
Monthly meetings are normally held on the second Thursday of the month in the Darby and Joan Hall, Finkle Street, Cottingham, starting at 2pm, but are currently suspended. Meetings will recommence on 12th August if the Covid-19 restrictions have been lifted.

NOTES FROM THE CHAIR

As I write this, my penultimate notes from the Chair, we seem to be in a time of uncertainty and change with regard to the weather, what we can and can't do under Covid restrictions, when things can open and resume and where and how we can travel.

One thing there is no uncertainty about is Cottingham u3a which continues to thrive and grow. Following our protocol the committee members will stand down at the AGM in September and I'm very pleased that, apart from Bryan, all committee members are standing for re-election. Bryan Summers has decided it is time to give up his committee role where he has worked as an excellent speaker finder, appreciated greatly by the members who regularly attended our monthly meetings. The committee is very grateful that Bryan has kindly agreed to sort our speakers for next year. Our constitution states that officers should be in their role for up to 3 years. As I took over as Chair in 2018 my term in office ends this year so I will be standing down as Chair at the AGM and standing for the role of Vice Chair for one year.

There is room on our committee for new committee members. If you are interested in joining please get in touch with me or Sue Tong, who is standing as Chair in September, or any committee member to discuss how we work and answer any questions you might have. We continue to need new active committee members as each year there can be members leaving or changing role and new committee members willing to take an active role are very welcome.

July meeting – in the May newsletter I said we hoped the July monthly meeting scheduled for the 8th, would be able to take place in the Darby and Joan large hall, based on a release date of 21st June from the government. As you all know, this was postponed for 4 weeks to 19th July. So the July meeting will have to be a get together from 2pm in the Darby & Joan large hall with attendees registering with Sue or Lesley as they have done for previous get togethers. Hopefully our August meeting and September AGM will be able to go ahead.

Our garden tea party on 2nd June was a great success enjoyed by those who attended. Members' thanks are extended to the committee who prepared the day and worked in the afternoon and also to the members who baked to add to the lovely cakes Karen provided. Photos of the afternoon have been posted on our website and Facebook site and sent round the Beacon email group.

I hope you are enjoying the days of good weather and I'm sure we are all anticipating more freedoms and a return to more activities as the year progresses.

Pat

2021 ANNUAL GENERAL MEETING

Notice is hereby given of the 21st AGM of Cottingham u3a. This will take place at 2 pm on Thursday 9 September 2021 in the Darby & Joan Hall on Finkle Street, Cottingham. A nomination form for election to the Cottingham u3a Executive Committee 2021/2022 is enclosed. Any member who wishes to submit a proposal for consideration/discussion at the AGM please contact Lesley Tempest (Secretary) for inclusion on the agenda. A full agenda and supporting papers will be sent to each member prior to the AGM as well as arrangements for holding the AGM, dependent upon the relevant Government Covid-19 restrictions at that time.

The committee is required to inform members of resolutions that will be put forward at an AGM. Written authorisation has been received from the Third Age Trust (TAT) to submit the following resolution at the AGM. The resolution is to amend the Cottingham u3a current Constitution by the addition of the clauses listed below. These changes allow for online meetings, proxy voting and casual vacancies that will support our u3a and future-proof our constitution going forward.

10. *General meetings*

(3) *Online and hybrid general meetings*

(a) A general meeting (whether an annual general meeting or a special general meeting) may be held in person or by suitable electronic means agreed by the trustees in which each participant may communicate with all the other participants. Where the trustees determine that a general meeting is to be held by electronic means pursuant to this clause 10(3)(a), such determination shall be set out in the notice of general meeting sent to members, together with details of how a member may participate in such meeting.

(b) Where the committee determines that a general meeting is to be held by electronic means only such determination shall be set out in the notice of general meeting sent to members, along with an explanation of the exceptional circumstances which require the general meeting to be held by electronic means only.

(c) For the purposes of this clause “exceptional circumstances” means circumstances which in the reasonable opinion of the committee render it impossible to hold an effective general meeting in person or by a combination of meeting in person and through electronic means.

(d) Where a general meeting is to be held in person, the trustees may if they deem it appropriate set out a procedure in the notice of meeting which allows members to attend electronically if they so wish, and in such circumstances both members physically present in person and members present by electronic means will be considered present in person and will count towards the quorum for the relevant meeting.

(e) If the meeting is to be held solely by electronic means pursuant to clause 10(3)(a), the place of the meeting shall be deemed to be the charity's registered office address.

(f) Proceedings at a general meeting held by electronic means pursuant to clause 10(3)(a), or a physical meeting at which procedures are put in place to allow members to attend electronically pursuant to clause 10(3)(a), will not be invalidated due to technical issues which prohibit members from joining such meeting electronically, so long as a sufficient number of members to form a quorum under clause 12(2) is able to join the meeting successfully.

