



CHESHUNT u3a

Registered Charity No. 1150779

Happy New Year and
Welcome to 2023

MEETING THURSDAY 26th JANUARY 2023

This month's talk will be given by Martin Lloyd, writer, broadcaster and speaker, on 'Becoming a Famous Author'. A step by step exposé on what he had to do to get his first book published.

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Next month's meeting will be held on Thursday 23rd February 2023. The speaker will be Andrew Baker, 'Reliving our own story'. A portrait of a society unrecognisable from the bankrupt and exhausted Britain of 1945. Andrew is an acclaimed cruise ship lecturer, having a particular interest in social, cultural and political changes since WW1.

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Monthly meetings will usually be held on the **fourth Thursday** of each month at **1:30pm** at the LAURA TROTT CENTRE. **Please note the Hall doors to the u3a Meeting will not open until 1:30pm. The main Meeting will commence in the Hall by 2:30pm.**

Meeters and Greeters this month are from **Walking Football**.

MEMBERSHIP CARDS

When attending the monthly meetings, please bring your membership card along to book yourself in at the respective desk. Please also take it to any group meetings, as the group leaders will want to keep their own records.

VISITORS

A Temporary Membership Fee of £2.00 is charged to visitors and a dated receipt will be given. This confers all the advantages of Cheshunt u3a membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Ⓟ PARKING PERMITS - LAURA TROTT LEISURE CENTRE - MONTHLY MEETINGS

The **current parking permits** for the u3a monthly meetings are valid until **31st March 2024**. New permits are available for collection, at the New Members table, **today** and at the regular monthly meetings, excluding the December meeting. It will now be necessary to **add your Vehicle Registration Number** in the space labelled 'Permit Number'.

*** Splash your cash on our popular raffle ***

Raffle prizes for the monthly meetings have to be collected as the winning numbers are drawn or they will be redrawn.

REFRESHMENTS TABLE

Tea, coffee and biscuits are available until **2:30pm** during the main monthly meeting.

SAFETY NOTICE

Following an accident at a meeting, we would remind members to be very careful when carrying hot drinks.

*** IMPORTANT ***

PLEASE READ THE FOLLOWING REGARDING **MEMBERSHIP RENEWAL FOR 2023**

Cheshunt u3a Membership Renewal Dates

Thursday 23rd February 2023 - Main Meeting

Thursday 9th March 2023 - Laura Trott Leisure Centre 1:00-4:00pm

Thursday 23rd March 2023 - Main Meeting

The membership year starts in April each year.

Our annual membership fee remains unaltered at **£12.00 per person or £8.50** if you pay your main membership to another u3a. We will need your membership number for the relevant u3a, if choosing the latter amount.

If you wish to continue to receive a copy of the THIRD AGE MATTERS magazine there is an additional charge of £3.00 per year to cover postage costs.

The membership fees will then be £15.00 and £11.50 respectively.

In line with other organisations we no longer handle cash.

The preferred method of payment will be an annual standing order payment or a credit/debit card payment.

Membership Application forms and **Standing Order forms** can be found on our website www.u3asites.org.uk/cheshunt - Welcome Page then click on the link 'Membership'. Please return the form at a monthly meeting, or scan and email to the membership secretary on Cheshuntu3amembership@gmail.com.

If you have renewed and not received your new card it can be collected at the main meeting.

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CHESHUNT u3a Committee and AGM

As I hope most of you are already aware, our Cheshunt u3a is run on a voluntary basis by members, for the members. It is members who give their time to lead or assist with groups and also to serve on the committee. Our **AGM** will be held at the **April** meeting when a new committee will be elected.

Some of the current committee have served for several years and are considering standing down. New blood and ideas are always welcome, so if you want to give something back to **your u3a** and help the continued successful running then why not consider joining the committee?

If interested please contact any of the committee members either at the monthly meeting or on the numbers given in this programme. We would be happy to explain the various roles and give you advice and information to make a decision ahead of the AGM. **Remember, without your help there is no Cheshunt u3a.**

Stewart Walter (Vice Chairman)

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CHESHUNT u3a Website

For years we have been using the u3a 'Sitebuilder' format to display all the events we run. We now feel it is time for a much-needed change, using an up to date Website Builder. We have a few sites in mind, but would value input from any of our members who may have a good working knowledge of site building. If you are interested, please give me a ring on **07941 551102** or email me at **peterharris1@sky.com**.

