

**IT IS WITH DEEP SORROW
WE MOURN OUR LATE
HM QUEEN ELIZABETH II**



Her Majesty Queen Elizabeth

As members of The Deepings u3a, we pay our respects to Queen Elizabeth for the selfless service she gave throughout her long reign.

Our thoughts are for her family and those close to her. We appreciated her grace, dignity and courtesy, her engaged support for so many aspects of the life of this country and others around the world.

She will be missed by us all.



Deeping St. James

The Deepings u3a NEWSLETTER

Website: <https://u3asites.org.uk/deepings/home>



Market Deeping

Issue No.235 September 2022

Welcome

new member:Debbie Wollard

(Deeping St James)

PROGRAMME OF SPEAKERS

26 September

You Must Remember This

Bernard Bale, broadcaster, actor, author & writer, steps back in time to childhood, going to school, growing up and living through the 1940s, 1950s, 1960s and 70s. Remember gob-stoppers, woollen swimming trunks, Watch with Mother, Dick Barton special agent, and many more - a fun look at life as it was.

Unless otherwise stated all monthly meetings are at **THE METHODIST CHURCH**, Deeping St James. Doors open at 9.30 am. To enable us to set out chairs, etc. please do not arrive before this time. Coffee is served until 10.20 and meetings begin at 10.30 am

COMMITTEE MEMBERS 2021/2022

Chair	Margaret Beardshaw
Secretary	Elaine Batchelor
Treasurer	Anne Burton
Deputy Treasurer	Stuart Wilson
Membership Sec.	Liz Noble
Speaker Finder	Lyall Seale
Group Co-ordination	June Wheatcroft
Team:	Phil Jones
	Jennifer Rogers
Vote of thanks org.	Kath Allen
Committee Member	Ann Holmes
Newsletter Editor	Sandra Jones/ Ruth Griffiths
Newsletter Distribution/ Webmaster	David Scott

South Pacific at Nottingham Last Call!

Thursday 20 October, matinee performance

There are still a few seats available for this trip. If you would like to join us, please contact me by Sunday 18 September on 07887623230 or email -

<mailto:mmargaret.beardshaw@btinternet.com>

MARGARET'S MUSINGS

Hello everyone

I hope you are all enjoying the more bearable warm weather we are experiencing as I write my Musings. The "Red alert" heatwave, which persuaded us to cancel our July monthly meeting, was certainly extreme. I know that some group meetings were also cancelled and I hope that the planned visits, talks and activities can be rescheduled. Now we are all, no doubt, looking at parched gardens and wondering if we ought to use the hosepipe or not. Enough of that perennial topic – weather!



School holidays find many of us entertaining grandchildren. I have enjoyed separate visits from Kai and Erin, giving me a good reason for outings – two films: Jurassic Park and The Railway Children Return (guess which film with which grandchild!). Erin and I had a day in London with a tour of the Theatre Royal, Drury Lane and the Beatrix Potter Exhibition (and dodging the strikes). The Gibraltar Point Nature Reserve and the Owl Centre were on Kai's itinerary. I love the fact that we often do things with grandchildren that we would not do on our own.

Our new Newsletter Editors, Sandra and Ruth, are busy compiling a bumper edition. We look forward to reading that and to our September monthly meeting. This meeting will now take place on Monday 26 September as it was felt appropriate to postpone from the usual Monday, being the day of Her Majesty's funeral. Fortunately both the Methodist Church and the speaker are available on the new date.

We will hold our AGM at the October meeting. The role of Membership Secretary will be up for nominations, as Liz Noble has served a full term. Liz has the membership database in very good order and we thank her for her work on our behalf. We are hoping that members have come forward for this important role by the time you read this Newsletter. If not, we will let you know and if you would like to volunteer for this role, please contact one of the committee for details.

Enjoy the rest of the summer, keep cool if we have another extreme heatwave!!

With my best wishes

Margaret

Chair

Your Committee urgently needs you!

WE NEED YOU

In accordance with our Constitution, all Committee Members have to seek re-election every year.

We are a friendly

group of volunteers who collectively ensure your u3a is an effective social and learning organisation. **Please come and join our team.**

The Committee Members are all Trustees of the charity: Officers (Chair, Vice Chair, Secretary, and Treasurer), and up to seven General Members – who take on roles including Membership Secretary, Speaker Finder, Group Coordinator, Group Leader Support and Monthly Meeting organisation.

We have vacancies for a Membership Secretary (could be a shared role), Vice Chair and up to three other General Members.

If you are interested and willing to serve on the Committee, then please get in touch with the Chair or any other member of the Committee.