15. *Votes*

(2) *Voting*

(a) by proxy

A member may appoint a proxy to attend a general meeting and vote on his or her behalf in accordance with clause 15(3).

(b) electronic balloting

Where a meeting is to be held by electronic means, or where procedures are put in place to allow

members to join a physical meeting by electronic means, the trustees may put in place an electronic balloting mechanism to allow members present at the meeting by electronic means to vote as if they were present in person. Where such a voting mechanism is to be used for a meeting, the notice of meeting will set this out.

(3) Proxies

*Proxies may only be validly appointed by notice in writing (a **Proxy Notice**) which:*

- (a) states the name and address of the member appointing the proxy;*
- (b) identifies the person appointed to be that member's proxy and the general meeting in relation to which that person is appointed;*
- (c) is signed by the member appointing the proxy, or is authenticated in such manner as the trustees may determine; and*
- (d) is delivered to the charity in accordance with clause 15(2).*

(4) The trustees may from time to time determine the form in which Proxy Notices should be submitted to the charity in advance of any general meeting.

17. Appointment of trustees

(5) In the event of a casual vacancy among elected or co-opted charity trustees, the charity trustees may appoint a person who is willing to act to be a charity trustee. A charity trustee so appointed shall hold office only until the next annual general meeting.

20. Proceedings of trustees

(2) Online trustees' meetings. A trustees' meeting or a meeting of a committee of the trustees may be held in person or by suitable electronic means agreed by the trustees or the members of the committee (as the case may be) in which each participant may communicate with all the other participants.

SPEAKERS FOR 2021

As I was saying...

What was I saying? Never mind. The point is the Powers That Be thought it was about time your Speaker Finder was collared from his cubby hole in the Darby and Joan Hall and required to give an account of himself. Right. The first thing to say is that I've not been idle over the past year and a bit. Well, actually I have. Apart, that is, from cleaning out cupboards I never knew I had and pondering the deeper questions of life – such as why did kamikaze pilots wear helmets. Incidentally, isn't it amazing what you come across when you're having a clear-out. Things you put 'in a safe place' and never saw again. Odd keys (you've no longer any idea what they were for) and even the occasional chink of coin (usually foreign). Never anything useful of course.

But I digress. On the speaker front things are beginning to move. I now have speakers booked for August, October and November this year – Covid permitting. The August talk is called Tom and Misha and is about a pair of dolphins. October is on the Bridlington Lifeboat and November is Comedy Nostalgia which is – but wait and see.

Now, those among you who have not yet dozed off may have noticed a couple of glaring omissions. What about September and December? Well September is the AGM and the plan is not to have a speaker but provide in-house entertainment. The same goes for December. What will happen on those occasions is still cloaked in secrecy. No, it's not – ideas are still being tossed about. So any suggestion you may have feel free to pass it on. Always provided it's legal.

That, I hope, should help keep you amused and out of mischief. And talking of being amused, I'd like to pass on a quote I read from a woman who was talking about her grandmother. "My grandmother started walking five miles a day when she was 60," she said. "She's 97 now and we don't know where the hell she is." That's all for now folks.

Bryan Summers

CHRISTMAS LUNCH

Hi everyone. Hope you are all keeping well. I know it does not feel right talking about Christmas in the middle of summer, but I am just letting you know that I have provisionally booked Christmas lunch at Hull University on Thursday the 2nd of December. More details to follow later.

Karen Baker

Interest Groups

UPDATE OF GROUPS RESTARTING

Some Interest Groups have now restarted, i.e. **Art, French Conversation, Needlework, Quiz** and **Sunday Strollers** – if you are a member of these groups I hope you are enjoying being back. The **Walking Group** will now start on 12 July (see separate note elsewhere for details). The following Groups are planning to restart in September 2021.

| GROUP | LEADER | PROPOSED RESTART DATE |
|---------------------------|-----------------|------------------------------|
| Art Appreciation | Barbara Nield | 27 September (10.30 – 12.30) |
| Book Group | Margaret Hersom | 27 September (14.00 – 16.00) |
| Crochet, Knit and Natter | Patricia Dukes | 10 September (10.00 – 12.00) |
| Darts, Dominoes and Cards | Patricia Dukes | 13 September (14.00 – 16.00) |
| History | Barbara Nield | 20 September (14.00 – 16.00) |
| Scrabble | Joan Brough | 2 September (14.30 – 16.00) |
| Ten Pin Bowling | Pat Collard | 17 September (10.15 – 11.45) |

