



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A

Charity no. 1150779

MEETING THURSDAY 27th SEPTEMBER 2018

1.30pm LAURA TROTT CENTRE.

Today we have **CAROL** and **STEVE ROBSON** who will present a musical and illustrated performance entitled “**STORMY STORIES and TRAGIC TALES**” with songs and tales. This promises to be an entertaining afternoon.

Our next meeting will be on **25th OCTOBER 2018** when the guest speaker will be **PHIL HOLT** who will be speaking on “**HIGH FLYING TALES – THE RED ARROWS**” Phil is an accomplished and experienced speaker with very interesting tales to tell about this legendary group.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card (this year the colour is peach), along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme).

Members' information held by Cheshunt U3A will not be disclosed to any third party

MEETERS AND GREETERS ROTA

October - Music in the Afternoon

November – Model making.

December – Members only

HELP NEEDED

The committee is looking for one (or more) of our members to help out at our monthly committee meetings, by taking the minutes. Meetings are usually held on the 3rd Thursday of each month, in the afternoon. This is a very straightforward process and the existing secretary will be happy to help any volunteer(s) to settle in to the role. Anyone who has experience in word processing, etc., and has access to a laptop / desktop computer would be very warmly welcomed.

Please contact Toni for further information: toniwalsh1@sky.com

Membership Renewal 2018/19

As the Cheshunt membership year ends on 31st October 2018, renewal forms for the 2018/19 year are available from the registration desk. Each member has to fill a separate form. They are also available to download from the web-site. Fee kept again at £12. Completed renewal forms, with attached cheques, can be left in a box provided at the Membership Secretary's table at the meetings or mailed direct to her. If paying by cash, monies should be placed in a sealed envelope along with completed form. **Please note that no renewals will be processed at the meetings.** New membership cards will be ready for collection at the following months meeting or sent by mail if a stamped addressed envelope has been provided. However, there will be an opportunity on Thursday 4th October between 1pm and 3pm at Laura Trott in the upstairs bar, specifically for those members who would prefer to renew on that day. Committee members will be in attendance to process their applications.

PARKING PERMITS FOR U3A MAIN MEETINGS

We have now received new parking permits that can be used for every month this coming membership year. These can **ONLY** be used on our main meeting days. **PLEASE ENSURE YOU DISPLAY YOUR PERMIT CLEARLY** so the Enforcement Officers know you are in the U3A meeting. Collection of permits can be from the Membership Secretary and in particular on 4th October as shown above.

I WONDER IF I COULD PLAY THAT MUSICAL INSTRUMENT AGAIN??

You used to play an instrument when you were younger but either sold, lost or misplaced said item. No point in spending out a lot of money to see if that interest is still there - well Bud Leech might be able to help as he has quite a selection of

Saxophones (Tenor, Alto , Soprano), Trumpets, Clarinets (Bb & C), and Trombones.

Budd is willing to hire these instruments to you for a small fee which will be donated to Charity. Take the item home and rekindle the interest. You may want to purchase or just hand it back. Heck you might even want to join the U3A Band. So, no excuses now, give it a go. You have nothing to lose. Your neighbours – well that's a different story. If interested contact Peter Harris 01992 429297 or email peterharris1@sky.com

DATES FOR YOUR DIARY

NEW YEAR DISCO Mary 01992 426341
Saturday January 19th 2019. British Legion, Crossbrook Street. Cheshunt. As I received good feedback for Kens Disco who provided the evenings entertainment in June, I have booked him again for this event. TICKETS WILL GO ON SALE AT THE NOVEMBER MEETING.

CHRISTMAS SPECIAL Mary 01992 426341
Sunday December 16th 2018. Sunday Evening Special at the Highland Restaurant, Broxbourne. Meal and Entertainment “Abba and 70's and 80's disco”. Price £24. If interested please see Margaret at my table at the October Meeting. £10 deposit required at time of booking,

CESHUNT U3A GROUPS

NEW MEMBERS' GROUP Carole Batter 01707 879773 Pat Dixon 01992 766832

If you have joined Cheshunt U3A in the last three months or have just joined today, please come along to the New Members' Group.

