



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A
Charity no. 1150779

MEETING THURSDAY 26th May 2022

The speaker today is **Mary Smith, who** will be giving a talk entitled a **School Girls War**. Based on some historical artifacts found in tunnels below a school, where Mary was the Headmistress.

Next month's meeting will be on Thursday 23rd June. The speaker will be Gaye Illsley who will be speaking on the subject of Lasting power of attorney's LPA's.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Following an accident at a meeting, we would remind members to be very careful if carrying hot drinks.

**IMPORTANT PLEASE READ THE FOLLOWING REGARDING
RENEWING YOUR MEMBERSHIP.**

Cheshunt u3a Membership The membership year started on April 1st 2022.

Our annual membership fee remains unaltered at £12 per person or £8.50 if you pay your main membership to another U3A .

We will need your membership number of the relevant U3A, if choosing the latter amount.

If you wish to continue to receive a copy of the THIRD AGE MATTERS magazine there is an additional charge of £3 per year to cover postage costs.

*The membership fee will be **£15 and £11.50 respectively.***

In line with most other organisations in this current climate, we will no longer be handling cash.

The preferred method of payment will be an annual standing order payment or a credit card payment.

Membership Application forms and Standing order forms can be found on the website

www.u3asites.org.uk/cheshunt - **Welcome page** and click on the link **Membership**. Please return the form to a monthly meeting, or scan and email to the membership secretary.

Cheshuntu3amembership@gmail.com

If you have renewed and not received your new card these, can be collected at the main meeting.

The new membership cards have a red strip, any one with an old membership card will be none members after June1st.

Cheshunt U3A Groups

.NEW MEMBERS' GROUP Jan 01992 624868 Carole 01707 879773

Nothing planned this month.

ALMOST LOOSE WOMEN Carol Farren 01992629028 Ann Powell
01707889189.

Meetings on second Thursday of month. Unfortunately, the group is full and we are unable to accept any more members at present.

Afternoon Quiz and Tea Mary Hanney 01992 426341

Nothing planned for June.

ART APPRECIATION Clarice Pillar 0208 804 0900

I am sad to say I am temporarily suspending the Art Appreciation group, due to health reasons I can't organise anything at the moment. I am hoping I can get the group going again, so please be patient with me.

BADMINTON/TABLE TENNIS Stewart WAGSTAFF 07594475051

The group meets every Monday evening 7.15 to 9.15pm. The Venue is Goffs Churchgate Academy, College Road. The group is now full, if interested please contact.

BOOK CLUB Reading for Pleasure Carol HILL 01992 302722

This month's book, Still Life by Val McDermid. We all agreed that it was well written with a complex plot involving two investigations and well-developed characters. Some of us found it a bit of a plod, however. Our usual lively conversation was continued over lunch at Turner's Hill Cafe.

Next month we shall be discussing The Wisdom of Sally Red Shoes by Ruth Hogan.

BOLIVIA Peter HARRIS 01992429297 peterharris30@live.co.uk

Dates for Bolivia 6th and 20th June at 2pm. New members always welcome for a light-hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We are now back at St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

BRITISH SIGN LANGUAGE GROUPS Jacqui Fry 07745264787

Basic 6 x 45mins week sessions, to begin again in September, watch this space.

CANASTA/CRIB Alan SMITH 07775690119

Canasta/Crib dates are 30th May and 13th June at 2pm. At St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

CARD MAKING Barbara Hones. 01992 410160

This month we made Easter Stamp Cards and coloured in with paint pencils. An interesting and fun day was had by all. Group full.

CYCLE GROUP Stewart Wagstaff 07594475051

The group rides every Wednesday, at present there are six separate groups of various abilities meeting at various locations. Please make contact if interested. This week is the annual cycling holiday , and this year 23 cyclists are basing themselves at Warner Hotels Norton Grange on the Isle of Wight, where we will be exploring the island with pedal power!!

CRIBBAGE

Jenny Christian 01992 306859.

Unfortunately, this group is full at the moment.

Crib group held at 32 Mylne Close Tuesdays 2-4. No charge.

CURRY CLUB

Mary Hanney 01992 426341

Nothing planned for June.

DAY TRIPS BY COACH

Heather Douglas 07984 791184

The next coach trip is on Monday 18 July to the Norfolk Broads. Full details will be available at the meeting.

EXERCISE GROUP KEEPING FIT Mary Hanney 01992 426341

THERE WILL BE NO CLASS Thursday June 2nd.