| | | |
|----------------------|---|---|
| SOCIAL EVENTS | Wendy Douthwaite, Janet King, Edith Martin | General Meeting to be held at 12 noon on 23 July 2021 in the King Billy, Hallgate |
|----------------------|---|---|

| SEASONAL GROUPS | | |
|-----------------|------------------|----------------------------|
| Croquet | Margaret Elliott | Postponed until April 2022 |
| Garden Visits | Kate Brogden | Postponed until April 2022 |

| OTHER GROUPS (awaiting confirmation of start date) | | |
|--|----------------------------|----------------------------|
| Board Games | Pearl Stamp | <i>To be announced</i> |
| Coffee Club | Julie Haley | <i>To be announced</i> |
| Luncheon Club | <i>New Leader required</i> | |
| Discussion | Leah Corboz | <i>To be announced NEW</i> |
| Computer Technology | Pete Glover | <i>To be announced NEW</i> |

If you require further information please contact the Group Leader (telephone details on page 7 of this newsletter).

ART APPRECIATION

Hello everyone,

I hope you are all well and looking forward to life gradually returning... hopefully... next month.

All being well, we shall resume our meetings (4th Monday of the month, 10.30am – 12.30pm in the Garden Room of Holy Cross Church in Carrington Avenue) on 27 September. From soundings taken in various telephone and other conversations, everyone favoured a cautious approach until whatever message was to be forthcoming re 21 June, as at a 'full complement' turnout, we are 15.

Essentially, our first meeting will be a bit of a stock-taking one, catching up with what members have been doing to 'keep their eye in', artistically speaking, such as watching The Great Paintings of the World on Channel 5, and looking ahead to where we might go next. So please bring all ideas, preferences, suggested themes etc to be incorporated in such discussions.

In the meantime, stay focussed, and until September, all best

Barbara

HISTORY

Hello everyone,

I hope you are all well.

Encouraged by what seems, hopefully, to be a clearer way ahead promised from 19 July, we will resume our monthly meetings (3rd Monday of the month, 2.00 – 4.00pm, in the Garden Room of Holy Cross Church in Carrington Avenue) on 20 September.

We have a lot to catch up with... not least with news of how members have fared since we last met... and we also need a plan, since road-maps are all the current fashion!

A growing feature in History thinking at the moment is to draw parallels with the post-war 1945 situation... our last great crisis point, apparently... a Cold War taking over, then with the USSR, now with China; need for an economic re-start; a whole reappraisal of Welfare; the role of the USA, now apparently back on the European scene etc. We might start there... just to get our hand back in? No doubt there will be TV and articles along such lines being worked on as we speak... but I always like to think we got there first !

All suggestions and possibilities welcome, as ever... so give it some thought, and let's get the historical mental faculties re-cranked.

All best,
Barbara.

QUIZ GROUP

I am pleased to report that the Quiz Group is back up and running. We had our first Quiz on 25th May and this was well supported with over 25 members attending. The first quiz in June was equally well attended.

We now meet in the Darby and Joan Hall, Finkle Street on alternate Tuesdays from 2pm to 4pm and would welcome new members to join.

If you are interested in testing your knowledge and would like to join the Group please contact me.

David Groom
Group Leader
Tel: 01482 847704 Mob: 07510 558964
Email: davgrodg3@gmail.com

SCRABBLE

Concern has been expressed by some members of the group re climbing stairs – it has been noted. Negotiations are taking place as to the future venue.

Joan Brough

SOCIAL EVENTS

It's June and the sun is shining and we have begun to socialize again. What a tremendous lift to our wellbeing meeting family and friends after being kept indoors for such a long time.

The Social Events are emerging out of lockdown with a get together in The Old Brewery of the King Billy at 12 noon on Friday 23rd July. We would just love you to come along with any ideas of Events you would like to do. It's a very informal social occasion with optional lunch and refreshments.

We also have an outing to Wassand Hall, between Seaton and Hornsea on Friday 10th September. The cost is £12 to include a tour of the Hall and entry to the grounds, gardens, walks and tea in the walled garden. If you are interested please phone Tel. 875230. We need at least 10 members to proceed. The last opportunity to book a place will be the August u3a meeting.

If you belong to the u3a you belong to the Social Events. It's for all members.

Janet King

TEN PIN BOWLING GROUP

As you are aware the release date from Covid restrictions has been postponed until 19th July which brings us to school summer holidays. As this group only meets during term time we will resume our bowling meetings in September after the schools return. Our first meeting will be on the third Friday, 17th September. Please let me know nearer the time if you will be coming along.

