





#### **CROYDON u3a BULLETIN**

November 2023

Charity number: 1029466

www.u3asites.org.uk/croydon



During our u3a Norfolk Holiday we visited the Bure Valley Railway where we had a 9 mile ride on the steam train. Guess who we bumped into? Another u3a group from Malden in Essex, and standing next to me, Linda, 2<sup>nd</sup> from the right and Holiday Organiser, is Dawn their group leader and her team.



October's Wine
Admiration group was
kindly hosted by Bev and
Richard Tew. They
provided a splendid array
of wines which were duly
assessed by all. Here
Cariss and Patrick check
to see if this wine has
'legs', something they
may not have if they over
imbibe!!

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Croydon u3a QR Code





Find us at Croydon u3a

**Bulletin stop press:** The next Bulletin will be out late December early January 2024. Copy to Linda Grigsby, Bulletin Secretary <u>lindagrigsby17@gmail.com</u>, cc Jenny Wilson <u>jennywilson63@live.co.uk</u> by 16 December.

To join a Zoom event email jennywilson63@live.co.uk mob. 07808 723686

#### Jenny Wilson- CHAIR



Dear Members of Croydon u3a,

It's been quite a few days— our very successful AGM on 11<sup>th</sup> Oct, the Third Age Trust Age on 18<sup>th</sup>, which I attended on-line, and the London Region AGM on 18<sup>th</sup>. I think I'm AGM-ed out!

However, these are very important and legally necessary occasions which ensure we are compliant with our charitable status, our accounts are all scrutinised and members elected to the committees. At the National AGM 4 aims were voiced - pushing forwards with the digital strategy including relaunching new websites whilst being mindful of not leaving members who are not online left out in the cold; working hard to foster recruitment, raising the national profile and supporting individual u3as while at the same time fostering a collective identity.

I am delighted that we have a full committee of 12 volunteers who between them have a great diversity of experience, skills and attributes to bring to 'the table'. At our November Committee meeting we will be setting our targets for 2024 to keep Croydon u3a flourishing.

New members most often report that their reason for joining was on the recommendation of a friend, so please continue to spread the word. If you would like a pack of leaflets, postcards, business cards or bookmarks to share with would-be members please get in touch with me.

Christmas is just around the corner! Again! Where did that year go? Please consider being 'green' with your purchases. Christmas seems to be the season for PLASTIC OVERLOAD in the shops. Most glitter is a recycling nightmare (even on cards), crackers with small plastic toys which nobody wants can be a waste of money, balloons are a problem if let off outside, getting trapped in trees and interfering with wildlife.

Stay well, stay active and stay warm.

Take care and very best wishes,

Jenny Wilson (chair)



#### **DATES FOR YOUR DIARY 2023**

DATE	EVENT	FURTHER DETAILS/ SPEAKER	
2023			
Wed 8 Nov at 2.15pm	GM at Masonic Hall  - Lord Mayor of the City of London	John Halligan	
Thurs 16 Nov at 7.30pm	Zoom Talk	The Colours of Hydrogen by John Baxter	
Mon 20 Nov at 7.30pm	Quiz Night - Zoom		
Thru 30 Nov	Winchester Christmas Market	Booking details in this Bulletin	
Wed 13 Dec at 2.15pm	GM at Masonic Hall. Where the Orpheus College will provide us with a musically festive afternoon		
Mon 18 Dec at 7.30pm	Quiz Night - Zoom		
<u>2024</u>			
Wed 10 Jan at 2.15pm	<b>GM</b> at Masonic Hall	Speaker tbc	
Wed 14 Feb at 2.15pm	<b>GM</b> at Masonic Hall	Speaker tbc	
Wed 13 Mar at 2.15pm	<b>GM</b> at Masonic Hall	Speaker tbc	
Thurs 21 Mar	Members' Lunch at McDermotts Fish & Chip Restaurant	Booking details in November Bulletin	
Wed 17 Apr	Outing to Beth Chatto Gardens	FULL	
28/4-1/5	Amsterdam Break	Booking details in this Bulletin	
Thurs 20 June	Outing to Whitstable Harbour & Castle	Booking details in this Bulletin	

General Meetings: the formal part of the meeting starts at 2.15 pm. Please come earlier to enjoy tea, coffee, biscuits and a chat, or come for lunch. The Masonic Hall provides a special u3a menu at reasonable prices – order from the bar.

The address of the Masonic Hall is 73 Oakfield Road, Croydon CR0 2UX. Masonic Hall free car park is in Stanton Road.





One of the great things about Croydon u3a is that our members keep coming up with ideas for new Interest Groups! It's worth checking out the website regularly to see what is on offer – and of course the updated Groups' List is included with your Bulletin.

In this Bulletin, we have information about a prospective new group – 'Talking Books' - and also about the 'Focus on Africa group' and our new 'Basic Maths' course, which are both just getting started.

Maybe you would like to try something creative? If so, the Painting and Drawing group 2 have room for a few more members.

Or are you feeling you need to be more active? Why not join the 'Line Dancing' or the 'Belly Laugh and Fitness' group? Both could accommodate some more members.

If looking at London's history is more your thing, our 'History of London 4' group has some spaces. Information about all these groups is to be found in this Bulletin.

Maggie Chan Interest Groups Coordinator

#### Garden Visits 2023

This is an Open Group so any members welcome on a first come first served basis. All outings (except where noted) will meet at Forestdale Car Park for 10.45 am, for a 11.00 am get away, returning approximately 5.00 pm to Forestdale Car Park. Contact either Linda Grigsby on 07754092042 OR Karen Hook on 07799 776684 if you are interested. A donation of £2.50 would be appreciated for the driver of the car you will be travelling in.

Christmas Garden Visits
Wed 6 Dec 2023 Haskins Garden Centre, W Park Rd, Crawley Down RH10 3HG i

The new itinerary will be in the March 2024 Bulletin



## Belly Laugh and Fitness Group

- Do you want to get a little fitter and enjoy dancing?
- Looking for a different gentle workout?
- Try a mix of dance styles combined with full body exercises.
- Help to firm up your tummy, improve balance and muscle strength
- It suits all shapes, sizes and activity levels.
- No experience needed
- Fully qualified teacher





<u>Details:</u> We meet on the first Thursday of the month at 11.45am - 1.15pm.