We meet at the Fountains Cafe, Old Pond, Cheshunt at 11am on the first Monday in the month. Our aim is to set up friendly group where you can meet other new members, find out about Cheshunt U3A, meet group leaders and find out the different special interests groups. We hope to see you there on Monday 1 October at 11o'clock.

AFTERNOON TEA with QUIZ Mary 01992 426341
Our August quiz was won by the Musical Motos, well done to all the other teams that took part. Next Quiz will be held on Tuesday November 6th with our Christmas Quiz on Tuesday December 4th at Halsey Masonic Hall, Cheshunt. Time 2pm.

ALMOST LOOSE WOMEN
POWELL 01707889189.

Carol FARREN 01992 629028/ Ann

We meet on the second Thursday each month at the Red Cow Pub, Windmill Lane at 10am – 12pm. Our next sessions are November 8th and December 13th. We have a good laugh over a cup of tea or coffee and biscuits. **Gentlemen are more than welcome to join us**, although this group is now full.

ALMOST LOOSE WOMEN GROUP 2

We will meet on the first Thursday of every month at The Red Cow pub, Windmill Lane, 10am to 12pm. no session in October then November 1st and December 13th. There is now a waiting list in operation.

ART APPRECIATION Diane POPE 01992 632829/Clarice PILLAR 0208 804 0900

This month our group visited the Waltham Abbey museum and had a talk on Walter Spradbury, a war artist and very interesting character who none of our group had heard of. Our speaker was very knowledgeable and made the talk most enjoyable. After lunch we went to the Abbey where a volunteer gave us a talk on the history and architecture of the Abbey. It was a very varied and interesting day. Next month we are heading out to Cambridge to visit the Fitzwilliam Museum.

AWAY DAYS - Rose Lovelidge 01992 630899 - Mob; 07973313416
email rose.cheshuntu3a@gmail.com

Monday 26th November 2018

Christmas Broadway Party

There's no business like show business" so join us for the 2018 Christmas season on stage in 'Christmas on Broadway'. Talented entertainers will trip the light fantastic to bring you an afternoon of well loved musical numbers that will have you tapping your feet, singing along and twirling around the dance floor. Start your day with coffee and mince pies at your table. Your talented entertainers will then bring you some show-stopping numbers plus you will be having a delicious three course set festive lunch.

All inclusive £45 p.p Pick up our coach outside Tesco's Cheshunt Pond 9.15am

BADMINTON/TABLE TENNIS

Jan WAGSTAFF 01992 624706

The group meets on Monday evening at the Goffs Churchgate Academy 7pm to 9pm. The emphasis is on a social evening of activity and all abilities are welcome. If interested please get in touch.

BALLROOM DANCING

A Ware Group who meet at Wodson Park Ware on Fridays 2 - 3.30pm. Contact Pat Fisher 01920 464463 for information. A warm welcome extended to all Cheshunt members.

BIRD WATCHING WALKS

Derek WEBSTER 07712 675105/ Antony

POPE 07949 739116

12 of the group visited Tyttenhanger Lakes on Monday 10th September 2018 on a sunny but cloudy day and we saw 23 species of birds. The highlight of the day was seeing the Green sandpiper and the Greenshank.

Next visit:

Two Tree Island on Monday 8th October. Meet at Cheshunt station at 9.30 am. This is a car sharing trip and a full day so please bring a packed lunch.

Future visits:

Planning meeting and film show on Monday 12th November 2018

Visit to Rye Meads nature reserve on Monday 10th December 2018

BOOK CLUB Reading for Pleasure

Carol HILL 01992 302722

Jon McGregor, author of four books, is Professor of Creative Writing at Nottingham University. His creativeness is reflected in his latest book "Reservoir 13". The Book Group agreed that this is a beautifully crafted novel, but is lacking in a strong storyline. We also became a little confused by the number of characters scattered throughout the book I fear that when we vote for our favourite book of 2018 "Reservoir 13" will not make the top ten. If you do read this book be ready for a frustrating ending.