Every Thursday. Laura Trott Sports Centre. registration 9.30am class will commence at 9.40am. cost £3. These sessions are run by fully qualified instructors, whose aim is to see that we have an enjoyable time, whilst trying to stay fit.

EXPLORING LONDON 1

Eileen FUNNELL 01992 422475

A few of the group had a most interesting visit to Docklands Museum in April. In May 9 members went to the V&A and saw the Beatrix Potter exhibition. Unfortunately our numbers are somewhat depleted on visits because of mobility problems.

Our next planning meeting has been delayed by a week in view of the Jubilee weekend. We will meet on Friday 10th June at the usual time of 10.15 at Cheshunt Free Church.

EXPLORING LONDON 2 Rosemary TRUNDELL 01992 621155

Our April trip was a visit to the Imperial War Museum in Lambeth. We had not been there for a few years and we were very impressed by the new galleries on the Holocaust and the 2nd World War. Too much to cover in a single visit.

Our forthcoming trips are as follows: -

Tuesday 14th June - Guided tour of the London Transport Museum Depot at Acton

Monday 11th July - Visit to the Garden Museum

We meet on the third Friday of the month from 1.00-2.00 PM at Cheshunt Free Church. Our next meeting will be on 17th June.

EXPLORING LONDON 3 STEVE GOLLOP 01992 629209

In May we visited The Vintners Company one of the City of London's oldest liveried companies which received its Royal Charter in 1363. It is one of the Great Twelve Livery Companies of the City of London. It has been on its present site since the 1400s. We had a very interesting and amusing tour led by the General Manager who kept us entertained throughout our visit. The Hall was holding a dinner that evening so we were able to see some of the table layouts with the numerous glasses for each course of the meal beginning with a champagne reception, four wines and finishing with brandy and port! The Company has close links to the City of London and its origins in the import, regulation and sale of wines and supports a number of bursaries and awards in the area of wine education. Unfortunately, we did not receive any wine samples. Over 500 years ago the Company was granted the privilege to own mute swans on the Thames and every July partakes in the ancient swan upping tradition and supports two swan sanctuaries on the Thames. The

Company owns one third of the swans on the Thames. We rounded our visit off by having lunch at the nearest Wetherspoons at the Tower of London.

Future Trips:

June 21 st - Superbloom at the Tower of London – £9.60p tickets have been purchased for this trip so we have now closed the list.

Please pay at either today's meeting or next planning meeting.

July – tour of Crossness Pumping Station – cost £16. This trip will have to be by car share.

There is free parking on site. Date to be arranged.

August – Thames River Boat Trip – Judith is researching this trip.

September – Tour of the Theatre Royal Drury Lane cost £18.50

October – Bank of England

Please remember to pay your £10 hall rental fee.

Next planning meeting – Wednesday 1 st June, 11.15am at Cheshunt Free Church, 27 High St. Cheshunt.

EXPLORING LONDON GROUP 4

STEVE SELL 01992 443012

The next planning meeting on Wednesday 8th June 2022 from 11.00am at St. Clements Church Hall. Limited parking in front of the Church.

In April we enjoyed a guided walk starting at Bermondsey Underground Station called 'Undiscovered London'. Interestingly Bermondsey was as I expected one of a few Jubilee line stations that scored no points in a recent final of the Pointless TV show – somewhat confirming its undiscovered notoriety. On leaving the station we started the walk in a typical East London Road with unsightly blocks of flats. Our guide then took us across the road and towards the river Thames where much more appealing housing and streets were the order of the day. We continued along the riverside

with lovely views of Tower Bridge in the distance, ending up in the lovely, preserved area known as Shad Thames and Butlers Wharf, with memories of use as docks when river traffic came up the Thames. Despite the strong winds on the day all the group enjoyed this walk

The following day we visited Canada Water for the Titanic Exhibition. This was a very interesting and emotive presentation particularly since it did not only delve into the tragic events leading up to the disaster, but it revealed the stories and memories of those caught up in the Titanic's one and only journey.

Future events:

Monday 20th June – Guided Tour of Theatre Royal, Drury Lane

Wednesday 13th July – Coach trip to Bletchley Park

EXPLORING LONDON 5

John DURRANT 01992 629215

On 30th April We enjoyed a fascinating visit to the Crossness Pumping Stations as part of Victorian London's sewage system designed by Sir Joseph Bazalgette and opened in 1865. The building, designed by Charles Henry Driver, is a grade 1 listed industrial heritage site and a masterpiece of 19th-century engineering, architecture and design. It features spectacular ornamental cast ironwork which has been described as "a Victorian cathedral of ironwork". Our guide was extremely knowledgeable and enthusiastic and the visit exceeded all our expectations. We thoroughly recommend it to members as well as to other Exploring London groups.

