



# Hi everyone !

Hopefully the grey days of winter are over and better weather is ahead. It is surprising what a bit of sunshine and warmth does to our morale and wellbeing. It's time to consider getting out and visit some of those local facilities that you've always been meaning to do. After living in the area for over 30 years I have never visited the De Havilland Museum — something I hope to rectify this summer.

*Dave Brennan*

For the April meeting the speaker is Andrew Baker and his talk is entitled

## “The Anatomy of the NHS”

*Please ensure your phone is muted*

The speaker for the May meeting will be Chen Tsui from the Hertfordshire Police Serious Fraud and Cyber Unit. The subject will

## “Cybercrime and Fraud Prevention”

*Please ensure your mobile is muted*

## WALKING GROUP

Nine of us enjoyed a very pleasant walk today along the Alban Way from the Smallford old railway line and then through the old Hatfield Aerodrome, stopping off at Notcutts for a drink.

*Joyce Stephens*



## Thought for the day:

We all have ability.  
The difference is how we use it.

## INTEREST GROUP

### Refreshment Rota



Apr. 4th	Sailing
May 9th	Table Tennis
Jun. 6th	Tai Chi
Jul. 4th	Ten Pin Bowling
Aug. 1st	Thank you for the Music

## GOLDEN OLDIES “Tereza Joanne” TRIP

I love to dance, being a sort of ‘golden oldie’ myself (no jokes please!). Well, dance we did, and sing we did, along to those Golden Oldies (late 50s/early 60s music) at our recent trip on the “Tereza Joanne” organised by our own Joy Dabson and, as she always says, ably assisted by husband Tony.

An easy coach journey into London saw us arrive in time for a pre-lunch drink. I understand the array of flavoured gins available was extensive (rhubarb, pink etc) which many of us enjoyed. Time to relax and chat with other members before lunch. The staff were friendly and attentive to our every need and corn fed chicken, mash and green beans (that don't grind/squeak on your teeth!) was served. Now suitably fed and wine (at our own cost) the entertainment commenced with a few of us getting up on the dance floor, but that didn't last long. By the end of the afternoon, **most** of us were on the dance floor and spilled over on to another dance area which quickly became full too. Strawberry cheesecake and coffee/tea gave us time to gather our breath before the music started again, ending with us all dancing and singing along to ‘Sweet Caroline’.

Another successful trip. Thank you Joy. You do a great job of organising our trips .... but, any chance of another one to this great venue soon please?

*Pauline Matthews*





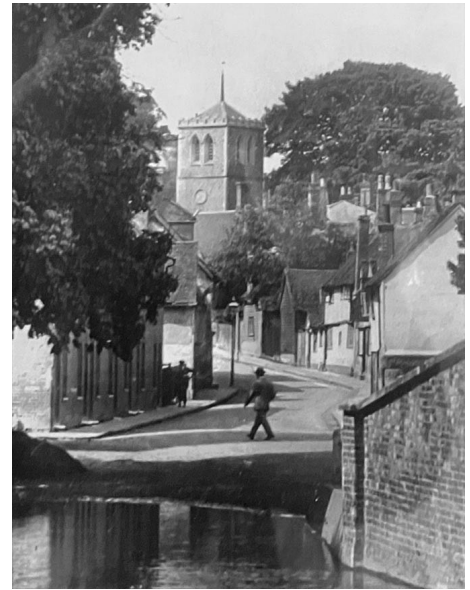
## A June Celebration Our 10-Year Anniversary

Our meeting on June 6th will be given over to celebrating the ten wonderful years of the Chiswell Green u3a.

It will follow the traditional pattern of our summer social events in that the atmosphere will be one of a pavement café. We shall kick off at 10.00 as usual, but feel free to "drop in". You can sit with friends and chat, and enjoy a piece of cake with your cuppa.

For the bakers amongst you, we'd be very grateful if you could put your culinary skills to good use and bake either a full-size cake or several little cakes to bring for the sharing table. There will be a cake-making sign-up sheet out at both the April and May meetings.

**Do come and celebrate with us!**



### GARDEN VISIT GROUP TRENT COUNTRY PARK

This visit by the Garden Group took on a broader dimension – from a garden to a country park set in 413 acres of rolling meadows, brooks, lakes, ancient woodland and historical sites.