BOLIVIA/CANASTA

Peter HARRIS 01992429297

Peterharris30@live.co.uk

New members always welcome for a light hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards, easy to learn and a great deal (no pun intended) of fun. The membership is continuing to grow with an average of two members joining each month; however we are still looking to expand. We can guarantee at the end of one session, any newbie will understand and be able to play the game. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. Dates for next month are Monday 8th and 22nd October, Time 2pm. (Please park in Hillview). The venue has wheelchair access and will accommodate vehicles in the grounds if necessary.

CANASTA/CRIBBAGE

Cheshunt U3A currently run a Cribbage group on Tuesdays however they are reaching maximum numbers so with the interest there has been shown we thought we could start another group. Also many members have asked if we have Canasta Group. Well we do run a Bolivia Group, a card game which is a derivation of Canasta but with the interest shown we thought we could combine the two card games and have one formal group which hopefully will satisfy all parties. We meet at 2pm at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The next dates are Monday 1st and 15th October at 2pm. We have averaged so far about 16 members per session. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits.

If you are interested please contact me **Allan Smith** on 01707 335409

CHESHUNT and WARE CYCLE GROUP Stewart 01992 624706

Our group meets every Wednesday morning at 9.30am at Pindar Car Park near Cheshunt Railway Station, for a prompt 09.45am start. We have three guided rides every week. The Easy Ride which encourages members to get in the saddle and have a pleasant ride through the Lee Valley Park, at a leisurely pace. The Moderate Ride offers a ride which although still at a leisurely pace, goes a little further in miles with fewer stops. The Challenging Ride which goes both on and off road covering up to about 25miles. All rides finish at the same time, noon, for a coffee at the YHA. The Challenging Ride also has some members that meet at Ware on the 1st and 3rd Wednesday of each month. When there are five Wednesdays in a month, we try to offer a joint ride for all groups lasting into the afternoon.

CHESS GROUP Rodney Dixon 01992 766832

The chess group is still looking for new members. The group is aimed at beginners and intermediate players. You can learn the moves and enjoy your first game. If you would like to learn this wonderful game, please see me at my table or give me a ring on the above number.

COMPUTERS - e BUDDY PROJECT

Working in conjunction with students from Herts Regional College, we organise one to one sessions for members looking to gain a better understanding of their laptop, ipad, smartphone etc. The dates for the next sessions are:
Monday 1st. October, 1.00pm-2.30pm. with a few places still available.

Thursday 15th November, 10.30am - 12.00.

If you are interested in attending please contact Steve Gollop 01992 629209
email: stevegcheshuntu3a@gmail.com

COUNTRY DANCING Val Foster 01992 627354 and June Brown 01992 301987. A Broxbourne U3A Group.

First and third Thursdays of the month, 2 - 4 pm Bollescroft large room, Hoddesdon. New members from Cheshunt U3A welcome, no previous experience or partners necessary! Please join us for a fun and sociable afternoon.

CRAFT - CARDS

Betty WARREN 01992 637988

All are welcome. Dates for this group are every third MONDAY of the month 10.30 a.m and every third WEDNESDAY of the month at 2 p.m.

CRIBBAGE

Jenny CHRISTIAN 01992 306859

Crib every Tuesday 2-4p.m. at my house in Mylne Close, opposite M&S at Brookfield Farm shopping centre. No charge. The Group is now full. Please contact Jenny Christian for more details.

CURRY CLUB

Mary 01992 426341

A group of 16 members attended a very pleasant evening at the new buffet restaurant in Cheshunt called SAMS. The food was plentiful with members making two or more visits to the buffet which consisted of a choice of 3 or more curries along with accomplishments. Thank you to the restaurant for the donation of a bottle of wine for our monthly raffle.

