



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A

Charity no. 1150779

MEETING THURSDAY 22nd NOVEMBER 2018

1.30pm LAURA TROTT CENTRE.

Today we have **ANDY THOMAS** who is one of the UK's leading speakers on Mysteries/Histories. His talk is entitled "**THE STORY OF ENGLISH FREEDOM**"

Our next meeting will be on **20th DECEMBER 2018** and we have booked "ANDANTE" a musical duo to entertain us with songs and music. This is strictly members only; **you must produce a NEW MEMBERSHIP CARD** to gain admission. The FREE raffle prizes include 10 x £50 M & S vouchers. Also FREE Tea and coffee, mince pies and cake.

At 1.30pm our "Singing for Pleasure" Group will perform Carols before the entertainment.

There will not be any Group Tables before this meeting.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card (this year the colour is mauve), along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme).

Members' information held by Cheshunt U3A will not be disclosed to any third party

MEETERS AND GREETERS ROTA

November – Model making.

December – Members only

January 2019 - MOTO

Membership Renewal 2018/19

As the Cheshunt membership year ended on 31st October 2018, renewal forms for the 2018/19 year are available from the registration desk. Each member has to fill a separate form. They are also available to download from the web-site. Fee kept again at £12. Completed renewal forms, with attached cheques, can be left in a box provided at the Membership Secretary's table at the meetings or mailed direct to her. If paying by cash, monies should be placed in a sealed envelope along with completed form. **Please note that no renewals will be processed at the meetings.** New membership cards will be ready for collection at the following months meeting or sent by mail if a stamped addressed envelope has been provided.

PARKING PERMITS FOR U3A MAIN MEETINGS

We have now received new parking permits that can be used for every month this coming membership year. These can **ONLY** be used on our main meeting days. **PLEASE ENSURE YOU DISPLAY YOUR PERMIT CLEARLY** so the Enforcement Officers know you are in the U3A meeting. Collection of permits can be from the Membership Secretary.

NOTICE OF ANNUAL GENERAL MEETING

The eighth Annual General Meeting of Cheshunt U3A will be held at Laura Trott prior to the main meeting on 24th January 2019.

The Chairmans Annual Report will appear in the December Programme and copies of the Audited Accounts will also be available then for perusal prior to the AGM.

Committee nomination forms for those who are willing to put themselves forward can be obtained from the Information desk or downloaded from the Website and the closing date for such nominations is 10th January 2019.

GROUP SHARING NEWS

We now have in place a Group Sharing Agreement with our neighbouring U3As. Anyone wishing to attend one of the listed groups should first contact the Group Leader. You must prove that you are a paid up member of Cheshunt U3A by showing your membership card.

ANTIQUES AND COLLECTABLES (Lea Valley) Chris Murphy 01992 446190/Kate Gorman 01992 465032

DRAMA (Waltham Abbey) Elaine Pritchard 01992 768446

GERMAN FOR BEGINNERS (Waltham Abbey) Helen Wilson 01992 712765

GUITAR FOR BEGINNERS (Buntingford) Bill Hooper 01763 273123
LATIN (Hertford) Anthony Holbourne 01992 300663
MERRY MEN (Waltham Abbey) Bernie Leverett 01992 763938
SUNDAY LUNCH (Waltham Abbey) Sue Bonsall 01992 714194
TABLE TENNIS (Broxbourne) Wendy Shirley 01992 893037

DATES FOR YOUR DIARY

NEW YEAR DISCO Mary 01992 426341
Saturday January 19 2019, British Legion, Crossbrook Street, Cheshunt.
Kens Disco will provide the evening's entertainment.
The bar will be provided by the British Legion. Doors Open 7.30pm with
music from 8pm. Cost £12 with Fish/Chicken & Chips. **TICKETS ARE NOW
ON SALE.**

CHRISTMAS SPECIAL Mary 01992 426341
Sunday December 16th 2018. Sunday Evening Special at the Highland
Restaurant, Broxbourne. Meal and Entertainment "Abba and 70's and 80's
disco". Price £24. Time 7pm for 7.30pm. Our allotment of tickets now fully
booked.

