



newsletter
express



Credit: U3A Member Peter Hagger

7 August 2020

As we move through the summer we are beginning to do more than was possible a month ago. We are looking at how the advice on meeting as U3A members changes day by day and across the four nations.

We know how much U3A communities want to spend time with each other and we ask that you carefully work through the guidance and assessments in your respective nations.

We know also that sometimes local lockdowns will occur and disrupt progress in that area, but it will not dampen the U3A spirit and the U3A community will be back when safety allows.

We also continue to develop programmes across the movement and you are asked to help us with those in this express newsletter.

Keep safe and well

Yours

Sam Mauger

Chief Executive the Third Age Trust

Guidance from the Trust



Jane Bailey, Advice and Volunteer manager for the Third Age Trust, has created a Q&A answering common questions about restarting interest groups.

Risk Assessments

We are doing our best to keep you up to date with the latest Government and NHS Covid-19 guidance as it relates to U3A. We are sending this via a Newsletter Express so that it is widely available across the movement.

We are making this advice web-ready and it will go up early next week on the advice pages on the website behind the [members' login](#).

restarting U3A activities in your region.

[Advice for Restarting Groups in England: 7 Aug 2020](#)

[Advice for Restarting Groups in Wales: 7 Aug 2020](#)

[Advice for Restarting Groups in Scotland: 7 Aug 2020](#)

[Advice for Restarting Groups in Northern Ireland: 7 Aug 2020](#)

CLA Licences

The Trust has recently updated its copyright guidance and this can be found [here](#). This is important information for all members involved in sharing materials for their interest groups, either online or in person. It is your responsibility to ensure you are not breaching copyright.

Please also be aware that the Copyright Licensing Agency (CLA) Licence is due for renewal on the 1 August. The cost of this is £60 per U3A. This licence allows the copying and re-use of extracts from digital and print books, magazines, journals and websites (within limits) for educational and teaching purposes. It is very likely that your U3A will need this licence.

To purchase a CLA Licence please complete the online form [here](#)

AGM

Please go to our website to see the latest information on the movement's AGM on 29 September 2020.

The next deadline for amendments to the resolutions is 14 August 2020. See more by press the button below.

[Latest on AGM](#)

High Street Project



How is your High Street Looking?

You are being asked to take part in a ground breaking U3A- led project looking at the UK High Street.

Peter Cox from the High Street Research Project (HSRP) Steering Group said, "Shoppers' response to the Pandemic has led to a dramatic increase in Internet shopping. This could be bad news for our High Streets.

"We want to find out, and compare the 2022 position with now. This survey will involve you walking along your local high streets and writing down details of each shop including photographs

"First we need you to register which will help us to establish not only which Regions are taking part but also which types of shopping area we are looking at".

Find the Registration Form, please click [here](#)

"Participants will then receive an email **around 4 September** with an information pack and full instructions so they can start their recording exercise.

"Next year we will carry out similar studies so we can see how things have changed with the final pandemic impact report produced in time for the U3A 40th Anniversary in 2022".

If you questions please get in touch with [Carole Chapman](#), Chair, National Research Sub-Committee

Thank you so much – we look forward to hearing from you.



The latest U3A Eye - Learning Gallery - 'Abstract' is up on the website and includes beautiful photos like this by Susan of Porthcawl U3A. See it [here](#).

Learning News

Survey

Have your say! We are looking for your ideas to help us develop the **new Online Learning Hub**.

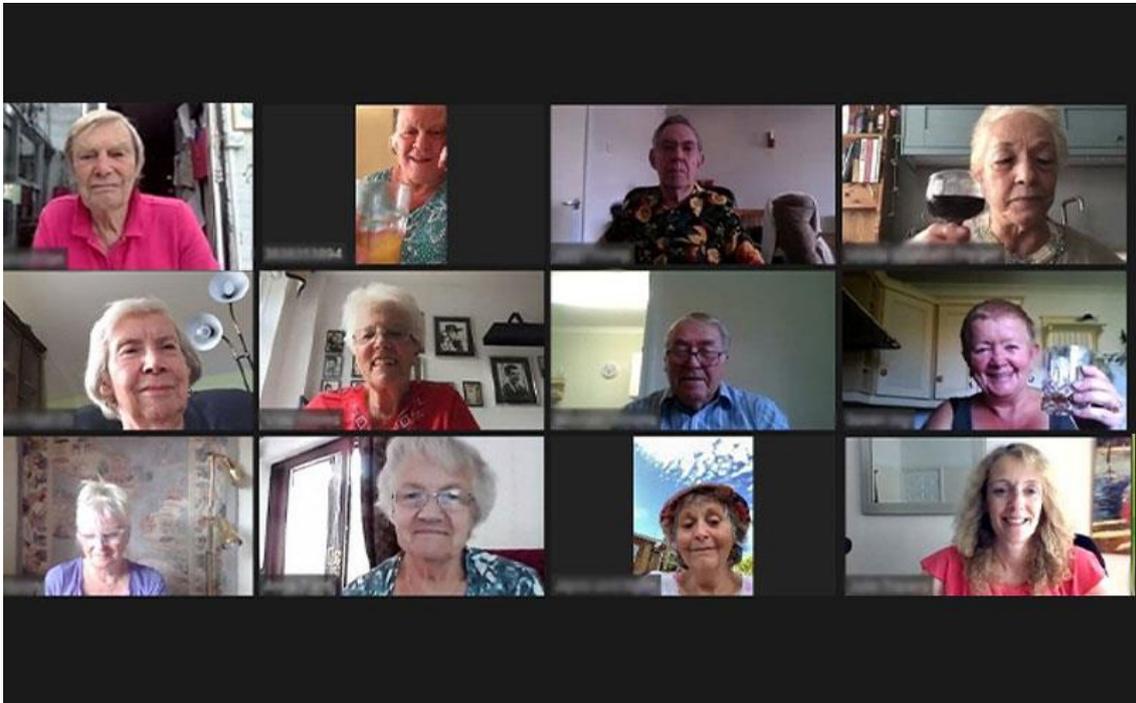
This is going to be an online collection of all of the resources and tools you may need to support learning across your interest groups and U3A.