TREASURER'S REPORT

By now you'll have seen and will know about the appeal for more committee members. Someone who can take on the role of a Membership Secretary is especially needed as is a Vice-Chair.



I just wanted to encourage you to consider a year or two on the committee. Please don't wait to be press-ganged!

I volunteered 8 years ago. Although we're elected each year there is a limit to how long we can serve and my limit as an officer has been reached. So as I prepare the end of year accounts I can see that we are well equipped financially for the rest of this year and then from January we will be renewing our Subscriptions for 2023. But without a full committee it will be very difficult to carry on!!!!

Do you have an aptitude for computer work? Your help will be appreciated! **Please volunteer.**

As you'll see from the picture It is not 'all work and no play' with the Deepings u3a Committee.

Together with spouses, those who were able and not on holiday enjoyed a Bring and Share lunch in our garden keeping cool under the gazebo and sun shelters. The garage came in useful as well.

**Treasurer
Anne Burton**

GROUP CO-ORDINATOR'S REPORT

Groups are getting back to normal routines after the August break but some are under review. This is natural for a leader after long service and all routines benefit by refreshing from time to time. U3a is an organisation which enables us to meet together socially and keep learning new things, so can you offer your help to share in the activities? Often a group of 2/3 people make light work.

Photography Group: Due to medical reasons, Peter Allen is unable to continue as Leader. Can you help this group to continue?

Sunday Lunch Group: Also for medical reasons, Tony needs some help at times. Looking for a Deputy or someone to help. Can you offer please? (Very light work only). Please contact me, or the Group Leaders direct, as soon as possible.

June Wheatcroft, Group Co-ordinator
tel. 01778 344916, email: junewheaty@gmail.com

CRAFT GROUP 2

July/August meetings

The best laid plans and all that! Sadly Anita went down with Covid the weekend before our July meeting so we were in the process of putting something else together when the two hottest days of the year were forecast and so we cancelled the meeting.

Thankfully Anita had recovered by our August meeting but unfortunately Maureen was unwell, so we were just six for our afternoon tea as the Christmas substitute at Waterside on 16 August...tiny crackers too!



The food was delicious and catered for all specialist diets and we all went home with doggie boxes. A very nice alternative to Christmas turkey and the weather was glorious too.

We are determined to do Anita's promised project and it is now planned for the September meeting....third time lucky. Look forward to seeing you on Monday 19 September at 102 Church Street at 2pm.

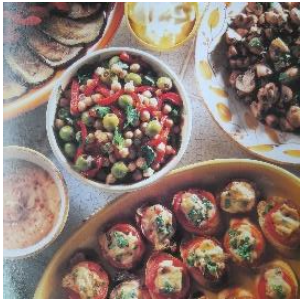
Group Leader: Liz Noble

FOODIE GROUP

The Foodie Group met at Anne and David Gaskell's this month and the theme was, appropriately, Mediterranean dishes. We were able to eat alfresco, which helped with the ambience of the occasion.

Eight people produced a wide range of dishes starting with a tahini dip and humus accompanied by a variety of crudites. Mushroom Persillade followed, which comprised mushrooms, bacon and parsley. A version of Spanakopita was the next dish,





[mince, spinach and cheeses] and this was served in pita pockets. A chicken and rice dish with a tangy yoghurt sauce accompanied by a Mediterranean salad made up of beans, artichoke, tomatoes and goats' cheese and also watermelon salad was the main course.

Finally, there were two deserts: a refreshing melon and blackberry salad and a rich chocolate Seville tart. All the above was washed down by wines from the region. The next meeting will be on Monday 5 September at Cynthia's, when the theme will be Italian food. New members are very welcome.

**Report and Photo: Anne and John Burton
Group Leaders: Hilary Akam/Sheila McGurk**

SUNDAY LUNCH GROUP

After our break last month, we will meet again and hope to have an enjoyable lunch and get-together at The Black Horse pub in Baston on Sunday, 25 September at 12.30. We will have a table to take bookings at the next u3a meeting on 19 September. at the Methodist Church, or telephone me on 01778 342776.

Group Leader: Tony Semple

GARDENING 4 PETALS & PRODUCE

GARDENS COACH TRIP TO KELMARSH HALL & COTON MANOR - UPDATE

Those that booked the trip to Kelmarsh Hall and Coton Manor on Tuesday 19 July this year will know that not only was it the hottest day of the year, but we also had to postpone the trip. Coton Manor closed its gates on that day. I managed to speak to most people at the time and said that I would try to rearrange the visit for another date. It was too late to organise something for this year, but instead I have booked the trip for Tuesday, 18 April 2023. We will be going to the same places to see their displays of tulips, spring blossoms and hopefully the magnificent Bluebell Woods at Coton Manor. Both locations look beautiful in the spring and I am sure that this will be a very rewarding alternative trip.