On May 9th we travelled by coach to Windsor for a fun filled day. The sun shone, the Royal Standard flew on the Round Tower, the M25 and M4 cooperated fully, and the group enjoyed the full range

of activities on offer. 18 members chose to visit the Castle, where the Dolls House, the State Apartments and St George's Chapel were toured, guided by Multimedia headphones and screens. Windsor Castle is the oldest and largest occupied castle in the world. Founded by William the Conqueror in the 11th century, it has since been the home of 39 monarchs. Today The Queen spends most of her private weekends at the Castle.

Also on offer and enjoyed by many were open topped bus rides around Windsor, self guided walks around the town, strolls in the Great Park, once a hunting ground for Henry VIII, River boat trips, Riverside walks and a stroll over the river to Eton College. Some of the group took advantage of the exclusive shopping opportunity, and many ended up in Wetherspoons for a refreshing and reviving lunch. After a busy day enjoying as many of the delights of Windsor as we could, we journeyed home vowing to return to take full advantage of the 12 months annual pass that the Castle ticket offers.

Future visits:

Wednesday 15th June - Blue Badge Guided Walk - Alleys of the east

Monday 4th July - Cambridge tour (including a college) **note change of date.**

Our next planning meeting will be on Tuesday 14th June 2022 at 10.00 at the Beaumont Centre.

FAMILY HISTORY Rena KING 01992631826 rena.barry@sky.com

Please note we meet every Third Monday of the month (but not on a Bank holiday) and our next meeting is on MONDAY 20TH JUNE from 2-4pm at TESCO'S COMMUNITY ROOM, BROOKFIELD CENTRE STORE.

All welcome to come along and learn about new and update information now available for all family historians.

GARDEN VISITS

Pat DIXON 01992 766832

We visited Leeds Castle on Thursday 12 May, finally leaving Cheshunt a little late due to the awful traffic around the Old Pond. We arrived on time and were met by our garden guides who took us round the woodland walks and formal gardens. The castle was very interesting to walk around and its setting in the parkland and moat was beautiful.

WIMPOLE ESTATE. Cost £33 (National Trust members £16).

Leaving Cheshunt Old Pond at 9.30am on Thursday 9th June.

HEVER IN BLOOM. Cost £38. Leaving Cheshunt Old Pond at 9am on Wednesday 22nd June.

HOLIDAY with Cheshunt U3A Mary Hanney 01992 426341

I have further details available today, please come and see me at my table.

LINE DANCING (Broxbourne U3A) Lesley CASSON 01992 445938

This group is now full and we can't take any new members for the foreseeable future.

MODEL MAKING

Jack SNARY 01992 638046

The group meets on the first Wednesday of the month at **2 pm in the Crocodile pub.**

Members interest cover Plastic kits, dolls houses - aircraft - trains - boats -

war gaming – fair ground rides and vehicles.

Our June meeting Subject will be, **It's All About the Paint**

The July Meeting Subject will be, **Steaming along**

MORNING WALKS

Rob SCOTT 01992 445288

Our next walk will be at 10.00am on Tuesday 7th June from The George and Dragon, 82 High Street, Watton at Stone Herts. SG14 3TA. It will be a 5.5 mile circular walk that we have done before and is one of fields, woods and views.

DON'T FORGET, THAT A WALK LEADER IS REQUIRED FOR TUESDAY JULY 5TH. I HAVE MAPS/MAP CASE FOR ANYONE TO BORROW SHOULD THEY SO WISH.

MUSICIANS UNITED

Peter HARRIS 01992 429297

We are back meeting weekly on Mondays at 10am. To date we have 12 members, Saxophonists, Clarinets, Keyboard, Bass guitar and rhythm guitar, percussion and trumpet. Playing mainly Jazz please come along. The standard varies greatly St. Clements Church, Cheshunt Wash EN80LU.

MUSIC IN THE AFTERNOON

Peter HARRIS 01992 429297

27th May and 10th and 24th June at 2pm. Bring along a CD of YOUR choice. Anything goes, pop, classical, jazz even Heavy Metal. Venue St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

OUT TO LUNCH GROUP

Mary Hanney 0199 426341

Nothing planned for June.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

The group met for an informal chat about all things photographic on 13 April. Our next meeting will be held at the Crocodile Pub on Wednesday 8 June at 2pm.