CHESHUNT U3A GROUPS

NEW MEMBERS' GROUP Carole Batter 01707 879773 Pat Dixon 01992
766832

If you have joined Cheshunt U3A in the last three months or have just
joined today, please come along to the New Members' Group.

**We meet at the Fountains Cafe, Old Pond, Cheshunt at 11am on the
first Monday in the month.**

Our aim is to set up a friendly group where you can meet other new
members, find out about Cheshunt U3A, meet group leaders and find out
the different special interests groups.

We do hope you will join us for a coffee in the Fountain Café on 3rd
December at 11 o'clock when we could discuss your interests in leisurely
and informal surroundings.

AFTERNOON TEA with QUIZ Mary 01992 426341

Next Quiz will be our Christmas Quiz, Tuesday December 4th at Halsey
Masonic Hall, Cheshunt, Time 2pm. *For the first time in our
quizzical history we had a draw for the winners of our last quiz, congratulations
to both the Lets Get Quizzical and the Bishops Courtiers on their win, and well
done to all the other teams that took part.*

ALMOST LOOSE WOMEN
POWELL 01707889189.

Carol FARREN 01992 629028/ Ann

We meet on the second Thursday each month at the Red Cow Pub, Windmill Lane at 10am – 12pm. Our next session is December 13th. We have a good laugh over a cup of tea or coffee and biscuits. **Gentlemen are more than welcome to join us**, although this group is now full.

ALMOST LOOSE WOMEN GROUP 2

We meet on the first Thursday of every month at The Red Cow pub, Windmill Lane, 10am to 12pm. Next session is on December 6th. There is now a waiting list in operation.

ART APPRECIATION Diane POPE 01992 632829/Clarice PILLAR 0208 804 0900

Our Art Appreciation group joined up with the visiting London group and went to the Cinema museum, a most unusual and quirky place where the custodian gave us a tour and we saw some old footage of original film. We all found it very interesting and enjoyed our day. We have no visit in December and our yearly meal is in January. Our new programme will start again in February.

AWAY DAYS - Rose Lovelidge 01992 630899 - Mob; 07973313416
email rose.cheshuntu3a@gmail.com

Monday 26th November 2018

Christmas Broadway Party

Pick up our coach outside Tesco's Cheshunt Pond 9.15am

BADMINTON/TABLE TENNIS

Jan WAGSTAFF 01992 624706

The group meets on Monday evening at the Goffs Churchgate Academy 7pm to 9pm. The emphasis is on a social evening of activity and all abilities are welcome. However due to a thriving membership of this group we have reluctantly decided to close it to new members, and have started a waiting list. We are investigating ways we can expand the group though. If interested please get in touch. *In the meantime a Table Tennis session is held weekly at Waltham Abbey Community Hall by Broxbourne U3A, if interested please ring Wendy Shirley on 01992 893037 they are in need of more players.*

BALLROOM DANCING

A Ware Group who meet at Wodson Park Ware on Fridays 2 - 3.30pm. Contact Pat Fisher 01920 464463 for information. A warm welcome extended to all Cheshunt members.

BIRD WATCHING WALKS

Derek WEBSTER 07712 675105/ Antony

POPE 07949 739116

15 of the group had a planning meeting to plan the visits for 2019 and a film show on Monday 12th November 2018.

Next Visit:

Rye Meads Nature Reserve on Monday 10th December 2018. Meet at Cheshunt Station at 9.45 am to catch the 10.09 am train to Rye House Station. Then walk down to the Reserve, or meet in the Reserve car park at 10.45 am. If you need any further information please let me know.

Future visits:

Amwell Nature Reserve Monday 14th January 2019

Fishers Green Monday 11th February 2019

Fowlmere Monday 11th March 2019

Rainham Marshes Monday 8th April 2019

BOOK CLUB Reading for Pleasure

Carol HILL

01992 302722

See Carol for information about this group.

