



Hi everyone !

At last the sun shone and it appeared that those who attended our Summer Café had a very pleasant morning. We invited Barbara Cordina, (Trustee of East England Region u3a) to our Summer Café, and she spent the morning meeting Chiswell Green u3a members and chatting about things in general; she even won something on the Tombola.

On behalf of the Committee can we thank all those involved for making the morning a success.

Calling all new members to a New Members' Meeting

The committee would like to invite you for coffee and cake on Wednesday, July 19th at 10.30 (for about an hour) in the Orton Hall, Greenwood Park Community Centre. It will be a very casual affair and is an opportunity for all of us to put faces to names and ask/answer questions.

Also, if you joined the Chiswell Green u3a last year (March '22 to March 23) and you haven't been to a New Members' Meeting, please feel free to join us.

The Chiswell Green u3a Committee

Summer Café Menu

Tea, coffee or fruit squash
Scones and butter (plain or fruit with jam; cheese with cherry tomatoes)



This month's talk

The speaker for the meeting in July will be Howard Slater whose subject is Glenn Miller, his life story with slides and video.

HELP!

So far all attempts to find a new tutor for our very popular **Singing For Fun** group have led to nothing but disappointment. It seemed a pretty good prospect was found but this has proved unsuitable.

Now we are looking to our enterprising u3a members – there are 370+ of you – to see if anyone knows of a suitable person. It needs to be someone with the right skills to guide the group through singing warm-up exercises and follow the group's ethos of FUN in the choice of music.

Singing for Fun meets every other Friday afternoon for two hours and the choir leader would receive a fee for each session. All the administration, booking of venue, etc. will be dealt with by the group's joint organisers Val Orchard and Gerry Dillon.

The new committee member Sarah Duggan has now taken on the role of Interest Groups' Co-ordinator. If you know of anyone who might be a suitable leader for the singers, please do get in

Papercraft Group 1

It was a lovely sunny Wednesday in May as Papercraft Group 1 got together at Park Street Village Hall for what was sadly the last time.

Pauline Snoad alongside Dianne Knight took over the group in June 2016, which was then known as Card Making. Over the following seven years, the group produced more than 1,000 cards and various other papercraft items many of the cards were sold at the u3a monthly meetings. Originally the group made cards using techniques that included Stitched & Iris cards, Quilling, Stencilling, Stamping and many more. After a while it diversified to making Christmas crackers, tags & gift bags and various other paper and card items, so the group then changed its name to Papercraft to encompass these additional new techniques.

We have all learnt new skills and more importantly made good friends through this group. Sadly no one felt they could take over the running of the group at this time.

So a very big **THANK YOU** to Pauline for all her hours of hard work, ideas and inspiration that she brought to the group so successfully with Dianne's help for so many years.

We will all miss our monthly get together, but will all keep in touch, so thank you both Pauline and Dianne from all of us and we wish you both all our love for the future and time to now enjoy other interests.

Papercraft 1 Group



INTEREST GROUP

Refreshment

Rota

Jul. 6th	London Walks
Aug. 3rd	Papercraft
Sep. 7th	Photography 1
Oct. 5th	Needles & Pins
Nov. 2nd	Photography 2

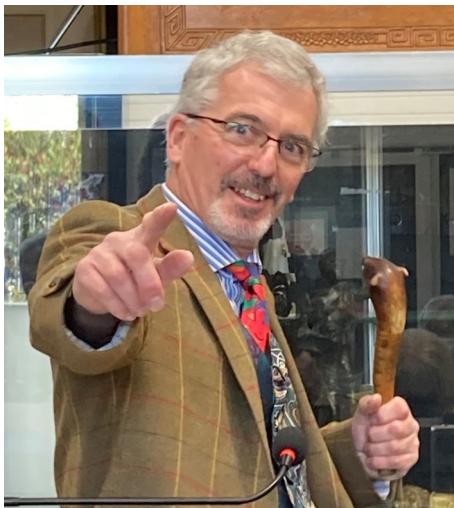




Antiques & Collectables

As we start our ninth year of Chiswell Green u3a I looked back at when I started the Antiques & Collectables Group - our first group all these years ago. We now have two such groups. I've really enjoyed being the group organiser of both - and made lots of new friends in the process.

We've had some wonderful trips to antique centres, houses of special interest and not forgetting the annual visit to Peacocks auction house, which Joy Dabson organises (thank you Joy). We've also welcomed some great guest speakers - including restorer Pauline Ashley, Dave Merry from the London Assay Office, Alan Goldsmith from the House on the Hill toy museum, and auctioneer David Palmer.