A lovely meal again was enjoyed by 17 members at the Highland Restaurant. Many thanks to the management for the donation of a bottle of red wine for our raffle. No further meals planned at present.

EXERCISE GROUP - KEEPING FIT

Mary 01992 426341

Laura Trott Sports Centre, Grundy Park Cheshunt. Every Thursday 9.40am to 10.40am (earlier start to enable follow on class to start at their allotted time). Cost £3. The sessions are run by qualified instructors, whose aim is to ensure that we have fun whilst trying to get fit.

EXPLORING LONDON 1

Eileen FUNNELL 01992 422475

Tuesday 30th October Whitewebbs Transport Museum

Next Planning Meeting - Friday 5th October 10.15 Cheshunt Free Church

We were very privileged to have lunch at the RAF Club in Piccadilly. We had a most enjoyable 3-course lunch in very pleasant surroundings and were also able to have a look around this most impressive building.

EXPLORING LONDON 2

Rosemary TRUNDELL 01992 621155

Following the wet ending of last year's walk in Rotherhithe, 13 of us set out to explore the rest of the area on 15th August. After our journey from Cheshunt, we enjoyed a coffee break at Weatherspoons, Surrey Quays before starting our walk. From there we strolled along the north side of Greenland Dock to reach the Thames Path. We had some good views of Greenland Dock which was engineered by James Walker (1781 – 1862). Then turning left along the Thames Path we passed through Surrey Docks Farm which is on the site of a ships quarantine station, before being forced to divert inland around a construction site. After a brief visit to the lobby of the Hilton Hotel, we regained the south bank of the Thames and enjoyed some marvellous views of Canary Wharf and Limehouse before reaching the Old Salt Quay Pub. Here we enjoyed a rather leisurely lunch break before heading back to Canada Water via a delightful path along Albion Channel passing Surrey Water on the way. From Canada Water we caught the 47 bus back to Liverpool Street for the train home.

Our forthcoming trips are as follows:-

Monday 29th October - Tour of the Houses of Parliament

Wednesday 14th November - Cinema Museum

Wednesday 28th November - Christmas Lunch at the Civil Service Club

We meet on the third Friday of the month from 1.00-2.00 pm at Cheshunt Free Church. Our next meeting will be on 19th October.

EXPLORING LONDON 3

STEVE GOLLOP 01992 629209

In August our group visited the Whitewebbs Museum of Transport. This was originally a water pumping station and in the basement is 200 ft. deep well. Over the last 20 years, the keen and friendly volunteers have transformed this building into a hidden gem. They have created a fascinating collection of vehicles and memorabilia. This ranges from the oldest motor cycle, to a London bus and fire engines. This included a Crosse & Blackwell van that was donated by Len Lane a member of our group. The visit did exceed all our expectations. We finished with a meal in the library of the Toby Inn, a very successful day out.

Next few trips are:

29th October - Drapers Hall organised by Bob Barton

14th November - Hendon RAF Museum organised by Norman Reed

3rd December - Christmas Dinner at the Salisbury Hotel, Hertford organised by Christine Dawson & Bob Barton.

We hold our planning meeting on the first Wednesday of the month at Cheshunt Free Church, High St. Cheshunt. Next meeting is Wednesday 3rd October at 11.15am.

EXPLORING LONDON GROUP 4

Steve SELL 01992 443012/
07572 078511

We have a planning meeting on the second Wednesday of the month. The next meeting will be on Wednesday 10th October 2018 from 11.00am at St. Clements Church Hall. Parking is in the adjacent Lea Valley Park or Hillview Gardens opposite.

In August we travelled by coach to Cambridge on one of last very hot days of this Summer. Our tour guides for the day, Steve and Cathy, met us at Queens' Green. They both did their best to keep each group out of the sun for most of the day. Fortunately, there was plenty of shade inside Queens College which we visited first. Following this we explored the very different grounds of Kings College and inside the spectacular Chapel, together with the view that inspired lyrics from Pink Floyd's 'Dark Side of the Moon.' Our guides told us about the relationship between the University and its colleges and student life in general.