BOLIVIA/CANASTA

Peter HARRIS

01992 429297

Peterharris30@live.co.uk

New members always welcome for a light hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards, easy to learn and a great deal (no pun intended) of fun. The membership is continuing to grow with an average of two members joining each month; however we are still looking to expand. We can guarantee at the end of one session, any newbie will understand and be able to play the game. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. Dates for next month are Monday 3rd and 17th December, Time 2pm. (Please park in Hillview). The venue has wheelchair access and will accommodate vehicles in the grounds is necessary.

CANASTA/CRIBBAGE

Cheshunt U3A currently run a Cribbage group on Tuesdays however they are reaching maximum numbers so with the interest there has been shown we thought we could start another group. Also many members have asked if we have a Canasta Group. Well we do run a Bolivia Group, a card game which is a derivation of Canasta but with the interest shown we thought we could combine the two card games and have one formal group which hopefully will satisfy all

parties. The inaugural meeting took place on Monday 19th March at 2pm at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The next dates are Monday 26th November and 10th December at 2pm. We have averaged so far about 16 members per session. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. If you are interested please contact Allan SMITH 01707335409

CHESHUNT and WARE CYCLE GROUP Stewart 01992 624706

Our group meets every Wednesday morning at 9.30am at Pindar Car Park near Cheshunt Railway Station, for a prompt 09.45am start. We have three guided rides every week. The Easy Ride which encourages members to get in the saddle and have a pleasant ride through the Lee Valley Park, at a leisurely pace. The Moderate Ride offers a ride which although still at a leisurely pace, goes a little further in miles with fewer stops. The Challenging Ride which goes both on and off road covering up to about 25miles. All rides finish at the same time, noon, for a coffee at the YHA. The Challenging Ride also has some members that meet at Ware on the 1st and 3rd Wednesday of each month. When there are five Wednesdays in a month, we try to offer a joint ride for all groups lasting into the afternoon.

CHESS GROUP Rodney Dixon 01992 766832

The chess group is still looking for new members. The group is aimed at beginners and intermediate players. You can learn the moves and enjoy your first game. If you would like to learn this wonderful game, please see me at my table or give me a ring on the above number.

COMPUTERS - e BUDDY PROJECT

Working in conjunction with students from Herts Regional College, we organise one to one sessions for members looking to gain a better understanding of their laptop, iPad, smartphone etc. The date of the next session at Turnford will now be early in the New Year. All sessions are free but we ask for a £2 donation towards the student fund. If you are interested in attending please contact Steve Gollop on 01992 629209 email: stevegcheshuntu3a@gmail.com

COUNTRY DANCING Val Foster 01992 627354 and June Brown 01992 301987. A Broxbourne U3A Group. First and third Thursdays of the month, 2 - 4 pm Bollescroft large room, Hoddesdon. New members from Cheshunt U3A

welcome, no previous experience or partners necessary! Please join us for a fun and sociable afternoon.

CRAFT - CARDS

Betty WARREN 01992 637988

All are welcome. Dates for this group are every third MONDAY of the month 10.30 a.m and every third WEDNESDAY of the month at 2 p.m.

CRIBBAGE

Jenny CHRISTIAN 01992 306859

Crib every Tuesday 2-4p.m. at my house in Mylne Close, opposite M&S at Brookfield Farm shopping centre. No charge. The Group is now full. Please contact Jenny Christian for more details.

CURRY CLUB

Mary 01992 426341

For our first official meal, I thought that it might be nice to try a Sunday Buffet at the Cumin Restaurant, Turnford. Sunday December 2nd time 1.30pm Cost £9.95. Please advise by Wednesday November 28th if attending.