The coach has been rebooked and hopefully all prices are being held at last year's rates. I need to know from everyone that previously booked the trip to let me know whether they wish to book for the rearranged date of 18 April. For those not wishing to do the April trip, a partial refund of £19 can be given immediately and I will try and give you a full refund later, but this will depend on someone else taking your place. It is important therefore that you let me know as soon as possible whether you wish to accept the alternative trip. If vacancies occur on the coach, I will announce this in a subsequent U3A Newsletter.

Please let me know your decision, preferably by email to: <mailto:meddieandchris@trebartha.f9.co.uk> Alternatively by calling 01778 346363. Thank you for your understanding. Eddie Adams

August Report



The Gardening P&P group (for Petals and Produce) met in our garden for coffee, homemade cake and chat (mainly about gardening matters but not exclusively!) after a little wander around the garden.

We had decided earlier in the season that the competition this year would be to see who could grow the longest runner bean. We would show our produce at the September meeting. The Runner Bean seeds were distributed and planted in May/June but generally germination was poor and those that did grow suffered in the drought.



But Eddie had some success and shows us his longest runner bean ...the rest of the group will still have time to nurture their beans ready for the September meeting.

For more information of the group and meetings please contact leaders: Eddie or Glenys (details on the back page)

**Report and Photo: Anne and John Burton
Group Leaders: Glenys Nice/Eddie Adams**

THURSDAY GARDENING



We met at Gill Ronaldson's house this month and as usual we had excellent weather when visiting her well-established, sunny and shaded garden. It was great to see a water feature in front of the newly finished wall that had been causing a few problems lately.



Gill asked us all to go round the garden and see how many birds we could find....no not the ones that fly away but delightful grey life-size and very realistic ones. Of course we all got a different total but it was fun searching.

Like all of us Gill's garden was sadly in need of water although the established trees helped a bit.



Over coffee, we discussed what plants had survived and would be suitable for such a climate change in future. We also shared many of the burnt offerings we all seemed to have!

Thank you Gill for a lovely morning. Next month at Kay Parker's house in Langtoft.

September Report

We were made very welcome in Kay Parker's home for our September meeting where we discussed the challenges we've faced in gardening this year, the need to move our expectations from perfectly green lawns to a more arid style of gardening and, importantly, our forthcoming Christmas lunch.

We then had a tour of Kay's garden which was looking fabulous in spite of the weather this year. Sedums in particular were doing well, but the fruit trees were laden (plums, apples and figs) and we all came away with plums and rhubarb.



Next month we will be at Liz Noble's for an early 2023 planning meeting.

Report: Linda Hill

Group Leaders: Linda Hill and Kay Parker

WEDNESDAY GARDENING

July report

Eleven members of the group visited Daniel and Sophie's lovely garden in Morton on a beautiful sunny day. The garden surrounds a stone built house on a relatively new estate in Morton. Daniel and Sophie accompanied us round their lovely garden. They made us very welcome and talked extremely knowledgably about the shrubs and perennials in the garden. There were raised beds as well as a large number of pots. At the end of the tour, we had the opportunity to buy plants and many of the members made purchases. These are normally available via their online business only.

Our next visit is to Willow Croft at Wilsthorpe, PE9 4P, cost, £5.50 including tea/coffee/cake on 10th August.

August report

Eleven members of the Wednesday Gardening Group met at "Woodcroft" in Wilsthorpe.

We were met by the owner, Diane Holden who made us very welcome. The garden was not enormous but was truly lovely



with many unusual plants. The winding grass paths took us round different areas of the garden and eventually led members back to tea and delicious cake! This was, without doubt, a visit to remember giving us lots of ideas to take home to

our own gardens. The next meeting will be at 10 am on 14 September at Jean's garden, 11 Stamford Close, Market Deeping PE6 8AF when there will be a plant swop so TAKE NOTE!!

Report: Jane Cooke

Group Leaders: Jean Foster/Jane Cooke

MONDAY WALKING GROUP

Report for August walk



Fifteen walkers met at The Griffin Inn, Irnham. Some of us met Sir Jamie Benton in the bar area before we set off. He told us that his family have lived at Irnham Hall for five generations. He also mentioned a field full of his cows, which I had already decided to avoid when I was on the recce as some of the walkers don't like cows or horses so I am usually sent first to disperse them.