Peter Harris (Webmaster)

GROUP LEADERS - PROGRAMME / NEWSLETTER ENTRIES

**February's Programme / Newsletter Copy is required by Close
Of Play on Tuesday 14th February 2023. Please email copy to**

cheshuntu3aprogram@hotmail.com

Cheshunt u3a Groups 2023

NEW MEMBERS' GROUP

Jan 01992 624868
Carole 01707 552361

So, you've taken the step to start 2023 with joining the u3a – and to assist you in getting as much as you are able from what the Cheshunt group has to offer, we shall be in the Laura Trott Café at **10:30am on Monday 30th January 2023** for a chat and a coffee.

AFTERNOON TEA & QUIZ

Mary Hanney 01992 426341

Our next quiz is on **Tuesday 31st January 2023**. Halsey Masonic Hall, Cheshunt. Time **2:00pm**, cost £1.50. Tea/Coffee paid to Masonic Hall £1.50.

ALMOST LOOSE WOMEN

Carol Farren 01992 629028
Ann Powell 01707 889189

Meetings on **second Thursday of month**. Unfortunately, the group is full and we are unable to accept any more members at present.

BADMINTON/TABLE TENNIS

Stewart Wagstaff 07594 475051

The group meets **every Monday evening at 7:15pm to 9:15pm**. The Venue is Goffs Churchgate Academy, College Road. We have two Badminton courts and three TT tables. This is a social group and the abilities within the group are quite wide! If interested please make contact.

BOOK CLUB Reading for Pleasure

Carol Hill 01992 302722

We met at Toni's place for a change this month. Instead of discussing a particular book, we had all been reading our own choices over the festive period. As each of us spoke about the books we had enjoyed most, it quickly became apparent we now have a diverse list of really good books to read and discuss more fully over the next few months. Book chat turned into general chat over a buffet lunch followed by yummy offerings provided by group members. Next month we shall be discussing a selection of mystery novels provided by the library, after which we hope to get back to all reading and discussing the same book.

BOLIVIA Peter Harris 01992 429297 peterharris30@live.co.uk

Dates for Bolivia **30th January and 13th February at 2:00pm**. New members always welcome for a light-hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We are at St. Clements Church, Cheshunt Wash EN8 0LU, opposite Hillview Gardens.

BRITISH SIGN LANGUAGE GROUP Jacqui Fry 07745 264787

This is a six week beginners course of basic sign language for those who are hard of hearing, want to try something different or just for fun. Please call Jacqui for further information on 07745 264787. Starts **Tuesday 7th February 2023 at 3:00pm**. Attending the first session is essential. The ATTIC, Rags Lane, Cheshunt, EN7 6TE.

CANASTA/CRIB Sylvia Lyons, 07851 055346

Canasta/Crib dates are **Monday 6th and 20th February at 2:00pm**. At St. Clements Church, Cheshunt Wash, EN8 0LU, opposite Hillview Gardens.

CARD MAKING Barbara Hones 01992 410160

Please note my group is now full.

COACH TRIPS Heather Douglas 07984 791184

The Xmas boat trip in Windsor was enjoyed by all and the meal was excellent.

The next trip is a day shopping in Milton Keynes on **Tuesday 21st February**. Payment is due at the January meeting. There are still a few seats left on the coach.

CRIBBAGE Jenny Christian 01992 306859

Unfortunately, this group is full at the moment. Cribbage group held at 32 Mylne Close. **Tuesdays 2:00pm to 4:00pm**. No charge.

CURRY CLUB Mary Hanney 01992 426341

Thought we would start the year off with a visit to Mai Thai in Cheshunt. Please see me for further details.