EXERCISE GROUP - KEEPING FIT

Mary 01992 426341

Laura Trott Sports Centre, Grundy Park Cheshunt. Every Thursday 9.40am to 10.40am (earlier start to enable follow on class to start at their allotted time). Cost £3. The sessions are run by qualified instructors, whose aim is to ensure that we have fun whilst trying to get fit. *PLEASE NOTE NO CLASS ON THURSDAY DECEMBER 27th.*

EXPLORING LONDON 1

Eileen FUNNELL 01992 422475

In October we had an interesting and enjoyable visit to Whitewebbs Transport Museum in Whitewebbs Lane Enfield which is housed in an old pumping station. There were all things from our youth and beyond, including cars, motorbikes, household goods inside the building and outside old fire engines and railway carriages with many model railway layouts. We finished off at the Toby Inn at Whitewebbs for lunch.

Monday 3rd December - Christmas lunch at Salisbury Arms, Hertford. Please note time is 12.30.

January trip to be advised.

Please note there is no Planning Meeting in December. Next Planning Meeting – Friday 11th January 10,15 a,m, Cheshunt Free Church.

On 14th November 19 of us visited the Imperial War Museum; en route we all enjoyed a fish and chip lunch before making our way to the Museum. Being the Centenary Year, the

ground floor is dedicated to the 1914-18 war, with excellent film shows and memorabilia. The first floor, which was in the main World War 2, had displays which brought back many childhood memories. A good day was had by all.

EXPLORING LONDON 2

Rosemary TRUNDELL 01992 621155

On 29th October we enjoyed a guided tour of the Houses of Parliament. We had an excellent and extremely knowledgeable guide but, as it happened to be Budget Day, he had to rush us through the last ten minutes or so of the tour as they were busy making preparations for the Chancellor's speech.

Our November outing was to The Cinema Museum in Kennington which is housed in the remaining part of the former Lambeth Workhouse which Charlie Chaplin entered as a child, when his mother faced destitution. For a small museum they hold a wealth of cinema memorabilia including projectors, uniforms and various other fixtures and fittings. At the end of our visit we watched a number of short films which included an excellent screening from 1910 of the Flooding of Paris.

Our forthcoming trips are as follows:-

Wednesday 28th November - Christmas Lunch at the Civil Service Club

Tuesday 22nd January 2019 - Museum of London Docklands

We meet on the third Friday of the month from 1.00-2.00 pm at Cheshunt Free Church; our next meeting will be on 21st December.

EXPLORING LONDON 3

STEVE GOLLOP 01992 629209

Having been disappointed at the late cancellation of the Drapers Hall trip, we were able to secure a booking for a visit to Southwark Cathedral to fill the gap. Fifteen members enjoyed an informative guided tour and were able to listen to part of an organ recital before taking lunch in a local hostelry.

14 November Hendon RAF Museum organised by Norman Reed.

3 December Christmas Dinner at the Salisbury Hotel, Hertford organised by Christine Dawson and Bob Barton.

16 January Westminster Abbey organised by Judith Peel

18 February Watermen and Lightermen's Hall organised by Judith Peel

Our group holds a planning meeting on the first Wednesday of each month (Wednesday 5 December at 11.15am) at Cheshunt Free Church (United Reform), 27 High Street, Cheshunt EN8 0BS. There is limited parking available and access is by the side door.

EXPLORING LONDON GROUP 4

Steve SELL 01992 443012/

07572 078511

We have a planning meeting on the second Wednesday of the month. The next meeting will be on Wednesday 12th December 2018 from 11.00am at St.

Clements Church Hall. Parking is in the adjacent Lea Valley Park or Hillview Gardens opposite.

At the end of October 49 group members took a Golden Boy coach to Windsor. After negotiating security, we were led round to the Winchester Tower where we enjoyed a talk entitled 'Restoring Windsor – the castle after the fire'. With extensive use of slides, we learnt how it is believed that a spotlight being used in restoration work to a private chapel ignited a nearby curtain and then spread too much of the Upper Ward of the State Apartments.

