

Collingham & District u3a

In Case of Emergency Card

Please carry on all walks

Personal Details	Primary emergency contact
Name	Name
Address	Relationship
	Contact Number
Contact Number	Secondary emergency contact
Date of Birth	Name
Medical Information	Relationship
Medical conditions and allergies	Contact number
Medication	Contacting emergency services With a phone signal: Dial 999. It will pick up any available network With a reduced phone signal: Try to use Emergency SMS to text an emergency message to 999.