CYCLE GROUP

Stewart Wagstaff 07594 475051

We now turn out around 40 riders **every Wednesday morning!** The riders have a mix of electric and conventional bikes. At present there are six separate groups of various abilities meeting at various locations. Most groups aim to stay off road on decent tracks within the Lea Valley, venturing further afield at times on quiet roads and cycle lanes. If interested please get in touch. Cheers Stewart

EXERCISE GROUP KEEPING FIT

Mary Hanney 01992 426341

Every Thursday Laura Trott Sports Centre. Registration **9:30am** class will commence at **9:40am**, cost £4.00. These sessions are run by fully qualified instructors, whose aim is to see we have an enjoyable time, whilst trying to stay fit.

EXPLORING LONDON 1

Eileen Funnell 01992 422475

We had an enjoyable Christmas lunch at Kingsmead. Unfortunately we have nothing planned at the moment due to the uncertainty with the rail strikes.

Our next Planning Meeting is on **Friday 3rd February at 10:15am** (sharp) at Cheshunt Free Church, when we will have the postponed safety talk from Louise of Hertfordshire Fire Service.

EXPLORING LONDON 2

Rosemary Trundell 01992 621155

In December 18 of us had a most enjoyable Christmas lunch at the Highland Restaurant in Broxbourne.

Our first outing of the New Year was to the Tate Modern via a wet and windswept Millennium Bridge. Some of us joined one of their free tours of modern sculptures looking at the inventive ways in which artists use diverse materials, which was most instructive. We came to the conclusion that when visiting these huge galleries it is only possible to view a very small proportion of the total contents on a single visit.

Our forthcoming trips are as follows:-

Wednesday 8th February - Visit to V&A Museum.

Monday 6th March - Guided tour of Mercers' Hall.

We meet on the **third Friday of the month** at Cheshunt Free Church. Our next planning meeting will be on **Friday 17th February at 11:00am**.

EXPLORING LONDON 3

Steve Gollop 01992 629209

The group's December trip was by coach to the Dickensian Christmas Festival and market in Rochester. On a chilly day we enjoyed a parade of Dickensian characters along the High Street and visited the Christmas market selling arts, crafts and artisan foods in the grounds of the castle. The day was rounded off with a Carol service in the Cathedral, a good start to the festive season.

Our forthcoming trip is:

Tuesday 7th February – Merchant Taylors' Hall. Travel arrangements to be agreed at the February planning meeting.

Next planning meeting is **Wednesday 1st February 11:15am** at Cheshunt Free Church 27 High St. Cheshunt.

EXPLORING LONDON 4

Steve Sell 01992 443012

The next planning meeting will be on **Wednesday 8th February 2023 from 11:00am** at St. Clements Church Hall. Limited parking in front of the Church.

At the end of November, we enjoyed a guided tour of the National Gallery with Simon Whitehouse, an award-winning blue badge guide - when he's not acting. There are so many fine paintings to see in the National Gallery that the selection chosen on any visit is bound to be different. As in our previous visit we started with the earliest painting, the Wilton Diptych, painted for King Richard II of England at the end of the 14th Century. After this however we spent some quality time visiting entirely different paintings with our expert guide.

Then in December we enjoyed an evening visit by coach to the Christmas light trail at Windsor Great Park. Fortunately, although cold there had been no rain which helped as parts of the trail went through woodland. The projections of animals through the woodland were very effective, as were the sparkles of fireflies, luminous beacons, and dancing fairies. The huge lake was alive with flood-lit fountains and glimmering reflections and the talking tree at the end of the trail was very clever.

We followed this next week with a daytime Christmas food themed walk around London with our guide Ann. She beguiled us with stories about geese, turkeys, grand puddings, and mince pies. Finally, of course there was the infamous Brussel sprout which received mixed comments from her audience! We were each issued with our own sprout at the end of the walk; a small chocolate one however!

Future events:

Friday 10th February – The lure of the Underground guided walk Down the Tubes. 160 Years of engineering and artistry from the inside. See things you've seen but not seen. Things you've not registered, not understood, not made sense of. Some of the walk is outside but a lot of it's down the Tube: inside stations, on platforms, in trains.

Tuesday 14th March – Highlights tour of the London Docklands Museum. A curator led tour around the museum with the option of a self-guided visit to the Executions exhibition for an additional charge.