The fire lasted 15 hours and 1.5 million gallons of water were used to put out the fire. In fact, the amount of water used complicated the restoration work more than the fire damage itself. Luckily many of the rooms near to the fire had been emptied to carry out the original renovation so that much of the collection was not damaged. However, there was significant damage to the rooms themselves and most of the roofs were destroyed. It cost £37 million pounds to carry out the restoration work and much of this was paid for by opening Buckingham Palace to visitors every summer. The rooms were generally restored back to their pre-fire architecture but with some modern modifications. This was demonstrated in the slides we were shown.

After our talk we were given audio guides and armed with these together with the knowledge we had gained from the talk we explored the state apartments up until lunchtime. In the afternoon we were met by our Blue Badge guides Amanda and Laura. They took us into St. Georges Chapel and explained the architecture and history. Notable for many royal weddings including the two recent ones this year. It is also notable for many royal burials and interments and we spent some time looking at the memorials to the likes of Edward III, Edward IV and his wife Elizabeth Woodville, Henry VI, Henry VIII and Jane Seymour together with more recent royals like George V, George VI, Elizabeth Bowes-Lyon (Queen Mother) and Princess Margaret.

We finished off our guided tour with a walk around the precincts of the castle out into the historic streets of Windsor and round to the Great Park and the Long Walk. We returned to our coach as it was starting to get dark well exhausted but having had a very interesting day out.

Future trips:

Tuesday 11th December – Christmas Carol & Seasonal Traditions Guided Walk/
Christmas lights by bus.

Tuesday 18th December – Postal Museum and the Mail Train. Fully booked,
reserve list only.

Wednesday 19th December – Christmas Meal at Bulls Head

Thursday 10th January – Imperial War Museum with a Blue Badge tour

Wednesday 6th February – Science Museum with a tour of the Treasures of the
Museum

Thursday 14th March Tower Bridge Tour

EXPLORING LONDON 5

Virginia Bernard: 07891 610945

We had a really interesting tour of Apsley House and Wellington Arch on a very cold but sunny day in October. So much history. Apsley House is the London townhouse of the Duke of Wellington. Its official designation under a 1947 Act of Parliament is the Wellington Museum. It houses a large collection of paintings and other artworks and memorabilia. It is perhaps the only preserved example of an English aristocratic town house from its period. Wellington Arch was originally planned to commemorate Britain's victories in the Napoleonic wars and to be the entrance for a grand ceremonial route towards Buckingham Palace. After our tours, we had a lovely lunch at The Star Tavern, a historic mews pub in Belgravia. Our next trip is:

Sat, 24 Nov - Brixton Heritage Walk

The name Brixton is thought to originate from Brixistane, meaning the stone of Brix, a Saxon lord. At the end of the 18th century villages and settlements form around Brixton as the original woodland was reduced until the area was covered in farmland and market gardens known for game and strawberries. The opening of Vauxhall Bridge in 1816 and improved access to Central London led to a process of suburban development. Brixton has a rich and varied history and is now home to multi-ethnic communities and has a vibrant mix of bars, restaurants and markets selling a variety of goods. We still have places on this trip is you would like to join us. Please don't hesitate to get in touch, either on my mobile above or via email, bernard691@gmail.com. I will also be at the next general meeting.

FAMILY HISTORY

Rena KING 01992 631826

Our new venue the Community Room inside Tesco's store at Brookfield Centre is proving to be ideal. It is to the left of the Bakery counter at the back of the store. Our monthly meeting takes place 2-4pm on the third Monday of every month. **Note no meeting in December.** Bring some pencil and paper along with you. We have the use of a computer and also lots of experience in our small group. Everyone is welcome to come along, even if you have no one to ask about your family we can help you get started. Please email rena.barry@sky.com to enquire about future meetings owing to the holiday season.

GARDEN VISITS

Pat DIXON 01992 766832

I will be planning some more trips for 2019 so please see me at my table in the New Year.

LINE DANCING (Broxbourne U3A)

Lesley CASSON 01992 445938

We meet on Monday and Friday mornings at Wormley Community Centre. All classes are currently full and we have a waiting list in operation. Please ring or email Lesley for more information (lesleyb10@hotmail.co.uk).