Located at Cockfosters, a 20 minute drive from Greenwood Park, the focus of the 12 attendees was mainly centred on the hope of seeing an exquisite display of daffodils. However once within the country park it was difficult to also avoid being caught up in the sense of its varied history.

Dating back to the 14th century when it was one of Henry IV's hunting grounds, the house and its land changed hands on numerous occasions through the centuries. In the 2nd World War it was requisitioned by the government and used to obtain information from German prisoners including Generals using hidden microphones and listening devices.

In more recent times it has been a training college, part of Middlesex University and on our visit we witnessed the work being undertaken converting the house into the Trent Park Museum.

A healthy walk from the car park up the very long drive brought us to the excellent display of daffodils. This made the walking exercise worthwhile with the only disappointment being the closed café which necessitated a drive back to Burston Garden Centre where we reassembled for most enjoyable tea and coffee.

*Tony Jackson*



What is the name of this street?  
And can you name the public houses in the street?

It is not known when this photograph was taken, but it is within a five mile radius of Greenwood Park

### Laughter is the best medicine

When I have a headache I take two aspirins and keep away from children—just as it says on the Bottle.

I hate it when I can't figure out my Ipad or mobile phone and my technical support guy is asleep. He is 5 and it is past his bedtime.

### FUTURE TRIP—CHATHAM DOCKYARD



### Picture Quiz Answer

St Michael's Street, St Albans. The Six Bells and the Rose & Crown pubs



**IMPORTANT:** Please remember to have with you or wear your CG Membership card and, more importantly, an up to date emergency contact card, preferably kept together in lanyard. Details of each event can be found in the Newsletter or on our website. Please note the month when tickets are available for trips. Purchase of tickets (cheques only please) can be made at our monthly meetings via Joy Dabson, Event Organiser.

**Tickets:** Chiswell Green u3a members ONLY for the first month when tickets for trips are on sale. Tickets for guests will be allowed in the second month when they are on sale. This is to avoid waiting lists for members when guests have taken up places. Tickets must be paid for on the day they are booked, with cheques made payable to "Chiswell Green u3a". Please write your membership number on the reverse. Cheques are paid into the bank as and when they are received, unless otherwise stated. If paying for more than one Outing by post, please send separate cheques for each event. Obviously, they can go in the same envelope.

If you wish to make a booking for an Outing, you can still do so by contacting the Events Organiser (Joy Dabson) by phone (01923 268018) or email ([trips@chiswellgreenu3a.org.uk](mailto:trips@chiswellgreenu3a.org.uk)) or via our website. Payments should be made within seven days.

**Pickup point:** The coach will be in Tippendell Lane, at the entrance to Greenwood Park. Please be **prompt** – the coach will not wait. A driver's tip is included in the price of the Outing.

If you are unable to go on an Outing, or running late, please contact the Events Organiser by phone, up to 10pm the night before the trip landline (01923 268018) or on the day landline FIRST and if no reply then Events mobile (07824 671857). Please make a note of this number. If someone is able to take your place, you may be able to have a refund but this cannot be guaranteed. Ideas and suggestions for trips are always welcomed, and can be placed in the Suggestion Box on the signing table.

\*\*\*\***Disclaimer:**\*\*\*\* If you are participating in any Chiswell Green u3a trip or event, please read the Disclaimer below.

***It is the personal responsibility of each member to decide on their own capability to participate in any trips or events organised by the Chiswell Green u3a. Chiswell Green u3a cannot accept any responsibility for your fitness to undertake a trip or participate in a group, event or journey. By committing to any activity you will be declaring that you are fit and able to participate in the said activity.***

**Tuesday 16<sup>th</sup> April 2024**

**Waiting List**

**ROMNEY MARSH TOUR by coach**

We meet our expert Blue Badge guide at 10.30 at Dobies Garden centre on M20 at Ashford, with time for a comfort break and, traffic permitting, time to buy a coffee.

We then drive out to explore the remote Romney Marsh area before we have a fish and chip lunch (with a hot drink) at the famous Pilot Inn at Dungeness.