Tuesday 21st March – Visit to London Canal Museum, together with an ice cream making demonstration.

EXPLORING LONDON 5

John Durrant 07515 971162

Future visits:

Tuesday 21st February - Royal Opera House - Behind the Scenes Tour

Thursday 9th March - V&A Museum - Guided Highlights Tour

Next Planning Meeting will be on **Tuesday 14th February 2023** at **10:00am** at the Beaumont Centre.

FAMILY HISTORY

Rena King 01992 631826

Please note that we meet every **third Monday** of the month (but not on a Bank holiday) and our next meeting is on **Monday 20th February 2023 from 2:00-4:00pm** in the Tesco Community Room, Brookfield Centre Store. All welcome to come along and learn about new and updated information now available for all family historians.

GARDEN VISITS

Pat Dixon 01992 766832

Do come and see me at my table for details of garden visits for this year.

HOLIDAY with Cheshunt u3a

Mary Hanney 01992 426341

Norton Grange **13th March 2023**. Due to unforeseen circumstances I now have one Twin/Double room available please see me ASAP if interested.

Further details now available for March Holiday. See next page.

Pick ups: Cadmore Lane 8:15am. Outside Lloyds Bank 8:30am. Please advise me of your pick up place and contact details in case of emergency ASAP.

There will be three excursions whilst we are away.

Tuesday 14th March - Half Day. To Be Advised.

Wednesday 15th March - Full Day. Osbourne House (for those wishing to visit please note the entrance fee is £19. Free for English Heritage Membership holders) for members not wishing to visit Osbourne House, there is a trip into Cowes.

Thursday 16th March - Half Day. Sandown and Godshill. Please note all excursions are subject to change (i.e. weather conditions).

Gunton Hall 7th **August 2023** currently fully booked.

LINE DANCING(Broxbourneu3a) Lesley Casson 01992 445938

We meet on **Monday and Friday mornings** at Wormley Community Centre. The group has been running for several years so is not suitable for beginners.

MODEL-MAKING Jack Snary 01992 638046

The group meets on the **first Wednesday** of the month at **2:00pm** in the Crocodile Pub, College Road, Cheshunt EN8 9NQ. Members' interests cover plastic kits, dolls houses, aircraft, trains, boats, war gaming figures, fair ground rides and vehicles.

Wednesday 1st February meeting subject will be "What every Army Needs!"

Wednesday 1st March meeting subject will be "The power of wind".

MORNING WALKS Rob Scott 01992 445288

Our walk next month on **Tuesday 7th February**, will be out of county, but also one that we have done before. It will be a circular 5.5 mile walk from the Woodbine pub, Honey Lane, Waltham Abbey. EN9 3QT, which will open it's doors at **9:30am** for us to pre-order our lunch from their very good menu.

We will head south along Rifle Butts Ride to Flagstaff Hill and then turn north east on to Verderers Ride to the 'Big View' viewpoint. Continuing in the forest, we will walk the ancient Lodge Road - a site of scientific interest - and then onwards to pass Copped Hall - built in 1750, but burned out in 1917. It is well worth a day's visit (as a

number of our walkers can tell you). After turning south, we will go beneath the M25, along Bluebell Lane and walk west beside Woodridden Hill, back to the pub. Wonderful!

For those in Cheshunt, the direct route is via Waltham Cross, Eleanor Cross Road (A121) to the roundabout by Junction 26 of the M25 and continue to the pub on the left hand side. It has space for about 15 cars, but please park considerately: there is a payable public car park opposite. For those living north of Cheshunt, DON'T try to get to the start via Broxbourne as the road is closed at the station.

Call me on **075944 27190** for problems getting to the start.

MUSICIANS UNITED

Peter Harris 01992 429297

We meet **weekly** on **Mondays at 10:00am**.

To date we have 12 members, Saxophonists, Clarinets, Keyboard, Bass guitar, rhythm guitar and percussion. We play mainly Jazz. Please come along. The standard varies greatly.

Venue St. Clements Church, Cheshunt Wash EN8 0LU, opposite Hillview Gardens.

