



## CHURCHDOWN u3a WALKING GROUP

### WALKS DISCLAIMER

Walking is one of the healthiest and safest of Outdoor Activities.

However, neither Churchdown u3a, nor the Walk Leader / Organiser of the walk(s) has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary. They cannot accept responsibility for any circumstances affecting the Health or Safety of the Walkers in the party.

Walks organised by u3a Groups automatically receive Public Liability insurance cover through the Third Age Trust, provided the leaders are u3a members. This is designed to protect leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is NOT a personal accident insurance and accordingly participants on walks are responsible for their own Health and Safety and the safe keeping of their equipment, clothing, and belongings.

Participants on walks should follow the advice/instructions of the Walk Leader to minimise any risk to themselves and should also ensure that they do not endanger any others in the party.

Churchdown u3a Walking Group has made the decision that dogs on leads are allowed where stated.

I have read, understood, and accept the foregoing Disclaimer.

Print Full Name	Signature	Date

***Please return this document, duly completed, to the walk leader or Mary White.***