

U3a name: Porthcawl

Group title: Sustainability

Formed: January 2022

Leader name Eddie Morgan

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Format: Presentation with questions and discussion on a wide range of environmental topics with pointers on how individuals can take action (usually through checklists) to achieve sustainable solutions.

Members are encouraged to think about their own actions, how to encourage others to take action and how to contact and influence our local political representatives. Key is that we should encourage optimistic views and take a positive approach.

We are in contact with other local groups so that we can share ideas and assist each other. Group members have access to a WhatsApp group where we share information and encourage each other to sign relevant petitions.

Past presentations are available online.