David Palmer and his wife Mary got this new u3a year off to a good start with a talk about fakes and forgeries that David comes across in his auctioning work. David gives talks to many groups - u3as, WIs, etc - but says he always looks forward to coming to Chiswell Green as he always gets such a friendly reception.

So I'm now looking forward to more successful years with my two Antiques & Collectables Groups. I hope the group members enjoy it as much as I do.

Pam Whitfield

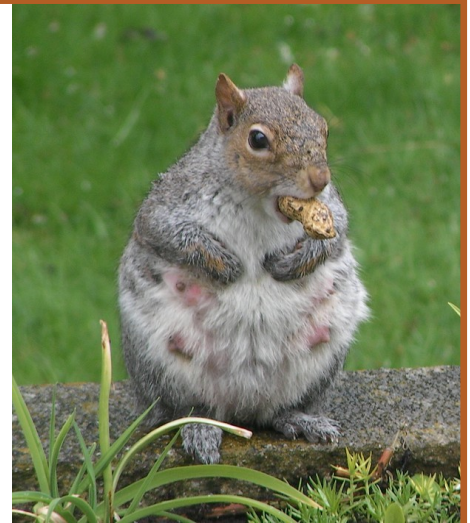
Thoughts for the day:

Children can see magic because they look for it.

No one is perfect, that is why pencils have erasers.

Photography 1 Group

This was one of the early interest groups to be set up when Chiswell Green u3a was first established. Here are a few of the members' photographs that have been taken over the years. If you are interested and want to know more, please contact Keith Williams via the CGu3a website. This group normally meet 3rd/4th Thursday in the month.



RIVIERA TRAVEL

It has come to our attention that Riviera Travel, featured in adverts in the Third Age Trust (TAT) magazine has a well established agreement with TAT which benefits u3as.

Riviera Travel is a well respected company which specialises in guided tours throughout the world. When making a booking with them, by advising that you are a member of a particular u3a then 10% of the total value of the booking will be paid to TAT, who will retain 1%, with 9% forwarded to your u3a. As this is an authentic business relationship between TAT and Riviera Travel, and it is a company which may already be used by some of the membership, we thought it would be worthwhile to draw your attention to this. There could be some benefit to Chiswell Green u3a.

CGu3a Committee



IMPORTANT: Please remember to have with you or wear your CG Membership card and, more importantly, an up to date emergency contact card, preferably kept together in lanyard.

Details of each event can be found in the Newsletter or on our website. Please note the month when tickets are available for trips. Purchase of tickets (cheques only please) can be made at our monthly meetings via Joy Dabson, Event Organiser.

Tickets: Chiswell Green u3a members ONLY for the first month when tickets for trips are on sale. Tickets for guests will be allowed in the second month when they are on sale. This is to avoid waiting lists for members when guests have taken up places. Tickets must be paid for on the day they are booked, with cheques made payable to "Chiswell Green u3a". Please write your membership number on the reverse. Cheques are paid into the bank as and when they are received, unless otherwise stated. If paying for more than one Outing by post, please send separate cheques for each event. Obviously, they can go in the same envelope.

If you wish to make a booking for an Outing, you can still do so by contacting the Events Organiser (Joy Dabson) by phone (01923 268018) or email (trips@chiswellgreenu3a.org.uk) or via our website. Payments should be made within seven days.

Pickup point: The coach will be in Tippendell Lane, at the entrance to Greenwood Park. Please be **prompt** – the coach will not wait. A driver's tip is included in the price of the Outing.

If you are unable to go on an Outing, or running late, please contact the Events Organiser by phone, up to 10pm the night before the trip (01923 268018) or by Event Mobile on the day of the trip (07824 671857). Please make a note of this number. If someone is able to take your place, you may be able to have a refund but this cannot be guaranteed. Ideas and suggestions for trips are always welcomed, and can be placed in the Suggestion Box on the signing table.

******Disclaimer:****** If you are participating in any Chiswell Green u3a trip or event, please read the Disclaimer below.

It is the personal responsibility of each member to decide on their own capability to participate in any trips or events organised by the Chiswell Green u3a. Chiswell Green u3a cannot accept any responsibility for your fitness to undertake a trip or participate in a group, event or journey. By committing to any activity you will be declaring that you are fit and able to participate in the said activity.