He also mentioned the great Oak tree which was hundreds of years old, telling us to "hug" the tree and make a wish!! Some "hugged" on our way past, but I don't know who made a wish.

I welcomed two new walkers Dorothy Terry & Lucy Smith and also welcomed back Bruce who we hadn't seen all year!!!

The walk was on a very warm day with little breeze so the best decision was to travel light.

We were on bridleway a lot of the way, some of which had been mown, but reduced to narrow footpath in places.

The walk continued towards Corby Glen, entering the village for a short while on footpaths until we rejoined the bridleway.

Next, we proceeded to Swinstead Road, following a near empty stream (despite it having been dredged). The rest of the walk was mainly on bridleway, until we returned to the pub, having avoided the cows!

Fourteen of us stayed for lunch and a well-earned drink. Some members lamented the record price for orange & soda (no lime available) was reached at a staggering £3.50 - nearly the same as a pint!

Report for September walk



Eleven walkers met at The Crown pub, Great Casterton for the earlier start 09.45. Before setting off, we pre-ordered our lunch from a good menu.

Despite the heavy rain in the early hours, the weather was lovely with a slight breeze and temperature reaching 23°C, so the majority of the walk was not too muddy.

A footway took us out of the village, under the A1 to a public footpath heading towards Tickencote. Along this section we encountered a few stiles, as the walk progressed we lost count of the number of stiles we crossed (14-16??).

We couldn't think of a collective noun for many stiles - suggestions were put forward from an assortment: plethora, walking steeplechase etc. There were various styles of stiles, some very rickety, with broken parts, some wobbly, some designed for long legs only and even some with barbed wire where you would probably hold on.



We encountered a large fungi at the base of a tree, via lens we discovered it was called "Chicken in the Wood". Originally described as "poisonous", but after further checking it is actually edible and

tastes like chicken (not that I have tried any!!!).

After Tickencote, we walked to Empingham and down a track leading us to numerous fields, which fortunately had not been ploughed. Eventually we reached Shacklewell Hollow and the A606 Stamford Road, our only option was to walk along the verge uphill which was 0.6 miles, but felt longer!! The last leg of the walk was mostly downhill.

Amazingly, most people's trackers came with similar distances 6.8-7.2 miles.

A good lunch was had by all, then puddings were mentioned, whereby four people indulged. Needless to say there was some banter about puds.

A big thanks to David and Godfrey for leading the walk.

The next walk will be led by Penny and Geoff Hurst from Stamford - details to follow.

Report: Steve Hanson, Group Leader

ITALIAN GROUP



Our summer lunch at Pizza da Mario in Stamford. With black clouds forming, we got a few spots of rain, but it didn't deter us. If we look a little glum it's because we are waiting for our pizze! Thank you to Mella for chatting in Italian and

making us work! A good time was had by all.

**Report: Lynne Alcorn
Italian conversation leader**

QUILTING

July/August report

The ladies have been very busy over the last two months quilting.

The Lone Star quilt undertaken by the whole group has proved to be very challenging but with promising results. Members' work is at different stages of completion but at least everyone has had a go.

More experienced quilters have provided support where needed. Less able members have been grateful for their expertise.

The photos show the stages of the construction of the quilt from cutting out to putting the quilt together.



Photo 1 shows the complex cutting of the fabric. In photo 2 we see the star without the backing fabric. Photo 3 illustrates the star with the backing fabric added and photo 4 is the completed quilt with batting, backing fabric added, top stitching done and border added.

Well done everyone.

Group Leader: Margaret Griffiths

HISTORY GROUP

July 2022 report

The English influence in Leinster, Ireland

By Margaret Baldry

In spite of moving house the day before the talk, Margaret gave us a very informative history lesson about Richard Strongbow de Clare (1130-1176), second Earl of Pembroke and his family influence into the formation of Ireland.

He was also known as Richard FitzGilbert. The de Clare family owned a great deal of land in Wales, England and then in Ireland. Land was given as a reward for loyalty to the King.



He became Lord of Leinster. Margaret had dates at her fingertips. (There was much infighting, intrigue and death at this time in History, it makes one wonder if we ever will

become less aggressive as a species as it seems not a lot has changed over the centuries!) The painting above shows Richard's marriage to Isabel-de-Beaumont. Note the dead bodies in the painting.

Thank you everyone, for braving the day after the great heat. Next month is the Huntingdon trip and then it will be business as normal. HOPEFULLY!