MUSIC IN THE AFTERNOON

Peter Harris 01992 429297

Yes, it is back!! Current dates **3rd and 17th February at 2:00pm**. Bring along a CD of YOUR choice. Anything goes, pop, classical, jazz even Heavy Metal

Venue St. Clements Church, Cheshunt Wash EN8 0LU, opposite Hillview Gardens.

OUT TO LUNCH GROUP

Mary Hanney 01992 426341

Please see me at my table for date, venue and menu for our February lunch.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

Our group meets at the Tesco Brookfield Community Room on the **second Wednesday** in every month. Teas and coffees will be provided courtesy of Tesco. Do see me at my table at the main meeting if you are interested in joining our friendly group of amateur photographers. Our next meeting will be on **Wednesday 8th February at 2:00pm** where we will be doing some still life photography.

RUMMIKUB

Peter Harris 01992 429297

Current dates **3rd and 17th February 2023, all on Fridays at 10:15am.**

Back at St. Clements Church, Cheshunt Wash EN8 0LU, opposite Hillview Gardens.

SAILING

Teresa Leavy 01438 223860

We sail **every Tuesday** at Broxbourne Sailing Club as part of Hertford and District u3a Sailing Group. The group is currently full, but give Teresa a call so she can update you on the latest situation.

dandc@hewkin.com

SEW KNIT PATCH & CHAT

Chris Hewkin 01992 625709

WE NEED NEW MEMBERS TO BE VIABLE!!! We meet at St. Clements Church Hall on every **first and third Thursday** of the month from **2:00-4:00pm**, so bring along your handiwork, swap patterns and ideas and have a chat and a cup of tea and lots of laughs. (Please park in Hillview Gardens opposite.) Our next meetings will be on **Thursday 2nd and 16th February 2023.**

SHORT MAT BOWLS

Mary Hanney 01992 426341

Fridays 10:30am to 12:30pm at the Laura Trott Centre. £4.00 per session or £3.70 if "Friends of Civic Hall". If interested contact Mary.

SHORT WALKS

Andy Smith 07930 356976

15 Short Walkers met at Pindar Car Park for a walk to the White water Centre on a beautiful sunny winter's day. We enjoyed refreshments at the centre before returning to Pindar.

Next Walk will be on **Friday 10th February**. Meet and park in Huntingdon Close (Sat Nav EN10 6DR) opposite Wormley Free Church. Take 310 Bus to Hertford Regional College then walk 300 yards towards Broxbourne, arriving at 10:15 for 10:30. Walk of approx 2.5 miles. Refreshments and Toilets available at Wormley.

I will not be able to lead the 10th March and 14th April walks as I am having a knee replacement on the 21st February. If anyone is willing to lead the group for **March and April please contact me**. If there is no one, I suggest the group meets at Pindar on those dates for a non-led walk to the White Water Centre and back.

SINGING FOR FUN Gill 01992 463134
Janet & Barry 01992 425675

We meet **every Monday** at the United Reform Church in Cheshunt High Street, EN8 0BS, from **2:00pm to 3:30pm**.

We are not a choir we just have a good sing song as singing is good for you. We have all sorts of music including Country, 60s, and music from the shows etc. Fee is £2.00 and you also get a cup of tea with biscuits.

SPANISH Christine Dawson 01992 620888

Can you speak Spanish? Are you willing to help our small friendly group practise our conversation skills - or lack of them! If you can help us please contact me. Muchos gracias.

THEATRE GROUP Jackie Yeardye 07939 149997

The group enjoyed a very successful Christmas outing to Hunters Meet on the 21st December, 45 of us enjoyed a 4 course meal, with afternoon entertainment. The food was good and the music and dancing enjoyable.

The trip to Southend in March to see Strictly Ballroom is oversubscribed and there is a waiting list. Payment is due at the January Meeting. If payment is not received and no contact has been made, I will be offering the places to those on the waiting list.

Doreen Leggett is no longer able to help with the group and Irene Barnard has offered to help with the Administration from February.

I wish you all a Happy and Healthy New Year. 07939 149997 Mobile or 01992 30703 Home.

