

u3a Name	<b>Hampstead Garden Suburb</b>
Group Title	Climate Emergency
Group Formed	2019
Leader Name(s)	Catherine Budgett-Meakin
Contact Details	<u><a href="mailto:catherine@budgett-meakin.co.uk">catherine@budgett-meakin.co.uk</a></u>
Format	<p>Members are encouraged to engage by presenting to the rest of the group, helping them to 'own' the process. Books have been read collectively (with chapters designated to individuals), topics are researched and presented by group members.</p> <p>An open day has been held by HGS u3a and this has encouraged additional membership.</p>

**Some of the topics covered by our group:**

- Is Global Warming primarily due to humans adding CO2 & other Greenhouse Gases to the atmosphere or due to natural factors?
- Reducing domestic energy consumption.
- Psychological barriers to tackling the unfolding climate catastrophe.
- Travel and transport – including sea.
- Politics and the changes necessary to bring about coherence on the climate emergency: examination of councils and their actions on green challenges.
- Economic changes necessary.
- Barriers to action: resistance, inertia, denial etc.
- Effects on poor communities in the Majority World (who are already experiencing climate change), and what can be done to help them.
- Top-down change or bottom upwards? What brings about societal behaviour change?
- Information about the IPCC.
- Misinformation: see BBC programmes on How They made us Doubt Everything.
- Zero Carbon Britain: The Centre for Alternative Technology.
- The Natural World – extinction of species.
- Agriculture and low carbon farming.
- Food choices to reduce carbon emissions.
- Post Covid: threats and opportunities.
- Ways of slowing the rise of fossil fuel energy consumption.
- Political action – are the non-violent protests by Extinction Rebellion and Greta Thunberg useful or a barrier to change?
- Health effects of climate change.
- Trees and the Natural World.