Pat Collard

WALKING GROUP

Due to lack of numbers our June walk was postponed. I now intend to reorganise it for Monday 12th July, starting at 10:30am at the Goodmanham car park – with refreshments afterwards at the Goodmanham Arms.

The walk is of 2.6 miles length over even terrain. If transport is a problem then let me know and I'm sure suitable arrangements can be made.

Many members will already have received this information via Beacon. If you have not already heard about the walk but would like to join the group, then please let me know ASAP.

Thank you.

Paul R Tempest

Email: paulrtempest@gmail.com

Mob: 07793 010187

Current Interest Groups

| Group | Leader | Tel No | Date/Time |
|---------------------------|--|----------------------------|---------------------------------------|
| Art | Karen Baker | 840293 | 1st/3rd Tuesday pm |
| Art Appreciation | Barbara Nield | 842927 | 4th Monday 10.30am-12.30 pm |
| Board Games | Pearl Stamp | 845546 | 2nd/4th Tuesday 2.00-4.00pm |
| Book Group | Margaret Hersom | 345452 | Last Monday pm |
| Coffee Club | Julie Haley | 845104 | 1st Friday 2pm |
| Crochet, Knit and Natter | Pat Dukes | 849188 | 2nd/4th Friday 10.00am-12.00 noon |
| Croquet (seasonal) | Margaret Elliott | 841221 | Weekly Thursday pm |
| Darts/Dominoes/Cards | Pat Dukes | 849188 | 2nd/4th Monday pm |
| French Conversation | Mary Kelleher | 342093 | Monthly Thursday pm |
| Garden Visits (Apr-Aug) | Kate Brogden | 666277 | 1st/3rd Monday pm |
| History | Barbara Nield | 842927 | 3rd Monday pm |
| Needlework | Paula Bell | 805262 | Weekly Thursday 10.00am-12.00 noon |
| Philosophy and Discussion | TBA | | 3rd Thursday am |
| Quiz Group | David Groom | 847704 | Alternate Tuesdays pm |
| Scrabble | Joan Brough | 444885 | 1st/3rd Thursday pm |
| Singing for Fun | Pat Dukes | 849188 | 1st Monday pm |
| Social Events | Wendy Douthwaite Janet King Edith Martin | 845065 875230 844897 | Various |
| Sunday Strollers | Sue Tong | 845460 | 4th Sunday am |
| Ten Pin Bowling | Pat Collard | 667590 | 1st/3rd Friday am (term time only) |
| Walking Group | Paul Tempest | 847359 | 2 nd Monday 10.00am |

Following the easing of Covid restrictions, some groups have now restarted or are planning to restart – see 'Update of Groups Restarting' and articles on individual groups under 'Interest Groups' for details.

Please contact the group leader for more information.

Committee

| Name | Role | Tel No |
|----------------|---|--------|
| Ken Bailey | | 846037 |
| Karen Baker | Hospitality Coordinator | 840293 |
| Pat Collard | Chair | 667590 |
| Pat Dukes | Interest Groups Coordinator | 849188 |
| David Groom | Treasurer/Website Editor/IT Coordinator | 847704 |
| Judi Groom | | 847704 |
| Judy Slator | Membership Secretary | 802807 |
| Bryan Summers | Speaker Finder | 654062 |
| Lesley Tempest | Secretary | 847359 |
| Sue Tong | Vice Chair | 845460 |
| <hr/> | | |
| Pat Windle | Newsletter Editor | 353714 |

Items for the **September 2021** newsletter to be sent to Pat Windle, Newsletter Editor, by **24 August 2021**. Contact her on 353714. Information for the Newsletter can be sent by email as an attachment to dpwindle@dpwindle.karoo.co.uk. Items submitted after the closing date will be included in the next issue.

Further details of all our activities may be found on our website <http://u3asites.org.uk/cottingham>

u3a National Office

The Third Age Trust, 52 Lant Street, London SE1 1RB. Telephone: 020 8466 6139.

E-mail: national.office@u3a.org.uk. Internet: <https://www.u3a.org.uk>

Public Liability Insurance for non-members

It is important to note that visitors are allowed to attend one u3a meeting or group activity before they become members, due to insurance requirements.

Privacy statement:

Your personal details are held on a secure database and will be used solely for the purposes of administration and the distribution of u3a communications. They will never be supplied to an outside agency or party other than for you to receive Third Age Matters/Sources by Direct Mail – if you have requested receipt of these magazines. For full details of our Privacy and Data Protection Policies please go to our website: <http://u3asites.org.uk/cottingham>

Legal Advisory Service

The free legal telephone advice service from ARC Legal Assistance has been cancelled as it has not proved to be financially viable. In future, please contact National Office direct for legal advice and they will deal with any enquiries on a 'case by case' basis.