

Purpose: to ...

a) get to know each other more.

b) see the world-renowned eco centre in Mid Wales.

c) have input from specialists who are outside our group and extend our learning.

d) discuss the sessions and also what we are doing locally in the periods between the input.

- e) Support each other in a group of likeminded people.
- f) gain ideas that could empower us in local groups.

Accommodation

- Centre for Alternative Technology https://cat.org.uk/
- We have booked 23 rooms that can take one or two people. There is other accommodation available on site and further nights can be booked privately if wanted.
- Partners need to be a member of a u3a.
- Cost: £270 including meals for a single room, £195 each for sharing a room and £74.85 for day students without breakfast.
- Plus lectures which we plan to be a flat rate, however many you choose to attend. Unlikely to be more than £20 per person. Awaiting other prices.
- Please respond now to the "invite" pay £50 deposit now and rest in July.



Lectures

We have booked their Zero Carbon Britain programme, which is a lecture and a follow up discussion time with the speaker.

We may use other workshop provided by CAT but we believe that bringing in independent speakers eg Dr Judith Thornton might be a better option.

We plan to offer speakers that we might not usually hear, which is why we have not built C2COP members into the programme.

We hope that some of our members might be prepared to stand in to give a talk should anything fail, or the weather prevent an outside activity.

Leisure time

- Whilst we hope we will have good participation in the programme, everyone can choose if they need to opt out of a session.
- We plan to have climate-related activities for evenings and times when we are not in workshop such as a quiz, film or game.
- We hope to have some outdoor activities such as an introductory walk around the site. Bring weather-relevant clothing!
- We may arrange a trip to a wind farm, but this would rely on transport in cars. We wonder whether there would be participants who would offer lifts.