August report



Inside the museum

We had a very enjoyable and interesting visit to the Cromwell Museum and Town Hall. This was followed by a guided tour of Hinchingsbrooke House, which is also the 6th form Centre for the school.

It was a pleasant and unhurried day, resulting in an early return home, which I think was appreciated by everyone. It was our first coach trip since the

pandemic so a big thank you to the ladies who organized the day and

counted everyone in and out of the buildings and coach!

Our thoughts were with Lesley who organised the whole day but had Covid so couldn't attend.



John trying on helmet from dressing up box!

Next Month we have a new speaker, Alan Brooke who will be talking about: Victorian Sensation. Crime and the Victorian Media. This sounds interesting and will be on 19. September.

Report: Mary Burton
Group Leader: Sandra Jones

THE CRAFTY CREW

Our second July meeting saw us "getting ready for Christmas" - a bit early, I know, but there are already a huge variety of fun, easy(ish) and fairly quick to do Christmas crafts out there.

Karyn showed us how to create these hexagonal trees and we



all came up with ideas for making different sizes for different uses. For instance, like cards, presents, tree ornaments, wall hangings, coasters and placemats. Enough to keep us going for weeks and a craft we can all do at home during long winter evenings.

We have agreed to meet at least once in August, probably twice, especially as ideas for lots of other things keep grabbing our interest and because the group seem to have really gelled we want to keep meeting up.'

Report: Jennie Jackson

Group Leaders: Jennie Jackson/Molly Wright (Admin)

PACERS WALKING GROUP

Ten of us this month with Jane and Anne leading the walk. We met at the Crown Inn Surfleet to pre-order and use the facilities. The weather was warm but, thankfully, not too hot and the breeze was a very welcome benefit.

We walked on a path past flower fields where a large machine was preparing to harvest them, then under the bypass and along to the river. Large numbers of small riverside properties being either being extended or knocked down and replaced with monster houses. It was noticeable how green most of the riverside lawns were compared to the brown everywhere else. Not sure if water was coming naturally from the river or whether pumps were involved. Anyway it was very attractive. Then continued beside the river and next to the golf course towards Surfleet - a lovely walk.



After about five miles we were back for a 'leisurely' lunch but as nobody was in a rush it was very enjoyable. Good food with far more vegetables than 11 people could possibly eat (one additional member of the group joined us for lunch).

September report

Ten Pacers again this month for a lovely walk led by David. We were very lucky with the weather as there had been heavy

showers the day before and the same the following day. Sunny but not too warm with a breeze in case we got too hot! We met at the Wishing Well Inn at Dyke to order lunch and set off at 10.00.



The walk was almost entirely on footpaths beside farmland with only a very short stretch on road. There were two fields to cross where footpaths were signposted but on one field the path was non-existent ("It's just straight across," said our leader) and on the other field, it was just visible. Fortunately the recent rain had not made it boggy but I would not want to walk it in the middle of winter.

There were a large number of blackberry bushes alongside most of the fields and several of the group took advantage of free picking.

With a slight detour to avoid 'dyke jumping', the walk was about 4.7 miles but at a gentle pace and we were back at the pub by 12.15 where one other member of the group joined us for excellent food as ordered. All in all a very pleasant morning. New members are always welcome, please contact one of us if you fancy a not too hard walk on the first Wednesday of the month. We usually walk between 4 and 5 miles.

The next walk will be on Wednesday 5 October led by Geoff and Julie - details as usual by email.

Report: Geoff Whittle

Group Leaders: Geoff Whittle/Margaret Beardshaw

POETS & POETRY GROUP

The theme for this month's meeting was "Summer". Although we were four members short due to previous prior commitments, there was plenty of poetry. We enjoyed the words of George Gershwin's Summer Time sung by Ella Fitzgerald - who was helped along by group members! This was most enjoyable - thanks to Google.

We also enjoyed the poetry of Larkin, Thomas Hardy, Seamus Heaney, Robert Frost, Shakespeare, Percy Bush-Shelley and Geoffrey Chaucer. We had a lovely afternoon of laughter and song. Our thanks go to Kath for hosting the meeting. Our next meeting is on 6th September when we will be choosing our own favourite poem.

Report: Irene Beeken

Group Leader: Irene Beeken

THURSDAY WALKING GROUP

This is a brief synopsis of our walks since the last newsletter.

July 2022

Due to holidays and the rising temperatures it was a small group that Brian Lawrence led for our July walk.

This was a pleasant walk which started off in much cooler conditions than had been anticipated with overcast weather, gradually becoming warmer as the walk progressed, giving good walking conditions.