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RACKETBALL Adrian Turnham 01992 413144 Mob 07944 380453.
This is a potential new group. At the last meeting 10 people showed an interest in this new group. Hopefully it won't be long before taster sessions take place. If you would like to try this sport contact Adrian direct or email on aytturnham@gmail.com

RUMMIKUB Peter Harris 01992429297
Current dates 27th May, 10th and 24th June at 10.15am. Back at St. Clements Church, Cheshunt Wash EN8 0LU.

SAILING Teresa LEAVY 01438 223860
We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. The group is currently full, but give Teresa a call so she can update you on the latest situation. The sailing group is run via Hertford U3a but draws its members from several local U3a's.

SATURDAY LUNCH GROUP Jim Reid 01992 629997
The group is now being led by Jim Reid, so hopefully the group will continue to flourish.

SEW KNIT PATCH & CHAT dandc@hewkin.com
Chris Hewkin 01992625709
We meet at St. Clements Church Hall (park in Hillview Gardens opposite) every 1st and 3rd Thursday of the month from 2-4pm. so bring along your handiwork, swap patterns and ideas and have a good chat and a cup of tea.
NB. No meeting on June 2nd as it is the Jubilee. Hope to see you on 16th

SHORT MAT BOWLS

Mary Hanney 01992 426341

Friday 10.30 to 12.30 at Laura Trot Centre, Interested contact Mary

SHORT WALKS

Andy Smith 07930 356 976

May Walk:-16 Short Walkers met at Rye House car park for a walk around the RSPB Rye Meads sanctuary, Where we hoped to see Kingfishers, Oh well maybe next time !we walked for 2.5 miles around the site and next door on the Herts Reserve and then most of us adjourned to the Rye House Pub only to be met by the least hospitable bar person I have ever met. there were around 6 existing customers and we were told any food would take at least 45 mins and longer if we all ordered. We were also instructed not to move any chairs and asked why we had not booked. Needless to say we all left and I would give them a trip advisor score of 0 !

June Walk will be on Fri 10th June, Meeting at Pindar Car Park (EN8 9AJ) Parking Fee on return 10:15 for 10:30 and Walking to Broxbourne, and bus or train back to Cheshunt For those of us that have done our other Lee Navigation Walks this will complete our Cheshunt to Hertford Walk ! Well done us !

July Walk will be on 15th July due to holiday for myself and Linda, Details next month

SPANISH

Christine DAWSON 01992

620888Can you speak Spanish? Are you willing to help our small friendly group practice our conversation skills - or lack of them! If you can help us please contact me. Muchos gracias

SINGING FOR FUN Jim 01992 629997 Janet 01992 425675

The Singing for Fun Group meets on a Monday at 2. 00pm. We sing along to recordings of original artists from the 60s, plus Country, Abba, Carpenters, Beatles and lots more.

We now have 90 songs and counting. Books of lyrics are supplied and we even stop for a cup of tea and a biscuit and all for £2.0. No Singing on Monday 30th May.

THEATRE GROUP Jackie Yeardye's 07939149997 and Doreen Leggett

Our first trip to the theatre since the pandemic took place on Thursday 19th May, and we had a full coach apart from a few last-minute cancellations., due to unforeseen circumstances. Hopefully everyone enjoyed the show.

We will be visiting the Cliffs Pavillion in Southend on the 25th June to see Lord of the Dance, list now complete.

We are now taking names and payment for Joseph and the Amazing Technicolour Dreamcoat for the 14th September, at Milton Keynes Theatre.

Details of future bookings will be available shortly.

WALKING FOOTBALL John DURRANT 01992 629215

We play on the Astroturf pitch at the Laura Trott Centre. We meet on Fridays 2 – 4 pm and the cost is £4 per head. Rules are simple and the aim is for the games to be both sociable and fun. If interested please make contact by phone or at the monthly meetings.

WALKING NETBALL Jacqui Fry: 07745264787

We have both men and women in our group and some who have not played netball for 50 years! It is a fun session and available for all ages. If you want something different to get you moving and most of all have fun.

WATERCOLOUR GROUP

Jack SNARY 01992638046

This group has now joined forces with Broxbourne U3A

The Broxbourne Art Group meets in the Bollescroft Main Hall from 10:00am to 1:00pm, Monday's. (Bollescroft is the building in the car park next to the Spotlight). The cost is £4 per meeting and includes tea, coffee and biscuits - Car parking is free

ZUMBA GOLD

Trudi Marrion. 07702262904,

After a short break classes re-commenced on Tuesday 24th May 2022. If you are interested in joining the group for a fun filled hour of music and exercise/dancing please text the number above with you U3A no.