<u>Venue</u>: Shirley Methodist Church, Eldon Ave, Croydon CR08SD in the Corner Room

<u>Contact</u> Jacqueline <u>jharr63805@aol.com</u> (m) /07837734635

Come along and join this fun class

ALL MEMBERS WELCOME

## **Painting and Drawing 2**



Want to develop your inner Picasso?

Our group offers a friendly environment to draw or paint for relaxation and enjoyment

No experience or skill necessary

Meeting every Monday morning from 10.15 to 12.15 at Shirley Methodist Church, Eldon Avenue CR0 8SD

Contact Jan Thorne: 07806 623332 jilling@live.co.uk



## Garden Design Group

Garden Design is run fortnightly on Wednesday mornings from 10 – 12 and takes place at my home in Sanderstead, South Croydon. It is for people who have an interest in finding out how to make their garden (or a section of it) more attractive. I hope to start the next course (which will consist of 9 or 10 sessions) in the middle of September. Please contact me (details below) if you would like to join or want further information.

A land surveyor friend of mine employs CAD to make a plan of your property, using local maps. You will then be able to begin the course with a 'to-scale' outline of your house & Dayout. A garden and use it as a basis for revising the existing layout. A



'film show' each session will help you understand how good design works. The aim is to enable you to draw up a plan of how you want to change your garden. Don't worry if you're not an expert drawer – artist standard is not required. Subsequently, with the assistance of illustrations, you will be able to create a planting scheme for your re-designed garden.

If interested in joining a group, you would need the following – 1 x 2B pencil, 1 x H or HB pencil, an eraser, photo/s of your garden or the area/s you would like to change.

You will eventually need a disposable drawing pen which I will provide for approximately £3.00. There will be a small cost (about £15) at the end of the course for tracing paper, printing hand-outs & tea/coffee.

**Betty Whateley** (A previous member of the Society of Garden Designers & Designers & Connections', a book for students.), 48 Glossop Road, South Croydon CR2 0PU

Tel: 02086510226 Email: elizwhateley@gmail.com

## **Line Dancing Fun**

Our Line Dancing Group is an enthusiastic group of beginners and intermediates who enjoy getting together on Friday mornings for a session at Shirley Methodist Church.

Line dancing is good for your physical mobility as well as making sure you concentrate on the steps but above all it's great fun and there are a lot of laughs. Don't worry about getting it wrong, we all do that! Line dancing is no longer about cowboy hats and boots and, although we may use some of the same steps, we now dance to a variety of popular music".



We dance on the first and third Friday of every

month at Shirley Methodist Church. We have to cover the cost of our instructor's time as well as the hire of the hall so at the moment each member pays £4 for each session so that we are able to cover our costs with an opportunity to dance for an extra half hour if you are a slightly more advanced line dancer.

If you would be interested in joining the group, do contact me on <u>joyellery@btinternet.com</u> or leave a message on 07710 244601. **We need more dancers!**"



"The Croydon u3a **Table Tennis Group** is looking to recruit new players. We meet



every Friday afternoon between 2 pm and 4 pm at St Matthew's church hall on Chichester Road (Park Hill). We play on three tables, mostly doubles and are of mixed ability.

We are mostly players who have come back having played years ago and enjoy (need!) the exercise.

We play for fun and try not to take it too seriously. If you are a u3a member then do come along and see what we are about. It's great value for £5 a time."

Contact me, David at: Davidryall91@gmail.com

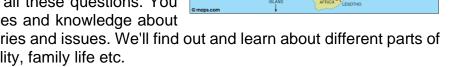
#### **Focus on Africa**

Why does Africa have 30% of the world's natural resources but have some of the highest poverty in the world?

- Why does the news we hear from Africa generally only talk about famines, corruption and lack of development?
- How does the wellbeing of the western nations still depend on Africa and African people?
- Why are some of the happiest people in the world living in some of the poorest countries?

In our group we'll be thinking about all these questions. You will be able to share your experiences and knowledge about

Africa as a whole or of specific countries and issues. We'll find out and learn about different parts of Africa - food, cultural, music, spirituality, family life etc.



As with all the u3a groups, everyone is welcome to join.

We meet on the 4<sup>th</sup> Tuesday of the month at 11.00 am at the Clocktower Café.

For more details or to join, contact Grace Richardson on 07771 005197 or graceadjoa@yahoo.com



## **News From the Groups History of London 4**

Are you interested in finding out more about the story of our capital city?

Do you enjoy visiting places of historic interest and hearing talks about its history.

This group may be the one for you!

Meetings at Purley URC at 1.30 pm on the 3rd Wednesday for talks

Visits on the 4<sup>th</sup> Wednesday at a pre-arranged meeting point

Contact: Barbara Lister on 07398866950 Or email: barbara.lister@hotmail.co.uk



## Spare a thought for the planet this Christmas



We know it's a bit early, but there isn't another Bulletin before Christmas and we wanted to remind you about the heavy cost on the planet of the holiday season. There are many environmentallyfriendly and ethical options for buying cards, presents and other Christmas goods.

Two suggestions are: 1). Local charity shops, and 2). The national and international charities, many of whom have on-line shops selling cards, decorations, calendars, clothes and other gifts.

You may have your own preferred charity, but we have put a few of our own suggestions on our

Environmental Group website: https://u3acroydon.weebly.com/christmas.html

**Croydon u3a Environment and Climate Crisis Group** 



## **New Groups**

# **Taster Golf Anyone?**

A date for your diaries 18 March 2024 for a Taster Golf session at Addington Court Golf Club, Featherbed Lane, Addington, Croydon CR0 9AA, where for £20 you will have a PGA professional provide 1 hours tuition, plus 1 hours fun time on the golf course. Minimum of 6 – 8 persons, so get your name down and contact

John Doran c/o Linda Grigsby on 07754 092042 / lindagrigsby17@gmail.com



## **SCARED OF MATHS?????**

Fractions / decimals / percentages / imperial into metric / areas and volumes / shapes and angles ... does the thought of dealing with them send you into a panic?

Do you find Maths a bit of a 'closed book' or even downright terrifying?

One of our members, who has lots of experience of teaching Maths to adults, has offered to run a short course in basic Maths.