Another thought for today: Take the road less travelled and you will find joy

Wednesday July 26th 2023—COACH TRIP TO BRIGHTON

Selling July

Enjoy a day trip to Brighton. Bring your buckets and spades, wrestle with a deckchair, visit the Aquarium, Pier, Royal Pavillion and Gardens, Volks Electric Railway, British Airways i360 [all at own cost], or just wander around the iconic "Lanes", and have fish & chips at "Harry Ramsdens".



Depart Greenwood Park: 9.00am

Depart for home: approx 5.00pm

Cost: £22.00 (coach+driver's tip)

Thursday August 10th 2023—CHINNOR STEAM RAILWAY

Sold out/waiting list

Spend some time in Wendover and have lunch (at own costs) or picnic. Thursday is Market Day and the High Street offers Boutique Clothes shops and quaint Antique shops; there is a good selection of cafes, pubs and restaurants. Then we travel to Chinnor for a 1-1.5 hours round trip from Chinnor to Princes Risborough on a steam train. There will be time to visit the station shop and potter about and watch the train come in which departs at 3.45pm. Compartments are for our exclusive use for one complete round trip of the line. It also includes a cream tea.



Depart Greenwood Park: 11.00am
Wendover depart: 2.15pm

Depart for home: about 5.00pm

Cost: £35.00

PARKING: Could we please remind members not to park in either of the car parks at Greenwood Park if you are going on one of our trips. If parking in local roads, please park with consideration for the local residents, and if possible, car share to help ease the parking problem. Thank you.



Wednesday November 29th 2023 early evening

CHRISTMAS LIGHTS TRAIL AT KEW GARDENS

Selling August/September

Discover glittering tunnels of light, dancing lakeside reflections and trees drenched in jewel like colours. Don't forget to glimpse Father Christmas on the way. The light trail is approx 3km long, the route is on pathways. There are no covered areas so wear appropriate clothing and footwear. We have our own designated entry time, and our coach will drop off and pick up at the Elizabeth Gate. Along the route independent street vendors will offer tasty festive delights from hot food and sweet treats to special winter warmer drinks and hot chocolate. Victoria Plaza will be open all evening to buy gifts, treats, toys etc.

NOTE: ALL PAYMENTS AT KEW ARE CASHLESS/CARD ONLY



Depart from Greenwood Park and for home timings and cost to follow

Saturday January 13th 2024—THE MILL AT SONNING

Selling July

“HIGH SOCIETY” Matinee performance. Cole Porter’s classic feel good musical is based on *The Philadelphia Story* and the film starring Bing Crosby, Grace Kelly and Frank Sinatra. Full of songs you will know including “True Love” and “Who wants to be a Millionaire”. As usual the price will include a two course meal (several choices, help yourself main, waitress service dessert, coffee), theatre ticket, coach and driver’s tip.



Now open to family and friends

Depart Greenwood Park: 10.30am

Depart for home: approx 5.00pm

Cost: £84.00

PARKING: Could we please remind members not to park in either of the car parks at Greenwood Park if you are going on one of our trips. If parking in local roads, please park with consideration for the local residents, and if possible, car share to help ease the parking problem. Thank you.

... and finally

OLDER FAVOURITE THINGS

(author unknown)

Statins and eye drops and needles for knitting,
Walkers, soft loo roll and new handrail fittings,
Bundles of ‘Saga’ all tied up with string,
These are a few of my favourite things.

Physio and fixodent and false teeth in glasses,
Hot soup and bed socks and u3a classes
Sinatra and ready meals when microwave pings
These are a few of my favourite things.

When the bowels leak, when the joints creak,
When I’m feeling mad,
I simply remember my favourite things,
And then I don’t feel so sad.

Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Slippers and heat pads and hot meals they bring,
These are a few of my favourite things.

Back pain, confused brains and no need for sinnin',
Osteoporosis and hair that is thinnin',
Flatulence, and heart burn and a dose of Aspirin
We'll try to remember our favourite things.

When the feet ache, when the hips break,
When the eyes grow dim,
Then I remember my favourite things
And then I don't feel so grim.

Prostates and nodules, lumps and bumps, tumours
Fractures and haemorrhoids and no sense of humour;
Accidents and incidents and many car dings,
Please help me remember my favourite things.

Making the time for just one more sweet sherry,
Snoozing and snoring in front of the telly.
Singing together such happiness brings,
Helps you forget those least favourite things.

When the ears pop, when your heart stops,
When you're old and sad.
Simply remember the good life you've had
And then you will feel - so glad!