The walk commenced from the Green Man at Ropsley near Grantham. Due to the pandemic it had been some three years since we visited this area. The walk took us through the rolling Lincolnshire countryside taking in the village of Humby with good tracks over fields and some country lanes before returning to the Green Man for a well-deserved lunch.

Many thanks to Brian for leading the walk and organising the lunch.

August 2022

Ten sun-worshippers set off in exceptional heat on a 6.5 mile walk from Kings Cliffe led by Richard Coulson and team.

Walking north westward we passed through a tunnel under the derelict railway line.



Glenn Miller

Meeting Wansford Road we travelled along for 1 kilometre, before turning right onto the old Kings Cliffe Airfield. In 1941 this was a satellite to RAF Wittering, until its closure in 1959.

It was also the last place that the famous trombonist Glenn Miller played, before his disappearance on 15 December 1944. This was therefore an apt point for Helen to produce a recording of Glenn's music (*In the Mood*) from her phone.

From there we travelled downhill, through freshly harvested



wheat fields, to the historical village of Apethorpe. Across from the church are the remains of stocks, pillories and a whipping post.

Apethorpe also has a palace, used by Elizabeth I, James II and Charles I. It is now owned by a French professor Jean-Christophe Iseux (Baron Von Pfitzen). The village was also the home of actor Rowan Atkinson.

From here we turned left after the Willow and Brook public house and headed back via Spa Cottage. On entering Kings

Cliffe we passed an operational water wheel, just before the church.

We then had welcome drinks and food at the Cross Keys Inn after a very pleasant, rather warm walk.

Many thanks to Richard and team for leading the walk and organising the lunch.

September report

For our September walk Geoff Fitzjohn led five walkers from a new location for the group, the Burghley Park Golf Club. The weather was overcast and looking like rain, however we escaped with only one or two spots.



Leaving the Golf Club, the walk took us through Wothorpe and down into Stamford Meadows. We then followed the River Welland, passing the memorial of the Roman Ford river crossing (referencing Queen Boadicea) and then along through the arches supporting the new great north road the A1. Bearing left and upwards we joined the Jurassic Way and Macmillan trail climbing up to Easton on the Hill.

We walked around the Church and through a celebration garden before walking the full length of the village. What a lovely stone village this is just off the A43. We then crossed the A43 and followed the bridleway past Wothorpe Tower ruins and the bridge over the very busy A1 back to the Golf Club. We were unable to stay for lunch as a member of the Club had a family emergency.

Many thanks to Geoff for organising the walk and making the arrangements at a very good venue. A must for the future.

The next walk on 13 October 2022 is a change from the previous notification and will be led by Brian and Helen Driscoll and team and will be around the Helpston area commencing from The Blue Bell Inn, 10 Woodgate, Helpston, PE6 7ED. If you would like to attend this walk, could you please email Helen on hedriscoll@sky.com or telephone on 01778 380701 (mob 07595 752162) by the Tuesday evening preceding the walk, also indicating whether you will be staying for lunch.

Report: Godfrey Parkes

Group Leaders: Godfrey Parkes/David Scott

CYCLING GROUP

Our July Ride as usual started from the Bridge in Market Deeping and from there five of us set out on a warm but cloudy morning.

We cycled through Market Deeping and Deeping St James via High St, Bridge St, Church St, and Eastgate then onto Station Road to the Deeping St James railway crossing. We continued from here past the Exotic Pet Refuge and The Deeping Lakes Nature Reserve onto Crowland Road. By now the temperature

was getting up a bit but not too much, just enough to generate a "radiant glow"

We stopped opposite the Water Tower and Bridge Inn where there is a small boat docking site. Here I thought about cooling off but they wouldn't let me go in (see photo).



No, don't do it!

Our next destination was Deeping St Nicholas travelling along Common Drove, Renew's Drove and New Road. We then went along the A1175 (Littleworth Drove) through Hop Pole and turned onto Cross Road.

We followed Cross Road and via Langtoft Outgang Road to Langtoft where we arrived, a bit warm and sweaty, for our lunch at the Waggon and Horses.

Another good Ride of 17 miles which was nice and steady and on mainly flat roads, just right for the warm conditions, so thanks to Brad for planning this one which was enjoyed by all. Next ride will be on the 19th August so look forward to then.

Group Leader: Jim Torrance

JAZZ AND BIG BAND

July report

Our July meeting was held at Terry Noble's home and was entitled: TERRY'S CHOICES.

The program began with a favourite - Buddy Rich, drummer, together with a group of talented musicians playing - *'Moments Notice.'* Often the titles of the music instrumentalists choose to play gives food for thought.