Finally, we spent some time exploring the city of Cambridge passing by several other colleges and leaning about their colourful history as well as seeing the Corpus Clock, the Eagle and the Senate House. Afterwards, there was free time, but most people ended up having a cool drink back at the Eagle tavern.

Future trips:

Wednesday 31st October – Tour of historic Windsor. Talk with refreshments about the Restoration of the Castle after the fire followed by tour of the state apartments. Then re-live the wedding with a guided tour of the St. Georges Chapel, the precincts and the Long Walk. Travel by coach. Several places left; members of other groups welcome to join us. LAST CHANCE - Please contact me this week as final numbers need to be confirmed by the end of the month.

Friday 16th November – Highlights tour of the British Museum; Rosetta Stone, Egyptian mummies, Parthenon Statues (Elgin Marbles), Sutton Hoo treasure, the Portland Vase, Assyrian Lion Hunts & much more...!

Tuesday 11th December – Christmas Carol & Seasonal Traditions Guided Walk/ Christmas lights by bus.

Tuesday 18th December – Postal Museum and the Mail Train. Fully booked, reserve list only.

Thursday 10th January – Imperial War Museum

EXPLORING LONDON 5

Virginia Bernard: 07891 610945

Trips planned over the next couple of months are:

Tues, 9th October - Bank of England and Museum of London

We have been lucky enough to book a private presentation on the history of the Bank of England and will then take the opportunity to walk around its museum. The Museum of London documents the history of London from prehistoric to modern times.

Sat, 27th October - Apsley House and The Wellington Arch

Apsley House is the London townhouse of the Duke of Wellington. Its official designation under a 1947 Act of Parliament is the Wellington Museum. It houses a large collection of

paintings and other artworks and memorabilia. It is perhaps the only preserved example of an English aristocratic town house from its period. Wellington Arch was originally planned to commemorate Britain's victories in the Napoleonic wars and to be the entrance for a grand ceremonial route towards Buckingham Palace.

Sat, 24th Nov - Brixton Heritage Walk

The name Brixton is thought to originate from Brixistane, meaning the stone of Brix, a Saxon lord. At the end of the 18th century villages and settlements form around Brixton as the original woodland was reduced until the area was covered in farmland and market gardens known for game and strawberries. The opening of Vauxhall Bridge in 1816 and improved access to Central London led to a process of suburban development. Brixton has a rich and varied history and is now home to multi-ethnic communities and has a vibrant mix of bars, restaurants and markets selling a variety of goods.

There will be no planning meeting in October as we will be visiting the Bank of England and Museum of London.

If anyone is interested in joining any of the trips, please don't hesitate to get in touch, either on my mobile above or via email, bernard691@gmail.com. I will also be at the general meeting on 27th September, please stop by.

FAMILY HISTORY

Rena KING 01992 631826

Our new venue the Community Room inside Tesco's store at Brookfield Centre is proving to be ideal. It is to the left of the Bakery counter at the back of the store. Our monthly meeting takes place 2-4pm on the third Monday of every month and the next one will be Monday 15th October. Bring some pencil and paper along with you. We have the use of a computer and also lots of experience in our small group. Everyone is welcome to come along, even if you have no one to ask about your family....we can help you get started.

GARDEN VISITS

Pat DIXON 01992 766832

The Group visited Sissinghurst Castle Gardens on Monday 17 September. The weather was very kind to us and we had a lovely relaxing time wandering around this beautiful National Trust site. Some of us managed to climb the 78 steps to the top of the Tower to see the stunning views of the surrounding countryside. The gardens were lovely although showing the ravages of the long hot summer. There were lovely areas to picnic in and this was a good option as the restaurant was expensive and the food not very good. However there were some lovely cakes and scones to eat in the cafe.

I will be planning some more trips for 2019 so please see me at my table in the New Year.