If you would be interested in joining this course, please contact me:

Maggie Chan: clockie68@gmail.com or 020 8655 4343



## **New Groups**

## Become a member of our new Talking Books group

Even if you believe you're not the type of reader who will ever pick up on audiobooks, or if you have tried them before and it didn't work out at the time, you should definitely give them a few more tries - because once you get the hang of listening to them, you'll be hooked!

An audiobook club can be the perfect step you need to get into them, so it's well worth giving this new group a try ...

Using a free app, available through Croydon Libraries the Talking Books group will offer:

- A combination of monthly FTF and Zoom social gatherings
- A chance to listen to others and reflect on their point of view before defining it as wrong; two different perspectives may as well be equally correct
- One of the best forms of reading with like or not like-minded people

Every month a new great adult audiobook will be added to your local library's **uLIBRARY** Book Clubs tab for you to listen to for one month. All audiobooks are free. Once you have downloaded the app via your local library you can borrow other audio and eBooks belonging to Croydon Library and the Libraries Consortium.

Downloading the app is easy but the Group Leader will be happy to talk you through the process.

**INTERESTED** to learn more?

Contact the Group Leader and we will set up an initial meeting for those interested in joining:

**Group Leader: Sheree Yapp-Davis** 

Contact: 07800 654530/saydavis@hotmail.com

Maximum size group 12

Meet Monthly on the 2<sup>nd</sup> Monday (tbc)





#### Christmas General Meeting: Wednesday 13th December 2023

We are delighted that representatives from Orpheus College will be making this meeting a truly enjoyable event with their musical entertainment and leading us in some Christmas songs (hymns and secular). Their performance at our July General Meeting was both spectacular and inspiring.

Please come in your best festive outfit – Christmas jumper, hat, fake Santa beard, sparkles, flashing ties or earrings. Committee member Cliff has been tasked with judging and awarding a prize.

The raffle will be Christmas themed, of course, and there will be plenty of good cheer in the hall.

If you have a good Christmas recollection or a repeatable joke, please let us know to enhance the

afternoon.

## I.C.E.



This isn't about the approaching colder weather.
It's about your In Case of Emergency details,
Not your Next of Kin,
Who may be far, far away.
PLEASE carry with you at all times
The details of a local person
Who you would like to be contacted
Should you feel upwell or need assistance.
A slip of paper in your purse or wallet
Would be very helpful.
Always, wherever,
Stay safe.

(Remember you participate in all u3a activities at your own risk and carrying ICE details is a wise part of this.

We do not hold these details on our data system)



## Update on our anniversary woodland

The u3a movement planted almost 10,000 trees as part of our u3a anniversary woodland. We are regularly in conversation with the arborists who look after our woodland. We are delighted that our trees, whilst still very small and growing amidst competitive vegetation, are generally doing well.

This is after surviving the hottest and driest summer in south Wales in modern history.

Our woodland is planted for future generations and we will enjoy seeing them take root and grow over the years to become strong and established. We hope to organise a u3a visit at a suitable time in the future when there is more to see.

#### **DECOMPOSITION - HOW LONG?**

 $\begin{array}{lll} \mbox{Paper towel} - \mbox{2-4 weeks} & \mbox{Paper Bag} - \mbox{1 month} \\ \mbox{Newspaper - } 1.5 \mbox{ months} & \mbox{Plywood} - \mbox{1-3 years} \end{array}$ 

Milk carton - 5 years Cigarette butts - 10-12 years

Plastic containers – 50-80 years Tin steel can – 50 years

Aluminium can – 200- 500 years Foamed plastic cup – 50 years

Plastic bag 200 – 1000 years Monofilament fishing line- 600 years

## **ZOOM PRESENTATION: The Colours of Hydrogen**

Details: **Thursday 16<sup>th</sup> November 2023 at 7.30 pm** to be given by John Baxter, the Trust's New Subject Adviser for Climate Change and The Environment.

This event has been arranged by the Environment & Climate Crisis and the Science and Technology Interest Groups. Members of Croydon u3a are invited to join in. Please note this is a Croydon u3a event – the link should not be shared with non-members without first consulting the Chair Jenny Wilson.

John is also producing a very full and informative free monthly newsletter to keep us up to date with all things climate related. Contact him at :-u3asecondnature@gmail.com for more information about joining the mailing list.

To take part in the Zoom presentation email <u>jennywilson63@live.co.uk</u> to book a place.





Do you love candles?

Please take care

When candles are burned, they release carcinogenic toxins (benzene, toluene, formaldehyde, acetaldehyde, acrolein and) most recognizable, soot into the air.

The emissions from paraffin candles contain many of the same toxins produced by burning diesel fuel.

Paraffin (petroleum-based) candles and scented/aromatic candles are the worst offenders—and also happen to be the most common candles on the market.

On the personal health side of things, lighting many candles frequently in an unventilated space can <u>lead to problems</u> such as aggravating asthma, causing allergy-like symptoms, or irritating the respiratory tract.

**Proper Wick Size.** Trim the wick to ¼ inch before lighting for the first time. Avoid wicks that are too thick and those with a wire core that keeps it upright. Candle wicks should have thin, braided wicks that curl over when burned. They should also burn down evenly with the wax.

**Avoid Containers.** Containers with narrow mouth openings will cause unsteady air flow and increase flicker. Use free standing candles placed on a plate to avoid wax drippings on your furniture.

**Ventilation.** Only burn candles in rooms with great ventilation, but avoid direct drafts on the candles.

**One Hour Maximum.** Extinguish candles after one hour of continuous burning and allow them to cool before relighting.

If you must use an actual candle, try beeswax or soy candles. These candles burn cleaner than regular paraffin wax. Beeswax candles clean the air by releasing negative ions into the air which bind with toxins and help remove them from the air.







