping to Langtoft and then via Stowe Road, Baston Road and Wilsthorpe Road to Wilsthorpe.

Taking the Main Street in Wilsthorpe we turned left onto Braceborough Road and continued into Braceborough where we stopped at the recently-created Lower Braceborough Wood where new trees have been planted in order "to establish and maintain a natural native woodland to support wildlife and the environment for the enjoyment of all".

According to the notice a further round of tree planting is scheduled for December and they are asking for volunteers.

At Braceborough we continued on to Greatford and then back to Langtoft via Barholm.

At Langtoft we cycled via East End, New Road and Meadow Road to Cross Road and from there crossing the A15 to continue on Cross Road to Towngate East. It was noticeable that the gates now across the entrance to Cross Road at Towngate East has stopped the blight of "fly tipping" that was previously so evident here.

We then headed via Towngate East and Godsey Lane to finish our 16-mile ride at the Boundary Fish and Chip Restaurant for our well-deserved lunch.

Many thanks to Mike for planning the route which even with the wind was enjoyed by all.

Group Leader: Jim Torrance

PACERS WALKING GROUP

Ten Pacers were on the walk this month and, on balance, we were very fortunate with the weather.

The forecast (can you really take much notice of what they say?) was for very strong winds for the morning and also heavy rain from about 11.00. Although it was a mild day we did have the strong winds which made walking challenging at times but the rain held off until a few minutes before we arrived back at the pub.



We started from the Fox at North Luffenham (my Satnav sent me to South Luffenham, still no idea why) with Geoff and Julie leading the walk. Walked through the very charming village and then

outwards to South Luffenham, crossing the River Chater several times, viewing an old abandoned railway and crossing a bridge over the current railway. Stopped at the wildlife pond and we were impressed at the amount of work that had been done there. Walking along the ridge into the wind was less than fun but after that going downhill with the wind was a lot better. A nice walk of just under 4.5 miles.

At the Fox we all enjoyed lunch then we drove home through a very heavy rain storm, glad we were not out in it.

New members are always welcome, please contact one of us if you fancy a not too hard walk on the first Wednesday of the month. We usually walk between 4 and 5 miles.

Next walk will be on Wednesday 2 November lead by Margaret and Jo - details as usual by email.

Report; Geoff Whittle

Group Leaders: Geoff Whittle/Margaret Beardshaw

POETS & POETRY GROUP

For our October meeting we all chose one of our favourite poems, we did this last month but with such a large variety of poems it is not possible just to have one favourite, we had 'High Flight' by John Gillespie Magee, 'The Darkling Thrush' by Thomas Hardy, 'Lyrics from the Princess' by Lord Tennyson, 'I had a 'Duck Billeed Platypus', by Patrick Barrington, 'Rosabelle' by Sir Walter Scott My love is like a Red Red Rose by Burns, and to add humour to the meeting we had 'The Dog that Bit the Ball, by Pam Ayres, and Daddy Fell in the Pond by Alfred Noyes. Once again we had a most enjoyable afternoon, thanks to Kath for hosting the meeting.

Next month as we have Remembrance' we decided on that theme for our poems.

Group Leader: Irene Beeken

LISTENING TO MUSIC

Frank and Marilyn Mills, welcomed us to their Tinwell Home for our September meeting. Frank's choices began with the Borodin Quartet. String Quartet in D major No 2, mov3.

Franz Joseph Haydn followed with his String Quartet in C major, Opus76, No.3 mov 2 played by the Takacs String Quartet. Haydn also composed the String Quartet in D major Opus 64 No.5, mov1. 'The Lark', this was played by the Kodaly Quartet.

Schubert, (born in 1797, died in 1828) composed the next item played by Anthony Goldstone with Caroline Clemmow on one piano. Piano Quintet for piano and strings, mov.4 'The Trout', arranged for a piano duet by Czerny. Another String Quartet by Schubert followed: 'Death and the Maiden'.

Coming forward a few years we heard the beautiful arrangement of 'Fantasia on Greensleeves' for String Orchestra, played by the English Chamber Orchestra conducted by Daniel Barenboim, composed by Ralph Vaughan Williams.

Neil Black playing the Oboe gave us another Vaughan Williams composition - Concerto for Oboe and String Orchestra, Mov 1 Allegro with the English Chamber Orchestra.