LINE DANCING (Broxbourne U3A)

Lesley CASSON 01992 445938

We meet on Monday and Friday mornings at Wormley Community Centre. All

classes are currently full and we have a waiting list in operation. Please ring or email Lesley for more information (lesleyb10@hotmail.co.uk).

MODEL MAKING

Jack SNARY

01992 638046

1st Wednesday of the month, 2pm, Crocodile Public House.

MORNING WALKS

Rob SCOTT

01992 445288

Our next walk, which is totally new, will take place on Tuesday 2nd October, starting at 10am from The Fox, The Street, Aspenden, Buntingford, Herts. SG9 9PD. It will be a circular walk of 6 miles and we will go through wide open fields and woodland, walk along the route of the Roman Road from Baldock to Braughing, pass the site of the Medieval Village of Wakeley and see the old 17th century thatched cottage called Button Snap - once the home of the writer Charles Lamb. When I researched the walk in mid-September there were masses of blackberries, some damsons and lots of sloes along the tracks.

I found the easiest route to the start, was to head north on the A10, staying on it after the roundabouts at the A120 and B1368. Just 3/4 mile after the dual carriageway becomes a single carriageway, turn left to go through Westmill and bear right at the village green for Aspenden. On entering the village follow the road round to the left and The Fox is 1/4 mile down on the left hand side. If anyone fancies eating in The Fox after the walk, please see me at the main meeting to make your choice of lunch - I will then phone it through 2 days beforehand.

We had 19 walkers out for the lovely sunny walk in September - it was balm to the soul. Unfortunately, The Boot public house didn't open until the evening, so 11 of us drove a couple of miles into Watton at Stone, where we enjoyed lunch in the Bull instead.

If anyone has problems getting to the start for October's walk, please give me a call on **07594427190**.

MOTO (Members On Their Own)

Dee James 01992 474437/Marion Clarke

01992 471098

We meet on Tuesdays at the Crocodile P H at 11.15am. We lunch locally; attend the cinema/shows and days out. Our next meeting is October 2nd. Come along and enjoy good company.

MUSIC IN THE AFTERNOON

Peter & Jean HARRIS 01992 429297

peterharris30@live.co.uk

A slight change in title simply to reflect better what we are about. We meet to enjoy all types of music. Members bring a CD of their choice; some may explain

what it means to them. Occasionally we have themes i.e. on the anniversary of Buddy Holly death we played several tracks relating to him. Absolutely all types of music has been played, Classical, Jazz, Electronic, 50's & 60's and current. It's always good fun. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. Next Music Appreciation will be on Fridays 5th and 19th October 2018 at 2pm.

MUSICIANS UNITED

Peter HARRIS 01992 429297

Along with Budd Leech we have started a new group for Musicians. We are seeking members who have, in the past or still play a musical instrument. Our aim is to see if we can run some form of musical sessions.

No intention of playing to others, just for fun. We have booked St. Clements Church, out of the way of prying ears, and we meet on Monday mornings. It could be good fun or very painful. Find our desk at the monthly meeting and have a chat with us.

We now have twelve members playing Saxophones, piano, guitar and ukulele. Always more welcome, we are particularly looking for a drummer so please come along and enjoy the fun. **We meet EVERY MONDAY at 10am.**

OUT TO LUNCH GROUP (FORMERLY PUB LUNCH GROUP)

Mary 01992 426341

Nothing planned at present.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

We met on 12 September and 12 people attended. We discussed a forthcoming photo shoot for 17 October at Connaught Waters in Chingford where we hope to take autumn landscapes. We viewed the prints from our previous photo shoot in central London where we had concentrated on night photography. We also viewed some projected images via SD cards for constructive criticism and appraisal. The standard of photography was very good and we will be displaying our work at the next main meeting in September.

Our group is aimed at all levels of interest and experience and we look forward to welcoming new members to our group which meets on the second Wednesday in the month. The next meeting is on Wednesday 10 October at 2pm at St Clements Church in Cheshunt Wash. This venue has disabled access and there is parking in Hillview which is opposite St Clements Church. Please give me a ring on the above number.