## Croydon u3a Members' Lunch

## at the award winning

## McDermott's Fish & Chips Restaurant

The Forestdale Centre, Featherbed Lane, Croydon CR0 9AS (Public transport 64, 433, 130 buses, tram stops at Gravel Hill and Addington Village and plenty of free car parking)

Thursday 21 March 2024 12 noon - 2.30 pm

Forestdale Centre, Featherbed Lane, Croydon CR0 9AS
Thursday 21 March 2024

12 noon – 2.30 pm

2 courses £19 including tea & coffee and service charge

(Please indicate on the booking form below your menu choice)

#### Menu (all served with chips)

- a) Cod
- b) Chicken
- c) Spicy bean burger (V)
- d) Cheese & onion pie (V)

Annle nie and ice cream

	Apple ple did its si sain
McDermo	Croydon u3a Members' Lunch tt's Fish & Chips Restaurant on Thursday 21 March 2024 at 12 noon – 2.30pm
(Please make your selection	here - Main: Dessert (Y/N):
62 Penwortham Road, South 0	by, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042 <u>OR</u> Cariss Smith, Croydon CR2 0QS; Mob: 07904 163454, with a cheque payable to Croydon u3a and e or by Bank Transfer account no. 13630003, sort code 23-05-80 (YOU MUST PUT ERS' LUNCH).
Name(s)	Membership No(s)
	Post Code
	E-mail
I would like ticket(s)	Total (cheque payable to Croydon u3a and s.a.e. enclosed)





#### **CROYDON u3a TRAVEL TEAM LUNCHES**

#### General Information and Booking terms and conditions

**Payments and Refunds:** For confirmed bookings all cheques must be cleared one week before the trip. A refund will only be payable for cancelled bookings if we are able to resell the place. Anyone taking the place of a cancelled booking must pay by bank transfer before the event or cash on the day.

**Mobility Requirements:** A member of the Travel Team will investigate any problems of access at the venue before bookings are opened. Members who are worried about mobility issues should contact the organiser before making the booking. Members with restricted mobility may be accompanied by a carer to any meal but a place needs to be booked. The carer does not have to be a u3a member but will be required to pay the full cost.

Your responsibilities: All attendees must carry out their own risk assessment.

# Here are some photos taken of our members enjoying their meal at October's Members' Lunch at The Boulevard, South Croydon







#### **Croydon u3a Travel Team**

Greetings from the Travel Team.

The September short break to Great Yarmouth and the Norfolk Broads was enjoyed by those members who went on it and we are now selling the last few tickets for the trip to the Winchester Christmas Market in late November. And by now the October Members Lunch will have been held and hopefully a good time was had by all. So the programme for 2023 is coming to an end and the Travel Team are looking forward to 2024, and the interesting programme they are preparing.

The next short break will be in April 2024 and will visit Holland to see the glorious bulb fields and visit the Kerkenhoff (the famous park full of spring flowers) plus have time in Amsterdam. We are pleased to say that this trip is proving popular and numerous members have already booked. But there is still room for other members to join the trip.

March 2024 will see a Members Lunch (we will start booking this early in 2024) and in April there will be a coach trip to the Beth Chatto Garden. This is already open for bookings and the coach is filling up nicely. May will see a trip to National Trust properties where NT members can use their cards to save admission fees. Booking for this will start early in 2024.

June will see a day trip to the coast to visit Whitstable Harbour and Castle. There will be plenty of time to explore the quaint shops and perhaps sample a Whitstable oyster or two. And towards the end of the visit you will enjoy a delicious afternoon tea. Bookings for this trip open with the publication of this Bulletin. So that's the first half of 2024 sorted.

Details of the full programme for 2024 will be published in the January Bulletin. But you might like to know that in August 2024 each member of the Travel Team is going to lead a trip to London over a 5 week period. Use of Freedom Passes will be encouraged! We are busy finalising each trip and will release details in the New Year.

You can find out more details of the above trips by visiting the Travel Team table at the General Meetings.

So it just leaves us to wish you all A VERY MERRY CHRISTMAS, and we send our BEST WISHES for 2024.

Averil, Cariss, David, Linda, and Paul, Croydon u3a Travel Team

#### U3a Norfolk Holiday 25-29 September 2023

On the 25 September 2023 23 u3a members set out on a 5 day break to Norfolk, staying in the Dolphin Hotel in Great Yarmouth. On arrival we were shown our rooms and there was time to explore Great Yarmouth before our evening meal at 6.30 pm. The next day was spent exploring Norwich and its fine architecture and cathedral, and fortunately the weather was fine and dry to enable some of us to have lunch by the river.

On the Wednesday the coach took us to Aylsham where we went on the Bure Valley 5 gauge steam railway to Wroxham and had time for lunch before our journey back on the train to Aylsham to catch our coach back to the hotel, for more time to explore Great Yarmouth. Again the weather was very good.

On our final day the coach took us to Horning where we went aboard the Southern Comfort Mississippi paddle boat, for a leisurely cruise and exploration of some of the Norfolk Broads, starting from the river Bure.

Finally on Friday, returning home to a lovely sunny day, around 3 pm, back in Croydon.





## u3a Outing to Winchester Christmas Market

# Thursday 30 November 2023 Coach leaves at 9 am from Fairfield Halls, Park Lane, Croydon returning approximately 3.30 pm

Price £20 (Price includes coach travel, driver's tip)

Winchester Christmas Market has become one of the most popular Christmas markets in the UK. The location of the market is situated in the **Inner Close** of Winchester Cathedral so bear in mind that when you arrive at Cathedral Close, the Christmas market isn't immediately visible. Just follow the crowds through **Curle's Passage** to the right of the cathedral, where you will find the Inner Close and the majority of the wooden chalets. There are lots of refreshments stalls along the way and with the amazing mulled wine!

Winchester itself is a very picturesque city in Hampshire, known for its Gothic cathedral, and Winchester is also home to The Great Hall. This medieval building was once part of Winchester Castle and showcases the Round Table. It was thought to be the legendary Round Table of King Arthur although testing has revealed that it dates from the 13<sup>th</sup> century. There is a fee to enter the Cathedral





#### **BOOKING FORM – Winchester Christmas Market 30 November 2023**

Leave 9 am from Fa	irfield Halls, returning approx	imately 3.30 pm. <b>Price: £20</b> .	
` '		Membership No(s)	
Post code:	Tel. No	E-mail	
I would like tid	cket(s). Total £(che	eque payable to " <b>Croydon u3a</b>	")
	nwortham Road, South Croye	ardens, South Croydon CR2 8C don CR2 0QS; Mob: 07904 163	

My contact in case of emergency is: Name......Tel. No. .....Tel. No. .....





## u3a Outing to Beth Chatto Gardens

Wednesday 17 April 2024

Coach leaves at 8.30am from Fairfield Halls, Park Lane, Croydon, departing between 4-4.30pm

Cost of coach £20 (including driver's tip): (plus entry to the gardens £12.50 (241 Gardeners' World cards are taken), when we arrive). All tickets to the gardens have to be pre-booked nearer the time therefore no changes can be made once bought.