An unfamiliar composer – George Antheil, (1900-1959) composed a Symphony for Five Instruments, mov 2 Lento. He was an American Avant-Garde composer, pianist, author and inventor. His modernist musical compositions explored the modern sounds - musical, industrial and mechanical - of the early 20th Century. Together with the film actress, Hedy Lamar, he developed a radio guidance system for Allied torpedoes that used a code, (stored on a punched paper tape) to synchronise random frequencies, (frequency hopping) between receiver and transmitter, now used in tele-communications. In 2014 they were both inducted into the National Inventors Hall of Fame.

Stepping back in time, Beethoven ended the morning in fine style with his Piano Trio no.7 in B flat opus 97. 'Archduke' mov 1. 10.20 mov 2. The trio consisted of Daniel Barenboim, Pinchas Zukerman and Jacqueline du Pre.

It was a lovely early autumn morning, made all the more enjoyable by the provision of tea, coffee and biscuits and pleasing music.

Thanks to Frank and Marilyn for being our hosts.

Our music group also welcomed Simon as a guest at the meeting and we hope that he enjoyed Frank's selection.

The venue for our 12 October meeting is at Terry Noble's house but the programme has been selected for us by Hilary Corner.

Report: Anne Jones

Group Leader: Terry Noble

WEEKENDERS GROUP

Twenty-one Weekendenders met at the Oddfellows Hall on Saturday for their usual chat and catching up of news.

The Christmas meal has been booked at the Waggon and Horses for Saturday 10 December at 1pm. If you wish to go and not yet given Marge your name, please do so at the next meeting, along with a £5 cash deposit and your menu choices. All deposits must be paid in cash at the November meeting as Marge and Anita are going to the Waggon and Horses after the meeting to pay the deposits in and give numbers.

We will have our usual December meeting on 3 December with a bit of a Christmas theme – Quiz, Craft Stall and raffle – more details next month.

Our next meeting is on Saturday 5 November at the Oddfellows Hall - new members always welcome.

Report: Barbara McNicol

Group Leaders: Ann Bradshaw/Barbara McNicol

ART APPRECIATION

Today there were 14 members at the meeting. Apologies were given as it was cold!

We watched a DVD about The National Gallery. It was very interesting.

Dr. Nicholas Penny told us about the history of the Gallery and we were given details about the Art works that were included in the private tours.



This information was given by four different experts. The two we heard today were Marc Woodhead who explored Renaissance painting, and James Heard guiding us round 16th Century art.

We have a second morning on this theme planned for next year, when we will look at the 17th, 18th and 19th centuries. We will also learn about the conservation and scientific work of the gallery.

Report and Group Leader: Sandra Jones

WANDERERS

The Wanderers September walk took us to Southwick and Short Wood nature reserve.

Southwick Woods had extensive replanting in the 1960s due to Dutch Elm disease, and Short Wood is a fragment of Rockingham Forest, the medieval hunting forest.

Our walk started at the Shuckburgh Arms car park and proceeded up the hill through a field to the water tower between the two woods.

From here, our group of nine had a very pleasant walk through the woods in a figure of eight, enjoying the winding paths,



diverse range of trees, and shaded glades.

At the end of our walk we all enjoyed a delicious meal at the Falcon at Fotheringhay, and as always there was much jovial discussion.

Report: Hugh Cassidy (joint walk organiser with Anne Cassidy)
Group Leaders: Barry and Hilary Akam

CHURCH MICE

September's Church Mice visit was to All Saints' Church at Little Casterton. 22 members of the group were entertained by the priest and church warden while telling us about the church.

Built in the early twelfth century with later additions the delightful small church has faint evidence of wall paintings. There are remains of a Tudor oak roof screen with above the opening to what was the roof loft. There is a Norman tympanum, thought to show the Tree of Light with wheels representing Eternity and the Trinity.

After the visit some of us found our way to the Stamford Garden Centre for refreshments.

October's visit is to St Botolph's at Quarrington, Sleaford.

Report: Henry Roberts



Polish War Memorial mentioned in the Monday Walking Group's report

REMINDER: DEADLINE FOR RECEIPT OF ARTICLES FOR NOVEMBER NEWSLETTER IS FRIDAY 11 NOVEMBER OR EARLIER IF POSSIBLE SEND TO NEWSEditor@DEEPINGSU3A.COM