

## Crouch Valley U3A Chairpersons report for AGM

Early in 2017 during a committee meeting it was decided that Ray had to stand down as Chairman as he had done three years, being vice chair I was told it was my turn to take the reins, I'm not sure at this point in time whether I volunteered or was pressed ganged into the role. However the job was mine.

I can't believe that was over a year ago, and I have enjoyed every meeting and pleased that our U3A has continued to grow in numbers. I think this is because we try and have fun. And make the meeting light hearted and informative.

I have been very lucky to have an excellent committee that makes my job so much easier, particularly having a superb Secretary in Ken Walker who guides us through the mounting of paper work that comes from the Third age trust.

Somehow he manages to understand all the jargon and only tell the committee what we need to know, and manages to keep the minutes nice and short.

I must also thank all the other hard working members of the committee particularly Bob Le Beau our group's coordinator who helps our various activity groups to run smoothly, and gives our membership plenty of activity choices. Now to the group coordinator themselves. The volunteers who give up their time to ensure we all have fun, keep us active. And challenge us to try new things. Walking, ten pin bowling, games, wine tasting, outings various choices, Jazz, Just to mention a few of the vast opportunities you have to get active in our community.

That is what the U3A is about, giving you the opportunity to get out and enjoy your life and keep active. I hope you will agree that over the past years we that is, your committee have given their best to ensure we thrive into the future. And it has been a pleasure to be part of this exciting organisation.

It looks like I Will be in the chair for another year, and I am looking forward to Seeing our number grow, and the activity groups expanded to give even more opportunities get out and enjoy ourselves.

### **A thought for today**

If you start now, you'll begin seeing results one day earlier than if you start tomorrow

David Shea. chair Crouch Valley U3A