Beth Chatto was born in 1923 to enthusiastic gardening parents. After working as a teacher she married the late Andrew Chatto in 1943. His lifelong interest in the origins of plants influenced the development of the Gardens and our use of plants to this day.

Following Andrew's retirement, in 1960 the Chatto family built their new home on a wasteland that had been part of the Chatto fruit farm. The site presented many difficulties for starting a garden including low annual rainfall. It was to Andrew's plant research that they turned.





stamped self-addressed envelope

Informed by his knowledge Beth selected plants for a series of Gardens that could thrive under the different conditions. Through gifts of seeds and cuttings a large collection of unusual plants and a good knowledge of propagation was acquired. Beth transformed an overgrown wasteland which was deemed unfit for fruit farming, into a series of informal gardens. As the conditions within the garden vary widely, five distinct areas have been created providing useful examples of working with nature to find the right plant for the right place. Beth Chatto was able to get out into her beloved gardens fairly regularly on her electric scooter, chatting with staff and visitors, sharing her deep love and profound knowledge of planting, right up until she passed away on May 13th 2018.

More information about Beth Chatto can be found on her website www.bethchatto.co.uk

Return the booking form below to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042 <u>OR</u> Cariss Smith, 62 Penwortham Road, South Croydon CR2 0QS; Mob: 07904 163454, with a **cheque (payable to Croydon u3a) together with stamped addressed envelope.** Last date for applying is 31 March 2024

## 

My contact in case of emergency is: Name......Tel. No. .....

I would like ...... ticket(s). Total £..... (cheque payable to "Croydon u3a"). I have attached a





### The Dutch Bulbfields & the Delights of Amsterdam

28th April - 1st May 2024

Cost of this trip is £649 (twin/double room), (£149 single supplement) and includes coach travel through Eurotunnel, half board (dinner and breakfast), and entrance to Keukenhof Park

Directly on the Rosmalense lake you will find the atmospheric lieu he Hotel-Restaurant 'sHertogenbosch. In the hotel you ill find culinary à la carte restaurant and a spacious terrace with a viely over the lake. Looking for some sightseeing and adventure? The b g cit, of Den Bosch is a great place to explore. Here you can show, go sights being or taste the famous Bossche Bol on one of the many termo





Day 2: Today a full day included visit to Keukenhof Park. Keukenhof is a natural paradise filled with spectacular flower displays, inspirational gardens, blossoming fruit trees, and unique art instillations. As you stroll through the fantastic vibrant carpet of tulips, hyacinths, daffodils, orchids, roses, carnations, irises, lilies and many other flowers you will have no doubt as to

why Keukenhof is widely known as 'The Greatest Flower Show on Earth'. As entrance to the park is included, you can spend the day admiring the

exuberant colours of spring, perhaps picking up some tips for your own garden.

Day 3: Today we travel into Amsterdam, where you could join our optional Amsterdam canal cruise (£17.00), as we sail past many of the famous sights of the capital which are inaccessible by coach. This afternoon, why not join our

optional visit to a clog and cheese farm (£10.50), where you can experience the clog and cheesemaking traditions, and sample the famous Gouda cheese



BOOKING FORM – The Dutch Bulbfields & the Delights of Amsterdam
<b>4</b> : Today, after breakfast we travel home, back to the Fairfield Halls.
4 T 1

Return this form (indicating your room preference) to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042, with a cheque for £75 non-refundable deposit (payable to Croydon u3a together with sae).

•	Single/Twin or DoubleMembership No(s)
	E-mail
Please provide nan	ne & contact number of person <u>NOT</u> on this trip, in case of emergency





# u3a Summer Coach Outing to Whitstable Harbour & Whitstable Castle

#### Thursday 20 June 2024 - £39pp (incl travel, driver's tip, tour & cream teas)

Our 2024 summer outing is to **Whitstable a bustling, working harbour town** with a small fishing fleet on the north Kent coast. The pretty little wooden houses along the harbour, the beach huts along the beach and its pastel-coloured houses highlight a slower pace of life.

**Arrival & Registration 8:45am**: At Fairfield Hall's bus stop KA. Depart by coach at 9:00am, have a 15 minutes comfort break enroute and aim to arrive around 11:00am at **Whitstable Harbour**.

On arrival: The Harbour Market on South Quay, CT5 1AB, offers a choice of drinks and has a number of seaside benches and tables. You might spot the Thames Barge Greta.

Whilst on the beach, you might want to slip on a pair of crocs, explore the rock pools along the shingle shore and collect oyster shells to take home.

**Lunch options** Oyster and lobster shacks, seafood restaurants, Italian gelato ice cream parlours and coffee shops on the sea front. A range of vegan and vegetarian restaurants on the High Street and Harbour Street including an array of independent boutique and vintage shops to browse in.

**Exploring the town further**, Whitstable Community Museum and Gallery, Forresters' Hall, 5A Oxford Street, CT5 1DB, has many of local resident actor Peter Cushing's personal items on show besides other artefacts. Entry fee £4. Look up: https://www.whitstablemuseum.org/

Afternoon visit at 1:30pm: All assemble at Whitstable Youth & Community Centre, Tower Parade, CT5 2BJ to walk 3/4 mile (15 minutes) as a group to Whitstable Castle & Gardens. Have a tour round of the residence and sit down for cream teas in the Mallandain Room. First known as Tankerton Towers, it started life as a residence for the Pearson Family in the late 1790s. After a £3m refurbishment in 2010, the Castle is now managed by the Whitstable Castle Trust.

Registration & Departure 4pm: Depart by coach to arrive at Fairfield Halls at around 6pm.

Online payment to Croydon u3a Business Account No. 13630003 Sort Code 230580

Reference – insert your **Surname**.

Cheque payment together with completed booking form and stamped self-addressed envelope to: Paul Smith, 26 Morley Road, South Croydon CR2 0EN. Tel. 07722 295713

If you have problems on the day of outing, ring Paul 07722 295713 or Averil 07880 724057

Π	
	Whitstable Thursday 20 June 2024
Leave 9:00am from Fairfield Halls. Price: £39	9. No other discounts/vouchers/concessions are valid
	Membership No(s)
	E-mail
☐ I would like ticket(s). Total: £	(Payment to " <b>Croydon u3a")</b>
☐ I have attached a stamped self-addresse	d envelope together with my cheque payment
☐ I will make / have made an online payme	nt for £
My contact in case of emergency is: Name	Tel. No.





