

Can you give a **little** time to make a **big** difference to Crawley?

HELP PEOPLE IMPROVE THEIR
HEALTH AND WELLBEING

DEVELOP SKILLS AND BOOST
MY CAREER OPPORTUNITIES

INSPIRE THE PEOPLE
AROUND ME

MAKE A
DIFFERENCE

WANT TO GIVE SOMETHING
BACK TO YOUR COMMUNITY

Does this sound like you?

Contact Crawley Wellbeing on 01293 585350
Email: Wellbeing@crawley.gov.uk
<http://crawley.westsussexwellbeing.org.uk/>
www.facebook.com/crawleychange4life

crawley wellbeing