MODEL MAKING

Jack SNARY

01992 638046

1st Wednesday of the month, 2pm, Crocodile Public House.

MORNING WALKS

Rob SCOTT

01992 445288

The last walk for this year will be on Tuesday 4th December at 10am from The Bull, Bull Lane, Cottered, Herts SG9 9QP. It will be circular - slightly shorter than usual, at 4.25 miles and will head south via Brook End, Flanders Green, Moor Hall and Cottered Warren. With hope we shouldn't have the mud that we encountered last year! After the walk we will be having our annual Christmas lunch (for those who have previously booked with Marilyn) but everyone is most welcome to enjoy the countryside in this pleasant part of Hertfordshire. To reach the start, travel north along the A10 bypass ignoring the next two roundabouts (A120 and B1368). On reaching Buntingford bear left at the large roundabout staying on the bypass to the next roundabout where take the first exit (signed Baldock A507). After a little under 3 miles, you will arrive in Cottered, with The Bull laying back a bit on the right-hand side. For any problems getting to the start, call me on: **075944 27190**.

Cottered is believed to date from Saxon times and is mentioned in the Domesday Book. Most of the old dwellings are timber framed and at least 30 are thatched. The old Manor House named The Lordship, was in recent years the home of the son of Lloyd George - the last Liberal Prime Minister from 1916 - 1922. Between 1896 and 1922, a frequent visitor to a house named The Kennels, was Sun Yet-sen who was the founder of modern China and its first president; I bet not many people know that. There is a blue plaque on the wall of the house commemorating him.

Wow, what happened on the last walk? We had 40 walkers out, which was a record for us - someone must be spreading the benefits of walking and the beauty of Hertfordshire; or could it be the leader.

MOTO (Members On Their Own)

Dee James 01992 474437/Marion Clarke

01992 471098

The group meets on Tuesdays 11.15am at the Crocodile P H. The emphasis is a social morning of coffee/teas/beverages with snacks and Chats.

We lunch locally; attend the cinema/shows and days out with other groups. Our next meeting is on the 27th November. New members are always welcome.

MUSIC IN THE AFTERNOON

Peter & Jean HARRIS 01992 429297

peterharris30@live.co.uk

A slight change in title simply to reflect better what we are about. We meet to enjoy all types of music. Members bring a CD of their choice; some may explain what it means to them. Occasionally we have themes i.e. on the anniversary of Buddy Holly death we played several tracks relating to him. Absolutely all types of music has been played, Classical, Jazz, Electronic, 50's & 60's and current. It's always good fun. We meet at St Clements Church, Cheshunt Wash EN80LU,

opposite Hillview Gardens. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. Next Music Appreciation will be on Fridays 30th November 2018 and 14th December at 2pm.

MUSICIANS UNITED

Peter HARRIS 01992 429297

Along with Budd Leech we have started a new group for Musicians. We are seeking members who have, in the past or still play a musical instrument. Our aim is to see if we can run some form of musical sessions.

No intention of playing to others, just for fun. We have booked St. Clements Church, out of the way of prying ears, and we meet on Monday mornings. It could be good fun or very painful. Find our desk at the monthly meeting and have a chat with us.

We now have twelve members playing Saxophones, piano, guitar and ukulele. Always more welcome, we are particularly looking for a drummer so please come along and enjoy the fun. **We meet EVERY MONDAY at 10am.**

OUT TO LUNCH GROUP (FORMERLY PUB LUNCH GROUP)

Mary 01992 426341

Nothing planned at present.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

We met on 14 November and we welcomed two new members. We decided to do some table-to photography and then went to Lea Valley to do some outdoor photography. We viewed the prints from our previous photo shoot in central London where we had concentrated on night photography. We shared tips on exposure for night photography. We plan to do some more night photography on 20 November in central London.

Our group is aimed at all levels of interest and experience and we look forward to welcoming new members to our group which meets on the second Wednesday in the month. The next meeting is on Wednesday 12 December at 2pm at St Clements Church in Cheshunt Wash. This venue has disabled access and there is parking in Hillview which is opposite St Clements Church. Please give me a ring on the above number.