WALKING FOOTBALL John Durrant 07515 971162

We play on the Astroturf pitch at the Laura Trott Centre. We meet on **Fridays 2:00pm to 4:00pm** and the cost is £4.00 per head. Rules are simple and the aim is for the games to be both sociable and fun. If interested please make contact by phone or at the monthly meetings.

WALKING NETBALL Jacqui Fry 07745 264787

We have both men and women in our group and some who have not played netball for 50 years! It is a fun session and available for all ages. If you want something different to get you moving and most

of all have fun. **Every Wednesday at 2:00pm to 3:00pm.** Sessions are held in the Laura Trott Centre (Sports Hall). Cost £4.00.

WATERCOLOUR GROUP

Jack Snary 01992 638046

This group has now joined forces with Broxbourne u3a. The Broxbourne Art Group meets in the Bollescroft Main Hall from **10:00am to 1:00pm, Mondays.** (Bollescroft is the building in the car park next to the Spotlight.) The cost is £4.00 per meeting, including tea, coffee and biscuits - car parking is free.

ZUMBA GOLD

Trudi Marrion 07702 262904

Every **Tuesday 1:00pm**, at the Scout Hut (behind the Beaumont Centre) Rowlandsfield, Cheshunt. £4.00 per session. Group Co-ordinator Trudi Marrion on 07702 262904.

After a short break for Christmas and the New Year, classes recommenced on Tuesday 10th January. Spaces are available, so if you are interested in joining us for a fun filled hour of music and dancing please send a text message to Trudi Marrion on the above number quoting your U3A number.

GROUP SHARING

If interested please use contact details:-

Beginners' Spanish	Tony Frankland	07515 368170
Discussion	Ann Sims	01992 465629
Embroidery	Margaret Cramphorn	01992 441327
Gardening 1	Geraldine Stone	01992 442609
Jazz Appreciation	Terry Riddell	01920 463745
Reading For Pleasure	Rose White	01992 621436
Shakespeare Group	Lee Rayner	01992 465383
Tai Chi	Ann Glover	01992 466808

BEGINNERS SPANISH

Tony Frankland 07515 368170

A Beginners' Spanish class is to commence through **Waltham Abbey u3a**, but all persons welcome from Cheshunt. It will be on **Fridays at 1:00pm to 2:00pm** and will be £6 per calendar month. It will be held at the Upshire Village Hall, Horseshoe Hill, Waltham Abbey. There is parking on site with tea and coffee facilities. The class will be taken by Ken Clarke who has extensive Spanish knowledge and will be based on a BBC learning package, details to be provided. If interested please contact Tony Frankland on 07515 368170. There is an intermediate class which follows on from this class to be held on **Fridays at 2:00pm** if anyone is interested in this class too.

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COMMUNITY NEWS

The groups listed below are independent and not operated under the u3a banner.

ADULT BALLET CLASS 01992 622862 (ask for Jayne)

Every **Thursday 12:00 noon to 1:00pm** for adults of all ages! An hours class of gentle ballet moves to improve your posture, flexibility and balance. All in a fun filled atmosphere at The Valle Academy Studios, Wilton House, Delamare Road, Cheshunt, Herts, EN8 9SG. No experience required. Each class is £5.00.

BINGO AND SCRABBLE Celia Carne 01992 633241

Every **Monday and Wednesday 1:30pm** - Beaumont Centre. Rowlands Fields, Turners Hill, Cheshunt. The Scrabble Group hopes to get going in the near future.

CHAIR BASED KEEP FIT Mary Hanney 01992 426341

Cheshunt Free Church. High Street Cheshunt. **Every Tuesday 11:00am to 11:45am**. Cost £3.00.

CHESHUNT LIBRARY

Board Games **Thursdays 2:00pm** - adult drop-in sessions - no booking required. Free Tea & Coffee.

KNIT AND NATTER Mary Manning 07795 146461

Now every **Tuesday** at the Royal British Legion, Crossbrook Street. From **1:00pm to 3:00pm**. Cost £1.00 including refreshments. **£2.00 from January 2023**.