This short questionnaire will give us valuable information about what's important to you, and what we need to consider in the design and implementation of the Online Learning Hub.

None of the questions are compulsory and your response is anonymous. This should take you less than 10 minutes.

[Participate in the Survey](#)

Events



Summer School online held this week - Singing for Pleasure group.

If you want help accessing Zoom so you can take part in U3A events like this,
see our Zoom Tutorials below.

Save The Dates: David Livingstone Project Online Event

We are planning an online talk exploring the David Livingstone Project.

The Glasgow birthplace of the Victorian explorer, abolitionist, doctor and missionary has undergone a transformation and will open in 2021

Elena Trimarchi, the project's Learning and Engagement Manager, will discuss the authentic stories that make Livingstone such an enduring character.

Details of the events will be on the [Event Page](#) early next week. We have 3 dates for this event:

Thursday 27 August

Thursday 3 September

Thursday 10 September



Close up of the Harryhausen statue in the David Livingstone Birthplace grounds. Copyright: David Livingstone Trust

Zoom Tutorials: 1000 and Counting

U3A Trust volunteers have supported over 1000 members to use Zoom and connect and restart their interest groups online.

There are more Tutorials covering an **Introduction to Zoom** and how to use **Zoom for Hosting Group Meetings**.

We are also hoping to run a tutorial Zoom for Group Leaders so watch this space.

To book yourself onto the next Zoom Tutorial sessions, click [here](#).

Next Dates

Monday 10 August Zoom for Hosting Group meetings 14:30-15:30

Tuesday 11 August- Introduction to Zoom 14:00 -15:00

Tuesday 11 August- Introduction to Zoom 14:30-15:30

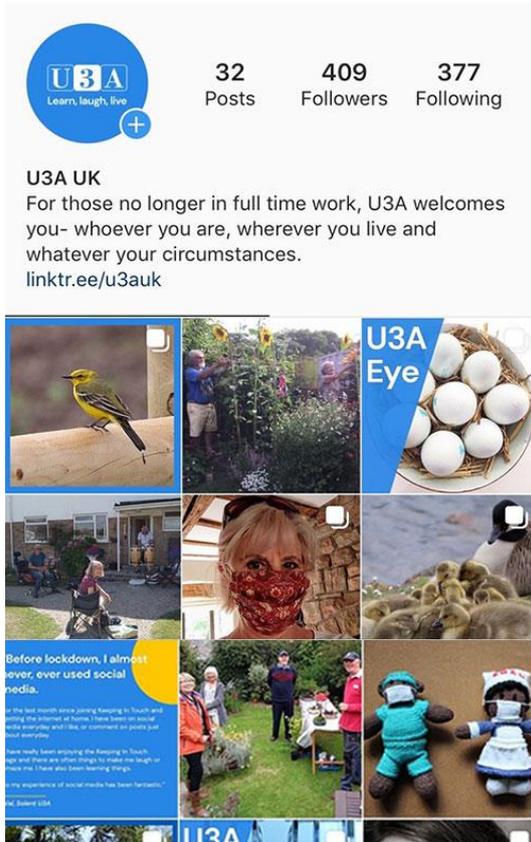
Wednesday 12 August- Introduction to Zoom 14:00 -15:00

Thursday 13 August - Zoom for Hosting Group Meetings 11:00-15:30

Friday 14 August - Zoom for Hosting Group Meetings 10:30 -11:30

Please email [National Office](#) if you have any questions.

Social Media



Instagram

Thank you for supporting our newly formed Instagram page: we now have 400 followers. Please do follow us and share the page with your friends and family so we can keep growing.

We also want to see what you are up to, so comment on our photos and tag us in yours.

Do you want to set up an Instagram account for your U3A but aren't sure how to go about it? [Contact us for advice.](#)



In Focus

Joan Blumire - U3A Member in the South West.

I became a member of U3A about two years ago on the advice of a friend, and after my husband of 59 years died. I think U3A is so invaluable to people of the 'golden age' well, any age actually!

It's the feeling of belonging, shows the way to all sorts of activities, helping you participate in ways you wouldn't think about on your own.

I've enjoyed being part of a play reading group, and aged 79 joined a line dancing group.

That same year I attended a U3A meeting at Exmouth Pavilion to listen to an author speaking about writing books. I tentatively asked some



was beginning to attempt to write. I told him the name was 'Aladdin And The Blue Genie', to which he immediately responded "well, just for a start, you've chosen an excellent title!"

That little remark gave me the encouragement I needed, and I still can't believe I actually finished it, and I like what I've written!

To read Joan's pantomime, get in touch with [her](#).

This is an easy way to share the newsletter express. Click this [link](#) and then copy and paste the URL to share it on other platforms, including Beacon.



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