Marshmen established a wild reputation with smuggling and felonious deeds rife in a world where men drank beer a full century before the rest of the country and evacuated their sheep before their women during the war.

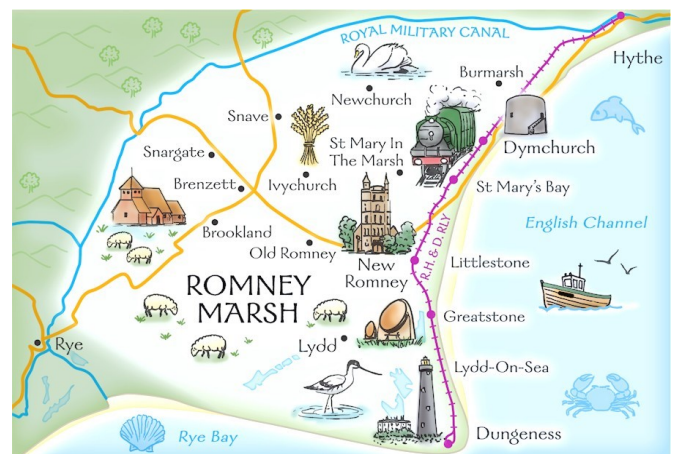
In the afternoon, we drive along the coast through St. Mary's Bay and Dr Syn's Dymchurch to Hythe. There may be time to browse and perhaps buy a cup of tea before heading for home around 4.45pm - dropping off our guide on the way.

**NOTE - AN EARLY START**

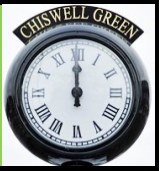
**Depart Greenwood Park: 8.30am**

**Depart for home: 4.45pm**

**Cost: £51.00**



**PARKING:** Could we please remind members not to park in either of the car parks at Greenwood Park if you are going on one of our trips. If parking in local roads, please park with consideration for the local residents, and if possible, car share to help ease the parking problem. Thank you.



**Wednesday 1st May 2024**

**Waiting List**

**KENT & EAST SUSSEX HERITAGE RAILWAY**

Steam train through the glorious Rother Valley from Tenterden to Bodium and return, passing Bodium Castle. Coach takes us to Tenterden Station with plenty of time for “a leg stretch” should you wish, to visit the Museum and buy lunch in the cafe. The steam train leaves at 1.10pm and returns at 3.14pm. There will be time for enthusiasts to get off the train at Bodium, watch it turn and relink etc .



**Depart Greenwood Park: 9.30am Depart for home approx: 3.30pm Cost: £38.00**

**Wednesday 5th June 2024**

**Selling April/May**

**CHISWICK HOUSE**

Lord Burlington’s 18th century villa with classical landscapes and 65 acres of gardens sits in West London, not far from the Thames. The house will be closed to the public so our guided tour will be just for us. **NOTE:** NO lift in the house.



We also have a guided tour of the gardens and time to buy lunch in the excellent cafe which has plenty of seating both outdoors and inside, and a good varied menu. **NOTE:** There is no coach parking on site, so we will have a short walk from the nearest drop off point. We will be divided into two groups of approx 25 persons; group A in the house, with group B in the garden before lunch, and then vice versa after lunch.

**Depart Greenwood Park: 9.30am Depart for home approx: 3.30pm Cost: £37.00**

**DATES FOR DIARY 2024**

See the confirmed dates for the visits below. Further details will be available at later date.

			<b>Selling in</b>
May 1st	<i>Steam Train on Kent &amp; E Sussex Railway</i>	<b>See above</b>	March/April
June 5th	<i>Chiswick House</i>	<b>See above</b>	April/May
July 11th	<i>Cruise on Lee and Stort boat</i>		May/June
August 29th	<i>Peacocks Auctioneers</i>		June/July
September 24th	<i>“Call the Midwife” tour, and Chatham Dockyard</i>		July/August
October 15th	<i>Going to the dogs—Romford Stadium</i>		September
December 5th	<i>John Rutter Christmas Concert—<b>Evening Performance</b></i>		August/September

*... and finally*

Happiness doesn't depend upon who you are or what you have: it depends on what you think