## CROYDON u3a TRAVEL TEAM EVENT General Information and Booking terms and conditions

Please carefully read these **Booking Terms and Conditions**, as submission of a Booking Form will be taken as your acceptance of them. We also request that you carry your Croydon u3a membership card showing both your emergency number on the back and any significant medical conditions.

Coach Pick up and Drop off are at Fairfield Halls Bus stop KA or nearby. See cover page of poster for times. On the day of an outing, if you have any problems joining the trip, please ring the Trip Organisers (mobile numbers on cover page of poster or on the ticket) by 9am. Outings are for Croydon U3A members only. In the event of low take-up, we may take members from other U3As and non-U3A members on an occasional basis.

**Booking Forms**: Booking forms for each outing are dealt with individually. When booking for multiple trips, a **separate booking form and stamped addressed envelope** are required for each one. Your booking may be jeopardised if this is not done. If you request more than one place, we must have the first name and surname and U3A number of each person.

**Payment:** Make payment online to Croydon u3a Business Account No. 13630003 Sort Code 230580 **Reference** – insert your **Surname**. Alternatively, pay by cheque. Cheques may be dated for any time between Booking Form submission date and **two months** before the outing / event date. Please send your completed Booking Form, cheque and self-addressed envelope to the address given on the Booking Form. Applications for outings are held for two weeks after publication of the Booking Forms in order to assess demand. If demand exceeds supply, tickets will be allocated on a random basis.

**Reduced admission**: We can only offer the reductions which are advertised by the venue itself at the time we book it. We cannot deal with any special offers or discounts you may personally have.

**Refunds**: Refunds are generally non-refundable unless we are able to resell the place.

**Mobility Requirements**: Some, but not all, of our outings are suitable for members with manageable mobility restrictions. You must contact the named Travel Team Trip Organiser member on the poster cover page before booking if you wish to bring a mobility aid so that we can discuss your needs.

We will mention in our publicity and outing details any significant access or safety considerations of which we are aware. **YOU MUST BE ABLE TO GET ON AND OFF THE COACH UNAIDED.** 

**Restricted mobility:** Members with restricted mobility may be accompanied by a carer on any outing, but a place needs to be booked. The carer does not have to be a U3A member but will be required to pay the full cost. Members are asked to think carefully about the physical demands of the outing and their own situation before submitting an application. We need to ensure that all participants are safe and that everyone enjoys the day. Ultimately the Travel Team reserves the right to decline applications in exceptional situations, regrettable as this may be.

Your responsibilities: You are asked to pay particular attention to the scheduled Arrival & Registration, Afternoon Visit and Registration & Departure times and assemble at the designated meeting point. If you are late, we may have to leave without you to enable us to keep to the time-table. In such an instance, you would have to arrange your own return home, and you would not be entitled to any refund for the cost of the unused portion of the day. If this should happen, we would endeavour to contact you and/or your emergency name contact number. We ask members for their mobile phone numbers and for them to ensure they are switched on during the outing. Participants are responsible for themselves and their belongings. Data protection: The details you give us on the booking form will be held by the organisers until the outing has taken place and will be used only for the purpose of the outing. When it has taken place, they will be destroyed. We keep a record of your mobile numbers to save you giving us those details on every outing. Participants are responsible for themselves and their belongings.

**General**: We try to schedule comfort stops at a convenient time and place, but it is not always easy to do this for a large coach. Apart from the initial outbound departure time, most other times are approximate. We cannot predict traffic hold-ups or bad weather, both of which may affect our arrival and final departure times.

## Croydon u3a - Committee & Trustees 2023 - 2024



Jenny Wilson Chair jennywilson63@live.co.uk



Joy Ellery
Vice Chair/Venues/Archivist
venuehirecoordinator@croydonu3a.org.uk



Paul Smith
Treasurer/Membership//Gift
Aid/Travel Team
treasurer@croydonu3a.org.uk



Cliff Brett
Committee Member/Publicity



Averil Coutinho Committee Member/Publicity



Linda Grigsby
Bulletin/Travel Team/ Publicity
bulletinsecretary@croydonu3a.org
.uk



Maggie Chan
Interest Group Co-ordinator/
Publicity
groupscoordinator@croydonu3a.org.uk



Trisha Holmes
Business/Minutes Secretary
businessecretary@croydonu3a.o
rg.uk



Peggy Green
Committee Member/ Publicity



Sheree Yapp-David Inclusion/New Member Liaison



Steve May
Mail Chimp Comm/Committee
Member



Andy Beaumont Committee Member

# Here are some of the Croydon u3a off-Committee members who help to make our Croydon u3a run well



Sally Bitten Speaker Secretary



Cariss Smith Chair – Travel Team



Lesley Wood Member Support



Mary Randell Website Editor



Margaret Derrick Facebook Facilitator



Chandra Nihalani Venues Assistant



Glenn Morfill Main Entrance/ Welcomer



Liz Smith Publicity Team



David Apps
Beacon
Administrator/Travel
Team



Jenny Parry Interest Groups Team



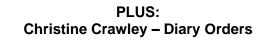
Tess Smith Magazine Editor



Angie Stagg New Members Support



Val Apps GM Welcomer



AND ALL THE GROUP LEADERS AND THEIR ASSISTANTS WHO ARE WORKING HARD TO KEEP GROUPS FUNCTIONING AND SUPPORTING ONE ANOTHER



Anne Tanner New Members Support

## **CROYDON u3a INTEREST GROUPS**

**GROUP COSTS:** Costs are kept as low as possible. These will depend upon the group's venue and activity and also any materials and equipment needed to undertake the group's activity. Details are available from the Group Contact. We are all volunteers and give our time for the u3a and each other voluntarily.

**Don't see a group you are interested in?** Now might be the time to consider finding others with the same interest and starting up a new group together. The committee can give you loads of help and support, from finding other interested members, identifying a venue, providing a start-up grant and help with the minimal admin. Don't hang around waiting - take on the challenge. Remember the u3a way - run for the members by the members!