Dexter Gordon followed with *'Blues for Gates'*. This was possibly a tribute to someone, (we were not sure who) had lead a colourful, if not 'strictly by the book', life!

Stan Getz and his tenor sax, McCoy Tyner, pianist, and Art Blakey, drummer, gave us *'Heart Place'*, *'What's New,'* and *'Soulful Mr. Timmons'* and then Gerry Mulligan rendered - *'Blight of the Fumble Bee'*, his play on words making it just recognisable.

'Happy Go Lucky Local' had Jimmy Hamilton on his alto sax with others and *'So Long Eric'* came from Charles (Charlie) Mingus, jazz bassist, born in Nogales, Arizona in 1922, who died in 1979, having been crippled by sclerosis.

'Liza' from Teddy Wilson, included Teddy Wilson junior, playing drums. Full name Theodore Shaw Wilson - (well that wouldn't fit on a record label, so Teddy was understandable), was an accomplished pianist and arranger, he was also one of the most influential stylists of the swing era of the late 1930's.

A Jazz group favourite - Lionel Hampton (vibes) and included in many of the choices today, played 'Tenderly'. Hampton, born in 1909 in Louisville, Kentucky, was originally a drummer but was given xylophone tuition as a young man in Chicago. Once a member in one of Benny Goodman's small groups in the late 1930's he formed his own band a year later, taking his music worldwide.

Carmen McCrae, a singer who could really get the best from her music, sang 'Body & Soul,' accompanied by the Claude Bolling Orchestra and then we heard 'Never Let Me Go' from Kai Winding on trombone.

B.B. King with his orchestra told us - 'The Thrill is Gone'. McCoy Tyner, on piano once more ended the morning with 'You Taught My Heart to Sing'.

Varied and enjoyable, Terry's Choices Today. Thank you for putting this together, Terry.

Liz, as always, supplied the refreshments, our thanks for this.

There is no meeting in August, but we will meet again in September in Phil Jones' home when Geoff Whittle will be making his choices.

Report: Anne Jones
Group Leader: Phil Jones/Anne Jones

WEEKENDERS GROUP

Twenty one Weekenders met for their monthly coffee morning on 6 August. Plans were finalised for lunch at the Waggon and Horses on the 10th. The date for Afternoon Tea at Oasis Restaurant, Waterside Garden Centre has had to be changed and we are now booking for Wednesday 14 September at 2:30.

Anita and Marge have offered to arrange a Christmas meal for us and are going to look into the possibilities for dates and venue and will report back at next month's meeting which is on 3 September at the Oddfellows Hall.

Report: Barbara McNicol
Group Leaders: Ann Bradshaw/Barbara McNicol

ART APPRECIATION/CHURCH MICE TRIP TO COVENTRY

After a delay of two years we finally made it to Coventry for the, traditionally, joint day visit for our two groups. On arrival we enjoyed a break for coffee and biscuits in the Herbert Art Gallery opposite the Cathedral.

We then made our way into the new cathedral to meet our guides. They gave us a very detailed tour of the old and new cathedral churches, with historical and architectural details included. It was interesting to learn that Basil Spence, who won the competition to design the new cathedral after the bombing, was the only entrant planning to preserve the ruin. The ruin, which is still consecrated, plays an intrinsic part in the whole building and dictated the orientation of the new building. Highlights were the John Piper glass and the Sutherland tapestry and so many of the features have a moving significance.

After lunch members dispersed for more time in the cathedral, a visit to the Herbert Gallery or other venues of interest nearby. We invite members of both groups to suggest the venue for next year's outing.

Reminder Art Appreciation is the third Tuesday of each month at Deeping Sports and Social Club. September we will be looking at The National Gallery. (Remotely by DVD)

Report & Group Leader: Sandra Jones

STROLLERS

Well, it seems a long time since I submitted a monthly report, for a variety of reasons, with the last one being back in June. So, let's crack on.

Our walk in **June**, saw us visit Werrington, covering the old village and parts of the township created by the old Peterborough Development Corporation, It was also familiar territory for our newest member of the group, Norma, who recalled her times in the area.

Starting from the Crab and Winkle, we set off down Lincoln Road for a short distance, before leading off into the 'newly developed', passed the recreation field, joining Hall Lane, which took us to the centre of the old village.

We then made our way to the Werrington Brook and walked alongside it to Cuckoo's Hollow, before returning to our start where we had our lunches.

In **July**, our stroll was just 2/3 days after the heatwave, but fortunately the temperatures had tumbled enough to make our sojourn pleasurable.