RETAIL THERAPY

Ann POWELL 01707 889189/ 07971 033181

Christmas shopping trip to Milton Keynes Wednesday 21st November 2018 leaving Cheshunt, outside Lloyds Bank at 9.30 am cost £20 which covers coach and gratuities.

RUMMIKUB

Delphine Andrews – 01992 637288 and Jean HARRIS 01992

429297

Those who have never played this game before quickly get to grips with it and enjoy it immensely. New players will be most welcome including members of other local U3A's. The venue is St. Clements Church, Cheshunt Wash, EN80LU, opposite Hillview Gardens. Dates for next month will be on Friday 5th and 19th October 2018, at 10.15am. (Please park in Hillview).

SAILING

Teresa LEAVY

01438 223860

We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. Give Teresa a call if you fancy a taster session or joining. The sailing group is run via Hertford U3a but draws its members from several local U3a's. *Some of our members and their partners have just had a successful 7 days sailing at Mark Warners Resort in Kos, Greece.*

SATURDAY LUNCH GROUP

Shirley WEBB 01992 424693

The next lunch at the Bulls Head is Saturday 6th of October 12.30 for 1pm. We are a happy bunch and enjoy ourselves. We have got quite a few new people so it seems as if it is ok, come and join us.

SEW KNIT PATCH & CHAT

Sheila BUDD 01992892329

Come & join us in St Clements Church Hall, Turnford, Cheshunt Wash EN8 0LU. The group, under shared leadership, will be meeting on Thursday 4th and 18th October from 2- 4pm. Bring your own work, learn a new skill such as crochet or simply join in with the friendly chatter! Expect a warm welcome from all of us.

SHORT MAT BOWLS

Lionel BANNISTER iban161@virginmedia.com

Now at the Laura Trott Centre every other Friday, 10.15am for registration for a prompt start session from 10.30am - 12.30 see you all at the next meeting on 12th October. Lionel is on 01992 303986.

SHORT WALKS

Bill NEVARD

01992 633959

Next walk is Friday 5th October 2018. (A week earlier) Meet at Pindar Car Park

near Cheshunt Station. 10.15am for 10.30am start. A walk to Broxbourne through Lea Valley Park and return by bus or train. Further details at Bills table. *23 people enjoyed a lovely walk of Lea Valley Farm and back.*

In view of the popularity of this group, is there anybody willing to be a Group Leader of another "short walks" group. Bill and the Committee will give help and advice.

SINGING FOR FUN Jim REID 01992 629997 or Janet WALLACE 01992 425675

This is a very popular group and meets on Monday afternoon 2pm - 3.30pm at Cheshunt Free Church. £2 per session inclusive of tea/coffee/biscuit. A warm welcome to all.

TAP DANCING Diane POPE 01992632829/Maureen WOOLLARD 01992621939

We have moved to a purpose built studio at Cheshunt Sports Club, Albury Ride and will be open to take new members. We meet on Tuesdays, Advanced class 10.30am – 11.30am, Improvers class 11.30am – 12.30pm. Some experience is needed. See Diane for more information.

THAI CHI aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class every Wednesday from 2 to 3pm at the Cheshunt Free Church. Come along and try it out for free, £2 per class after that.

THEATRE GROUP Pam CRAWFORD 01992308413

Wednesday 21st November at the Criterion Theatre, THE COMEDY ABOUT A BANK ROBBERY, Price £38.00 incl. Pick up time 11 a.m. outside Lloyds Bank at the Old Pond. Payment by 1st October. Reviewers say it is the "Funniest Show in the West End", so if you fancy a real good laugh, book in a.s.a.p.

ADVANCE NOTICE: Monday 17th December – Hunters Meet £38, a few tickets left.