RETAIL THERAPY

Ann POWELL 01707 889189/ 07971 033181

Nothing until March 2019.

RUMMIKUB Delphine Andrews – 01992 637288 and Jean HARRIS 01992 429297

Those who have never played this game before quickly get to grips with it and enjoy it immensely. New players will be most welcome including members of other local U3A's. The venue is St. Clements Church, Cheshunt Wash, EN80LU, opposite Hillview Gardens. Dates for next month will be on Friday 30th November and 14th December, at 10.15am. (Please park in Hillview).

SAILING Teresa LEAVY 01438 223860

We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. Give Teresa a call if you fancy a taster session or joining. The sailing group is run via Hertford U3a but draws its members from several local U3a's.

SATURDAY LUNCH GROUP Shirley WEBB 01992 424693

The next lunch is 1st December at the Bulls Head Turnford at 1pm. As soon as everyone is there, the lunch can be served, but no later than 1pm as they get busy. If you are not already signed up you can ring me or see me at my table at the next meeting at the Laura Trott Centre. There is a Christmas meal available but you would have to contact the pub to order it and pay a £5 deposit, those who wanted it ordered it at November lunch. I look forward to seeing you all at the last lunch for 2018 and wish everyone a merry Christmas and best wishes for 2019.

SEW KNIT PATCH & CHAT Sheila BUDD 01992892329

Come & join us in St Clements Church Hall, Turnford, Cheshunt Wash EN8 0LU. The group, under shared leadership, will be meeting on Thursday 6th December from 2- 4pm. Bring your own work, learn a new skill such as crochet or simply join in with the friendly chatter! Expect a warm welcome from all of us.

SHORT MAT BOWLS Lionel BANNISTER iban161@virginmedia.com

Now at the Laura Trott Centre every other Friday, 10.15am for registration for a prompt start session from 10.30am - 12.30 see you all at the next meeting on 23rd November. Lionel is on 01992 303986.

SHORT WALKS Bill NEVARD 01992 633959

Next walk is Friday 14th December 2018. Meet at Cedars Park Car Park, 10.15am for 10.30am start for an exploration of the Park and the local area. Further details at Bills table.

In view of the popularity of this group, is there anybody willing to be a Group Leader of another "short walks" group. Bill and the Committee will give help and advice.

SINGING FOR FUN Jim REID 01992 629997 or Janet WALLACE 01992 425675

This is a very popular group and meets on Monday afternoon 2pm - 3.30pm at Cheshunt Free Church. £2 per session inclusive of tea/coffee/biscuit. A warm welcome to all.

SPANISH Christine DAWSON 01992 620888

The advanced Spanish group meets in the house of one of our members. We are a small friendly group and would welcome anyone who would be able to help us develop and practice our conversational skills.

TAP DANCING Diane POPE 01992632829/Maureen WOOLLARD 01992621939

We have moved to a purpose built studio at Cheshunt Sports Club, Albury Ride and will be open to take new members. We meet on Tuesdays, Advanced class 10.30am – 11.30am, Improvers class 11.30am – 12.30pm. Some experience is needed. See Diane for more information.

THAI CHI aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class every Wednesday from 2 to 3pm at the Cheshunt Free Church. Come along and try it out for free, £2 per class after that.

THEATRE GROUP Pam CRAWFORD 01992308413

Monday 17th December – Hunters Meet £38. Menu choice now to Pam. Some places available.

Starter: Melon or Tomato soup, Main course Turkey or salmon, sweet Christmas pudding or Fruit salad.

Friday 1st March 2019 – Brick Lane Panto £57. Tickets available.

All monies now due.

WALKING FOOTBALL John DURRANT 01992 629215

The astro turf pitch at the Laura Trott Centre is the venue. We meet on Fridays 3pm to 5pm and the cost is £3 per head. We can use the changing rooms if

required. Rules are simple and the aim is for the games to be social. If interested please make contact by phone or at the monthly meetings.