Contact: Margaret Chan 020 8655 4343 - clockie68@gmail.com. PLEASE LET MAGGIE KNOW IF THESE DETAILS NEED EDITING (Oct 25 2023)

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
ACTION GROUPS		1		
Chair Yoga	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays and 1 <sup>st</sup> ,2 <sup>nd</sup> & 3 <sup>rd</sup> Fridays	10.00 am	Zoom	Jenny Wilson 07808 723 686 jennywilson63@live.co.uk
	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays	10.15 am	Shirley Methodist Church	<u>Jennywiisonos@iive.co.uk</u>
Dance Exercise	Mondays	9.45 am	St Matthew's Church	Brenda Kidd 0203 793 1194 heaton.house@talk21.com
International Folk Dance	1 <sup>st</sup> & 3 <sup>rd</sup> Wed	10.00am	Shirley Methodist Church	Susie Kelleher 0781 2171396 suekelleher@hotmail.co.uk
Line Dancing	1 <sup>st</sup> & 3 <sup>rd</sup> Friday	10.30am	Shirley Methodist Church	Linda Grigsby 07754 092042 lindagrigsby17@gmail.com Joy Ellery 07710 244601 joyellery@btinternet.com
Table Tennis	Every Friday	2.00pm& 3pm	St Matthew's Church	David Ryall 07756 945 007 davidryall91@gmail.com
Belly Laugh and Fitness	1 <sup>st</sup> Thursday	11:45 - 1:15pm	Shirley Methodist Church	Jacqueline Harriott 07837 734 635 jharr63805@aol.com
Darts and Pub Lunch	2 <sup>nd</sup> Tuesday 4th Wednesday	12.00 midday	The Orchard Pub, Cherry Orchard Road CR0 6BA	Jacqueline Harriott 07837 734 635 jharr63805@aol.com

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
Tai Chi	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays	1.00 – 2.00 pm	Shirley Methodist Church	Jenny Wilson 07808 723 686 jennywilson63@live.co.uk
ACTIVE OUTDOOR GROUPS				
London Explorers April-November	1 <sup>st</sup> Thursday	10.00 am	Meet at East Croydon Station	Carol Browne 020 8680 1730 cafbrowne5@gmail.com
Short Walks	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	10.30 am	Varies	Patrick Conway 07542 357904 <a href="mailto:patrickj.conway@gmail.com">patrickj.conway@gmail.com</a>
Friday Long Walks	1 <sup>st</sup> and 3 <sup>rd</sup> Fridays	10.30 am	Varies	Barbara Reynolds 020 8654 8062 07706 098788 brbr1950@gmail.com
Cycling	1st Wed and 3 <sup>rd</sup> Thursday	varies	Varies	Andy Beaumont 07910 836913 andyinandyland@tiscali.co.uk
Historic Visits	4 <sup>th</sup> Thursday	Varies	Outings	Jenny Parry 020 8777 6034 jenny.mp@hotmail.co.uk
GARDENING GROUPS				
Garden Visits – Spring to Autumn	3 <sup>rd</sup> Wednesday	10.45 for 11.00 am	Various	Linda Grigsby/Karen Hook 0775409 2042 lindagrigsby17@gmail.com
Garden Design	Fortnightly Wednesday (10 sessions)	10.00 am – 12.00	Home – South Croydon	Betty Whateley 020 8651 0226 elizwhateley@gmail.com
Wild Flowers	2 <sup>nd</sup> Tuesday - spring to September	10.00 am	Various	Shirley Shephard 020 8657 3144 sandrshephard@hotmail.com
Love Gardening	1 <sup>st</sup> Monday	10.30 am	Various	Nigel Fuller 020 8657 5026  20nigel30@gmail.com  Chris Saunders 020 8658 7785  chris_rsaunders@yahoo.co.uk

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
CULTURAL ACTIVITIES		1		
Architecture	3 <sup>rd</sup> Thursday	10.00 am	Various	Via Interest Groups Coordinator clockie68@gmail.com
A Taste of World Cuisines	1 <sup>st</sup> Tuesday	Lunch Time	Various	Jacqueline Harriott 07837 734 635 jharr63805@aol.com
Wine Admiration	1 <sup>st</sup> or 2 <sup>nd</sup> Friday <b>FULL</b>	2.00 pm	Home – Various	Cariss Smith 020 8668 9562 Cariss.Smith@gmail.com
Art Appreciation	4 <sup>th</sup> Friday	2.00 pm	Shirley Methodist Church	Philippa Bassett 020 8660 9658 gcbassett@btinternet.com
China	3 <sup>rd</sup> Tuesday	10.00 am	Home - Croydon	Barnaby Powell 020 8681 0805 barnaby.powell@gmail.com
Croydon Memories Lunch Group	4 <sup>th</sup> Friday	12:00 noon	The Boulevard, Selsdon Road	Dave Milgate 07801 429 165 davym1949@hotmail.co.uk
Wales and its Treasures	2 <sup>nd</sup> Monday	2.00 pm	Shirley Methodist Church	Molly Davies 020 8660 1726  Mollyhd319@gmail.com
Into Film	Varies FULL	varies	various	Sheree Yapp-Davis 07800 654530 saydavis@hotmail.com
Theatre Visits	Varies	Varies	Varies	Maxine Thompson 07903 401107  maxine.thompson@outlook.com
Focus on Africa	4 <sup>th</sup> Tuesday	11.00 am	t.b.a	Grace Richardson 07771 005197 graceadjoa@yahoo.com
ARTS AND CRAFTS				
Handicrafts	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday	2:00 – 4:00 pm	Home – Selhurst	Sheila Szzvanowski 020 8689 2561
Knit and Natter	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday	11.00 am – 1.00 pm	Home - Waddon	Carol Milgate 07984 112 804