Friday 1st March 2019 – Brick Lane Panto £57. Tickets available

WALKING FOOTBALL John DURRANT 01992 629215

The astro turf pitch at the Laura Trott Centre is the venue. We meet on Fridays 3pm to 5pm and the cost is £3 per head. Parking Charges are refundable and we can use the changing rooms if required. Rules are simple and the aim is for the

games to be social. If interested please make contact by phone or at the monthly meetings.

WATERCOLOUR GROUP

Sid KING 01992 711617

Hurrah we now have space for more budding artists, come and join this enjoyable group. See me at my table for more details.

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

NEW DVD STALL If you would like to donate to our new DVD stall, please ensure the DVDs are in good condition and in their original boxes.

TRUSTY TRADER BOOK

This is kept on the information table to view, please do not remove.

We ask members to enter the names of trades' people they have used and found to be good and reliable. No guarantees' are implied or offered, please do your research but this might be a good starting point.

COMMUNITY NEWS

The groups listed below are independent and not operated under the U3A banner

The Diabetes Support Group now meets once a month at Tesco, Brookfield Farm in their Community Room. For further information please phone Carol Hill on 01992 302722. This group is for diabetes 2 only.

OWL MESSAGING. This is an e-mail facility from Herts Police giving very useful information. SIGN UP at www.owl.co.uk it is free and you have no obligation.

THE LAURA TROTT LEISURE CENTRE has arranged a reduced price membership for all U3A members who wish to join and use the new E-gym studio. Some U3A members have already joined and are seeing the benefit of the new equipment which offers a more peaceful and safer method of exercising for members that may be put off by using the main area in the gym. The team at the Laura Trott Leisure Centre have agreed a special U3A membership price of 5 months at £24.95 and will be offering U3A members the chance every few weeks to come in and have a tour of the E-gym in order to see how the equipment works and meet the managers and team. If interested contact the centre on 01992 623345 ext. 2521.

PILATES

Becky Ashman 07964 631780

We meet every Thursday morning, 10.45 - 12noon at the Cheshunt Club, Albury Ride, Cheshunt. A friendly group with a qualified tutor who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

CHAIR BASED KEEP FIT

Mary 01992 426341

Cheshunt Free Church, Every Tuesday 11.30am-12.30pm cost £3.00 per session. Taking part in a keep fit class can be fun whatever your age or ability. Each class is designed to help build and develop your strength, balance and flexibility and is designed for people who find an exercise class too energetic. The group will also be run by a fully qualified instructor whose aim is to ensure that you enjoy and have fun whilst trying to improve your level of mobility and fitness.

KNIT and NATTER with Shirley Webb (01992 424693)

Now **every** Tuesday at the Royal British Legion, Crossbrook Street. From 1pm to 3pm. Cost £1.

SCRABBLE 01992 633241 Every Monday 12.30pm Cost: £2.00, Beaumont Centre. Rowlands Fields, Turners Hill, Cheshunt.

SHAKESPEARE AT ST MARY'S CHURCH

Shakespeare's Henry V comes to St Mary's Church Churchgate Cheshunt on Sunday 7th October at 7.30pm. This highly acclaimed production by "Antic Disposition" links the events of 1415 with those of the First World War. For more information and to book tickets go to www.henry-v.co.uk and click on "book tickets".

*******TOP RAFFLE PRIZES 2 x £50 M & S VOUCHERS*******

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE GOLLOP	01992 629209
VICE CHAIRMAN	STEVE SELL	01992 443012
TREASURER	ROB SCOTT	01992 445288
SECRETARY	TONI WALSH	01992 428129
ASSISTANT SECRETARY		
MEMBERSHIP SECRETARY	JANET WALLACE	01992 425675
ASS.MEMBERSHIP SEC	BARRY WALLACE	01992 425675
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
ASSISTANT GROUPS CO-ORD		
PROGRAMME PRODUCTION	BARRIE GALE	01992 632094 barriegale@msn.com
ASSISTANT PROG. PROD.	STEWART WAGSTAFF	01992 624706
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
U3A NETWORK REP	STAN TURNER	01992 306185
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215