

u3a Walking Group

Walks disclaimer

Walking is one of the healthiest and safest of outdoor activities. However, neither Crediton u3a, nor the walk leader/organiser of the walk(s) has control of the environment of the walks, the weather, any animals, or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the health and safety of the walkers in the party.

Walks organised by u3a groups automatically receive public liability insurance cover, provided the leaders are u3a members, through the third age trust. This is designed to protect leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own health and safety and the safekeeping of their equipment, clothing and belongings.

Participants on walks should follow the advice/instructions of the walk leader in order to minimise any risk to themselves, and should also ensure that they do not endanger any others in the party.

I have read, understood and accept the foregoing disclaimer.

Please print your name in block letters, then sign and date below.

NAME

SIGNATURE

DATE

Note from u3a walking advisor:-This walks disclaimer is not a legal document nor u3a policy but is included for those u3a group leaders who may wish to make their members aware of their own responsibilities.