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
				carolmilgate@hotmail.com
Painting and Drawing 1	Every Monday FULL	10.15 am – 12.15	Shirley Methodist Church	Chris Beggan 07815 554 006 chrisbeggan10@gmail.com
Painting and Drawing 2	Every Monday	10.15 am – 12.15	Shirley Methodist Church	Jan Thorne 07806 623332 jilling@live.co.uk
Exploring Crafts	4 <sup>th</sup> Friday	1.30 – 3.30 pm	St John the Baptist Church Hall, Dale Road, Purley CR8 2EF	Barbara Baster 0795 0157965 barbara.baster@outlook.com
MUSIC				
Blues and Jazz Appreciation	Various	Varies	various	Andrew Agius 020 8916 0608 andrew.agius@hotmail.co.uk
Singing for Pleasure	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday	10.30 am	St Matthew's Church	Hazel Marsden 07794 681 244 hazel.ym@blueyonder.co.uk Gill Bibby 020 8405 4235 gjbibby@hotmail.com
Mandolin	By arrangement	By arrangement	Mildred Court, Bingham Road	Janet Ambrose 07795 196 165
GAMES OF SKILL				
Rubber Bridge	Every Tuesday	2.00 pm	Mildred Court, Bingham Road	Vilma Hanscomb 07767 242871 vilma hanscomb@yahoo.com
Scrabble - Croydon	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday TEMP SUSPENDED	11.30 am	Ruskin House, Coombe Road	Rosemary Roberts 020 8657 4242 reroberts_37@hotmail.com
Scrabble – Home	3 <sup>rd</sup> Thursday	10.30 am – 12,20pm	Home – Selhurst	Sheila Szzvanowski 020 8689 2561
Quiz Night	3 <sup>rd</sup> Monday	7.30 pm	Zoom	Jenny Wilson 07808 723 686 jennywilson63@live.co.uk
Board Games Fun	2 <sup>nd</sup> Friday	2.00 – 5.00pm	Ludoquist Café, 63 – 67 High St Croydon	Chris Charlwood 07879 425 703 wsm3003@gmail.com

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
LITERATURE				
English Novel	3 <sup>rd</sup> Wednesday	2.00 pm	Home – Zoom	Alison Gaan 020 8679 5692 gaanl@hotmail.co.uk
Share a Good Read	2 <sup>nd</sup> Monday	2.30 pm	St John's Selsdon	Val Apps 020 8651 0347 valapps@tasquotus.co.uk
Play Reading – Croydon	1 <sup>st</sup> and 3 <sup>rd</sup> Mondays	1.30 pm	Home - various	Linda Hall 020 8668 1382 <u>lindahall309@gmail.com</u>
Play Reading - Selsdon	1 <sup>st</sup> Monday	2.00 pm	Home – various	Joyce Kill 020 8660 4200 joycekilluk@yahoo.co.uk
Poetry for Pleasure	4 <sup>th</sup> Tuesday	2.00 pm	Home – S Croydon	Gwyneth Kimble 020 8651 5090 gwyneth1@btinternet.com
Books Made into Films	3 <sup>rd</sup> Thursday	11.00 am	Clocktower Cafe	Jacqueline Harriott 07837 734 635 jharr63805@aol.com
Writing For Pleasure Group	1 <sup>st</sup> Wednesday 3 <sup>rd</sup> Wednesday	1.45 – 3.45 pm 1.45 – 3.00 pm	Shirley Methodist Church Zoom	Jenny Wilson 07808 723 686 jennywilson63@live.co.uk
LANGUAGES				
French Conversation Lower Intermediate	Every Monday	10.00 am	Purley United Reform Church	Roberta Russell 020 8660 7874 Ruth Hibberd ruthhibberd79@gmail.com
Italian – Conversation.	1 <sup>st</sup> Friday	10:00 am	Home – Purley	Bernard Ovink 020 8660 8905 bovink@yahoo.co.uk
Russian - Intermediate	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday	10.00 am	Home – Croydon	Carol Goodwin 020 8405 0101 carol@bcgoodwin.me.uk
Spanish Conversation Lower Intermediate	Every Monday	11.00 am	Purley United Reform Church	Roberta Russell 020 8660 7874 Ruth Hibberd ruthhibberd79@gmail.com

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
French Conversation Advanced	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday	2.30 pm	Home – Zoom	Barbara Black 020 8645 9471 bj.black@me.com
German Friends	Mondays	10.15 – 11.45 am	Zoom	Dorothy Everatt dorothyeverattf@gmail.com
MATHS, SCIENCE & IT				
Science & Technology	2 <sup>nd</sup> Tuesday	8.00 pm	Zoom	Joy Ellery 07710 244601 joyellery@btinternet.com
SOCIAL STUDIES/ HISTORY				
Current Affairs	2 <sup>nd</sup> Thursday TEMP SUSPENDED	2.00 pm	TBC	Richard Offer -020 8760 5093 offerfamily@yahoo.co.uk
Environment & Climate Crisis	3 <sup>rd</sup> Thursday	7.30 pm	Zoom	Jenny Wilson 07808 723 686 jennywilson63@live.co.uk
Early Medieval History	1 <sup>st</sup> Tuesday	2.30 pm	Zoom	Lindsay Offer 020 8760 5093 offerfamily@yahoo.co.uk
Family History	4 <sup>th</sup> Wednesday TEMP SUSPENDED	2.00 pm	Thornton Heath Library	Cariss Smith 020 8668 9562 Cariss.Smith@gmail.com
History – Local	2 <sup>nd</sup> Friday	2.00 pm	Home – Wallington and visits	Margaret Chan 020 8655 4343 <a href="mailto:clockie68@gmail.com">clockie68@gmail.com</a>
History of London (1)	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday FULL	10.00 am	Purley United Reformed Church & Outings	Mary Randell 020 8660 6778 m.randell@sky.com
History of London (2)	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday,	10.00 am /2.00 pm	St. Matthew's Church & Outings	Averil Coutinho 07880 724057  averilcoutinho@hotmail.com
History of London (3)	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday	2.00 pm/10.00 am	St Matthew's Church & Outings	Fiona Nicol 020 8680 6983 fmn@blueyonder.co.uk
History of London (4)	3 <sup>rd</sup> Weds &4 <sup>th</sup> Weds	1.30 – 3.30 pm/varies	Purley UR church & Outings	Barbara Lister 01883 622415  barbara.lister@hotmail.co.uk

GROUP TITLE	DAY OF MONTH	START TIME	VENUE	GROUP LEADER (Contact details)
Looking at London	1 <sup>st</sup> Monday	2.00 pm	St. Matthew's Church & Outings	Fiona Bowles 07565630261  f.bowles@outlook.com Barbara Baster 0795 0157965 barbara.baster@outlook.com
17 <sup>th</sup> -19 <sup>th</sup> Century History	1 <sup>st</sup> Wednesday	2.30 pm	Zoom	Richard Offer 07597974130 offerfamily@yahoo.co.uk
Members on Their Own (MOTO)	Various	Varies	Various	Jenny Wilson 07808 723686 jennywilson63@live.co.uk