WATERCOLOUR GROUP

Sid KING 01992 711617

Hurrah we now have space for more budding artists, come and join this enjoyable group. See me at my table for more details.

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

NEW DVD STALL If you would like to donate to our new DVD stall, please ensure the DVDs are in good condition and in their original boxes.

TRUSTY TRADER BOOK

This is kept on the information table to view, please do not remove. We ask members to enter the names of trades' people they have used and found to be good and reliable. No guarantees' are implied or offered, please do your research but this might be a good starting point.

COMMUNITY NEWS

The groups listed below are independent and not operated under the U3A banner

Adult Ballet Class

Every Wednesday at 11.00 - 12.00 noon for anyone over the age of 25yrs

An hours class of gentle ballet moves to improve your posture, flexibility, and your balance. All in a fun filled atmosphere at The Valle Academy Studios, Wilton House, Delamare Road, Cheshunt, Herts, EN8 9SG . No experience required. Just turn up on the day all for the price of just £5.00. Why don't you come along and give it a try.

The Diabetes Support Group now meets once a month at Tesco, Brookfield Farm in their Community Room. For further information please phone Carol Hill on 01992 302722. This group is for diabetes 2 only.

THE LAURA TROTT LEISURE CENTRE has arranged a reduced price membership for all U3A members who wish to join and use the new E-gym studio. Some U3A members have already joined and are seeing the benefit of the new equipment which offers a more peaceful and safer method of exercising for members that may be put off by using the main area in the gym. The team at the Laura Trott Leisure Centre have agreed a special U3A membership price of 5 months at £24.95 and will be offering U3A members the chance every few weeks to come in and have a tour of the E-gym in order to see how the equipment works and meet the managers and team. If interested contact the centre on 01992 623345 ext. 2521.

PILATES

Becky Ashman 07964 631780

We meet every Thursday morning, 10.45 - 12noon at the Cheshunt Club, Albury Ride, Cheshunt. A friendly group with a qualified tutor who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome

CHAIR BASED KEEP FIT

Mary 01992 426341

Cheshunt Free Church, Every Tuesday 11.30am-12.30pm cost £3.00 per session. Taking part in a keep fit class can be fun whatever your age or ability. Each class is designed to help build and develop your strength, balance and flexibility and is designed for people who find an exercise class too energetic. The group will also be run by a fully qualified instructor whose aim is to ensure that you enjoy and have fun whilst trying to improve your level of mobility and fitness. PLEASE NOTE LAST CLASS BEFORE CHRISTMAS TUESDAY DECEMBER 18th. WE WILL RETURN AFTER THE CHRISTMAS BREAK ON TUESDAY JANUARY 15th (the instructor is away for a 3 week break).

KNIT and NATTER with Shirley Webb (01992 424693)

Now every Tuesday at the Royal British Legion, Crossbrook Street. From 1pm to 3pm. Cost £1.

SCRABBLE 01992 633241 Every Monday 12.30pm Cost: £2.00, Beaumont Centre. Rowlands Fields, Turners Hill, Cheshunt.

*******TOP RAFFLE PRIZES 2 x £50 M & S VOUCHERS*******

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE GOLLOP	01992 629209
VICE CHAIRMAN	STEVE SELL	01992 443012
TREASURER	ROB SCOTT	01992 445288
SECRETARY	TONI WALSH	01992 428129
ASSISTANT SECRETARY		
MEMBERSHIP SECRETARY	JANET WALLACE	01992 425675
ASS.MEMBERSHIP SEC	BARRY WALLACE	01992 425675
SPEAKER SECRETARY	SUE ALLUM	01992 307019
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ASSISTANT GROUPS CO-ORD		
PROGRAMME PRODUCTION	BARRIE GALE	01992 632094 barriegale@msn.com
ASSISTANT PROG. PROD.	STEWART WAGSTAFF	01992 624706
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
U3A NETWORK REP	STAN TURNER	01992 306185
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215