# Chinnor & District

## In Case of Emergency

### ICE (In Case of Emergency) INSTRUCTIONS Android phones and iPhones

(Some smartwatches will do this if a fall is detected)

This feature will add a list of **emergency contacts** and medical information. including allergies or current medications, to be accessed by emergency services.

It is also possible to use the **Emergency SOS** feature to

- send the location to emergency contacts
- alert emergency services.

***iPhone***

All iPhones have a Medical ID option within the Health app and it is possible to make this information visible on the lock screen. (*See pictagrams in right hand column*)

**Step 1**: Open the Health app.

**Step 2**: Locate the Summary page by checking the bottom navigation bar.

Tap the profile picture in the top right.

**Step 3**: Select "Medical ID"

**Step 4**: Click edit (in the top right).

**Step 5**: Fill in all information and select emergency contacts. The emergency contacts need to already exist on the phone. When action complete, click done in the top right

To enable this information to be visible on the lock screen, make sure 'Show when locked' is switched on.

***Emergency SOS***

An iPhone can automatically contact emergency services and alert all of the emergency contact to the current location.

To use the Emergency SOS feature **in an actual emergency.**

1. Press and hold the side button *and* one of the volume buttons
2. Three sliders will appear on screen
3. Drag the Emergency SOS to the right.
4. If you continue to hold the buttons instead of using the slider, a countdown will start and an alert will play. If you are still holding down the buttons when the countdown ends, your iPhone will automatically call emergency services.

***Android ICE settings***

This can be set up in two ways

***Personal Safety app***

Personal Safety app may already be installed but it may need to be downloaded.

To edit emergency information

1. Open the Personal Safety app
2. Sign in to Google account
3. Select "Settings"
4. Select "Medical information" and add information
5. Select "Emergency contacts" and then "Add contact"

    1. Your emergency contacts need to already exist on the phone.

To enable information to be visible on lock screen, select 'Show when device is locked'

***From Settings***

Personal safety app is required

To access emergency information from Settings,

1. Go to 'Settings'
2. Tap 'About phone'
3. Tap 'Emergency Information'.
4. In the banner at the top of the screen, tap 'Update'.
5. Add information

To allow this information to be visible on lock screen, select 'Show when device is locked.'

***Emergency SOS***

Android phones have the ability to call emergency services, notify ICE contacts and can start recording video in an emergency.

1. Go to Settings
2. Select 'Safety and emergency'
3. Select "Emergency SOS'
4. Turn 'Use Emergency SOS' on
5. Select which actions to be performed
    1. Call emergency services
    2. Share location with emergency contacts
    3. Record video and share with emergency contacts

To trigger the Emergency SOS feature **in an actual emergency.**

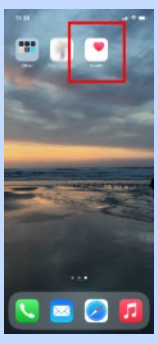
1. Press the **Power** button **five times or more**.
2. This will start a five-second countdown. It is possible to cancel if activated in error.
3. At the end of those five-seconds, the emergency actions will commence.

## Links

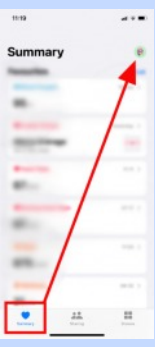
Return to Home Page

Return to Walking Groups Home Page

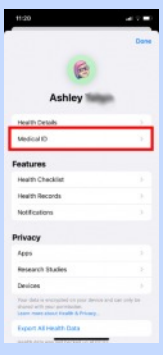
1



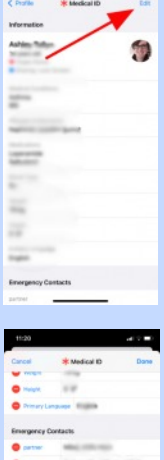
2

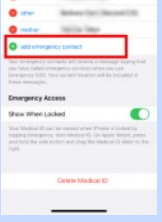



3




4




5