Geoff led us from Burghley Park Golf Club, taking us through the small village of Wothorpe and entering Stamford on Wothorpe Road. As we passed through the St. Martin's area of the town, Geoff gave us some of his customary interesting facts about this part of Stamford.

We then entered Burghley Park for a while before leaving it via the Bottle Lodges and walking uphill back to base, for lunch.

In **August**, Glenys and Susan led a walk starting from the Blue Bell at Helpston and taking in local roads and fields, which fortunately were passable, despite recent much-needed rain. Included in this walk was a sneak peep at Woodcroft Castle, before returning back to the Blue Bell.

Our walk in September, is a return to Crowland, with the meeting point the George & Anchor public house, which is adjacent to the centre piece of the town, Trinity Bridge.

Date and time is Friday 23 September at 10:15 for a 10:30 start.

Report: Bob Deller
Group Leader: Bob Deller

CHURCH MICE



On a warm sunny August day 25 members of Church Mice visited St Pega's church in Peakirk.

The church dates back to Anglo Saxon times, possibly early 10th century. There is a fine intricately-carved

Norman doorway leading immediately to 14th century wall

paintings. You are faced by St Christopher, and either side of him pictures of Christ's Passion.

Avril Lumley Prior, one of our members, gave us details of the paintings, including Warning to Gossips, where two women have their heads pressed together by the devil. These



fascinating paintings were fully uncovered in the 1950s, but covering with wax has caused some details to be lost. Avril told us of her research about the probable bricking up of individual women, there to pray for others. The visit finished with tea and biscuits. Our next visit is to Little Casterton in September.

Group Leader: Henry Roberts

FAMILY HISTORY GROUP

Monday 12 September saw 12 of the Family History Group get together in the Community Centre for our monthly meeting. The topic for discussion was "What Family History websites do you use for research?"

The Group compared websites that they used, both subscription and free sites, to obtain data to further their research into their Family Trees. We also spoke of thinking laterally to our research and so enhancing our understanding of the social circumstances at the time, such as "Why did our ancestors travel many miles to new areas to make a new or better life for themselves".

For our November meeting we have a speaker, Shelagh Coates, coming to talk of her Uncle Harry Coates, a Spitfire Pilot. If anyone is interested in joining us please contact me for details.

Report: Jean Brennan

Platinum Jubilee Plaque



Our Jubilee "Compassion" rose planted in the garden at the Community Centre now has its stainless steel plaque on the fence. The rose is growing well too and if you are in the Centre please do go and see where it is.

Access is usually through the

Centre to the garden and it is on the fence to the right, backing on to the Fire Station. A volunteer on duty will show you the way to the Garden Door.

NOTICE TO ALL MEMBERS

AGM 17 OCTOBER 2022

The Annual General Meeting of Deepings u3a will be held at 10.15 am on Monday 17 October 2022, at the Methodist Church, Deeping St. James. After the AGM, there will be our normal monthly talk.

The purpose of the AGM is to approve the Chair's Report, to accept the Accounts for the 2021/2022 Financial Year, to approve the appointment of an Examiner for the 2022/2023 Financial Year, and to elect, for a 1 year term, the Officers and the General Committee Members.

In addition to the voting at the actual AGM, members who cannot, or do not wish to, attend the actual AGM, but wish to exercise their right to vote on the Resolutions, can do so by email or post.

We need a minimum of 40 votes on each resolution for them to be valid.

Votes by email or post will be counted and reported at the AGM, and added to the votes taken at the actual AGM. The results of the voting at the AGM will be reported in the November Newsletter and on The Deepings u3a Website.

If you wish to vote by email or post please contact the Secretary and we will send you the voting forms.

<mailto:secretary@deepingsu3a.com>

A poem of our Queen taking her leave, courtesy of Facebook/Meta

Philip came to me today by Joanne Boyle

Philip came to me today and said it was time to go.
I looked at him and smiled as I whispered that "I know".

I turned and looked behind me and saw I was asleep.
All my family were around me, and I could hear them weep.

I gently touched each shoulder, with Philip by my side.
Then I turned away and walked by my Angel guide.

Philip held my hand as he led the way
To a world where kings and queens are monarchs every day.

I was given a crown to wear or a halo known by some.
The difference is up here, they are worn by everyone.

I felt a sense of peace, my reign had seen its end.
Seventy year I had served by country, as the people's friend.

Thank you for the years, for all your time and love.
Now I am one of two again in our palace up above.

If your group's report is missing it will be in the next edition.