GROUP SHARING *If interested please use contact details.*

Discussion Ann Sims 01992 465629

Embroidery Margaret Cramphorn 01992 441327

Gardening 1 Geraldine Stone 01992 442609

Jazz appreciation Terry Riddell 01920 463745

Reading For Pleasure Rose White 01992 621436

Shakespeare Group Lee Rayner 01992 456383

Short Mat Bowls Bob Finning 01992 632628

Tai Chi Ann Glover 01992 499808

Golf Steve Shirley 01992 893037

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

TRUSTY TRADER BOOK This is kept on the information table to view. The trades people listed have done work for our members who feel they can recommend them. However we can offer no guarantees and suggest you use lists as guidance only and do your own research.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Splash your cash on our popular raffle.

Raffle prizes for the monthly meetings have to be collected as the winning numbers are drawn, or they will be redrawn.

How to get onto CHESHUNT U3A FACEBOOK GROUP

It's easy to join just open an account with Facebook it's free. Once signed up open Facebook, press menu bottom of screen, press group, enter Cheshunt u3a in search groups top of screen. A message appears (see results for Cheshunt u3a) press this.

COMMUNITY NEWS

The groups listed below are independent and not operated under the U3A banner.

Adult Ballet Class 01992 622862 (ask for Jayne)

Every Thursday 12.00 noon to 1pm for adults of all ages! An hours class of gentle ballet moves to improve your posture, flexibility and balance. All in a fun filled atmosphere at The Valle Academy Studios, Wilton House, Delamare Road, Cheshunt, Herts, EN8 9SG . No experience required. Each class is £5.00.

PILATES

Becky Ashman 07964 631780

We meet every Friday morning, 12 – 1pm at the Cheshunt Football Club, Theobalds Lane, Cheshunt. A friendly group with a qualified tutor , who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

CHAIR BASED KEEP FIT

Mary Hanney 01992 426341

NO CLASS ON 14th June

Cheshunt Free Church. High Street Cheshunt. Every Tuesday 11am – 11.45 am Cost £3.

KNIT and NATTER

Mary Manning 07795146461

Now **every** Tuesday at the Royal British Legion, Crossbrook Street. From 1pm to 3pm. Cost £1 including refreshments.

BINGO AND SCRABBLE

Celia Carne 01992 633241

Every Monday and Wednesday 1.30pm : Beaumont Centre. Rowlands Fields, Turners Hill, Cheshunt. The Scrabble Group hopes to get going in the near future.

Whit Hern Bowls Club.

Christine Sharp. 07903 022054

If you wish to come along and try, in a friendly and relaxed atmosphere, on a Wednesday which is our club night there is no dress code, just wear flat soles shoes.

We will also be holding a Big Bowls Weekend on May 27th. All are welcome.

TAI CHI

AARON aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class from 2 to 3pm OUTDOORS
Come along and try it out for free, £2 per class after that. Classes are held every Wednesday.

Cheshunt Outdoor Bowls

Roy Padgham 079136753379

Top of Albury Ride

We will be holding three open fun days on May 1st, 28th and 30th @ 11am - 2pm. All are welcome to come along and try .

A request for school readers

The U3A has received the following request from Victoria Dunlop, head of the scheme, *visit us at www.schoolreaders.org if you are interested in helping.*

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme).

Members' information held by Cheshunt U3A will not be disclosed to any third party.

Could you be interested in helping our U3A ?

All committee members give their time freely , to make our U3A the success it is. If you feel you could spare some time to help out, please come forward. Perhaps just sitting in at a committee meeting would be a good start. Contact anyone on the committee if you feel you might be interested.

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE SELL	01992 443012
VICE CHAIRMAN	STEWART WALTER	01992 631592
TREASURER	ROB SCOTT	01992 445288
SECRETARY	CHRISTINE LUFF	01992 621543
ASS SECRETARY	STEWART WALTER	01992 631592
MEMBERSHIP SEC	CHRISTINE DUGDALE	07989655983
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
PROGRAMME PROD	STEWART WAGSTAFF	07594475051
ASS PROG. PROD	JOHN DURRANT	01992 629215
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215
SAFEGUARDING	JACQUI FRY	07745 264787
COMMITTEE MEMBER	MALCOLM LUFF	01992 621543
COMMITTEE MEMBER	ANDY SMITH	07930356976