PARKRUN Eddie Slaughter 07908 546009

A free run, walk, chat, meet up, opportunity to make new friends. Keep fit for all ages, any shape or gender. **Every Saturday morning** at The Gunpowder Park, Sewardstone Road, **9:00am start**. 5K/3.1 miles at your own pace. For further information please contact Eddie Slaughter on 07908 546009.

PILATES

Becky Ashman 07964 631780

We meet every **Friday morning, 10:45am to 11:45am** at the Cheshunt Football Club, Theobalds Lane, Cheshunt. A friendly group with a qualified tutor, who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

TAI CHI

Aaron aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. One hour class from **2:00pm to 3:00pm** **OUTDOORS**. Come along and try it out for free, £2.00 per class after that. Classes are held every **Wednesday**.

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& BOOKS AND PUZZLES WANTED

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask you do not donate **hardbacks**.*

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TRUSTY TRADER BOOK

The Book is kept on the Information Table to view and is only available at the Monthly Meetings. The trades people listed have done work for members who feel they can recommend them. However, Cheshunt u3a offer no guarantees and suggest you use the lists as guidance only and do your own research. The trades people listed are not endorsed by the U3A.

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CESHUNT U3A WEBSITE

Visit our website on www.u3asites.org.uk/cheshunt for more information of events and groups. Peter Harris maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

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f **CHESHUNT u3a FACEBOOK GROUP**

It's easy to join, just open an account with Facebook, it's free. Once signed up, open Facebook, press menu at bottom of screen, press group, enter Cheshunt u3a in search groups at top of screen. A message appears, (see results for Cheshunt u3a), press this.

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Our Privacy Policy

Cheshunt u3a requires a certain amount of private information from its members to enable effective operation. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary by phone or at a monthly meeting. Members' information held by Cheshunt u3a will not be disclosed to any third party.

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~ u3a Click and Save Scheme ~

Have you heard about the "**u3a Click and Save scheme**"? You may have seen reference to it in the u3a monthly newsletter distributed to members by email. This scheme is bona-fide, not a scam and similar to schemes offered by a number of large companies to their employees. It is designed to offer members discounts from a number of retailers. There is a requirement to register separately on-line, which is straightforward. The scheme then allows purchase of company specific gift cards at a discounted rate to be used for future purchases.

Supported companies include supermarkets Asda, Morrisons, Sainsburys and Waitrose (small 2% or 3% savings), fashion brands including Clarks, New Look and M&S, home stores like Currys, Halfords and Wilko and food/drink like Costa, Harvester and Pizza Express.

In order to register just sign up on the u3a Click and Save website: **https://www.u3aclickandsave.co.uk/x_** / in the usual way by entering an email address and creating a password.

Once registered you log on to the site and then click through to the retailer's website. There you can purchase a gift card at the discounted rate (e.g. a £10 gift card paying £9.50) which is then sent out to you through the post. You then use the gift card against purchases instore and in some cases on-line. The cards seem to be one-offs, not re-loadable, which seems to me a bit of a pain, but for anyone considering a large purchase from the likes of Currys, Halfords, Wickes, American Golf or other companies included in the scheme it would certainly be worth considering. *Stewart Walter*

THE CHESHUNT u3a COMMITTEE

CHAIR	STEVE SELL	01992 443012
VICE CHAIR	STEWART WALTER	01992 631592
TREASURER	ROB SCOTT	01992 445288
SECRETARY	CHRISTINE LUFF	01992 621543
ASS SECRETARY	STEWART WALTER	01992 631592
MEMBERSHIP SEC	CHRISTINE DUGDALE	07989 655983
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
PROGRAMME PROD ASS PROG PROD	RAY & VANESSA LUCAS STEWART WAGSTAFF	01992 621258 07594 475051
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
EVENTS CO-ORDINATOR	JOHN DURRANT	07515 971162
SAFEGUARDING	JACQUI FRY	07745 264787
COMMITTEE MEMBER	MALCOLM LUFF	01992 621543
COMMITTEE MEMBER	ANDY SMITH	07930 356976
CO-OPTED CM	HEATHER DOUGLAS	07984 791184
CO-OPTED CM	FRANK SLUTER	07704 730421